

The Cold River Camp Wish List allows interested campers to donate funds toward the purchase of a variety of items for CRC to improve the overall Camp experience in some small or large way. All donations will be recognized and published on the CRC web site and in the winter edition of The Little Deer Dispatch. Donors may elect to remain anonymous, if desired. All contributions are greatly appreciated and are tax deductible, and the CRC committee gives their sincere thanks those that have given generously to the Wish List. For the most up-to-date listing of Wish List items, please go to the Cold River Camp Website (<http://www.amccoldrivercamp.org/>).

2011 Wish List

1. Twelve "Cold Concepts" platters and bowls, for keeping trail lunch table foods chilled (\$50 - \$85 each, depending on size).
2. Rechargeable fluorescent lanterns for use by those who prefer not to use the kerosene lamps (\$35 each).
3. Two dozen towels (\$10 each).
4. Four mattresses for ongoing "Mattress Replacement Program" (\$185 each).
5. Underwriting the production costs of The Little Deer Dispatch (\$400).
6. Twelve garbage cans (\$30 - \$45 each, depending on size and model).
7. A ten inch digital picture frame (\$160 & up, depending on brand & model).

Please contact Mark Winkler (amc.crcchair@gmail.com) if you would like to make a donation. Thank you for your support of CRC!

Thank you to our generous donors for funding in 2010:

1. An energy efficient washer and dryer FUNDED by Meg Holland and Dwight Wilder.
2. A piano FUNDED by the Baehr, Basile, Brown, Bullard, Carter, Holden, Janer, MacLeod, Pearson, Schrading, Sherwood, and Wiltse Families, and the Weston Family.
3. Five mattresses, three cold beverage containers, and a donation toward underwriting the production costs of The Little Deer Dispatch FUNDED by the Fink and Palmisano families.

the Little Deer Dispatch

If you have any family or friends who would like to receive this *Little Deer Dispatch* free and to be added to the Cold River Camp mailing list, send name/address to:
Mark Winkler, 17 Southview Street, Pleasantville, NY 10570

Little Deer Dispatch

Winter 2011 issue • Number 23

Cold River Camp • AMC

www.amccoldrivercamp.org

*Cold River Camp, AMC***CRC Committee**

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 Naturalist Coordinator)
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Mike Zlogar

(CTA President)
 mzlogar@comcast.net
 Amherst, MA

(413) 253-7522

Open Position - TBD '13

**COLD RIVER CAMP-AMC**

32 AMC Road

Chatham, NH 03813
 (603) 694-3291

CRC MANAGERS

Laurie Barr & Jim DiCarlo
 20 Main Street, Box 2261

Exeter, NH 03886
 (603) 772-3849

crcmanagers@gmail.com

Extension Managers

Chris Clyne & Ned Beecher

Tamworth, NH
 chris.clyne@gmail.com

* * *

CRC Volunteers

Lois Winkler (Registrar)
 17 Southview Street
 Pleasantville, NY 10570
 (914) 747-3194

Meg Holland
 (Winter Cabin Registrar)
 Grantham, NH
 h: (603) 865-5345
 mitymeg@comcast.net

Bill Gross
 (Hike Leader Coordinator)
 wmgross4@verizon.net
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 610-667-3605

Bob Crane (Webmaster)
 New London, NH
 h: (603) 526-7684
 bcrane@ou.edu

Ted Barrett
 Chelmsford, MA
 (978) 256-9184

Chatham, NH
 (603) 694-3004

Robert Price
 (Naturalist Weekend)
 Rochester, MA
 (508) 264-4191 (cell)

Bill & Kathy Waste
 (Opening)
 Lyme, NH
 (603) 795-4440

Jim Weston
 (AMC VMF Chair)
 Bedford, MA
 (781) 275-8034

*Winter 2011***CHAIRMAN'S WELCOME**

Pleasantville, New York, February 2011

We are all thrilled that Jim DiCarlo and Laurie Barr will be returning as Camp Managers for their third season at Cold River, and that Chris Clyne and Ned Beecher will be returning as our Extension Managers. With their staff and crews now almost all hired, they are busy getting ready for your arrival at Cold River Camp this summer. Join us again for another spectacular season in our valley and at your Camp.



