

# *the* *Little Deer Dispatch*

Summer 2015 issue • Number 32

Appalachian Mountain Club • Cold River Camp

## GUEST INFORMATION

Manager's Welcome	2
Staff & Crew w/Photo	3
Trip Leader's Welcome	4
CRC Helpful Hints	6
Cold River Camp Reservations	8
Naturalist Programs	10
<b>GUEST INFO</b>	<b>16</b>
CRC Volunteering Info	18
CRC, VMFs and the AMC	20
Extension Crew	22
Chatham Trails Association	24
The Winter Cabin	28
CRC Donation Wish List	29
Committee Contacts	31
<b>CAMP MAP</b>	<b>32</b>



[www.amccoldrivercamp.org](http://www.amccoldrivercamp.org)

44° 14' 10.1" N • 71° 0' 42.8" W



## Welcome to Cold River Camp!

We are looking forward to our seventh season as summer managers at Cold River Camp! We've hired a fantastic and energetic crew and can't wait for you to meet them. There are three returning crew members: **Currenn**, **Molly**, and **Ted**. We have several new crew members who may look familiar to you because all of them have either worked as fill-in crew or have been coming to camp for years. They are: **Rebecca Fink**, **Juliette Fink**, **Rebecca Graham**, **Sarah Marsh**, and **Sylvia Cheever**. We also have a new yet familiar face as the assistant manager this year, **Gillian Graham**. Gillian has been coming to camp for years, and she is also a nurse. We are excited to welcome her aboard! We are so happy that **Zachary Porter** will be heading up the kitchen staff again this year! Rising from the ranks of the crew to join Zachary in the kitchen, **Fiona Graham** is back for her third summer. Also joining the kitchen team is a new face, **Bryton MacLellan**. He comes to us straight from culinary school, and we are excited to welcome him to the Cold River Camp family! But now it's time to settle in and get down to the business of summer. Relax and enjoy your stay. Welcome Back...

- **Laurie Barr & Jim DiCarlo**, with **Ruby** and **Sadie**  
Cold River Camp Managers

**BACK:** Jim, Ted, Bryton, Fiona, Zachary, Sylvia, Laurie, Currenn, Molly, Gillian, Rebecca F., Ruby **FRONT:** Juliet, Sarah, Rebecca G. **PHOTO** by Sadie

### 2015 Staff

**Laurie Barr & Jim DiCarlo**, Managers, Exeter, NH

**Gillian Graham**, Assistant Manager, New York, NY

**Zachary Porter**, Head Chef, New Durham, NH

**Fiona Graham**, Cook, Wilton, NH

**Bryton MacLellan**, Cook, Exeter, NH

### 2015 Crew

**Molly Cahill**, Medway, MA

**Sylvia Cheever**, Brooklyn, NY

**Juliet Fink**, Chatham, NH

**Rebecca Fink**, Holmdel, NJ

**Rebecca Graham**, Colorado Springs, CO

**Ted Grover**, Bolton, VT

**Currenn Mackie-Malcolm**, Stow, ME

**Sarah Marsh**, Cambridge, MA

# A Welcome from your Trip Leaders

To our guests at Cold River Camp (CRC):

The tradition of great led hikes continues at CRC. We encourage you to take advantage of them... long, short, easy, moderate, hard, you choose. In addition, with only two hikes being offered each day, and access to the Wilderness Areas limited, guests will be organizing their own hikes. If you need information or suggestions, ask our leaders, who have spent many years hiking in the area around CRC and in the White Mountains. Guidebooks, including the most recent **AMC White Mountain Guide** and **Don Devine's Cold River Camp, A.M.C. Hiking Guide 7.1 2012** are available to borrow in the Conant Lodge.

Our trip leaders have one goal in mind – to see that our guests have a safe, enjoyable vacation at our beloved CRC. Although we hope that our training will not be needed, all CRC leaders are currently certified in Wilderness First Aid and CPR.

Wherever your footsteps take you, take time to relax, enjoy the view, pick the blueberries, breathe in the clean mountain air and admire the native flora and fauna. Take time to read that book you've been neglecting, paint, nap or swim at the Dam. And always enjoy the great cooking at CRC. Step back in time, away from our current world of stress and have a great experience at CRC.



Looking for a new area to explore? **Sabattus Mountain**, located in nearby Lovell, Maine, provides excellent views with a modest 460 feet elevation gain along a 1.3 mile loop trail. From CRC, turn left onto Rte. 113. Turn left onto Harbor Road (8 miles; directly after South Chatham Road goes off to the right). Harbor Road becomes Shave Hill Road before it ends at Rte. 5. Turn left onto Route 5 (13 miles). Drive through Lovell, continue through Center Lovell and pass the Center Lovell Inn. Turn right onto Sabattus Road (18 miles). In 1.5 miles take Sabattus Trail Road which goes off to the right. in 0.6 miles the trailhead parking lot is on the right.

The well marked loop trail begins from the parking lot and splits a short distance up the trail. Either trail will lead to the summit of Sabattus Mountain, although the left fork is less steep. Lower down the trail traverses through a mixed growth forest and towards the summit winds through a hemlock/pine growth forest providing several geological features and a diverse ecosystem along the way to the summit.

Once at the summit, the southwest side provides several overlooks along immense cliffs that provide outstanding views with several memorial benches where you can enjoy your CRC lunch. At the summit Kezar Lake, the ski trails of Shawnee Peak and South Baldface are visible.

In keeping with CRC's Sustainability Policy, remember that there are many hikes of varying degrees of difficulty within Evans Notch - from rocky summits to cool, inviting pools - some of which can be reached from CRC on foot. If you decide to drive, carpooling is always encouraged.

