

Fulfilment Slips - take 2

1.

WELCOME TO THE FULFILMENT CENTRE

Do you need all this shit? Wellness can come from within. Maybe concentrate on what makes you happy and save your cash?

Thank you for your custom, please call again.

YOU ARE FULFILLED!

2.

WELCOME TO THE FULFILMENT CENTRE

Is there one thing you can do to make yourself feel good that doesn't come with a price tag? Maybe do that? Or not up to you.

Thank you for your custom, please call again.

YOU ARE FULFILLED!

3.

WELCOME TO THE FULFILMENT CENTRE

The global wellness industry is based on profit and is worth around \$5.6 billion US - you don't need it.

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YOU ARE FULFILLED!

WELCOME TO THE FULFILMENT CENTRE

4.

Do you really need an expensive bottle of goop? Will it really make you younger/hotter/happier? Maybe just try living your life as it is now and get an early night once in a while.

Thank you for your custom, please call again.

YOU ARE FULFILLED!

5.

WELCOME TO THE FULFILMENT CENTRE

How are you feeling? List five things you enjoy and try, it could be meeting friends, walking in the park or watching a film, and try to do at least one a week. Or just go out and get smashed - your choice.

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6.

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Harvesting of ingredient used in cosmetics and wellness products like frankincense, shea, Brazil nut, juniper, licorice, baobab, argan, candelilla, pygeum, jatamansi, gum arabic, and goldenseal is causing habitat destruction and worker exploitation. Maybe put that bottle back on the shelf and find a sustainable and ethical option, or just do something that makes you happy. You are important but so is the environment.

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YOU ARE FULFILLED!

7.

WELCOME TO THE FULFILMENT CENTRE

Do you really need that bottle of goop? Will it bring you joy or is it just there to make some wealthy entrepreneur guru even richer? Maybe think about what will make you happier as a person and go for that instead?

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YOU ARE FULFILLED!

8.

WELCOME TO THE FULFILMENT CENTRE

How is the cost of living crisis affecting you? It is tempting to reach for a product that offers happiness and eternal youth in a bottle as a way to avoid facing other issues in your life. Maybe have a cuppa and a chat with friends or family instead? Feeling part of a community and working through problems together can lead to a more fulfilling life.

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YOU ARE FULFILLED!

9.

WELCOME TO THE FULFILMENT CENTRE

Will a load more shit really make you happy? Is your house and your bathroom cluttered enough already? You don't need Stacey to sort your life out. Buy less, live more and have a good clear out once in a while!

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YOU ARE FULFILLED!

10.

WELCOME TO THE FULFILMENT CENTRE

How many half empty bottles of goop do you have already? Do you really need one more? Will it make you happier or just poorer? Is there anything you can do instead that will give you that dopamine hit without harming your bank account and contributing to plastic waste and over exploitation of the earth's resources?

Thank you for your custom, please call again.

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