Surround yourself with mountains.
 Surround yourself with time.
 Surround yourself with friends.

Reserve your space today!

*Mark Winkler, CRC Chair
 amc.crcchair@gmail.com
 17 Southview St.
 Pleasantville, NY 10570
 w: (212) 827-8456 •*

NEW POLICY FOR CAMP:

To help preserve the unique sanctuary that is Cold River Camp's and to be sensitive to why many guests choose to vacation at our Camp, the CRC Committee has decided at their fall meeting that the main lodge and porch area should be kept free from intrusive electronic devices. The Camp's policies for e-devices will be reviewed annually. •

THE CAMP WEBSITE

<http://www.amccoldrivercamp.org>

The website has been updated and improved since last summer to include additional information about the history of Cold River Camp. We continue to provide downloadable group pictures for the guests for each full season week of camp. The pictures are generally available a week or two after each camp session. Pictures are also posted for each year starting with 2007. We have added downloadable copies of all issues of the *Little Deer Dispatch* starting with the first issue, Winter, 1997.

Bob Crane, CRC Webmaster, 603-526-7684, bcrane@ou.edu •

NATURALIST PROGRAM

Each week during the summer season of Cold River Camp one of our trip leaders is a naturalist, familiar with the natural world in the Evans Notch area. While the naturalists will lead trips, they are also a source of information to the guests. They are very willing to share their knowledge of special places in the area including:

Deer Hill Bog Wildlife Blind (USFS) (11 minute drive) best visited early morning or after dinner. Frogs, turtles, ducks, beaver, geese and, if lucky, moose can be seen.

Lord Hill Mine (15-30 minute drive, 45-90 minute hike depending on trail used. Easy hike to a lunch spot with a great view and a mine for the young at heart. Safety goggles and hammers are available at CRC – check with the naturalist or manager.

In camp, take along your copy the **Tea House Path – Conant Path Nature Trail Loop** guide included in your packet of CRC information and leisurely walk the trail along Cold River. Along the way, a granite memorial bench invites you to sit and listen to Cold River as it makes its way south. The screened Tea House also invites one in to spend time.

For younger guests we have a **Jr. Naturalist Program** with booklets available designed for three age groups. Parents and grandparents are encouraged to work with their children in fulfilling the requirements. Upon completion, patches are awarded during Friday evening's Talent Show. The Naturalist who is available for advice and help oversees this program. Field guides for wildflowers, trees, birds and stars are available in Conant Lodge for guests to borrow. There are also books for children in the Jr. Naturalist Library in the Lodge, as well as equipment for water studies in the Recreation Hall's Naturalist Toolbox.

Emma Crane, CRC Naturalist Coordinator •

VOLUNTEERS NEEDED FOR CRC GARDENS

As you drive toward the welcoming front porch of Conant Lodge, a beautiful flower garden in front catches your eye. This garden, along with the one in front of the Recreation Hall, was planted with mainly native plants, such as rudbeckia, potentilla, coneflower, geranium, coreopsis, pachysandra, bee balm, viburnum. Each spring, during Opening Weekend, volunteers "wake up" the gardens, rake, prune, divide, deadhead, mulch and prepare the beds for the coming season. Again, during Work Weekend in June, the gardens receive additional care and maintenance. While we need volunteers for these two weekends, we also need volunteers to keep an eye on the gardens throughout the summer by deadheading, weeding and cutting back as needed.