See you on the hiking trails---

Your leader coordinators,

*Emma & Bill*

Emma Crane, Naturalist & Bill Gross, Hike Leader



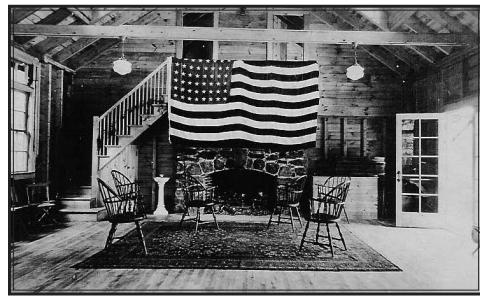
# Helpful Hints for CRC

by Sally Morris

**H**ere is a glimpse into the possibilities that draw us back each year to CRC. Are you new to Camp? Did you think you had exhausted all the options? Let us share some of the customs that old timers know to make a week at camp even more enjoyable.

**Packing List:** Summer hikers know that they need good boots and socks, raincoats and warm layers, water bottles, maps, sunscreen, and bug dope, in addition to snacks and lunch, before they hit the trail. At CRC, close to brooks and rivers, some people pack a swimsuit and light towel, or even water shoes, for trips. Some prefer to pack lunch in reusable containers (i.e., sandwich boxes and snack cups) from home to reduce waste.

**Enjoy time in Camp:** CRC is first and foremost a hiking camp, but it is also so beloved in large part for the companionship that can be found so easily just inside the gate. The buildings were designed to encourage people to enjoy each other's company, but also to provide retreat and relaxation. How do campers while away the day when they just don't feel like hiking? Reading, drawing, or napping on the porch is refreshing. Some spend part of the day picking from the low-bush blueberry meadow. Gardeners enjoy the garden around the porch, designed with local and xeriscaping plants, complete with a map and botanical names. The garden is full of birds, especially hummingbirds, for the ornithologists.



Interior of Hall, Cold River Camp, North Chatham, N.H.

**The Rec Hall**, with a piano and a ping pong table, is the spot for evening programs. Guests can read through naturalist materials on the walls and tables. The building provides a great option for rainy day activities.

**The Camp Library** is for people who crave silence and a good book, or perhaps a little unfinished work. For children, the Lodge provides a well-loved collection of books for all ages in addition to board games and cards. Rather than a rigorous day hike, some campers enjoy the gentle trails that encircle camp: the Conant Path and the Tea House Trail, both of which lead to the Cold River and can be combined into one nice loop. Small children enjoy the varied woodland views along the Conant Path, which starts behind the Cox cabin, skirts along a farm property, then descends to the river, providing lots of puttering opportunities in little streams, full of mushrooms and fungi. Occasional benches along the way or glimpses onto the river are a treat to discover. The Tea House is a screened gazebo, a soothing spot with the sounds of the brook and the river just below. Campers enjoy this retreat for art projects, reading, or a quiet lunch picnic.

**Early mornings at Camp are magical.** The sunrise cresting over Little Deer, lighting the Baldfaces, draws the early bird to the Porch where the weather update is posted and hot coffee, tea, or hot chocolate is ready before the horn blows. On cold mornings, the fire in the Lodge draws people together before breakfast to plan their day's outing.

**Other Tips:** Some pack a sleeping bag or comforter instead of heavy wool blankets. Families with children prefer battery operated lamps to the kerosene. Wool blanket under the bottom sheet makes the bed warmer.

**Outings or Activities:** Post-dinner drive to Moose Blind or Deer Hill Bog Blind. Esther Williams Pool (on the Wild River) for a slightly warmer swim. Sebago Lake beaches and Songo Locks. Antiquing in Bethel. Eastman Homestead Day on the Farm. Square Dancing in the Rec Hall. Games on the Lawn (soccer, badminton, Frisbee, tether ball). Playground. Pre-breakfast hike up Little Deer. Sing-a longs. Finding and exploring the lesser known trails: Speckled's Cold Brook Link Trail to the Ledges. Albany Basins. Grafton Notch. Mount Sabbath. Lowe's Bald Spot. Rumford White Cap. ☺

# AMC Cold River Camp Reservation Policy

## Summer and Extension Seasons Full Week Reservations:

- Full week reservation requests are accepted by mail beginning January 1st.
- Reservation requests postmarked from January 1st through January 31st are processed using a lottery system.
- Applicants excluded from their first choice of dates will receive immediate consideration for any alternative dates they have listed. Inclusion of alternative dates will not reduce your chance of getting your first choice.
- Reservations postmarked starting February 1st are welcome and will be considered in the order in which they are received, and after all those postmarked in January have been processed.

## Summer Season Partial Week Reservations:

- Reservation requests for the Cold River Camp Sampler (3 or 4 night stay with a Saturday arrival or departure) are accepted beginning March 1st, subject to availability.
- Partial week reservation requests, with a required two night minimum, are accepted beginning June 20th, subject to availability.

## Extension Season Partial Week Reservations:

- Partial week reservation requests, with a required two night minimum, are accepted beginning March 1st subject to availability.

## Deposits:

All reservations require a deposit.

- Regular season: \$200 per person.
- Extension season: \$100 per person.
- Reservation deposits are not transferrable.
- Cash or checks are accepted; please make checks payable to AMC Cold River Camp.
- At this time, Cold River Camp can not accept credit cards nor electronic payments.
- The entire deposit is applied to your bill; the remainder is payable at camp.

## Cancellations:

- Cancellations received prior to April 1st will receive 50% deposit refund.
- No refunds are allowed after April 1st.
- Payment in full is required if a cancellation request is not received at least 14 days prior to scheduled arrival.

We would be happy for you to become members of the AMC during your stay at camp to avoid the 10% non-member surcharge.

## Reservation requests from January 1st to June 20th:

Lois Winkler, Registrar,  
17 Southview St., Pleasantville, NY 10570  
(914) 747-3194, before 9 PM, please.

