

interRAI CHA CAPs Trigger Categories

Functional Performance

Clinical Assessment Protocols	Trigger Level
Physical Activities Promotion	1 = Triggered With Potential for Improvement 0 = Not Triggered
Instrumental ADL	1 = Triggered With Potential to Improve 0 = Not Triggered
Activities of Daily Living	2 = Triggered to facilitate improvement 1 = Triggered to prevent decline 0 = Not Triggered
Home Environment Optimization	1 = Triggered 0 = Not Triggered
Institutional Risk	1 = Triggered 0 = Not Triggered
Physical Restraints Clinical Assessment Protocol Only in LTCH sector	2 = Triggered, ADL ability present 1 = Triggered, little ADL ability 0 = Not Triggered

Cognition and Mental Health

Clinical Assessment Protocols	Trigger Level
Cognitive Loss	2 = Triggered To prevent Decline 1 = Triggered to Monitor for Risk of Cognitive Decline 0 = Not Triggered
Communication	2 = Triggered to Prevent Decline 1 = Triggered With Potential for Improvement 0 = Not Triggered
Mood	2 = Triggered – High Risk 1 = Triggered- Medium Risk 0 = Not Triggered
Abusive Relationship	2 = Triggered – High Risk Status 1 = Triggered- Moderate Risk Status 0 = Not Triggered
Behaviour	2 = Triggered to Reduce the Occurrence of Daily Behaviours 1 = Triggered to Prevent Behaviours from Occurring Daily 0 = Not Triggered
Delirium	1 = Triggered 0 = Not Triggered

Social Life

Clinical Assessment Protocols	Trigger Level
Informal Support	1 = Triggered 0 = Not Triggered
Social Relationship	1 = Triggered 0 = Not Triggered
Activities LTCH sector only	1 = Triggered 0 = Not Triggered

Clinical Issues

Clinical Assessment Protocols	Trigger Level
Falls	2 = Triggered – High Risk 1 = Triggered- Low Risk 0 = Not Triggered
Pain	2 = High Priority 1 = Medium Priority 0 = Not Triggered
Pressure Ulcer	3 = Triggered – At Risk, no Pressure Ulcer now 2 = Triggered – At Risk, has Stage 1 Pressure Ulcer 1 = Triggered – Has a Stage 2 or Higher Pressure Ulcer 0 = Not Triggered
Cardio-Respiratory Conditions	1 = Triggered 0 = Not Triggered
Undernutrition	2 = Triggered – High Risk 1 = Triggered-Medium Risk 0 = Not Triggered
Dehydration	2 = Triggered High Level 1 = Triggered Low Level 0 = Not Triggered
Feeding tube	1 = Triggered – Absence of cognitive abilities 2 = Triggered – Has some residual cognitive abilities 0 = Not Triggered
Prevention	2 = Triggered Because Preventive Strategy Not Pursued and No Recent Physician Visit 1 = Triggered Because Preventive Strategy Not Pursued, Despite a Recent Physician Visit

	0 = Not Triggered
Appropriate Medications	1 = Triggered 0 = Not Triggered
Tobacco and Alcohol Use	1 = Triggered 0 = Not triggered
Urinary Incontinence	3 = Triggered to Facilitate Improvement in Bladder Function 2 = Triggered to Prevent Decline- Higher Rate of Decline Expected 1 = Not Triggered-Continent 0 = Not Triggered-Poor Decision-Making
Bowel Conditions	2 = Triggered With Potential for Improvement 1 = Triggered to Prevent Decline 0 = Not Triggered

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