If you are interested in providing needed attention to the gardens during your stay at CRC, please contact **Emma Crane**, bcrane@ou.edu, 603-526-7684. The time involved would be minimal, instructions will be provided and the results will be instant!! The necessary tools are at CRC; all we need are the willing volunteers. •

CRC TRIP LEADERS - 2011 SCHEDULE

Week #1: June 25 - July 2 Bill Gross H (C) Mark Levine H Ned Beecher N (General, Birds)	Week #2: July 2 - 9 Bill Darcy H (C) Rich Taylor H Peter Norton N (Birds)	Week #3: July 9 - 16 Bob Cross H (C) pn Larry Fink H Steve Fink H (No Naturalist)
Week #4: July 16 - 23 Dan House H (C) pn Art Wright H Cheryl Poirier N (General, Birds)	Week #5: July 23 - July 30 Jim Gorman N (C) (Trees) Norm Marshall H Marvin Swartz H	Week #6: July 30 - Aug. 6 Jim Gorman N (C)(Trees) Chris McArdle H PT pn Collin McArdle H PT Francie Updegrove H
Week #7: Aug. 6 - 13 Emma Crane N (C) PT (Wildflowers) Bob Crane N PT (Climate) Jim Lip- tack H Ann Prindle H	Week #8: Aug. 13 - 20 Antonia Woods H (C) pn Katy Hiza H Gary Munson H (No Naturalist)	Week #9: Aug. 20 - Aug. 27 Bill Fuchs H (C) Ann Piascek H Mike Arnott N PT (Wildlife) Mary White N PT (Wildlife)
Ext. #1: Aug. 27 - Sept. 3 Mark Levine	Ext. #2: Sept. 3 - 11 Rich Taylor H	Coordinator, Naturalist, Part Time Leader

Cold River Camp Guests—

Even as we experience cold, wintry conditions at home, we are looking ahead to the warm, sunny days of summer and, once again, returning to our favorite trails and summits. The leader coordinators have compiled the leader roster for Summer 2011 and it is included in this edition of *The Little Deer Dispatch*.

The coordinators are responsible for scheduling leaders for the nine weeks of Camp plus the two weeks of Extension. Our goal is to provide a variety of led hikes with varying degrees of difficulty to appeal to all hikers and also to provide information on trails to those campers wanting to hike on their own. If you are unfamiliar with any trail, ask a leader for information. Our leaders have been hiking in the area for a number of years and can offer suggestions for a trail suitable for your abilities and interests. All of our leaders hold current certification in Wilderness First Aid (WFA), CPR, and AMC Leadership training.

Parents with young children will want to be involved in the Jr. Naturalist program. Booklets are available for different age groups and the Naturalist assists in each week's program. The Naturalists will also lead four hikes each week focusing on their particular interest, i.e. geology, weather, climate, local history, tree identification, birds or wildflowers.

Enjoy winter and look forward to renewing friendships this summer at CRC. For those who have not experienced CRC, come up and enjoy the peace and quiet of Evans Notch. While at CRC, one can hike, bike, walk, talk, swim, read, paint, eat, or snooze – it's your choice!!!

*Cold River Camp, AMC***COLD RIVER CAMP 2011 SEASON RATES**

	6/25-8/27	8/27-9/11
Adult (17-yr & over)	\$520/wk	\$60/day
Youth (12-yr to 16-yr)*	\$430/wk	\$50/day
Child (2-yr to 11-yr)*	\$315/wk	\$30/day
Child under 2-yr*	\$155/wk	\$30/day

*in same cabin with parents/adults. Age is as of 7/1/2011.

All inclusive summer and extension rates cover all meals, lodging, taxes, activities, firewood, ice, and support of AMC programs. Non-AMC members please add 10%. For July/August reservations are full-week, Saturday to Saturday. Partial week reservations only accepted after 6/21 with a minimum stay of 3 nights. The daily rate is 20% of weekly rate. Maximum 10 (ten) names per reservation envelope.

- Deposit of \$200/person/week (\$100/person for extension season).
- All applications clearly postmarked between March 1 and April 1 will receive equal consideration (Do not mail before March 1, 2011). All reservations will be assigned by lottery after April 1. Reservation confirmations by May 1.
- Payment: Only Cash or Checks are accepted. Camp cannot accept credit cards. Make checks payable to AMC-Cold River Camp.
- Please provide self-addressed-stamped-envelope for confirmation/reply.
- Please ensure each and every person registering has provided an appropriately signed AMC release form. Without these forms, the reservation request will be rejected.
- See *AMC Outdoors* March 2010 or amccoldrivercamp.org for further info.

