# Simulation of multistate models with multiple timescales: simLexis in the Epi package

SDCC

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## Chapter 1

## Using simLexis

#### 1.1 Technicalities

First we set some graphics parameters for convenience and load the packages needed:

```
options(width = 90,
          show.signif.stars = FALSE,
          SweaveHooks=list(fig = function()
                            par(mar = c(3, 3, 1, 1),
                                mgp = c(3, 1, 0) / 1.6,
                               lend = "butt",
                                btv = "n"))
> library(Epi)
> library(popEpi)
> library(survival)
> clear()
    R
        Epi
               popEpi
4.5.0 2.60
               0.4.13
```

#### 1.2 Introduction

This vignette explains the machinery behind simulation of life histories through multistate models implemented in simLexis. In simLexis transition rates are allowed to depend on multiple time scales, including timescales defined as time since entry to a particular state (duration). This therefore also covers the case where time at entry into a state is an explanatory variable for the rates, since time at entry is merely (current) time minus duration. Thus, the set-up here goes beyond Markov- and semi-Markov-models, and brings simulation based estimation of state-occupancy probabilities into the realm of realistic multistate models.

The basic idea is to simulate a new Lexis object [3, 1] as defined in the Epi package for R, based on 1) a multistate model defined by its states and the transition rates between them and 2) an initial population of individuals.

Thus the output will be a Lexis object describing the transitions of a predefined set of persons through a multistate model. Therefore, if persons are defined to be identical at

start, then calculation of the probability of being in a particular state at a given time boils down to a simple enumeration of the fraction of the persons in the particular state at the given time. Bar of course the (binomial) simulation error, but this can be brought down by simulation a sufficiently large number of persons.

An observed Lexis object with follow-up of persons through a number of states will normally be the basis for estimation of transition rates between states, and thus will contain all information about covariates determining the occurrence rates, in particular the timescales [2]. Hence, the natural input to simulation from an estimated multistate model will typically be an object of the same structure as the originally observed. Since transitions and times are what is simulated, any values of lex.Xst and lex.dur in the input object will of course be ignored.

This first chapter of this vignette shows by an example how to use the function simLexis and display the results. The second chapter discusses in more detail how the simulation machinery is implemented and is not needed for the practical use of simLexis.

#### 1.3 simLexis in practice

This section is largely a commented walk-trough of the example from the help-page of simLexis, with a larger number of simulated persons in order to minimize the pure simulation variation.

When we want to simulate transition times through a multistate model where transition rates may depend on time since entry to the current or a previous state, it is essential that we have a machinery to keep track of the transition time on *all* time scales, as well as a mechanism that can initiate a new time scale to 0 when a transition occurs to a state where we shall use time since entry as determinant of exit rates from that state. This is provided by simLexis.

#### 1.3.1 Input for the simulation

Input for simulation of a single trajectory through a multistate model requires a representation of the *current status* of a person; the starting conditions. The object that we supply to the simulation function must contain information about all covariates and all timescales upon which transitions depend, and in particular which one(s) of the timescales that are defined as time since entry into a particular state. Hence, starting conditions should be represented as a Lexis object (where lex.dur and lex.Xst are ignored, since there is no follow-up yet), where the time scale information is in the attributes time.scales and time.since respectively.

Note that time.scales attribute is a vector of names of variables in the Lexis object, so all of these variables should be present even if they are not used in the models for the transitions, and they should be set to 0; if they are not in the initial dataset, simLexis will crash, if they are NA, the simLexis will produce an object with 0 rows.

Thus there are two main arguments to a function to simulate from a multistate model:

1. A Lexis object representing the initial states and covariates of the population to be simulated. This has to have the same structure as the original Lexis object representing the multistate model from which transition rates in the model were

estimated. As noted above, the values for lex.Xst and lex.dur are not required (since these are the quantities that will be simulated).

2. A transition object, representing the transition intensities between states, which should be a list of lists of intensity representations. As an intensity representation we mean a function that for a given Lexis object can be used to produce estimates of the transition intensities at a set of supplied time points.

The names of the elements of the transition object (which are lists) will be names of the *transient* states, that is the states *from* which a transition can occur. The names of the elements of each of these lists are the names of states *to* which transitions can occur (which may be either transient or absorbing states).

Hence, if the transition object is called Tr then TR\$A\$B (or Tr[["A"]][["B"]]) will represent the transition intensity from state A to the state B.

The entries in the transition object can be either glm objects (either with poisson or poisreg family), representing Poisson models for the transitions, coxph objects representing an intensity model along one time scale, or simply a function that takes a Lexis object as input and returns an estimated intensity for each row.

In addition to these two input items, there will be a couple of tuning parameters. The output of the function will simply be a Lexis object with simulated transitions between states. This will be the basis for deriving sensible statistics from the Lexis object—see next section.

#### 1.4 Setting up a Lexis object

As an example we will use the DMlate dataset from the Epi package; it is a dataset simulated to resemble a random sample of 10,000 patients from the Danish National Diabetes Register.

We start by loading the Epi package:

```
> options( width=90 )
> library( Epi )
> print( sessionInfo(), l=F )
R version 4.5.0 (2025-04-11 ucrt)
Platform: x86_64-w64-mingw32/x64
Running under: Windows 11 x64 (build 22631)
Matrix products: default
  LAPACK version 3.12.1
attached base packages:
[1] stats
              graphics grDevices utils
                                             datasets methods
                                                                 base
other attached packages:
[1] survival_3.8-3 popEpi_0.4.13 Epi_2.60
loaded via a namespace (and not attached):
                                              nlme_3.1-168
                                                                  cli_3.6.4
 [1] etm_1.1.2
                         vctrs_0.6.5
 [5] rlang_1.1.6
                         cmprsk_2.2-12
                                              generics_0.1.3
                                                                  data.table_1.17.0
 [9] zoo_1.8-14
                         glue_1.8.0
                                              plyr_1.8.9
                                                                  grid_4.5.0
```

```
[13] tibble_3.2.1
                         MASS_7.3-65
                                              numDeriv_2016.8-1.1 lifecycle_1.0.4
[17] compiler_4.5.0
                                                                  pkgconfig_2.0.3
                         dplyr_1.1.4
                                              Rcpp_1.0.14
[21] mgcv_1.9-3
                         lattice_0.22-7
                                              R6_2.6.1
                                                                  tidyselect_1.2.1
[25] pillar_1.10.2
                         parallel_4.5.0
                                              splines_4.5.0
                                                                  magrittr_2.0.3
[29] Matrix_1.7-3
```

First we load the diabetes data and set up a simple illness-death model:

This is just data for a simple survival model with states DM and Dead. Now we cut the follow-up at insulin start, which for the majority of patients (T2D) is a clinical indicator of deterioration of disease regulation. We therefore also introduce a new timescale, and split the non-precursor states, so that we can address the question of ever having been on insulin:

```
> dmi <- cutLexis( dml, cut = dml$doins,
                       pre = "DM",
                 new.state = "Ins"
+
                 new.scale = "t.Ins",
              split.states = TRUE )
> summary( dmi, timeScales=T )
Transitions:
    Τо
From
       DM Ins Dead Dead(Ins)
                              Records:
                                        Events: Risk time:
                                                           Persons:
  DM 6157 1694 2048 0
                                  9899
                                           3742 45885.49
                                                                9899
  Ins
        0 1340 0
                          451
                                  1791
                                            451
                                                   8387.77
                                                                1791
  Sum 6157 3034 2048
                          451
                                           4193
                                                  54273.27
                                                                9996
                                  11690
Timescales:
       Age DMdur t.Ins
              "" "Ins"
```

Note that we show the time scales in the Lexis object, and that it is indicated that the time scale t. Ins is defined as time since entry into stat state Ins.

