MZ twin intra-pair differences model $\beta = 1.1 [1.07, 1.13], p < 0.001$ 1.0 Twin 1 seldom walks in rain, Difference in mud (T1 - T2) and has less mud on his shoes 0.0 Twin 1 goes out in the rain more, and has more mud on his shoes -0.5 -1.0 -0.5 0.0 0.5 Difference in exposure to rain (T1 - T2)