## Reservations requests after June 20th:

Managers, AMC Cold River Camp,  
32 AMC Road, Chatham, NH 03813-5201  
(603) 694-3291



## Naturalist Program at Cold River Camp

**D**uring most weeks of the summer season at Cold River Camp (CRC) one of our trip leaders is a naturalist, familiar with the natural world in New England. While the naturalists will lead trips, they are also a source of information to the guests. They are very willing to share their knowledge of special places in the area including:

**Deer Hill Bog Wildlife Blind** (USFS) (11 minute drive) best visited early morning or after dinner. Frogs, turtles, ducks, beaver, geese and, if lucky, moose can be seen.

**Lord Hill Mine** (15-30 minute drive), 45-90 minute hike depending on trail used. Easy hike to a lunch spot with a great view and a mine for the young at heart. Safety goggles and hammers are available at CRC – check with the naturalist or manager.

**Leach Link** - Cross the CRC Dam, turn left and follow the trail for a mile alongside Cold River before ending at Stone House Road. At Stone House Road there are two options to return to CRC. Either turn left toward Rte. 113 and then left on Rte. 113 or return via Leach Link.

For a longer hike, turn right on the Stone House Road to access the trails on Blueberry Mountain or Shell Pond. More detailed trail descriptions can be found in the **AMC's White Mountain Guide** or



**Don Devine's Cold River Camp, A.M.C. Hiking Guide 7.1 2012** – copies of which are available to borrow in the Lodge. Copies of Don Devine's trail guide can be purchased at CRC.

In camp, take along your copy of the Tea House Path – Conant Path Nature Trail Loop guide included in your packet of CRC information and leisurely walk the trail along Cold River. Please note that the Conant Path has been extended along the pasture (between markers 18 and 19) at a much gentler grade. The former steep trail over the edge of the Kame Terrace has been discontinued.

Along the way, a granite memorial bench on the Conant Path invites you to relax and listen to Cold River as it makes its way south. The screened Tea House, on the Tea House Path, invites you in to spend time and enjoy the sounds of nature.

Other special activities include walking along Wild River; picking blueberries on Blueberry Mountain, Black Cap or Baldface Knob; enjoying a quick dip into Emerald or Rattlesnake Pools; discovering aquatic wildlife around Basin and Province Ponds; exploring mines; finding abandoned ruins from the CCC and logging periods of local history; and locating Esther Williams Pool.

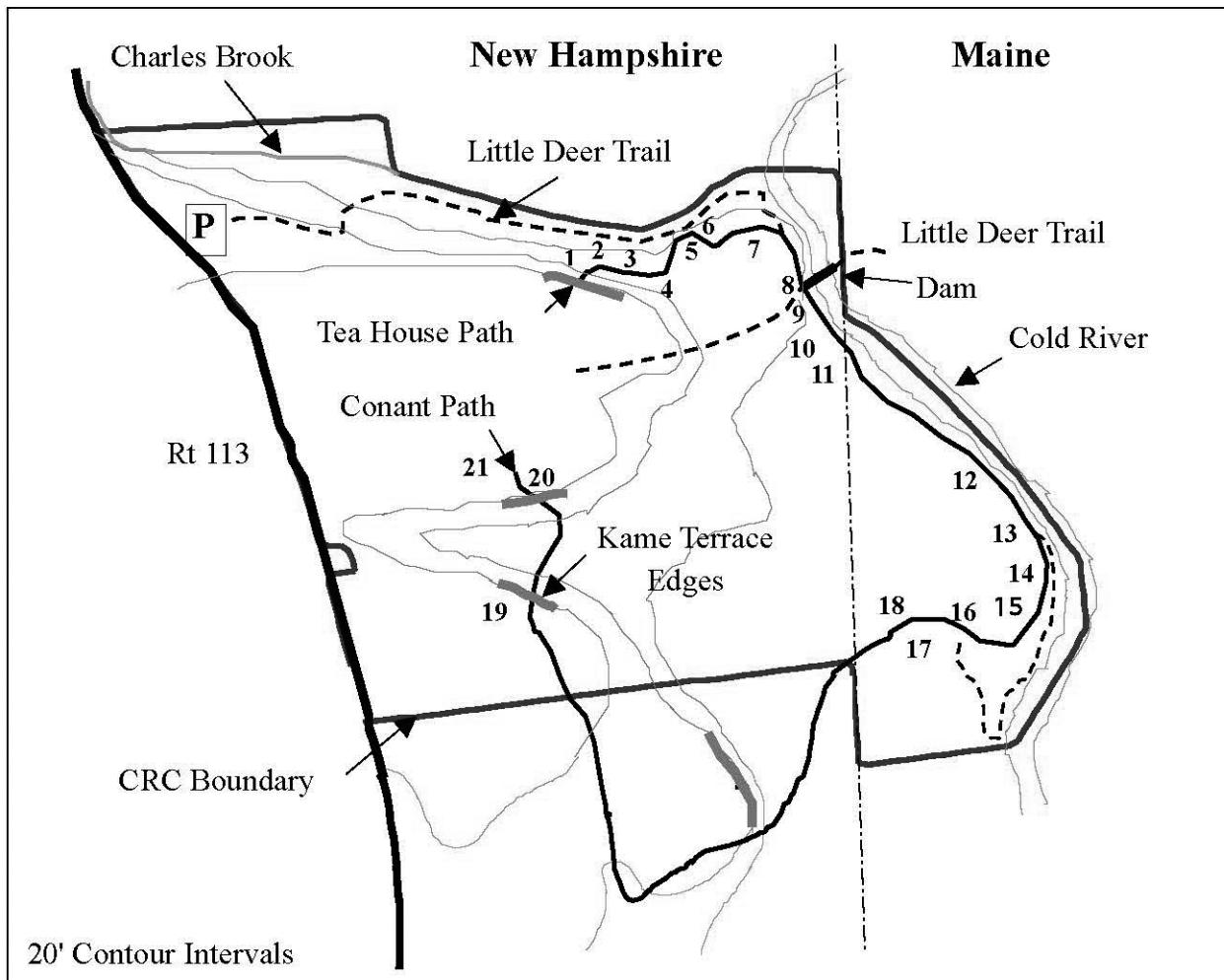
For our younger guests we have a Jr. Naturalist Program with booklets designed for three age groups. Parents, and grandparents, are encouraged to work with their children in fulfilling the requirements, and upon completion, patches are awarded during Friday evening's Talent Show. The Naturalist is available for advice and help oversees this program. There is also a coloring book for our very young guests.