Cancellations received prior to May 30 will obtain a 50% refund of deposit.

No refund will be allowed after that date. Reservation deposits are not transferable. In fairness to those denied space, any cancellations received within two weeks of your arrival date will be billed in full for your entire scheduled stay.

MAIL RESERVATIONS FROM MARCH 1 TO JUNE 21 to: Lois Winkler, Registrar, 17 Southview St., Pleasantville, NY 10570. (914) 747-3194 before 9pm, please.

MAIL RESERVATIONS AFTER JUNE 21 to: Jim DiCarlo and Laurie Barr, Managers, Cold River Camp, 32 AMC Road, Chatham, NH 03813-5201 603-694-3291 •

OPENING WEEKEND 2011 - INVITATION

The Opening Weekend crew is always pushing the limits: how soon can we get the work done on Saturday, how good a time can we have doing it (and afterwards!), etc. This year we are going to push the calendar a bit- if you come up on Friday you can actually spend the last night of April at CRC! Whether it is in April or May that you arrive, think about joining us that weekend for rewarding work, good food, and a wonderful reunion with friends. Families welcome! Contact: Bill Waste, William.H.Waste@valley.net for more information and to RSVP.

Bill & Kathy Waste, Opening Weekend Coordinators •

www.amccoldrivercamp.org

*Winter 2011***2011 AMC Cold River Camp Application**

For period (please give choices): 1st _____ to _____ 2nd _____ to _____ 3rd _____ to _____

Preferred location at Camp: 1st _____ 3rd _____

Please print or type
Names

1. _____
2. _____
3. _____
4. _____
5. _____

(AMC Membership
(type & number)
(as of 7/1/2011)
Children's Age & Sex

Address:

City: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Car License plate #: _____

Email: _____

Registration Fee Enclosed \$ _____ (\$200/person/wk. in July/Aug or \$100/person in Sept)

- Make checks payable to: AMC-COLD RIVER CAMP
- PLEASE include a: Self-Addressed Stamped Envelope with reservation request.
- Each person registering must submit with reservation signed copy of AMC release form on back.
- Optional: Emergency Contact or Family Physician: _____ ph: _____

Do not send before March 1, 2011

Signed: _____ date: _____

www.amccoldrivercamp.org

Approved January 2006
AMC VOLUNTEER MANAGED FACILITIES
ACKNOWLEDGMENT AND ASSUMPTION OF RISKS & RELEASE AND INDEMNITY AGREEMENT

INTRODUCTION

PLEASE READ THIS DOCUMENT CAREFULLY BEFORE SIGNING. All participants must sign this Document. For participants under 18 yrs. of age (hereafter sometimes 'minor' or 'child'), one or both parent's/s or guardian/s (hereafter collectively 'parent/s') must also sign. In consideration of the services of the Appalachian Mountain Club, Inc., a charitable, not-for-profit corporation, organized and existing under the laws of Massachusetts, and its chapters, including all officers, employees, representatives, agents, independent contractors, volunteers (including leaders and co-leaders), members and all other persons or entities associated with it (collectively referred to in this Document as 'AMC'). I (participant and parent/s of a minor participant), acknowledge and agree as follows:

ACKNOWLEDGMENT AND ASSUMPTION OF RISKS

Use of AMC volunteer managed facilities and/or instructional, educational and/or adventure activities (which may be scheduled or unscheduled, supervised or unsupervised and/or occur during free or independent time) occur in a variety of locations in the U.S. and include the 'August Camp' program. Activities may include, but are not limited to hiking, biking, skiing, swimming, maintenance of trails and facilities, canoeing, kayaking, sailing, participant's independent use of AMC cabins or other facilities or use of those facilities in connection with AMC organized trips or activities, and transportation or travel to and from AMC facilities or activities (referred to in this Document as 'activities' or 'these activities'). Leaders of most AMC activities are volunteers. They are not paid professional guides or leaders. In all activities, participants share in the responsibility for their own safety. Participants (and parent/s of minors) take responsibility for having appropriate skills, physical conditioning, equipment and supplies for these activities.

