# A Handbook of Statistical Analyses Using ${\sf R}$

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#### CHAPTER 6

### Logistic Regression and Generalised Linear Models: Blood Screening, Women's Role in Society, and Colonic Polyps

- 6.1 Introduction
- 6.2 Logistic Regression and Generalised Linear Models
- 6.3 Analysis Using R
- 6.3.1 ESR and Plasma Proteins

We can now fit a logistic regression model to the data using the glm function. We start with a model that includes only a single explanatory variable, fibrinogen. The code to fit the model is

R> plasma\_glm\_1 <- glm(ESR ~ fibrinogen, data = plasma, family = binomial())

The formula implicitly defines a parameter for the global mean (the intercept term) as discussed in Chapters ?? and ??. The distribution of the response is defined by the family argument, a binomial distribution in our case. (The default link function when the binomial family is requested is the logistic function.)

From the results in Figure 6.2 we see that the regression coefficient for fibrinogen is significant at the 5% level. An increase of one unit in this variable increases the log-odds in favour of an ESR value greater than 20 by an estimated 1.83 with 95% confidence interval

R> confint(plasma\_glm\_1, parm = "fibrinogen")

```
2.5 % 97.5 %
0.3389465 3.9988602
```

These values are more helpful if converted to the corresponding values for the odds themselves by exponentiating the estimate

R> exp(coef(plasma\_glm\_1)["fibrinogen"])

```
fibrinogen 6.215715
```

and the confidence interval

R> exp(confint(plasma\_glm\_1, parm = "fibrinogen"))

```
2.5 % 97.5 %
1.403468 54.535954
```

#### 4 LOGISTIC REGRESSION AND GENERALISED LINEAR MODELS

```
R> data("plasma", package = "HSAUR")
R> layout(matrix(1:2, ncol = 2))
R> cdplot(ESR ~ fibrinogen, data = plasma)
R> cdplot(ESR ~ globulin, data = plasma)
```

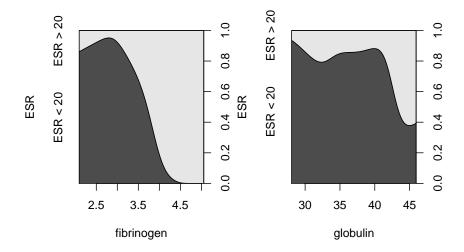


Figure 6.1 Conditional density plots of the erythrocyte sedimentation rate (ESR) given fibrinogen and globulin.

The confidence interval is very wide because there are few observations overall and very few where the ESR value is greater than 20. Nevertheless it seems likely that increased values of fibrinogen lead to a greater probability of an ESR value greater than 20. We can now fit a logistic regression model that includes both explanatory variables using the code

and the output of the summary method is shown in Figure 6.3. The coefficient for gamma globulin is not significantly different from zero. Subtracting the residual deviance of the second model from the corresponding value for the first model we get a value of 1.87. Tested using a  $\chi^2$ -distribution with a single degree of freedom this is not significant at the 5% level and so we conclude that gamma globulin is not associated with ESR level. In R, the task of comparing the two nested models can be performed using the anova function

R> anova(plasma\_glm\_1, plasma\_glm\_2, test = "Chisq")
Analysis of Deviance Table

```
R> summary(plasma_glm_1)
glm(formula = ESR ~ fibrinogen, family = binomial(), data = plasma)
Deviance Residuals:
        1Q
    Min
                  Median
                                3Q
                                        Max
-0.9298 -0.5399 -0.4382
                          -0.3356
Coefficients:
           Estimate Std. Error z value Pr(>|z|)
            -6.8451
                         2.7703
                                 -2.471
                                          0.0135 *
(Intercept)
                         0.9009
fibrinogen
              1.8271
                                  2.028
                                          0.0425 *
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
(Dispersion parameter for binomial family taken to be 1)
    Null deviance: 30.885 on 31
                                 degrees of freedom
Residual deviance: 24.840 on 30 degrees of freedom
AIC: 28.840
Number of Fisher Scoring iterations: 5
```

