# A Handbook of Statistical Analyses Using $\mathsf{R} - 2\mathrm{nd}$ Edition

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#### CHAPTER 16

# Principal Component Analysis: The Olympic Heptathlon

#### 16.1 Introduction

#### 16.2 Principal Component Analysis

#### 16.3 Analysis Using R

To begin it will help to score all seven events in the same direction, so that 'large' values are 'good'. We will recode the running events to achieve this;

Figure 16.1 shows a scatterplot matrix of the results from all 25 competitors for the seven events. Most of the scatterplots in the diagram suggest that there is a positive relationship between the results for each pairs of events. The exception are the plots involving the javelin event which give little evidence of any relationship between the result for this event and the results from the other six events; we will suggest possible reasons for this below, but first we will examine the numerical values of the between pairs events correlations by applying the cor function

# R> round(cor(heptathlon[,-score]), 2)

	hurdles	highjump	shot	run200m	longjump	javelin	run800m
hurdles	1.00	0.81	0.65	0.77	0.91	0.01	0.78
highjump	0.81	1.00	0.44	0.49	0.78	0.00	0.59
shot	0.65	0.44	1.00	0.68	0.74	0.27	0.42
run200m	0.77	0.49	0.68	1.00	0.82	0.33	0.62
longjump	0.91	0.78	0.74	0.82	1.00	0.07	0.70
javelin	0.01	0.00	0.27	0.33	0.07	1.00	-0.02
run800m	0.78	0.59	0.42	0.62	0.70	-0.02	1.00

Examination of these numerical values confirms that most pairs of events are positively correlated, some moderately (for example, high jump and shot) and others relatively highly (for example, high jump and hurdles). And we see that the correlations involving the javelin event are all close to zero. One possible explanation for the latter finding is perhaps that training for the other six events does not help much in the javelin because it is essentially a 'technical'

R> score <- which(colnames(heptathlon) == "score")
R> plot(heptathlon[,-score])

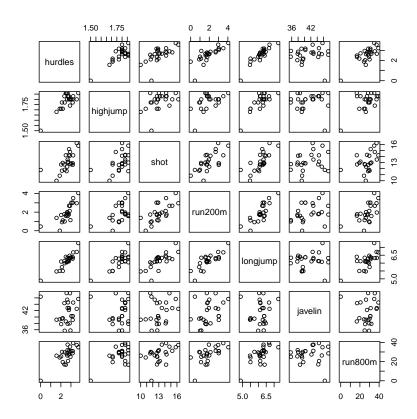


Figure 16.1 Scatterplot matrix for the heptathlon data (all countries).

event. An alternative explanation is found if we examine the scatterplot matrix in Figure 16.1 a little more closely. It is very clear in this diagram that for all events except the javelin there is an outlier, the competitor from Papua New Guinea (PNG), who is much poorer than the other athletes at these six events and who finished last in the competition in terms of points scored. But surprisingly in the scatterplots involving the javelin it is this competitor who again stands out but because she has the third highest value for the event. It might be sensible to look again at both the correlation matrix and the scatterplot matrix after removing the competitor from PNG; the relevant R code is

R> heptathlon <- heptathlon[-grep("PNG", rownames(heptathlon)),] Now, we again look at the scatterplot and correlation matrix; R> score <- which(colnames(heptathlon) == "score")
R> plot(heptathlon[,-score])

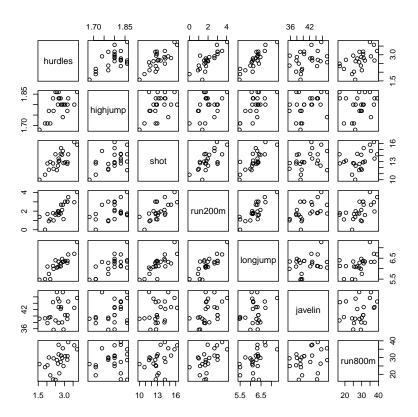


Figure 16.2 Scatterplot matrix for the heptathlon data after removing observations of the PNG competitor.