These activities include inherent and other risks, hazards and dangers (referred to in this Document as 'risks') that can cause or lead to injury, property damage, illness, mental or emotional trauma, paralysis, disability or death to participant or others. Some, but not all of these risks include: hazardous and unpredictable ground, water or weather conditions; misjudgments made by leaders, co-leaders, participants or others; travel in remote areas that can cause delays in transportation, evacuation and medical care; equipment that can fail or malfunction; the potential that the participant or others (e.g. co-participant, driver, medical and rescue personnel) may act carelessly or recklessly. I understand that AMC staff, leaders or other personnel cannot assure participant's safety or eliminate any of these risks. Participant is voluntarily participating with knowledge of the risks. Therefore, participant (and parent/s of minors) assume and accept full responsibility for the inherent and other risks (both known and unknown) of these activities, and for any injury, damage, death or other loss suffered by participant, resulting from those risks, and resulting from participant's negligence or other misconduct.

RELEASE AND INDEMNITY AGREEMENT

Please read carefully. This Release and Indemnity Agreement contains a surrender of certain legal rights. I (adult participant, or parent/s for themselves and for and on behalf of their participating minor child) agree as follows:

- (1) to release and agree not to sue AMC, with respect to any and all claims, liabilities, suits or expenses (including attorneys' fees and costs) (hereafter collectively 'claim' or 'claim/s') for any injury, damage, death or other loss in any way connected with my/my child's enrollment or participation in these activities, or use of AMC equipment, facilities or premises. I understand I agree here to waive all claim/s I or my child may have against AMC, and agree that neither I, my child, or anyone acting on my or my child's behalf, will make a claim against AMC, as a result of any injury, damage, death or other loss suffered by me or my child;
 - (2) to defend and indemnify ('indemnify' meaning protect by reimbursement or payment) AMC with respect to any and all claim/s brought by or on behalf of me, my child, a family member, a co-participant, or any other person for any injury, damage, death or other loss in any way connected with my/my child's enrollment or participation in these activities or use of AMC equipment, facilities or premises.
- This Release and Indemnity Agreement includes claim/s resulting from AMC's negligence (but not its gross negligence or intentional or reckless misconduct), and includes claim/s for personal injury or wrongful death (including claim/s related to emergency or medical response, assessment or treatment), property damage, breach of contract or any other claim.

I agree that the substantive laws of Massachusetts govern this Document and all other aspects of my relationship with AMC, and that any mediation, suit, or other proceeding must be filed or entered into only in Massachusetts. This Document is intended to be interpreted and enforced to the fullest extent allowed by law. Any portion of this Document deemed unlawful or unenforceable shall not affect the remaining provisions, and those remaining provisions shall continue in full force and effect.

Participant and parent/s of a minor participant agree: I have carefully read, understand and voluntarily signs this Document and acknowledge that it shall be effective and binding upon me, my minor children and other family members, and my heirs, executors, representatives and estate. One or both parent/s must sign below for any participating minor (those under 18 years of age).

Winter 2011

Participant Signature	Date	Print name here	Participant Signature	Signature	Date	Print name here
Parent or Guardian Signature	Date	Print name here	Participant Signature	Signature	Date	Print name here
Parent or Guardian Signature	Date	Print name here	Participant Signature	Signature	Date	Print name here