Field guides for wildflowers, trees, birds and stars are available in Conant Lodge for guests to borrow. Look for *Naturally Curious* by Mary Holland – a well-written photographic field guide and month-by-month journey through the natural world of New England. There are also books for children in the Jr. Naturalist Library in the Lodge, as well as equipment for water studies in the Recreation Hall's Naturalist Toolbox.

Emma Crane

CRC Naturalist Coordinator

## AMC Cold River Camp



Map by Bob Crane, 2011



Historic Court House (the dam is in upper-right background) at Cold River Camp, North Chatham, N.H.

## NATURE TRAIL

Numbers on posts beside the trail

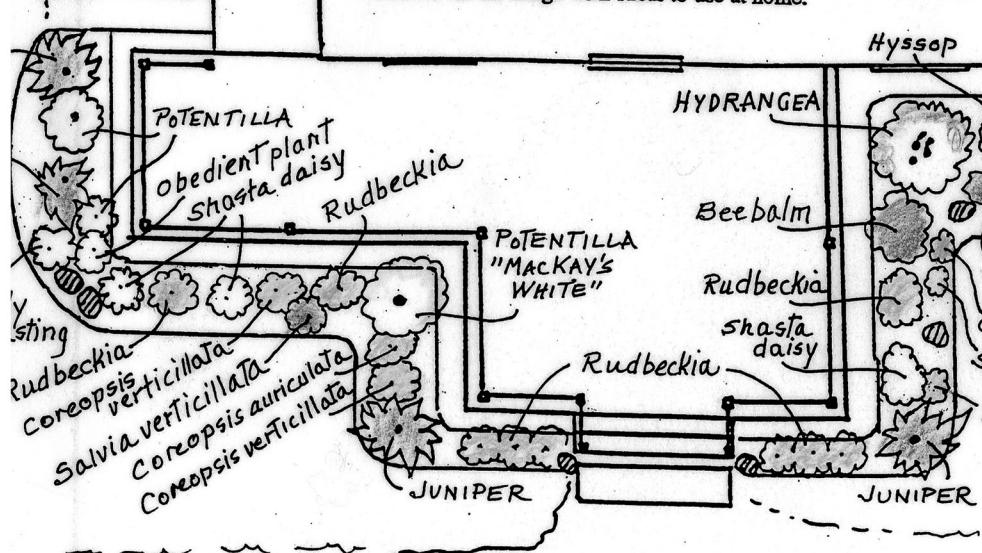
Key:

- 1 Tea House Path
- 2 Non-native Plants
- 3 Success Story
- 4 Transition Zone
- 5 Prior Human Presence
- 6 Charles Brook
- 7 Ravine Floor
- 8 Chester Pool and Dam
- 9 Conant Path
- 10 Pillows and Cradles
- 11 Beech Bark Disease
- 12 Granite Memorial Bench
- 13 Returning to Earth
- 14 Forest Canopy
- 15 Where are the Flowers?
- 16 Dinosaur Plants
- 17 Wetland Indicator Plants
- 18 Trees with Rectangular Holes
- 19 Kame Terrace
- 20 Original Camp Buildings
- 21 Blueberry Fields

Check out the new combined Tea House Path and Conant Path self guiding nature trail. Trail guide brochures will be handed to our guests upon arrival at CRC. Additional copies will be available in the Lodge and on the web. In addition, we have placed identifying labels along the combined trail for each different plant specie.

## Cold River Camp, AMC

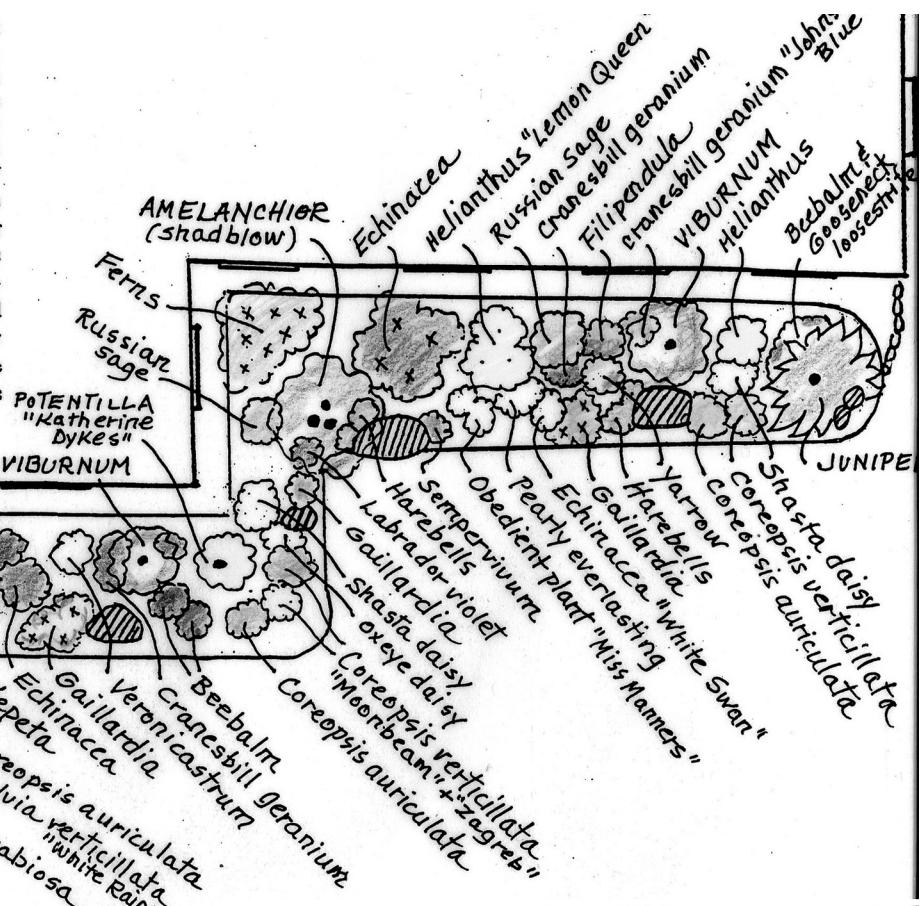
... by a team of volunteers. It is designed to be educational as well as beautiful. Plants have been selected that are perennial, cold-hardy, suited to or tolerant of the hot, sunny, often dry site, and that will be in bloom primarily July through early September. The native Shad tree and viburnums were planted for berries for wildlife; the beebeams, scabiosas, and others were planted to attract butterflies and hummingbirds. Though there are non-natives and cultivated cousins of wildflowers added for variety, more than half of the types of plants included are native plants. Mulch will be used but little or no fertilizer or chemical controls. By working with material suited to this environment and the needs of the camp, we hope for a healthy, long-lived, low-maintenance garden. The garden's performance is evaluated each year, and adjustments made: unsuccessful plants are removed, new types tried. A list of plants is on the reverse, a notebook on the philosophy and execution of this project is planned, and a brochure is available in the lodge with ideas to use at home.