We can show how many person-years we have and show the number of transitions and transition rates (per 1000), using the boxes.Lexis function to display the states and the number of transitions between them:

```
> boxes( dmi, boxpos = list(x=c(20,20,80,80),
+ y=c(80,20,80,20)),
+ scale.R = 1000, show.BE = TRUE)
```

#### 1.5 Analysis of rates

In the Lexis object (which is just a data frame) each person is represented by one record for each transient state occupied, thus in this case either 1 or 2 records; those who have a recorded time both without and with insulin have two records.

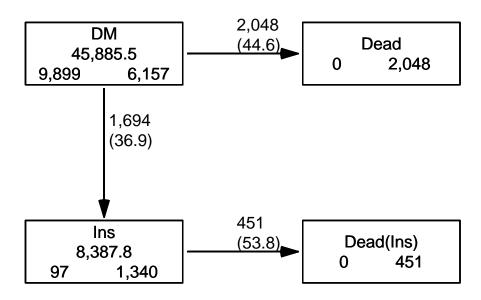


Figure 1.1: Data overview for the dmi dataset. Numbers in the boxes are person-years and the number of persons who begin, resp. end their follow-up in each state, and numbers on the arrows are no. of transitions and rates (transition intensities) per 1000 PY../04simLexis-boxes

In order to be able to fit Poisson models with occurrence rates varying by the different time-scales, we split the follow-up in 3-month intervals for modeling:

```
> Si <- splitLexis( dmi, seq(0,20,1/4), "DMdur" )</pre>
> summary( Si )
Transitions:
     То
                Ins Dead Dead(Ins)
From
          DM
                                      Records:
                                                Events: Risk time:
  DM
      184986
               1694 2048
                                  0
                                        188728
                                                    3742
                                                           45885.49
                                                                           9899
            0 34707
                                         35158
                                                     451
                                                            8387.77
                                                                           1791
  Ins
                        0
                                451
                                        223886
  Sum 184986 36401 2048
                                451
                                                    4193
                                                           54273.27
                                                                           9996
> print( subset( Si, lex.id==97 )[,1:10], digits=6 )
                   Age DMdur t.Ins lex.dur lex.Cst
                                                        lex.Xst sex
 lex.id
             Per
                                                                       dobth
     97 1997.55 58.93
                        0.00
                                        0.25
                                                                     1938.62
                                                   DM
                                                             DM
                                                                   F
                                 NA
     97 1997.80 59.18
                        0.25
                                        0.25
                                                   DM
                                                             DM
                                                                   F
                                                                     1938.62
                                 NA
                                        0.25
     97 1998.05 59.43
                         0.50
                                 NA
                                                   DM
                                                             DM
                                                                   F
                                                                     1938.62
     97 1998.30 59.68
                         0.75
                                        0.25
                                                   DM
                                                              DM
                                                                   F
                                                                     1938.62
                                 NA
     97 1998.55 59.93
                         1.00
                                 NA
                                        0.25
                                                   DM
                                                             DM
                                                                   F
                                                                     1938.62
     97 1998.80 60.18
                         1.25
                                 NA
                                        0.25
                                                   DM
                                                             DM
                                                                   F
                                                                     1938.62
     97 1999.05 60.43
                                                                   F 1938.62
                         1.50
                                 NA
                                        0.25
                                                   DM
                                                             DM
                                                                   F
     97 1999.30 60.68
                         1.75
                                 NA
                                        0.25
                                                   DM
                                                             DM
                                                                     1938.62
     97 1999.55 60.93
                         2.00
                                 NA
                                        0.18
                                                   DM
                                                             Ins
                                                                   F
                                                                     1938.62
     97 1999.72 61.11
                         2.18
                               0.00
                                        0.07
                                                 Ins
                                                             Ins
                                                                   F
                                                                     1938.62
     97 1999.80 61.18
                         2.25
                               0.07
                                        0.25
                                                 Ins
                                                             Ins
                                                                   F
                                                                     1938.62
     97 2000.05 61.43
                         2.50
                               0.32
                                        0.25
                                                                   F
                                                                     1938.62
                                                 Ins
                                                             Ins
     97 2000.30 61.68
                         2.75
                               0.57
                                        0.25
                                                 Ins
                                                             Ins
                                                                   F 1938.62
     97 2000.55 61.93
                        3.00
                              0.82
                                        0.01
                                                 Ins Dead(Ins)
                                                                   F 1938.62
```

Note that when we split the follow-up, each person's follow up now consists of many records, each with the *current* values of the timescales at the start of the interval represented by the record. In the modeling we shall assume that the rates are constant within each 6-month interval, but the size of these rates we model as smooth functions of the time scales (that is the values at the beginning of each interval).

The approach often used in epidemiology where one parameter is attached to each interval of time (or age) is not feasible when more than one time scale is used, because intervals are not classified the same way on all timescales.