## R> round(cor(heptathlon[,-score]), 2)

	hurdles	highjump	shot	run200m	longjump	javelin	run800m
hurdles	1.00	0.58	0.77	0.83	0.89	0.33	0.56
highjump	0.58	1.00	0.46	0.39	0.66	0.35	0.15
shot	0.77	0.46	1.00	0.67	0.78	0.34	0.41
run200m	0.83	0.39	0.67	1.00	0.81	0.47	0.57
longjump	0.89	0.66	0.78	0.81	1.00	0.29	0.52
javelin	0.33	0.35	0.34	0.47	0.29	1.00	0.26
run800m	0.56	0.15	0.41	0.57	0.52	0.26	1.00

The correlations change quite substantially and the new scatterplot matrix in Figure 16.2 does not point us to any further extreme observations. In the remainder of this chapter we analyse the heptathlon data with the observations of the competitor from Papua New Guinea removed.

Because the results for the seven heptathlon events are on different scales we shall extract the principal components from the correlation matrix. A principal component analysis of the data can be applied using the prcomp function with the scale argument set to TRUE to ensure the analysis is carried out on the correlation matrix. The result is a list containing the coefficients defining each component (sometimes referred to as *loadings*), the principal component scores, etc. The required code is (omitting the score variable)

R> heptathlon\_pca <- prcomp(heptathlon[, -score], scale = TRUE)
R> print(heptathlon\_pca)

```
Standard deviations:
[1] 2.0793 0.9482 0.9109 0.6832 0.5462 0.3375 0.2620
            PC1
                                                PC5
                 0.05772 -0.1739
hurdles -0.4504
                                  0.04841 -0.19889
                                                     0.84665
highjump -0.3145 -0.65133 -0.2088 -0.55695
                                           0.07076 -0.09008
         -0.4025 -0.02202 -0.1535
                                  0.54827
                                            0.67166 -0.09886
shot
run200m
        -0.4271
                0.18503
                          0.1301
                                  0.23096 -0.61782 -0.33279
longjump -0.4510 -0.02492 -0.2698
                                  -0.01468 -0.12152 -0.38294
        -0.2423 -0.32572
                          0.8807
                                  0.06025
                                            0.07874
                                                    0.07193
run800m
        -0.3029 0.65651
                          0.1930 -0.57418
                                            0.31880 -0.05218
             PC7
hurdles -0.06962
highjump 0.33156
shot
run200m
longjump -0.74941
javelin
        -0.21108
run800m
         0.07719
```

The summary method can be used for further inspection of the details:

#### R> summary(heptathlon\_pca)

The linear combination for the first principal component is

We see that the hurdles and long jump competitions receive the highest weight but the javelin result is less important. For computing the first principal component, the data need to be rescaled appropriately. The center and the scaling used by prcomp internally can be extracted from the heptathlon\_pca via

```
R> center <- heptathlon_pca$center
R> scale <- heptathlon_pca$scale</pre>
```

Now, we can apply the scale function to the data and multiply with the loadings matrix in order to compute the first principal component score for each competitor

R> hm <- as.matrix(heptathlon[,-score])
R> drop(scale(hm, center = center, scale = scale) %\*%
+ heptathlon\_pca\$rotation[,1])

```
Joyner-Kersee (USA)
                              John (GDR)
                                                  Behmer (GDR)
            -4.75753
                                 -3.14794
                                                      -2.92618
Sablovskaite (URS)
                       Choubenkova (URS)
                                                  Schulz (GDR)
                                 -1.50345
      Fleming (AUS)
                           Greiner (USA)
                                              Lajbnerova (CZE)
           -0.95345
                                 -0.63324
                                                      -0.38157
      Bouraga (URS)
                           Wijnsma (HOL)
                                              Dimitrova (BUL)
            -0.52232
                                 -0.21770
                                                      -1.07598
     Scheider (SWI)
                             Braun (FRG)
                                           Ruotsalainen (FIN)
             0.00301
                                  0.10918
       Yuping (CHN)
                                                   Brown (USA)
                             Hagger (GB)
             0.23251
                                  0.65952
      Mulliner (GB)
                        Hautenauve (BEL)
                                                  Kytola (FIN)
            1.88093
                                 1.82817
                                                       2.11820
                           Hui-Ing (TAI)
                                                Jeong-Mi (KOR)
     Geremias (BRA)
                                  3.90117
                                                       3.89685
```

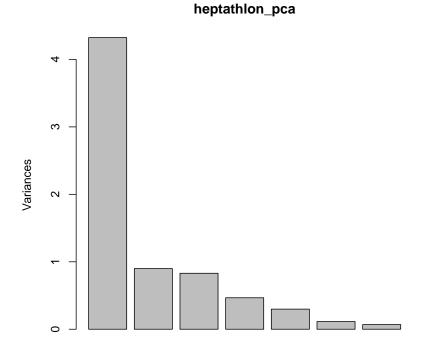
or, more conveniently, by extracting the first from all precomputed principal components