# Volunteers needed for the CRC Gardens

A beautiful flower garden catches your eye as you near the welcoming front porch of CRC's Conant Lodge. As we all know, gardens require work if they are to look their best. While we need volunteers for two weekends, Opening and Work Weekend, to rake off accumulated leaves, mulch and do general clean up, we also need volunteers to keep an eye on the gardens throughout the summer by deadheading, weeding and cutting back as needed. Later, during Closing Weekend, we need volunteers to clean the beds in preparation for winter. For more information, visit the CRC Gardens page on our website at:

<http://www.amccoldrivercamp.org/Pages/VolInfo.html>



A new laminated map of the Garden (2015) is available at Camp. See what has changed since 2008.

If you are interested in providing this needed attention to the gardens during your stay at CRC, please contact **Susan Dovell**, susan.dovell@gmail.com, 703-989-7190 cell, 207-583-8054 home. **Jacquelyn Cressy**, PO Box 74, Bethel, ME 04217, 207-824-0508, rivedel@megalink.net The time involved would be minimal, instructions will be provided and the results will be instant!! The necessary tools are at CRC; all we need are the willing volunteers. ☺

# ● GUEST INFORMATION ●

**HOW MAY WE ASSIST YOU?** We want your stay to be comfortable and enjoyable. If we can be of service, please ask the Staff or Crew.

## ● IMPORTANT TIMES:

For early risers, coffee is available in the Lodge after **6:30 am**.

**RISING HORN** sounds at **7:00 am** daily.

**BREAKFAST HORN (second horn)** at **7:30 am**.

**DINNER HORN** at **6:00 pm**.

Please be prompt for all meals.

**TRAIL LUNCHES** are made by individual guests from the lunch table either before or after breakfast. Please supervise children.

**DAILY TRIPS** by qualified leaders are announced at breakfast.

**WANDERER'S LIST** is on the Lodge porch. Please sign if you plan your own hike or trip away from Camp.

**ALCOHOLIC BEVERAGES** are consumed in the privacy of your cabins.

**CABIN CHECK-OUT TIME** is by 10:00 am to give crew time to clean. Please feel free to remain at camp after leaving your cabin.

**CHAMBER POTS** are available in Service Room by Men's Lavatory. Please clean & return them to Service Room at end of your stay.

**CHILDREN:** It is expected parents will assume responsibility for their children at all times. Children may not stay in camp during the day without the direct supervision of a parent or an assigned guardian.

**DO NOT DISTURB:** Outside your cabin door is a small wooden rectangle: one side green, one side yellow. This a "do not disturb" sign: if you turn yellow side outward, crew will not enter your cabin

**ELECTRONIC DEVICES:** Device use in the Lodge, the Lodge Porch, and Library is limited to reading. Any form of device communication (voice/text/email, etc., incoming or outgoing) should be done discretely, away from other guests, and away from the **Lodge, Lodge Porch and Library**. Device use for personal entertainment (e.g., watching videos or playing video games) is limited to the guest cabins, and at noise levels unobtrusive to guest passers-by. Cords and device charging are to be kept within the confines of the charging station area in the Rec Hall.

**ICE** is available from the ice machine by back door of the kitchen.

**LAMPS:** If you are unfamiliar with kerosene lamp use, ask for help.

**FIRE IS AN EVER-PRESENT HAZARD.** Fire extinguishers and smoke detectors are strategically placed in every cabin. Buckets of dry sand are just outside. Please take note of their location and use. Please **DO NOT** leave cabins with oil lamps lit or fires flaming. Please use fire screens at all times and **DO NOT** leave children unattended in the cabins.

**LAUNDRY** may be done in Service Room by the Men's Lavatory.

Cabin clothes lines should be used for the drying of clothes. Ironing may be done on the first floor of the Tower.

**LIBRARY** is open 24 hours/day for quiet reading or writing time.

**LINEN:** Clean sheets & towels are furnished once a week. Each guest receives an additional clean towel on Wednesday. Please leave soiled items near your cabin door for Wednesday am pickup.

**OFFICE** is open as announced or upon request.

**PARKING** in Camp is for registered guests only. Please use designated areas. A permit is required to park in the National Forest. Permits may be obtained at the Office.