We shall use natural splines (restricted cubic splines) for the analysis of rates, and hence we must allocate knots for the splines. This is done for each of the time-scales, and separately for the transition out of states DM and Ins. For age, we place the knots so that the number of events is the same between each pair of knots, but only half of this beyond each of the boundary knots, whereas for the timescales DMdur and tIns where we have observation from a well-defined 0, we put knots at 0 and place the remaining knots so that the number of events is the same between each pair of knots as well as outside the boundary knots.

```
> nk <- 5
 ( ai.kn <- with( subset(Si,lex.Xst=="Ins" & lex.Cst!=lex.Xst ),
                   quantile( Age+lex.dur , probs=(1:nk-0.5)/nk ) )
                                           90%
     10%
              30%
                        50%
                                 70%
23.23751 48.82218 58.63244 67.79028 78.88542
> ( ad.kn <- with( subset(Si,lex.Xst=="Dead"),</pre>
                   quantile( Age+lex.dur , probs=(1:nk-0.5)/nk ) )
     10%
              30%
                                 70%
                                           90%
                        50%
61.91951 72.52731 78.43121 83.32348 90.15195
> ( di.kn <- with( subset(Si,lex.Xst=="Ins" & lex.Cst!=lex.Xst ),</pre>
                    c(0, quantile( DMdur+lex.dur, probs=(1:(nk-1))/nk ) )) )
                   20%
                              40%
                                         60%
                                                     80%
0.00000000 0.06570842 0.45448323 3.28761123 6.63764545
> ( dd.kn <- with( subset(Si,lex.Xst=="Dead"),</pre>
                    c(0,quantile( DMdur+lex.dur, probs=(1:(nk-1))/nk ) )) )
                20%
                           40%
                                     60%
0.0000000 0.7687885 2.1327858 4.0465435 6.5232033
> ( ti.kn <- with( subset(Si,lex.Xst=="Dead(Ins)"),</pre>
                    c(0,quantile(t.Ins+lex.dur, probs=(1:(nk-1))/nk)))
                20%
                           40%
                                                80%
0.0000000 0.3093771 1.1307324 2.5489391 4.9117043
```

Note that when we tease out the event records for transition to transient states (in this case Ins, that is lex.Xst=="Ins"), we should add lex.Cst!=lex.Xst, to include only transition records and avoiding including records of sojourn time in the transient state.

We then fit Poisson models to transition rates, using the wrapper Ns from the Epi package to simplify the specification of the rates:

```
> library( splines )
> DM.Ins <- glm( (lex.Xst=="Ins") ~ Ns( Age , knots=ai.kn ) +
                                    Ns( DMdur, knots=di.kn ) +
+
                                    I(Per-2000) + sex,
                 family=poisson, offset=log(lex.dur),
                 data = subset(Si,lex.Cst=="DM") )
 ci.exp( DM.Ins )
```

```
exp(Est.)
                                           2.5%
(Intercept)
                          1.37516629 1.21414923 1.55753699
Ns(Age, knots = ai.kn)1 0.23411761 0.19185266 0.28569349
Ns(Age, knots = ai.kn)2 0.23166177 0.19576557 0.27414000
Ns(Age, knots = ai.kn)3 0.02835009 0.02284379 0.03518363
Ns(Age, knots = ai.kn)4
                          0.38067392 0.32945713 0.43985278
Ns(DMdur, knots = di.kn)1 0.04462626 0.03373451 0.05903459
Ns(DMdur, knots = di.kn)2 0.22388988 0.19028663 0.26342723
Ns(DMdur, knots = di.kn)3 0.03379141 0.02574708 0.04434907
Ns(DMdur, knots = di.kn)4 0.47100646 0.40783317 0.54396529
I(Per - 2000)
                          0.97381513 0.96082049 0.98698552
sexF
                          0.73757407 0.66886782 0.81333785
> class( DM.Ins )
[1] "glm" "lm"
```

We can also fit this model with a slightly simpler syntax using the glm. Lexis function:

```
> DM.Ins <- glm.Lexis( Si, from = "DM", to = "Ins",
                        formula = ~ Ns( Age , knots=ai.kn ) +
                                    Ns( DMdur, knots=di.kn ) +
+
                                    I(Per-2000) + sex)
stats::glm Poisson analysis of Lexis object Si with log link:
Rates for the transition:
DM->Ins
> ci.exp( DM.Ins )
                           exp(Est.)
                                           2.5%
                                                     97.5%
(Intercept)
                          1.37516630 1.21415038 1.55753552
Ns(Age, knots = ai.kn)1 0.23411761 0.19185214 0.28569426
Ns(Age, knots = ai.kn)2 0.23166177 0.19576473 0.27414118
Ns(Age, knots = ai.kn)3
                          0.02835009 0.02284374 0.03518371
Ns(Age, knots = ai.kn)4
                          0.38067392 0.32945601 0.43985427
Ns(DMdur, knots = di.kn)1 0.04462625 0.03373347 0.05903639
Ns(DMdur, knots = di.kn)2 0.22388988 0.19028599 0.26342813
Ns(DMdur, knots = di.kn)3 0.03379141 0.02574705 0.04434912
Ns(DMdur, knots = di.kn)4 0.47100646 0.40783201 0.54396683
I(Per - 2000)
                          0.97381513 0.96082027 0.98698574
                          0.73757407 0.66886641 0.81333956
sexF
> class( DM.Ins )
[1] "glm.lex" "glm"
                        "lm"
```

So we have a slightly simpler syntax, and we get an informative message of which transition(s) we are modeling. However we do not have update method for these objects.

```
stats::glm Poisson analysis of Lexis object Si with log link:
Rates for the transition:
Ins->Dead(Ins)
```

Note the similarity of the code used to fit the three models, is is mainly redefining the response variable (to state) and the subset of the data used (from state). Also note that the last model need no specification of to, the default is to model all transitions from the from state, and his case there is only one.

#### 1.6 The mortality rates

This section discusses in some detail how to extract ad display the mortality rates from the models fitted. But it is not necessary for understanding how to use simLexis in practice.

#### 1.6.1 Proportionality of mortality rates

Note that we have fitted separate models for the three transitions, there is no assumption of proportionality between the mortality rates from DM and Ins.

However, there is nothing that prevents us from testing this assumption; we can just fit a model for the mortality rates in the entire data frame Si, and compare the deviance from this with the sum of the deviances from the separate models using the glm.Lexis function:

```
> All.Dead <- glm.Lexis(Si, to = c("Dead(Ins)", "Dead"),
                        formula = ~ Ns( Age , knots=ad.kn ) +
+
                                    Ns( DMdur, knots=dd.kn ) +
+
                                    lex.Cst +
                                    I(Per-2000) + sex)
stats::glm Poisson analysis of Lexis object Si with log link:
Rates for transitions:
Ins->Dead(Ins)
DM->Dead
> round( ci.exp( All.Dead ), 3 )
                          exp(Est.)
                                      2.5%
                                            97.5%
(Intercept)
                              0.057
                                     0.049
                                            0.065
Ns(Age, knots = ad.kn)1
                              4.101
                                     3.462
                                            4.858
Ns(Age, knots = ad.kn)2
                              4.661
                                     4.064
                                            5.346
Ns(Age, knots = ad.kn)3
                             15.434 13.548 17.583
Ns(Age, knots = ad.kn)4
                              7.509
                                            8.421
                                     6.695
Ns(DMdur, knots = dd.kn)1
                              0.466
                                     0.384
                                            0.565
Ns(DMdur, knots = dd.kn)2
                              0.642
                                     0.563
                                            0.731
Ns(DMdur, knots = dd.kn)3
                              0.229
                                     0.165
                                            0.318
Ns(DMdur, knots = dd.kn)4
                              0.796
                                     0.713
                                            0.888
lex.CstIns
                              2.168
                                     1.947
                                            2.415
                              0.965 0.954
                                            0.977
I(Per - 2000)
sexF
                              0.665 0.614
                                            0.721
```

Incidentally we could have dispensed with the to= argument too, because the default is to take to to be all absorbing states in the model.

