



SU Wellness Centre

MacEwan Student Centre, Room 370
2500 University Drive NW
Calgary, AB, Canada T2N 1N4
ucalgary.ca/wellnesscentre

Epilepsy Association of Calgary
Melanie Grace Memorial Scholarship

September 25, 2018

To the Selection Committee:

I am writing to express my enthusiastic support for Kiley Carson's application for the Melanie Grace Memorial Scholarship. I first met Kiley when she became a Peer Support Volunteer at the SU Wellness Centre's Campus Community Hub in September 2017. In working with Kiley, I have had the opportunity to witness many attributes, qualities and skills that make her extremely deserving of this award.

Kiley demonstrates an outstanding dedication to building a supportive campus community. As a Peer Support Volunteer, Kiley plans and facilitates social activities aimed at reducing loneliness and building community among students. Her friendly personality, positive attitude, and willingness to help enables her to form strong connections with others. In her interactions with students, Kiley goes above and beyond to make them feel welcome, engage them in activities and conversations, and provide support. In addition, Kiley plans and implements outreach activities aimed at informing students about health and wellness resources. Kiley has also completed the Community Helpers Program on campus, and is trained to provide supportive listening. She demonstrates her commitment to being a helper in our campus community, and to intervene and provide support when others are struggling.

In addition to being a Peer Support Volunteer, Kiley has also collaborated with the SU Wellness Centre on other initiatives. For example, she was recently a speaker at the Mysterious Barricades event held on campus in September 2018. Kiley demonstrated her courage, professionalism, and passion for mental health and suicide awareness and did an incredible job speaking in front of the large crowd.

I have witnessed Kiley's dedication to student wellness and making a difference in our community and I highly recommend her for the Melanie Grace Memorial Scholarship. If you have any further questions, please contact me.

Sincerely,

A handwritten signature in blue ink, reading "Mandy McCaughley".

Mandy McCaughley
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