**QUIET TIME** is **9:30 pm to 7:00 am**. The Lodge is an excellent place to socialize at night. However, for those guests wishing to use the Lodge, porch or Tea House late at night, please remember that other guests are sleeping and sounds carry very well at night.

**RECYCLING:** Barrels are outside of Housekeeping for all materials to be recycled (glass, plastic, cans). Please help us conserve.

**REPAIRS** needed should be reported to the Managers.

**SMOKING IS NOT ALLOWED anywhere on Camp property including in or around any building. Fire is always a danger.**

**TELEPHONE:** A guest telephone is on the west side of Housekeeping shed for outgoing calls (credit card or reverse charge basis only).

The phone number is **603-694-2918**. Incoming emergency calls may be directed to the camp's business phone at **603-694-3291**.

**WASTE BASKETS** may be emptied into barrels by Housekeeping.

"Chez Pig" is for kitchen scraps only and not to be used by guests.

**WATER** is available at any tap. Arrangements can be made for a daily water delivery to your cabin at your request.

**WOOD** is available in the Wood Shed. Please pick up your own or ask a staff or crew member if you need assistance. ☺

# Volunteer Opportunities at Cold River Camp

**C**old River Camp is successful because of the efforts of its many volunteers. All camp activities are overseen by the Cold River Camp Committee, a group of volunteers who establish policies for the property, affairs, business and operation of the camp. Other volunteers help with a wide variety of camp projects and activities. Volunteers are the lifeblood of Cold River Camp! New volunteers are always welcome. If you enjoyed your camp experience, would you be willing to share your talents to make CRC an even better place? You do not need a background in education, recreational management or environmental science, just a simple willingness to help.

## Volunteering for CRC can be a very rewarding experience. Ask anyone who does it!

**How Can I Volunteer at CRC?** Volunteering for Cold River Camp takes many forms. Your contributions of time and effort are welcomed in a variety of areas. Please use this form to be contacted (on a “no obligation” basis) about ways you can help CRC. Or speak with one of the managers during your stay.

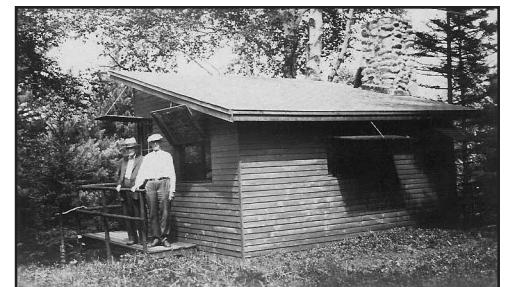
**Hike Leaders/Naturalists:** Would you like to be a hike leader or naturalist? Hike leaders and naturalists receive training and undergo an “apprenticeship” program before they become leaders. They are encouraged to keep their skills sharp by participating in periodic “refresher” sessions. Special interests or a background in these areas are certainly helpful, but people skills, common sense and a willingness to see to it that guests have a good time are much more important.

**Maintenance / Facilities:** Keeping CRC’s buildings and grounds operating properly requires continuing effort. Volunteers perform needed maintenance on selected weekends in the spring and fall. Please join us for one or more of these weekends. We get a lot done and have a lot of fun doing it! People with skills in plumbing, electrical work and carpentry are of

course very welcome, but we also need people willing to paint, do landscaping, prune shrubs and trees, and do assorted simple jobs.

**Individual and Committee Activity Involvement:** Individuals and committees administer various aspects of CRC life. CRC also hosts a number of weekend conferences and workshops in the off-season, and volunteers make these possible. Some of the current volunteer opportunities are:

- Hike Leaders/Naturalists
- Trail Work Weekends (with C.T.A.)
- Maintenance/Facilities
- Camp Opening (May) & Closing (Oct)
- Extension Season Crew -Sept
- Conservation & Education Programs
- Naturalist Weekend Crew -May
- Land Management and Planning
- Flower Gardening
- Publicity & Communication
- CRC Committee
- Winter Season Activities
- Assisting in Other Off-season Events



The Alice Cabin. Daddy Tucker and Doc Johnson. 1935.

If you would like to be contacted about any of these, please circle your choice(s). If you have ideas for other needed activities, please let us know.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City / State / Zip: \_\_\_\_\_

Daytime phone: \_\_\_\_\_ Evening phone: \_\_\_\_\_

e-mail: \_\_\_\_\_

I am interested in \_\_\_\_\_

**Please return this to the Camp Office before you leave camp.  
Or mail/e-mail it to:**

**Antonia Woods, Volunteer Coordinator, Cold River Camp  
1114 Pleasant St Apt 104, Arlington, MA 02476  
awoods144@gmail.com**



# CRC, VMFs, AMC: How do they fit?

Did you know that CRC is part of a group of VMFs within the AMC? If you want to learn more about these acronyms and their connection, read on....

Cold River Camp (CRC) is one of ten camps and cabins that are part of the Appalachian Mountain Club (AMC) that are managed by volunteers. Currently these are referred to as Volunteer Managed Facilities (VMF). Volunteer Managed Facilities are an important part of the AMC's lodging facilities, generating over 18% of total lodging revenues. The other AMC facilities that offer outdoor experiences with overnight stays such as the Huts, Highland Center, and Maine Lodges are run by AMC staff. Each of the volunteer managed camps and cabins have a committee of volunteers that are responsible both for their operations and for maintaining a strong financial position, since these facilities are expected to be self-funding. AMC staff provides additional support in key areas such as finance and operations and a dedicated staff member is responsible for working with the VMFs. There is also a VMF Committee, which meets regularly to discuss important topics relating to all the VMFs, and includes individual VMF committee chairs, interested volunteers, and AMC staff such as the Director of Volunteer Managed Facilities, Nancy Grant, and the Vice President of Operations, Paul Cuhna.