From the parameter values we would in a simple setting just claim that start of insulin-treatment was associated with a slightly more than doubling of mortality.

The model All.dead assumes that the age- and DM-duration effects on mortality in the DM and Ins states are the same, and moreover that there is no effect of insulin duration, but merely a mortality that is larger by a multiplicative constant not depending on insulin duration. The model DM.Dead has 8 parameters to describe the dependency on age and DM duration, the model Ins.Dead has 12 for the same plus the insulin duration (a natural spline with k knots gives k-1 parameters, and we chose k=5 above).

We can compare the fit of the simple proportional hazards model with the fit of the separate models for the two mortality rates, by adding up the deviances and d.f. from these:

```
> what <- c("null.deviance", "df.null", "deviance", "df.residual")</pre>
> ( rD <- unlist( DM.Dead[what] ) )</pre>
null.deviance
                     df.null
                                   deviance
                                              df.residual
                   188727.00
     22535.77
                                   20412.81
                                                 188717.00
  ( rI <- unlist( Ins.Dead[what] ) )
null.deviance
                     df.null
                                   deviance
                                               df.residual
     4867.127
                   35157.000
                                   4211.735
                                                 35143.000
  ( rA <- unlist( All.Dead[what] ) )
null.deviance
                     df.null
                                   deviance
                                              df.residual
     27415.21
                   223885.00
                                   24705.70
                                                 223874.00
> round(c(dd <- rA-(rI+rD), "pVal"=1-pchisq(dd[3],dd[4]+1)), 3)
null.deviance
                     df.null
                                              df.residual pVal.deviance
                                   deviance
       12.314
                       1.000
                                     81.154
                                                    14.000
```

Thus we see there is a substantial non-proportionality of mortality rates from the two states; but a test provides no clue whatsoever to the particular *shape* of the non-proportionality.

To this end, we shall explore the predicted mortalities under the two models quantitatively in more detail. Note that the reason that there is a difference in the null deviances (and a difference of 1 in the null d.f.) is that the null deviance of All.Dead refer to a model with a single intercept, that is a model with constant and *identical* mortality rates from the states DM and Ins, whereas the null models for DM.Dead and Ins.Dead have constant but different mortality rates from the states DM and Ins. This is however irrelevant for the comparison of the residual deviances.

#### 1.6.2 How the mortality rates look

If we want to see how the mortality rates are modelled in DM. Dead and Ins. Dead in relation to All. Dead, we make a prediction of rates for say men diagnosed in different ages and going on insulin at different times after this. So we consider men diagnosed in ages 40, 50, 60 and 70, and who either never enter insulin treatment or do it 0, 2 or 5 years after diagnosis of DM.

To this end we create a prediction data frame where we have observation times from diagnosis and 12 years on (longer would not make sense as this is the extent of the data).

But we start by setting up an array to hold the predicted mortality rates, classified by diabetes duration, age at diabetes onset, time of insulin onset, and of course type of model. What we want to do is to plot the age-specific mortality rates for persons not on insulin, and for persons starting insulin at different times after DM. The mortality curves start at

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the age where the person gets diabetes and continues 12 years; for persons on insulin they start at the age when they initiate insulin.

For convenience the Epi package contains a function that computes predicted (log-)rates with c.i. — it is merely a wrapper for predict.glm.

So we set up the prediction data frame and modify it in loops over ages at onset and insulin onset in order to collect the predicted rates in different scenarios:

```
> nd <- data.frame( DMdur = as.numeric( dimnames(pr.rates)[[1]] ),
+ lex.Cst = factor( 1, levels=1:4,
+ labels=levels(Si$lex.Cst) ),
+ sex = factor( 1, levels=1:2, labels=c("M","F")) )
```

Note that we did *not* insert lex.dur as covariate in the prediction frame. This would be required if we used the poisson family with the glm, but the wrapper glm.Lexis uses the poisreg family, so lex.dur is ignored and predictions always comes in the (inverse) units of lex.dur. So we get rates per 1 person-year in the predictions.

So for each age at DM onset we make a plot of the mortality as function of current age both for those with no insulin treatment and those that start insulin treatment 0, 2 and 5 years after diabetes diagnosis, thus 4 curves (with c.i.). These curves are replicated with a different color for the simplified model.

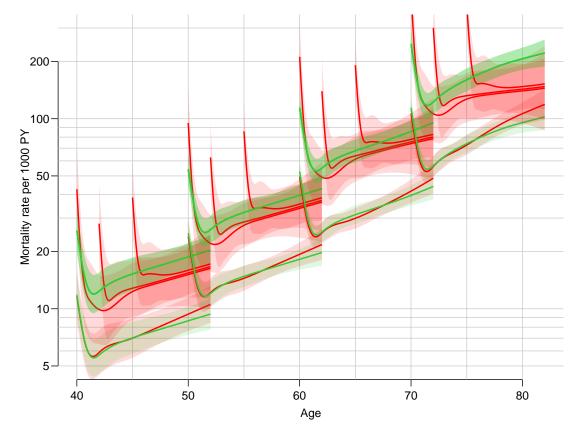


Figure 1.2: Estimated mortality rates for male diabetes patients with no insulin (lower sets of curves) and insulin (upper curves), with DM onset in age 40, 50, 60 and 70. The red curves are from the models with separate age effects for persons with and without insulin, and a separate effect of insulin duration. The green curves are from the model with common age-effects and only a time-dependent effect of insulin, assuming no effect of insulin duration (the classical time-dependent variable approach). Hence the upper green curve is common for any time of insulin inception.

./04simLexis-mort-int

From figure 1.2 we see that there is a substantial insulin-duration effect which is not accommodated by the simple model with only one time-dependent variable to describe the insulin effect. Note that the simple model (green curves) for those on insulin does not depend in insulin duration, and hence the mortality curves for those on insulin are just parallel to the mortality curves for those not on insulin, regardless of diabetes duration (or age) at the time of insulin initiation. This is the proportional hazards assumption. Thus

\_\_\_

the effect of insulin initiation is under-estimated for short duration of insulin and over-estimated for long duration of insulin.

This is the major discrepancy between the two models, and illustrates the importance of being able to accommodate different time scales, but there is also a declining overall insulin effect by age which is not accommodated by the proportional hazards approach.

Finally, this plot illustrates an important feature in reporting models with multiple timescales; all timescales must be represented in the predicted rates, only reporting the effect of one timescale, conditional on a fixed value of other timescales is misleading since all timescales by definition advance at the same pace. For example, the age-effect for a fixed value of insulin duration really is a misnomer since it does not correspond to any real person's follow-up, but to the mortality of persons in different ages but with the same duration of insulin use.