CHATHAM TRAILS ASSOCIATION

22 GROVE PLACE, UNIT 29, WINCHESTER, MA 01890

CTA is continuing the stewardship of trails started in 1922 when a group of Cold River Camp volunteers formed CTA to improve hiking in the Evans Notch and make Cold River Camp a premier hiking destination. In the early years before the National Forest had a trail system, the "trailbuilders" set out to create new routes and build new trails so hikers could enjoy scenic and interesting areas. As the trail system was established, the efforts of CTA turned to protecting the trails and "the preservation and proper use of the scenic beauty spots and places of historic interest". Beginning in 1984 CTA led efforts to protect the Circle Trail. The project included creation of the current parking area and the purchase of a trail corridor across private land. CTA worked with landowners and led fundraising efforts that resulted in permanent trail access. Today, the volunteers of CTA are stewards of nearly 40 miles of trails, a task that becomes more important as trail use increases and the Forest Service's budget does not fund enough trail crews. The forecast for 2011 does not fund a trail crew for the Saco Ranger District.

During the 2010 season CTA reported to the Forest Service 886 hours of work on our trails. On the Memorial Day weekend forty-eight volunteers gathered; performing the basic maintenance of cleaning and repairing hundreds of waterbars and drainage ditches, removing blown down trees and cutting brush along the trails. The volunteers also assessed the trail conditions and work needed. This assessment is an important tool used by CTA and the Forest Service to monitor trail conditions and plan future work. Our second weekend, a National Trails Day event, fifteen members continued work

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cutting brush to improve the trail corridors on the Bickford Brook Trail.

For the first time in many years a fall work weekend was held. Twenty three members worked about 230 hours on the Slippery Brook Trail restoring the drainage and clearing the trail corridor to USFS standards.

CTA members partnered with CRC hike leaders leading Trail Stewardship Hikes for guests. While on the hikes the leaders explained the elements of trail construction and maintenance. Hikers participated in some maintenance activities along the way.

Our Trail Adopters play a key role in keeping the trails in good condition. Trails require constant attention, particularly with drainage, to prevent larger problems caused by erosion. Adopters hike their trail three or four times each season performing basic maintenance and monitoring trail conditions. CTA members have adopted 11 miles of trail. The commitment of these hikers is helping our stewardship efforts to become year round. We invite you to become part of the stewardship effort and adopt a trail (or part of a trail). Contact us and we will provide tools, training and support.

Our partnership with the Summit Achievement program brought crews of students and members to the Shell Pond Loop Trail to construct some much need drainage. Under the direction of Frank Eastman waterbars, ditches and culverts were constructed to repair the treadway on part of this scenic trail. The value of the program reaches beyond trail improvement. The experience of the students working together, accomplishing a task with very visible results, is an important part of their program.



2011 CTA VOLUNTEER REGISTRATION

Names(s) _____

Address _____

Town/State/Zip _____

Telephone _____ E-mail _____

Please register us for work weekend:

Memorial Weekend, May 27-30 June 3-6, National Trails Day Event
Fall Weekend, September 30 - October 3

I would like help with:

Membership Committee Tools Committee
Trails Committee Publicity

Mail to volunteer coordinator Sandy Finn,
1163 Island Pond Road, Manchester, NH 03109 or,
register at our website www.chathamtrails.org

2011 CTA MEMBERSHIP

Names(s) _____

Address _____

Town/State/Zip _____

Telephone _____ E-mail _____

I/we desire to become a member of CTA or renew membership
for the year 2011. Enclosed is membership dues
of \$5 (five dollars) per person for a total of \$ _____

I/we make an additional contribution of \$ _____
to Chatham Trails Association, Inc.

I/we desire to make a contribution or pledge of \$ _____ to the Memorial
Fund for the protection of trails in the memory of _____

Chatham Trails Association is a 501(c)3 organization. Donations are tax-deductible.
Mail this form to Robert Goeke, Treasurer, Chatham Trails Association, Inc., 22 Grove Place, Unit 29, Winchester, MA 01890

Or visit our website

www.chathamtrails.org

www.americancoldrivercamp.org

The Bricket Place wilderness information center is an important asset to Evans Notch. The exhibits describe the history of the area and the National Forest. The USFS, CTA, AMC and CRC are working together to improve the exhibits and keep the center open on more days. This season you will see major improvements to the Brickett Place as a result of a \$400,000 grant to the USFS to restore the building.