Figure 6.2 Routput of the summary method for the logistic regression model fitted to the plasma data.

```
Model 1: ESR ~ fibrinogen

Model 2: ESR ~ fibrinogen + globulin

Resid. Df Resid. Dev Df Deviance P(>|Chi|)

1 30 24.8404

2 29 22.9711 1 1.8692 0.1716
```

Nevertheless we shall use the predicted values from the second model and plot them against the values of *both* explanatory variables using a *bubble plot* to illustrate the use of the symbols function. The estimated conditional probability of a ESR value larger 20 for all observations can be computed, following formula (??), by

```
R> prob <- predict(plasma_glm_1, type = "response")</pre>
```

and now we can assign a larger circle to observations with larger probability as shown in Figure 6.4. The plot clearly shows the increasing probability of an ESR value above 20 (larger circles) as the values of fibrinogen, and to a lesser extent, gamma globulin, increase.

```
R> summary(plasma_glm_2)
Call:
glm(formula = ESR ~ fibrinogen + globulin, family = binomial(),
    data = plasma)
Deviance Residuals:
          10
    Min
                 Median
                                30
                                        Max
-0.9683 -0.6122 -0.3458 -0.2116
                                     2.2636
Coefficients:
           Estimate Std. Error z value Pr(>|z|)
(Intercept) -12.7921
                      5.7963
                                -2.207
                                         0.0273 *
             1.9104
                        0.9710
                                 1.967
                                         0.0491 *
fibrinogen
globulin
              0.1558
                        0.1195
                                 1.303
                                         0.1925
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
(Dispersion parameter for binomial family taken to be 1)
    Null deviance: 30.885 on 31
                                 degrees of freedom
Residual deviance: 22.971 on 29 degrees of freedom
AIC: 28.971
Number of Fisher Scoring iterations: 5
```

Figure 6.3 Routput of the summary method for the logistic regression model fitted to the plasma data.

#### 6.3.2 Women's Role in Society

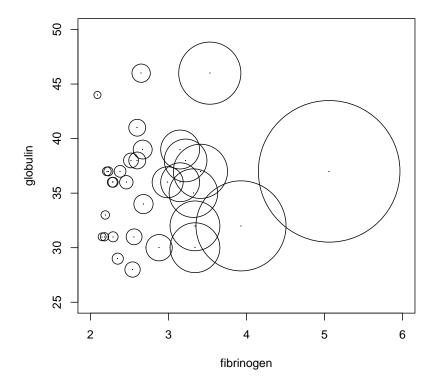
Originally the data in Table ?? would have been in a completely equivalent form to the data in Table ?? data, but here the individual observations have been grouped into counts of numbers of agreements and disagreements for the two explanatory variables, sex and education. To fit a logistic regression model to such grouped data using the glm function we need to specify the number of agreements and disagreements as a two-column matrix on the left hand side of the model formula. We first fit a model that includes the two explanatory variables using the code

From the summary output in Figure 6.5 it appears that education has a highly significant part to play in predicting whether a respondent will agree with the statement read to them, but the respondent's sex is apparently unimportant. As years of education increase the probability of agreeing with the statement declines. We now are going to construct a plot comparing the observed pro-

```
ANALYSIS USING R
```

R> symbols(plasma\$fibrinogen, plasma\$globulin, circles = prob,

+ add = TRUE)



**Figure 6.4** Bubble plot of fitted values for a logistic regression model fitted to the ESR data.

portions of agreeing with those fitted by our fitted model. Because we will reuse this plot for another fitted object later on, we define a function which plots years of education against some fitted probabilities, e.g.,

```
R> role.fitted1 <- predict(womensrole_glm_1, type = "response")
and labels each observation with the person's sex:</pre>
```

```
R> summary(womensrole_glm_1)
Call:
glm(formula = cbind(agree, disagree) ~ sex + education, family = binomial(),
   data = womensrole)
Deviance Residuals:
    Min
         10
                     Median
                                   30
-2.72544 -0.86302 -0.06525
                              0.84340
                                        3.13315
Coefficients:
           Estimate Std. Error z value Pr(>|z|)
(Intercept) 2.50937
                      0.18389 13.646
                                         <2e-16 ***
           -0.01145
                       0.08415 -0.136
                                         0.892
sexFemale
education
           -0.27062
                       0.01541 -17.560
                                         <2e-16 ***
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
(Dispersion parameter for binomial family taken to be 1)
   Null deviance: 451.722 on 40 degrees of freedom
Residual deviance: 64.007 on 38 degrees of freedom
AIC: 208.07
Number of Fisher Scoring iterations: 4
```