#### 1.7 Input to the simLexis function

We want to estimate the cumulative probability of being in each of the 4 states, so that we can assess the fraction of diabetes pateints that go on insulin

In order to simulate from the multistate model with the estimated transition rates, and get the follow-up of a hypothetical cohort, we must supply *both* the transition rates and the structure of the model *as well as* the initial cohort status to simLexis.

#### 1.7.1 The transition object

We first put the models into an object representing the transitions; note this is a list of lists, the latter having glm objects as elements:

Now we have the description of the rates and of the structure of the model. The Tr object defines the states and models for all transitions between them; the object Tr\$A\$B is the model for the transition intensity from state A to state B.

#### 1.7.2 The initial cohort

We now define an initial Lexis object of persons with all relevant covariates defined. Note that we use NULL as row indicator in the Lexis object we used for modeling; this conserves the time.scale and time.since attributes which are needed for the simulation:

```
$ sex : Factor w/ 2 levels "M","F":
- attr(*, "time.scales")= chr [1:4] "Per" "Age" "DMdur" "t.Ins"
- attr(*, "time.since")= chr [1:4] "" "" "Ins"
- attr(*, "breaks")=List of 4
    ..$ Per : NULL
    ..$ Age : NULL
    ..$ DMdur: num [1:81] 0 0.25 0.5 0.75 1 1.25 1.5 1.75 2 2.25 ...
    ..$ t.Ins: NULL
```

We now have an empty Lexis object with attributes reflecting the timescales in the multistate model we want to simulate from. But we must enter some data to represent the initial state of the persons whose follow-up we want to simulate through the model; so fill in data for one man and one woman:

```
> ini[1:2,"lex.id"] <- 1:2
> ini[1:2,"lex.Cst"] <- "DM"
> ini[1:2,"Per"] <- 1995</pre>
> ini[1:2,"Age"] <- 60
> ini[1:2,"DMdur"] <- 5</pre>
> ini[1:2,"sex"] <- c("M","F")</pre>
lex.id Per Age DMdur t.Ins lex.dur lex.Cst lex.Xst sex
      1 1995 60
                    5
                                    NA
                                             DM
                                                    < NA >
                            NΑ
                      5
                                             DM
                                                    < NA >
      2 1995
                            NA
                                    NA
```

So the persons starts in age 60 in 1995 with 5 years of diabetes duration. Note that the t.Ins is NA, because this is a timescale that first comes alive if a transition to Ins is simulated.

#### 1.8 Simulation of the follow-up

Now we simulate life-courses of a 1000 of each of these persons using the estimated model. The t.range argument gives the times range where the integrated intensities (cumulative rates) are evaluated and where linear interpolation is used when simulating transition times. Note that this must be given in the same units as lex.dur in the Lexis object used for fitting the models for the transitions. It is not a parameter that can be easily determined from the TR object, hence it must be supplied by the user.

The result is a Lexis object — a data frame representing the simulated follow-up of 1000 persons (500 identical men and 500 identical women) according to the rates we estimated from the original dataset.

```
> summary( simL, by="sex" )
```

```
$М
```

```
Transitions:
     То
      DM Ins Dead Dead(Ins)
                               Records:
                                         Events: Risk time:
From
                                                              Persons:
  DM 148 185
               167
                         0
                                    500
                                              352
                                                     3697.59
                                                                    500
      0 136
                 0
                           49
                                    185
                                               49
                                                     1023.96
                                                                    185
                                    685
  Sum 148 321
               167
                           49
                                              401
                                                     4721.55
                                                                    500
$F
Transitions:
     То
       DM Ins Dead Dead(Ins)
                               Records:
From
                                          Events: Risk time:
                                                               Persons:
  DM
      214 183
               103
                           0
                                    500
                                              286
                                                     4223.33
                                                                    500
                           39
                                    183
                                               39
                                                                    183
  Ins
        0 144
                 0
                                                     1020.36
  Sum 214 327
               103
                           39
                                    683
                                              325
                                                     5243.69
                                                                    500
```

#### 1.8.1 Using other models for simulation

#### Proportional hazards Poisson model

We fitted a proportional mortality model All.Dead (which fitted worse than the other two), this is a model for both the transition from DM to Death and from Ins to Dead(Ins), assuming that they are proportional. But it can easily be used in the simulation set-up, because the state is embedded in the model via the term lex.Cst, which is updated during the simulation.

Simulation using this instead just requires that we supply a different transition object:

```
Tr.p <- list( "DM" = list( "Ins"</pre>
                                           = DM.Ins,
                               "Dead"
                                           = All.Dead
                "Ins" = list( "Dead(Ins)" = All.Dead ) )
 system.time( simP <- simLexis( Tr.p,</pre>
                                    ini,
                                t.range = 12,
+
                                      N = Nsim )
  bruger
           system forløbet
    1.23
             0.18
                       1.48
> summary( simP, by="sex" )
Transitions:
      DM Ins Dead Dead(Ins)
                                Records:
                                          Events: Risk time:
From
                                                                Persons:
  DM 148 222
                130
                           0
                                     500
                                               352
                                                      3703.19
                                                                     500
  Ins
       0 127
                  0
                           95
                                     222
                                                95
                                                      1049.95
                                                                     222
  Sum 148 349
                                     722
                                               447
                                                                     500
                130
                           95
                                                      4753.14
$F
Transitions:
From
      DM Ins Dead Dead(Ins)
                                Records:
                                          Events: Risk time:
                                                                Persons:
  DM 224 171 105
                            0
                                     500
                                               276
                                                      4323.34
                                                                     500
```

Ins	0 118	0	53	171	53	861.93	171
Sum 2	224 289	105	53	671	329	5185.27	500

#### Proportional hazards Cox model

A third possibility would be to replace the two-time scale proportional mortality model by a one-time-scale Cox-model, using diabetes duration as time scale, and age at diagnosis of DM as (fixed) covariate:

```
> library( survival )
> Cox.Dead <- coxph( Surv( DMdur, DMdur+lex.dur,</pre>
                            lex.Xst %in% c("Dead(Ins)", "Dead")) ~
+
                      Ns( Age-DMdur, knots=ad.kn ) +
+
                      I(lex.Cst=="Ins") +
                      I(Per-2000) + sex,
                 data = Si)
 round( ci.exp( Cox.Dead ), 3 )
                                 exp(Est.)
                                             2.5%
Ns(Age - DMdur, knots = ad.kn)1
                                                   4.923
                                    4.172 3.535
Ns(Age - DMdur, knots = ad.kn)2
                                     4.502
                                            3.824
                                                   5.301
Ns(Age - DMdur, knots = ad.kn)3
                                    16.077 14.087 18.348
Ns(Age - DMdur, knots = ad.kn)4
                                                   8.605
                                     7.479
                                            6.501
I(lex.Cst == "Ins")TRUE
                                     2.170
                                            1.948
                                                    2.418
                                                   0.977
I(Per - 2000)
                                     0.965
                                            0.954
sexF
                                     0.667
                                           0.616
                                                   0.723
```

Note that in order for this model to be usable for simulation, it is necessary that we use the components of the Lexis object to specify the survival. Each record in the data frame Si represents follow up from DMdur to DMdur+lex.dur, so the model is a Cox model with diabetes duration as underlying timescale and age at diagnosis, Age-DMdur, as covariate.