### R> predict(heptathlon\_pca)[,1]

```
Joyner-Kersee (USA)
                              John (GDR)
                                                  Behmer (GDR)
                                 -3.14794
                                                       -2.92618
 Sablovskaite (URS)
                       Choubenkova (URS)
                                                  Schulz (GDR)
           -1.28814
                                 -1.50345
                                                      -0.95847
      Fleming (AUS)
                           Greiner (USA)
                                             Lajbnerova (CZE)
                                -0.63324
           -0.95345
                                                      -0.38157
                           Wijnsma (HOL)
                                               Dimitrova (BUL)
      Bouraga (URS)
     Scheider (SWI)
                             Braun (FRG)
                                           Ruotsalainen (FIN)
            0.00301
                                  0.10918
                                                       0.20887
       Yuping (CHN)
                             Hagger (GB)
                                                   Brown (USA)
            0.23251
                                  0.65952
                                                       0.75685
      Mulliner (GB)
                        Hautenauve (BEL)
                                                  Kytola (FIN)
            1.88093
                                  1.82817
                                                       2.11820
                           Hui-Ing (TAI)
     Geremias (BRA)
                                                Jeong-Mi (KOR)
                                  3.90117
```

The first two components account for 75% of the variance. A barplot of each component's variance (see Figure 16.3) shows how the first two components dominate. A plot of the data in the space of the first two principal components, with the points labelled by the name of the corresponding competitor, can be produced as shown with Figure 16.4. In addition, the first two loadings for the events are given in a second coordinate system, also illustrating the special role of the javelin event. This graphical representation is known as biplot (?). A biplot is a graphical representation of the information in an  $n \times p$  data matrix. The "bi" is a reflection that the technique produces a diagram that gives variance and covariance information about the variables and information about generalised distances between individuals. The coordinates used to produce the biplot can all be obtained directly from the principal components analysis of the covariance matrix of the data and so the plots can be

R> plot(heptathlon\_pca)



**Figure 16.3** Barplot of the variances explained by the principal components. (with observations for PNG removed).

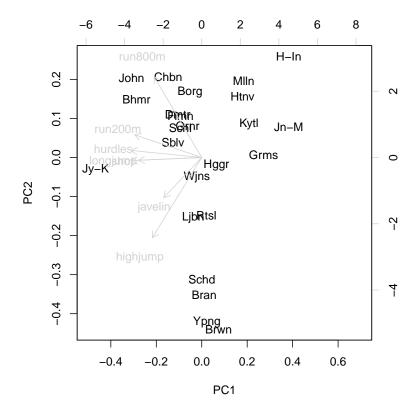
viewed as an alternative representation of the results of such an analysis. Full details of the technical details of the biplot are given in ? and in ?. Here we simply construct the biplot for the heptathlon data (without PNG); the result is shown in Figure 16.4. The plot clearly shows that the winner of the gold medal, Jackie Joyner-Kersee, accumulates the majority of her points from the three events long jump, hurdles, and 200m.

The correlation between the score given to each athlete by the standard scoring system used for the heptathlon and the first principal component score can be found from

R> cor(heptathlon\$score, heptathlon\_pca\$x[,1])

[1] -0.993

R> biplot(heptathlon\_pca, col = c("gray", "black"))



**Figure 16.4** Biplot of the (scaled) first two principal components (with observations for PNG removed).

This implies that the first principal component is in good agreement with the score assigned to the athletes by official Olympic rules; a scatterplot of the official score and the first principal component is given in Figure 16.5.

R> plot(heptathlon\$score, heptathlon\_pca\$x[,1])

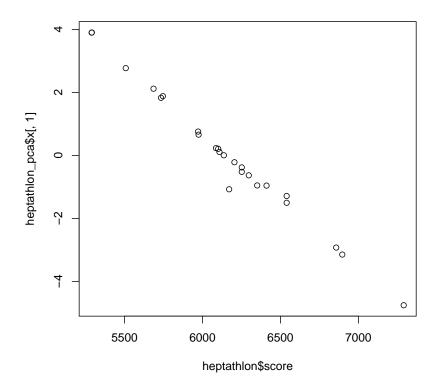


Figure 16.5 Scatterplot of the score assigned to each athlete in 1988 and the first principal component.