This year marks the centennial of the Weeks Act, the landmark legislation that led to the protection of eastern watersheds and forests. The act, named after Massachusetts Congressman John Weeks, authorized the purchase of private land, primarily in the eastern US, for the protection of watersheds. The act laid the foundation for the purchase of lands for long-term forest management and restoration, recreation, protection of lands from development and controlling wildfires (some of the most devastating wildfires occurred in 1910). The act provided funds to States to create forestry divisions to manage land and provide fire protection. The Forest Service is celebrating this centennial with many programs and activities. Check the USFS website and postings at the Ranger Stations for more information.

Member Ann Landers in cooperation with Barbara Eastman and the Chatham Historical Society have preserved the records and history of CTA. The records and papers dating back to 1921 were organized and placed into files that will prevent deterioration. The files are kept at the Chatham Historical Society and can be viewed during open hours. If you are interested in the history of CTA and CRC plan a visit to the Library and Historical Society in Chatham Center.

Plans are in the works for the 2011 season. The traditional spring gathering to

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open the trails will begin Memorial Weekend, May 27-30. The annual meeting will be Saturday May 28. Our second weekend, June 3-6, is a National Trails Day event and will also be a CRC workday. We will continue the basic maintenance work and undertake some trail improvement projects. The weekends are not all work; there is plenty of time for old friends to catch up and to welcome new members, make new friends and enjoy time in Evans Notch.

The fall weekend will be September 30 to October 2.

The success of our stewardship work is not achieved by the boots-in-the-mud, tools-wielding crews alone. Each hour of trail work is backed by hours of supportive work by members working in the kitchen to satisfy ravenous appetites and engage in tool maintenance, sign making, camp chores, office tasks and donations.

Please join us for a trail weekend. We welcome new members and trail volunteers. To help us plan for meals, lodging and work we ask you to register for the trail weekends. You can register for the trail weekends at our website (www.chathamtrails.org) or by returning the Volunteer Opportunity by mail to Chatham Trails Association, 22 Grove Place, Unit 29, Winchester MA 01890.

This spring I will be leaving the Board after completing two terms and five years as President. It has been a rewarding experience to serve CTA. I have met and worked with some wonderful people at the USFS, Cold River Camp and in the Notch.

As I look to the future years of CTA some goals for the continues strength of CTA are:

- Identifying members to serve on the Board and as officers
- Recruiting new trail adoptees to increase our year round presence on the trails
- Increasing participation

for the National Trails weekend and fall work weekends • Increasing participation committees and work groups including tools, trail work planning, training and membership committees • Improving the website and publicity • With the USFS continue to offer training CTA volunteers • Completing a comprehensive inventory of all trail signs • Recruiting members and hikers to create and update the Trail logo for all our trails. This involves walking with a measuring wheel and recording scenic spots and interesting features, structures and sites where work is needed. We provide training and equipment. • Developing plans to complete some larger trail improvement projects that could be funded through American Hiking Society (AHS) grants and USFS Cooperative Project funds

Our wishes for 2011 are for new volunteers will join us on the trails, for members to step forward to serve on the Board and others to members will help with the tasks that support the trail work.

We need the help of many members to keep CTA strong. Please contact me for more information and to volunteer.

My personal thanks to all of you who supported CTA and contributed to our success through work on the trails, "behind the scenes" support to the trail crews and for your support with dues and contributions. Contributions to CTA, a non-profit 501(c) 3 organization, are tax deductible.

When you plan your activities, consider joining us for a work weekend and/or for one of the Trail Stewardship Hikes during your camp visit. Please visit our website for more information or to become a member. Have a wonderful vacation and enjoyable hikes in the notch.