Figure 6.5 R output of the summary method for the logistic regression model fitted to the womensrole data.

```
+ lines(womensrole$education[!f], role.fitted[!f], lty = 1)
+ lines(womensrole$education[f], role.fitted[f], lty = 2)
+ lgtxt <- c("Fitted (Males)", "Fitted (Females)")
+ legend("topright", lgtxt, lty = 1:2, bty = "n")
+ y <- womensrole$agree / (womensrole$agree + womensrole$disagree)
+ text(womensrole$education, y, ifelse(f, "\VE", "\MA"), family = "HersheySerif",
+ }</pre>
```

The two curves for males and females in Figure 6.6 are almost the same reflecting the non-significant value of the regression coefficient for sex in womensrole\_glm\_1. But the observed values plotted on Figure 6.6 suggest that there might be an interaction of education and sex, a possibility that can be investigated by applying a further logistic regression model using

The sex and education interaction term is seen to be highly significant, as can be seen from the summary output in Figure 6.7. We can obtain a plot of deviance residuals plotted against fitted values using the following

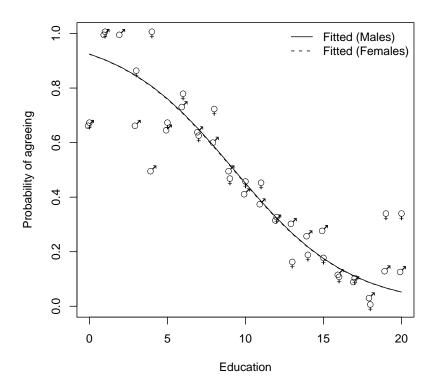


Figure 6.6 Fitted (from womensrole\_glm\_1) and observed probabilities of agreeing for the womensrole data.

code above Figure 6.9. The residuals fall into a horizontal band between -2 and 2. This pattern does not suggest a poor fit for any particular observation or subset of observations.

#### 6.3.3 Colonic Polyps

The data on colonic polyps in Table ?? involves *count* data. We could try to model this using multiple regression but there are two problems. The first is that a response that is a count can only take positive values, and secondly such a variable is unlikely to have a normal distribution. Instead we will apply a GLM with a log link function, ensuring that fitted values are positive, and

```
R> summary(womensrole_glm_2)
```

```
Call:
glm(formula = cbind(agree, disagree) ~ sex * education, family = binomial(),
   data = womensrole)
Deviance Residuals:
    Min
           10
                     Median
                                   30
                                            Max
-2.39097
         -0.88062
                   0.01532
                              0.72783
                                         2.45262
Coefficients:
                   Estimate Std. Error z value Pr(>|z|)
(Intercept)
                    2.09820
                             0.23550
                                         8.910
                                                < 2e-16 ***
sexFemale
                    0.90474
                               0.36007
                                         2.513
                                                0.01198 *
education
                   -0.23403
                               0.02019 -11.592
                                                < 2e-16 ***
sexFemale:education -0.08138
                               0.03109 -2.617
                                                0.00886 **
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
(Dispersion parameter for binomial family taken to be 1)
   Null deviance: 451.722 on 40 degrees of freedom
Residual deviance: 57.103 on 37 degrees of freedom
AIC: 203.16
Number of Fisher Scoring iterations: 4
```

Figure 6.7 Routput of the summary method for the logistic regression model fitted to the womensrole data.

a Poisson error distribution, i.e.,

$$\mathsf{P}(y) = \frac{e^{-\lambda}\lambda^y}{y!}.$$

This type of GLM is often known as *Poisson regression*. We can apply the model using

```
R> data("polyps", package = "HSAUR")
R> polyps_glm_1 <- glm(number ~ treat + age, data = polyps, family = poisson())</pre>
```