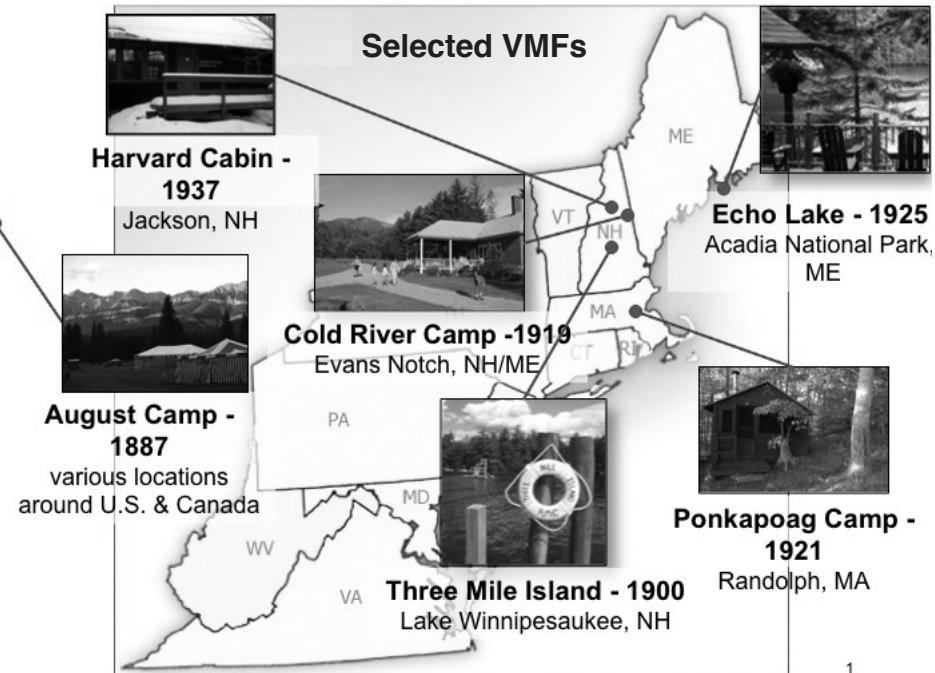
The VMFs are multigenerational destinations that are attractive to visitors of all ages. They offer a range of wonderful outdoor experiences.



Each facility has its own vibrant community, culture, and history. They support the AMC's mission of promoting the protection, enjoyment, and understanding of the outdoors. The VMFs have been part of the AMC since 1887, and CRC is the third oldest, celebrating its 96th birthday this summer. They are located in New Hampshire, Maine, Massachusetts, Connecticut, New York, with an itinerant camp (August Camp) that sets up in a different location each year. They range in size and scope from the four large seasonal full service camps (such as CRC) that hire a paid professional staff in season offering meals and trip leaders to six other smaller self-service facilities, many of which are open year round. The largest full service facility can hold 92 guests (Cold River Camp has a capacity of 72), while the smallest self-service location offers a set of six beds in a single cabin.

So whether you are seeking a mountain vacation with special hikes, a quiet retreat in a forest or by (or in) a lake, or a visit to the seashore, you should look at what the other VMFs have to offer (after you have booked your summer visit to Cold River Camp).

-John Dean



# The Extension Season Crew



## Cold River Camp Extension 2015 Volunteers

**Garry Crane**, Nashua, NH

**Bob & Betsy Goeke**, Winchester, MA

**Ann Landers**, Quincy, MA

**Jack Lutz**, Shelburne, VT

**Frank Mastro**, Lebanon, NH

**Bill & Joan Mountford**, Deerfield, NH

**Ed Parsons**, Tamworth, NH

**Sue Talhouk**, Portsmouth, NH

**Corinne Waite**, Weymouth, MA

**Nancy Walsh**, Papoose Pond, ME

**Chris Clyne** (Manager)

**Lisa Wisler** (Asst. Manager)

**Barb Bloomberg** (Cook)

**Zachary Porter** (Cook)

### In the top photo

People in the porch photo are Extension crew and staff 2014.

In front, sitting: Ann Landers, Bob & Betsy Goeke. In back, standing: Joan & Bill Mountford, Lisa Wisler, Chris Clyne, Emma Huse, Jack Lutz, Rosy & Jim Probasco.

### In the bottom photo

**front row:** Crew and staff, starting in front L to R: Darcy Hobgood, Barb Bloomberg, Nancy Walsh, 2nd row: Garry Crane, Ned Beecher, Zachary Porter, Ed Parsons, back row: Bob Goeke, Jonathan Burke, Dale Wisler

# CHATHAM TRAILS ASSOCIATION

1375 FAIRLANE DRIVE, ANN ARBOR, MI 48104

If you've hiked in the Evans Notch area you've almost surely been on a trail maintained by the all-volunteer Chatham Trails Association. We welcome and need your support to keep these trails in good condition.

Join us for one or more of our three volunteer trail maintenance work weekends at Cold River Camp each year. You don't need to be experienced. We provide training and tools. Stay for the weekend or come for a day. Come as early as the 6:30 p.m. dinner on Friday. Enjoy the good food, fellowship, and the satisfaction of a job well done. Our 2015 fall weekend is October 2-4. Our 2016

weekends will be May 27-30 (over the Memorial Day weekend), June 3-5, and September 30 to October 2. To sign up, complete and mail the nearby CTA Volunteer Registration form. Better yet, go to [www.ChathamTrails.org](http://www.ChathamTrails.org) and sign up. Email President@ChathamTrails.org to get a reminder and more information as the weekends approach.

CTA's principal expenses are running these work weekends, buying insurance, maintaining tools and signs, and purchasing materials. Whether or not you volunteer, we need your financial help. As you check out at Cold River Camp this summer, please add something to your bill to help fund the Chatham Trails Association's efforts to keep these wonderful local trails so enjoyable. CTA is a New Hampshire non-profit and a federal 501[c]3, so your contributions are tax deductible.