Also note that we used I(lex.Cst="Ins") instead of just lex.Cst, because coxph assigns design matrix columns to all levels of lex.Cst, also those not present in data, which would give NAs among the parameter estimates and NAs as mortality outcomes.

We see that the effect of insulin and the other covariates are pretty much the same as in the two-time-scale model. We can simulate from this model too; there is no restrictions on what type of model can be used for different transitions

```
> Tr.c <- list( "DM" = list( "Ins"
                              "Dead"
                                          = Cox.Dead
                "Ins" = list( "Dead(Ins)" = Cox.Dead ) )
 system.time( simC <- simLexis( Tr.c,</pre>
                                   ini,
+
                               t.range = 12,
                                     N = Nsim ) )
  bruger
           system forløbet
    2.08
             0.44
                       2.72
> summary( simC, by="sex" )
$M
Transitions:
From
     DM Ins Dead Dead(Ins)
                               Records:
                                         Events: Risk time:
                                                              Persons:
  DM 171 192 137
                           0
                                    500
                                             329
                                                     3645.74
                                                                    500
```

```
0 123
                  0
                            69
                                      192
                                                 69
                                                        1007.35
                                                                       192
  Sum 171 315
                            69
                                      692
                                                398
                                                        4653.09
                                                                       500
$F
Transitions:
     То
From
       DM Ins Dead Dead(Ins)
                                Records:
                                           Events: Risk time:
  DM
      227 185
                 88
                            0
                                      500
                                                273
                                                        4332.82
                                                                       500
                                                         821.79
  Ins
       0 138
                  0
                            47
                                      185
                                                 47
                                                                       185
  Sum 227 323
                 88
                                                320
                                                        5154.61
                            47
                                      685
                                                                       500
```

#### 1.9 Reporting the simulation results

We can now tabulate the number of persons in each state at a predefined set of times on a given time scale. Note that in order for this to be sensible, the **from** argument would normally be equal to the starting time for the simulated individuals.

```
> system.time(
+ nSt <- nState( subset(simL, sex=="M"),
                  at=seq(0,11,0.2), from=1995, time.scale="Per"))
  bruger
            system forløbet
    0.07
              0.00
                        0.06
> nSt[1:10,]
        State
when
          DM Ins Dead Dead(Ins)
  1995
          500
                0
                     0
  1995.2 497
                2
                     1
                                 0
  1995.4 486
                      6
                                0
                8
  1995.6 477
               13
                     10
                                 0
  1995.8 468
               16
                     16
                                 0
  1996
          459
               20
                    21
  1996.2 448
               25
                    27
                                0
               29
  1996.4 442
                    28
                                 1
  1996.6 438
                    30
               31
                                 1
  1996.8 429
               37
                    33
                                 1
```

We see that as time goes by, the 500 men slowly move away from the starting state (DM). Based on this table (nSt is a table) we can now compute the fractions in each state, or, rather more relevant, the cumulative fraction across the states in some specified order, so that a plot of the stacked probabilities can be made, using either the default rather colorful layout, or a more minimalist version (both in figure 1.3):

```
> pM <- pState(nSt, perm=c(1,2,4,3))
> head( pM )
        State
                 Ins Dead(Ins) Dead
when
            DM
  1995
         1.000 1.000
                          1.000
                                   1
  1995.2 0.994 0.998
                          0.998
                                   1
                          0.988
  1995.4 0.972 0.988
                                   1
  1995.6 0.954 0.980
                          0.980
                                   1
  1995.8 0.936 0.968
                          0.968
                                   1
  1996
         0.918 0.958
                          0.958
```

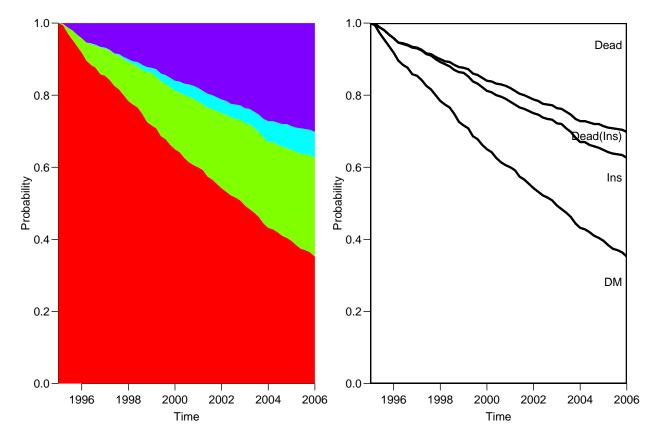


Figure 1.3: Default layout of the plot.pState graph (left), and a version with the state probabilities as lines and annotation of states.

./04simLexis-pstate0

A more useful set-up of the graph would include a more through annotation and sensible choice of colors, as seen in figure 1.4:

```
> clr <- c("limegreen", "orange")
> # expand with a lighter version of the two chosen colors
> clx <- c( clr, rgb( t( col2rgb( clr[2:1] )*2 + rep(255,3) ) / 3, max=255 ) )
> par( mfrow=c(1,2), las=1, mar=c(3,3,4,2), mgp=c(3,1,0)/1.6 )
> # Men
> plot( pM, col=clx, xlab="Date of FU" )
> lines( as.numeric(rownames(pM)), pM[,2], lwd=3 )
> mtext( "60 year old male, diagnosed 1990, aged 55", side=3, line=2.5, adj=0, col=gray(0.6)
> mtext( "Survival curve", side=3, line=1.5, adj=0 )
> mtext( "DM, no insulin DM, Insulin", side=3, line=0.5, adj=0, col=clr[2] )
> mtext( "DM, no insulin", side=3, line=0.5, adj=0, col=clr[1] )
> axis( side=4 )
> axis( side=4, at=1:19/20, labels=FALSE )
```

```
> axis( side=4, at=1:99/100, labels=FALSE, tcl=-0.3 )
 # Women
 pF <- pState( nState( subset(simL,sex=="F"),</pre>
                        at=seq(0,11,0.2),
                        from=1995,
                        time.scale="Per" ),
                perm = c(1, 2, 4, 3))
 plot( pF, col=clx, xlab="Date of FU" )
 lines( as.numeric(rownames(pF)), pF[,2], lwd=3 )
> mtext( "60 year old female, diagnosed 1990, aged 55", side=3, line=2.5, adj=0, col=gray(0.
 mtext( "Survival curve", side=3, line=1.5, adj=0 )
 mtext( "DM, no insulin
                           DM, Insulin", side=3, line=0.5, adj=0, col=clr[2])
> mtext( "DM, no insulin", side=3, line=0.5, adj=0, col=clr[1] )
> axis( side=4 )
> axis( side=4, at=1:19/20, labels=FALSE )
> axis( side=4, at=1:99/100, labels=FALSE, tcl=-0.3 )
```