Michael V. Zlogar, CTA President • Marvin Swartz Vice President, Corinne Waite, Secretary, Robert Goeke, Treasurer. BOARD OF DIRECTORS: Frank Eastman, Betsy Goeke, Ted Barrett, Dwight Wilder, Lew Dow •



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VOLUNTEER OPPORTUNITIES AT COLD RIVER CAMP

Cold River Camp is successful because of the efforts of its volunteers. All camp activities are overseen by a volunteer committee members assisted by a group of volunteers with special interests and specific responsibilities. The Committee hires the managers and crew for each summer season. Volunteers organize and run a busy off-season schedule of workshops, camp maintenance and trail work. Therefore, when we say that volunteers are the lifeblood of CRC, it's not just an empty phrase -- it really is the truth! New volunteers are always welcome. If you enjoyed your Camp experience, would you be willing to share your talents to make CRC an even better place? You do not need a background in education, recreational management or environmental science -- a simple willingness to help is more important.

How Can I Volunteer at CRC? Volunteering for Cold River Camp takes many forms, and your contributions of time and effort are welcomed in a variety of areas. Please use this form to be contacted (on a "no obligation" basis) about ways you can help CRC.

Hike Leaders/Naturalists: Would you like to be a hike leader or naturalist? Hike leaders receive training and undergo an "apprenticeship" program before they become leaders. Naturalists also receive training. Both hike leaders and naturalists are encouraged to keep their skills sharp by participating in periodic "refresher" sessions. Special interests or a background in these areas are certainly helpful, but people skills, common sense and a willingness to see it to that guests have a good time are much more important.

Maintenance: Keeping CRC's buildings and grounds operating requires continuing effort. Volunteers perform needed maintenance on selected weekends in the spring and fall. Please join us for one or more of these weekends. We get a lot done and have a lot of fun doing it!

People with skills in plumbing, electrical work and carpentry are very welcome. We also need people willing to paint, do landscaping, prune shrubs/trees, do assorted simple jobs, and to cook for the volunteers.

Individual and Committee Activity Involvement: Individuals and committees administer various aspects of CRC life. CRC also hosts a number of weekend conferences and workshops in the off-season. Volunteers make these possible. Some of these opportunities include:

- Maintenance/Facilities
- Extension Season Crew
- Closing Weekend Crew
- Naturalist Weekend Crew
- Flower Gardening
- Annual Reunion Committee
- Winter Season Activities
- Trail Work Weekends (with C.T.A.)
- Camp Opening Weekend Crew
- Publicity & Communication
- Conservation & Education
- Land Management and Planning
- CRC Committee
- Assisting in Other Events /Activities

CRC VOLUNTEER FORM

If you would like to be contacted about any of these,
please circle your choice(s), and mail to:

Mark Winkler, 17 Southview Street, Pleasantville, NY 10570

w: (212) 827-8456 • amc.crcchair@gmail.com

along with your name, interests, and contact information.

Name: _____

Address: _____

City / State / Zip: _____

Daytime phone: _____ Evening phone: _____

e-mail: _____

I am interested in _____

(Optional: I have skills or a background in _____
which I think may be useful to the Camp.) •

THE CONVENT WINTER CABIN

During the summer the building known as 'Convent' serves as quarters for female crew. However, in the off season - October 1st through April 30th - it is available as a 'Winter Cabin' rental. The cabin is winterized and has an efficient wood stove to provide heat and, if need be, a cooking surface. There is electricity in the cabin and a small kitchen area. There are six bunks in the bunk room, but there is plenty of floor space if you want to add more. The kitchen is equipped with a microwave oven, a small refrigerator, a two burner hot plate, a coffee maker and a hot water kettle. There is no running water during the off season and guests have use of the outhouse near the cabin. Guests bring their own water, food, bedding and linens. Blankets, pillows and wood for the stove are provided. In the winter, the driveway gates are locked, so a key is provided. A small area at the edge of 113 is plowed at the northern driveway entrance. The road is not plowed beyond this point. Current rates are \$60/night for the 1st four guests, \$10/night for each additional guest. Payment in advance is requested. If interested please contact the Winter Cabin Registrar for information and reservations. With confirmation of reservation guests receive cabin instructions and where to pick up the key.

Meg Holland, Winter Cabin Registrar 603-865-5345
mitymeg@comcast.net •