Cytochrome C

Ribonuclease A

 $C_{517}H_{825}N_{143}O_{150}S_4\\$

 $C_{575}H_{909}N_{171}O_{193}S_{12} \\$

 $\Delta G_f^{\circ} \approx -3650 \text{ kcal/mol}$

 $\Delta G_f^{\circ} \approx -4960 \text{ kcal/mol}$