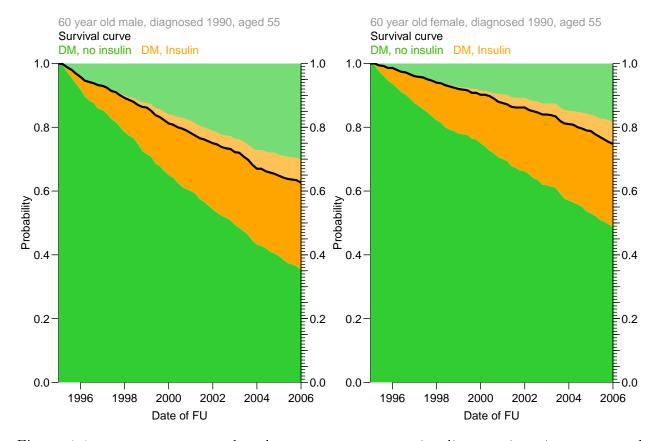


Figure 1.4: plot.pState graphs where persons ever on insulin are given in orange and persons never on insulin in green, and the overall survival (dead over the line) as a black line.

./O4simLexis-pstatex

If we instead wanted to show the results on the age-scale, we would use age as timescale when constructing the probabilities; otherwise the code is pretty much the same as before (Figure 1.5):

```
> par( mfrow=c(1,2), las=1, mar=c(3,3,4,2), mgp=c(3,1,0)/1.6 )
> # Men
> pM <- pState( nState( subset(simL,sex=="M"),</pre>
```

```
at=seq(0,11,0.2),
+
                        from=60,
                        time.scale="Age" ),
+
                perm=c(1,2,4,3))
> plot( pM, col=clx, xlab="Age" )
> lines( as.numeric(rownames(pM)), pM[,2], lwd=3 )
> mtext( "60 year old male, diagnosed 1990, aged 55", side=3, line=2.5, adj=0, col=gray(0.6)
> mtext( "Survival curve", side=3, line=1.5, adj=0 )
> mtext("DM, no insulin" DM, Insulin", side=3, line=0.5, adj=0, col=clr[2])
> mtext( "DM, no insulin", side=3, line=0.5, adj=0, col=clr[1] )
> axis( side=4 )
> axis( side=4, at=1:19/20, labels=FALSE )
> axis( side=4, at=1:19/20, labels=FALSE, tcl=-0.4 )
> axis( side=4, at=1:99/100, labels=FALSE, tcl=-0.3 )
> # Women
> pF <- pState( nState( subset(simL,sex=="F"),</pre>
                        at=seq(0,11,0.2),
                        from=60,
                        time.scale="Age" ),
+
                perm = c(1, 2, 4, 3)
> plot( pF, col=clx, xlab="Age"
> lines( as.numeric(rownames(pF)), pF[,2], lwd=3 )
> mtext( "60 year old female, diagnosed 1990, aged 55", side=3, line=2.5, adj=0, col=gray(0.
> mtext( "Survival curve", side=3, line=1.5, adj=0 )
> mtext( "DM, no insulin DM, Insulin", side=3, line=0.5, adj=0, col=clr[2] )
> mtext( "DM, no insulin", side=3, line=0.5, adj=0, col=clr[1] )
> axis( side=4 )
> axis( side=4, at=1:9/10, labels=FALSE )
> axis( side=4, at=1:19/20, labels=FALSE, tcl=-0.4 )
> axis( side=4, at=1:99/100, labels=FALSE, tcl=-0.3 )
```

Note the several statements with axis(side=4,...; they are necessary to get the fine tick-marks in the right hand side of the plots that you will need in order to read off the probabilities at 2006 (or 71 years).

#### 1.9.1 Comparing predictions from different models

We have actually fitted different models for the transitions, and we have simulated Lexis objects from all three approaches, so we can plot these predictions on top of each other:

```
> PrM <- pState( nState( subset(simP, sex=="M"),</pre>
                             at=seq(0,11,0.2),
+
                             from=60,
                             time.scale="Age" ),
                    perm = c(1, 2, 4, 3))
 PrF <- pState( nState( subset(simP, sex=="F"),</pre>
                             at=seq(0,11,0.2),
+
                             from=60,
                             time.scale="Age" ),
+
                    perm = c(1, 2, 4, 3))
> CoxM <- pState( nState( subset(simC, sex=="M"),</pre>
                             at=seq(0,11,0.2),
+
                             from=60,
                             time.scale="Age" ),
+
                    perm = c(1, 2, 4, 3))
 CoxF <- pState( nState( subset(simC,sex=="F"),</pre>
```

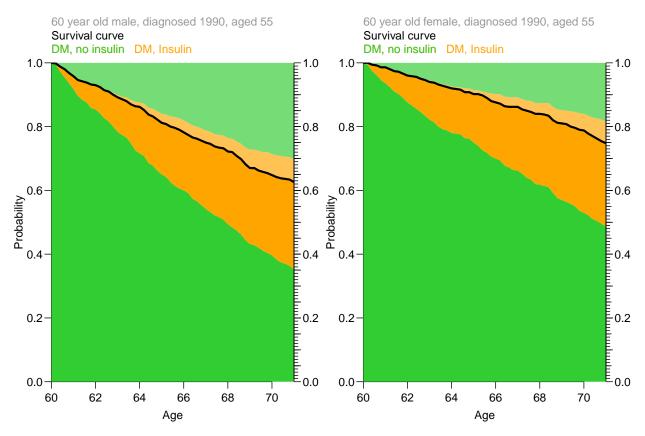


Figure 1.5: plot.pState graphs where persons ever on insulin are given in orange and persons never on insulin in green, and the overall survival (dead over the line) as a black line.