(The default link function when the Poisson family is requested is the log function.) We can deal with overdispersion by using a procedure known as quasi-likelihood, which allows the estimation of model parameters without fully knowing the error distribution of the response variable. McCullagh and Nelder (1989) give full details of the quasi-likelihood approach. In many respects it simply allows for the estimation of  $\phi$  from the data rather than defining it to be unity for the binomial and Poisson distributions. We can apply quasi-likelihood estimation to the colonic polyps data using the following R code

R> role.fitted2 <- predict(womensrole\_glm\_2, type = "response")
R> myplot(role.fitted2)

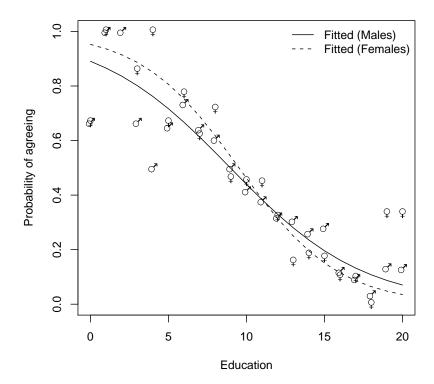


Figure 6.8 Fitted (from womensrole\_glm\_2) and observed probabilities of agreeing for the womensrole data.

```
R> polyps_glm_2 <- glm(number ~ treat + age, data = polyps,</pre>
                       family = quasipoisson())
R> summary(polyps_glm_2)
Call:
glm(formula = number ~ treat + age, family = quasipoisson(),
    data = polyps)
Deviance Residuals:
               1Q
                    Median
                                  3Q
                                           Max
-4.2212
         -3.0536
                  -0.1802
                              1.4459
                                        5.8301
{\it Coefficients:}
```

#### 12 LOGISTIC REGRESSION AND GENERALISED LINEAR MODELS

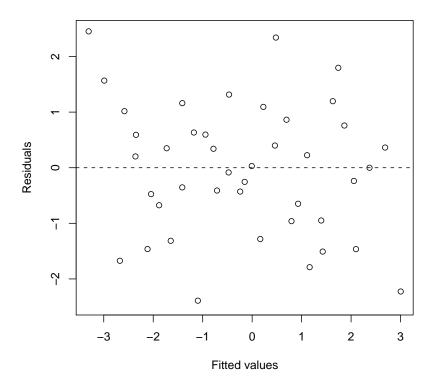


Figure 6.9 Plot of deviance residuals from logistic regression model fitted to the womensrole data.

```
Estimate Std. Error t value Pr(>|t|)

(Intercept) 4.52902  0.48106  9.415  3.72e-08 ***

treatdrug -1.35908  0.38533  -3.527  0.00259 **

age  -0.03883  0.01951  -1.991  0.06284 .

---

Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1

(Dispersion parameter for quasipoisson family taken to be 10.72805)

Null deviance: 378.66 on 19 degrees of freedom
```

```
R> summary(polyps_glm_1)
glm(formula = number ~ treat + age, family = poisson(), data = polyps)
Deviance Residuals:
   Min 1Q Median
                               3Q
                                       Max
-4.2212 -3.0536 -0.1802
                           1.4459
                                    5.8301
Coefficients:
            Estimate Std. Error z value Pr(>|z|)
                       0.146872
(Intercept)
            4.529024
                                  30.84
                                        < 2e-16 ***
           -1.359083
                       0.117643
                                 -11.55
                                         < 2e-16 ***
treatdrug
           -0.038830
                       0.005955
                                  -6.52 7.02e-11 ***
age
Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
(Dispersion parameter for poisson family taken to be 1)
    Null deviance: 378.66 on 19 degrees of freedom
Residual deviance: 179.54 on 17 degrees of freedom
AIC: 273.88
Number of Fisher Scoring iterations: 5
```

Figure 6.10 R output of the summary method for the Poisson regression model fitted to the polyps data.

```
Residual deviance: 179.54 on 17 degrees of freedom AIC: NA \,
```

Number of Fisher Scoring iterations: 5

The regression coefficients for both explanatory variables remain significant but their estimated standard errors are now much greater than the values given in Figure 6.10. A possible reason for overdispersion in these data is that polyps do not occur independently of one another, but instead may 'cluster' together.



## Bibliography

McCullagh, P. and Nelder, J. A. (1989),  $Generalized\ Linear\ Models,$  London, UK: Chapman & Hall/CRC.