./O4simLexis-pstatey

```
at=seg(0,11,0.2),
                          from=60.
                          time.scale="Age" ),
                  perm = c(1, 2, 4, 3))
 par(mfrow=c(1,2), mar=c(3,3,1,1), mgp=c(3,1,0)/1.6)
          pM, border="black", col="transparent", lwd=3 )  
         PrM, border="blue" , col="transparent", lwd=3 )
                             , col="transparent", lwd=3 )
 lines( CoxM, border="red"
 text( 60.5, 0.05, "M" )
 box( lwd=5, col="white" ) ; box( lwd=2, col="black" )
          pF, border="black", col="transparent", lwd=3)
         PrF, border="blue" , col="transparent", lwd=3 )
                             , col="transparent", lwd=3 )
 lines( CoxF, border="red"
> text( 60.5, 0.05, "F" )
> box( lwd=5, col="white" ); box( lwd=2, col="black" )
```

From figure 1.6 it is clear that the two proportional hazards models (blue and red curves) produce pretty much the same estimates of the state occupancy probabilities over time, but also that they relative to the model with separately estimated transition intensities overestimates the probability of being alive without insulin and underestimates the probabilities of being dead without insulin. However both the overall survival, and the fraction of persons on insulin are quite well in agreement with the more elaborate model. Thus the proportional hazards models overestimate the relative mortality of the insulin

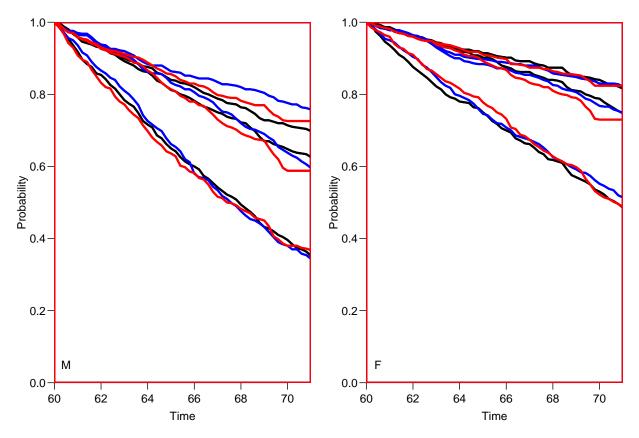


Figure 1.6: Comparison of the simulated state occupancy probabilities using separate Poisson models for the mortality rates with and without insulin (black) and using proportional hazards Poisson models (blue) and Cox-models with diabetes duration as timescale and age at diabetes diagnosis as covariate (red).

./04simLexis-comp-0

treated diabetes patients relative to the non-insulin treated.

Interestingly, we also see a bump in the estimated probabilities from the Cox-model based model, but this is entirely an artifact that comes from the estimation method for the baseline hazard of the Cox-model that lets the (cumulative) hazard have large jumps at event times where the risk set is small. So also here it shows up that an assumption of continuous underlying hazards leads to more credible estimates.

## Chapter 2

# Simulation of transitions in multistate models

#### 2.1 Theory

Suppose that the rate functions for the transitions out of the current state to, say, 3 different states are  $\lambda_1$ ,  $\lambda_2$  and  $\lambda_3$ , and the corresponding cumulative rates are  $\Lambda_1$ ,  $\Lambda_2$  and  $\Lambda_3$ , and we want to simulate an exit time and an exit state (that is either 1, 2 or 3). This can be done in two slightly different ways:

- 1. First time, then state:
  - (a) Compute the survival function,  $S(t) = \exp(-\Lambda_1(t) \Lambda_2(t) \Lambda_3(t))$
  - (b) Simulate a random U(0,1) variate, u, say.
  - (c) The simulated exit time is then the solution  $t_u$  to the equation  $S(t_u) = u \iff \sum_j \Lambda_j(t_u) = -\log(u)$ .
  - (d) A simulated transition at  $t_u$  is then found by simulating a random draw from the multinomial distribution with probabilities  $p_i = \lambda_i(t_u) / \sum_j \lambda_j(t_u)$ .
- 2. Separate cumulative incidences:
  - (a) Simulate 3 independent U(0,1) random variates  $u_1$ ,  $u_2$  and  $u_3$ .
  - (b) Solve the equations  $\Lambda_i(t_i) = -\log(u_i)$ , i = 1, 2, 3 and get  $(t_1, t_2, t_3)$ .
  - (c) The simulated survival time is then  $\min(t_1, t_2, t_3)$ , and the simulated transition is to the state corresponding to this, that is  $k \in \{1, 2, 3\}$ , where  $t_k = \min(t_1, t_2, t_3)$

The intuitive argument is that with three possible transition there are 3 independent processes running, but only the first transition is observed. The latter approach is used in the implementation in simLexis.

The formal argument for the equality of the two approaches goes as follows:

1. Equality of the transition times:

(a) In the first approach we simulate from a distribution with cumulative rate  $\Lambda_1(t) + \Lambda_2(t) + \Lambda_3(t)$ , hence from a distribution with survival function:

$$S(t) = \exp(-(\Lambda_1(t) + \Lambda_2(t) + \Lambda_3(t)))$$
  
=  $\exp(-\Lambda_1(t)) \times \exp(-\Lambda_2(t)) \times \exp(-\Lambda_3(t))$ 

(b) In the second approach we choose the smallest of three independent survival times, with survival functions  $\exp(-\Lambda_i)$ , i = 1, 2, 3. Now, the survival function for the minimum of three independent survival times is:

$$S_{\min}(t) = P\{\min(t_1, t_2, t_3) > t\}$$

$$= P\{t_1 > t\} \times P\{t_2 > t\} \times P\{t_3 > t\}$$

$$= \exp(-\Lambda_1(t)) \times \exp(-\Lambda_2(t)) \times \exp(-\Lambda_3(t))$$

which is the same survival function as derived above.

- 2. Type of transition:
  - (a) In the first instance the probability of a transition to state i, conditional on the transition time being t, is as known from standard probability theory:  $\lambda_i(t)/(\lambda_1(t) + \lambda_2(t) + \lambda_3(t))$ .
  - (b) In the second approach we choose the transition corresponding to the the smallest of the transition times. So when we condition on the event that a transition takes place at time t, we have to show that the conditional probability that the smallest of the three simulated transition times was actually the ith, is as above.

But conditional on *survival* till t, the probabilities that events of type 1, 2, 3 takes place in the interval (t, t + dt) are  $\lambda_1(t) dt$ ,  $\lambda_2(t) dt$  and  $\lambda_1(t) dt$ , respectively (assuming that the probability of more than one event in the interval of length dt is 0). Hence the conditional probabilities *given a transition time* in (t, t + dt) is:

$$\frac{\lambda_i(t) dt}{\lambda_1(t) dt + \lambda_2(t) dt + \lambda_3(t) dt} = \frac{\lambda_i(t)}{\lambda_1(t) + \lambda_2(t) + \lambda_3(t)}$$

— exactly as above.

Start time: 2025-10-06, 16:36:02 End time: 2025-10-06, 16:36:25

Elapsed time: 0.38 minutes

## Bibliography

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