You are also invited to attend one of the Forest Service Skills Days to learn more about effective hiking trail maintenance. These are also listed on our website.

Our thanks to the 60 volunteers who contributed a total of 1,021 hours of labor in 2014. Good trails don't just happen. They require constant work, and some local trails aren't getting enough attention. Our ongoing efforts each year provide for



[www.chathamtrails.org](http://www.chathamtrails.org)

## CTA VOLUNTEER REGISTRATION

Names(s) \_\_\_\_\_

Address \_\_\_\_\_

Town/State/Zip \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

### Please register us for a 2015 CTA work weekend:

[ ] Fall Weekend, October 2 - 4, 2015

[ ] Memorial Weekend, May 27-30, 2016

[ ] June 3-5,

[ ] September 30- October 2, 2016

Mail to

CTA Secretary Bill Fuchs,  
75 Summer Street, Newton, MA 02459  
or register at our website [www.ChathamTrails.org](http://www.ChathamTrails.org)

## CTA MEMBERSHIP

Names(s) \_\_\_\_\_

Address \_\_\_\_\_

Town/State/Zip \_\_\_\_\_

Telephone \_\_\_\_\_ E-mail \_\_\_\_\_

I/we desire to become a member of CTA or renew membership for the this year. Enclosed is membership dues of \$5 (five dollars) per person for a total of \$\_\_\_\_\_

I/we make an additional contribution of \$\_\_\_\_\_ to Chatham Trails Association, Inc.

I/we desire to make a contribution or pledge of \$\_\_\_\_\_ to the Memorial Fund for the protection of trails in the memory of \_\_\_\_\_.

Chatham Trails Association is a 501(c)3 organization.

Donations are tax-deductible. Mail this form to

**Jackie Cressy, P. O. Box 74, Bethel, ME 04217**

Or visit our website: [www.chathamtrails.org](http://www.chathamtrails.org)

[WWW.CHATHAMTRAILS.ORG](http://WWW.CHATHAMTRAILS.ORG)

[www.chathamtrails.org](http://www.chathamtrails.org)

## Cold River Camp, AMC

the routine maintenance of 40 miles of trails in the vicinity of Cold River Camp, as well as occasional major improvement projects. As you hike in the area, I'm sure you can see there are always a number of spots that could use a major improvement project. Be a spotter for us. Email me at President@ChathamTrails.org if you come across something that needs particular attention.

In addition to everything we do, the Forest Service always invites us to take on more trail maintenance responsibility. Some nearby trails are orphans. We'd like to expand our reach. But to do that effectively we'd need even more volunteers, and feeding

and housing more volunteers increases our costs.

That's why we're always looking for more and new volunteers and ongoing contributions. Our goal is to keep making all of the hiking trails near Cold River Camp better and better.

Consider adopting a section of a CTA Trail. It will be short enough that you'll be able to do

basic brushing, trimming, blow-down removal, and drainage maintenance in a few hours and still enjoy a day of happy hiking in the Evans Notch area. And you'll have the satisfaction of knowing your work has benefited all of the local hikers. Too many of our trail miles still need adopters. Email President@ChathamTrails.org for more information.

CTA also partners with CRC Hike Leaders who lead Trail Stewardship Hikes during the summer to introduce CRC guests to the elements of trail preservation, and give them the chance to participate in basic trail maintenance. Talk to your Hike Leaders about taking a few hours of your Cold River Camp vacation to have fun while doing some good work on local trails. There is always a set of CTA trail maintenance tools available for your use. They're in the closet at the back of the Camp Workshop (Raynor's Roost), and will soon move to the renovated goat house.

The CTA was created in 1922 by a group of CRC leaders and Cold River Campers. We go back almost to the very beginning of Cold River Camp, which was founded only three years earlier, in 1919.

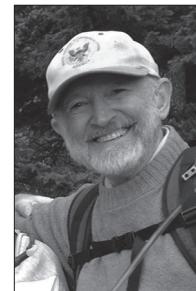


Although the CTA is a separate non-profit, we've been intimately associated with Cold River Camp since our beginning, and we've continued that close association through the decades. The CTA has had many accomplishments over what is now almost a century, including creating new trails, fund-raising to purchase trail corridors, creating trail maps, and negotiating with private land owners.

Have a fun and safe vacation at Cold River Camp and on the nearby CTA trails. Thanks for your support. Let me know if you ever have any questions or suggestions.

**Don Devine, President**

*President@ChathamTrails.org*



*Don Devine*

**The Chatham Trails Association {CTA} maintains the following trails:**

Baldface Knob Trail

Bickford Brook Trail

Bickford Slides Trail

Bicknell Ridge Trail

Blueberry Mtn. Lookout

Blueberry Ridge Trail

Brickett Falls Trail

Chandler Gorge Trail

Conant Path

Conant Trail

Deer Hill By-Pass

Deer Hill Spring Trail

Eagle Cascade Link

Eastman Trail

Emerald Pool Trail

Hermit Falls Trail

Horseshoe Pond Trail

Laughing Lion Trail

Leach Link

Ledges Trail

Little Deer-Big Deer Trail

Mine Loop Trail

Notchview Connector

Rattlesnake Pool Trail

Shell Pond Trail

Shell Pond Loop

Slippery Brook Trail

Stone House Trail

Tea House Path

White Cairn Trail

# The Winter Cabin

During the summer the building known as ‘Convent’ serves as quarters for female crew. However, in the off season – October 1st through April 30th - it is available as a ‘Winter Cabin’ rental. The cabin is winterized and has an efficient wood stove to provide heat and, if need be, a cooking surface. There is electricity in the cabin and a small kitchen area. There are six bunks in the bunk room, but there is plenty of floor space if you want to add more. The kitchen is equipped with a microwave oven, a small refrigerator, a two burner hot plate, a coffee maker and a hot water kettle. There is no running water during the off season and guests have use of the outhouse near the cabin. Guests bring their own water, food, bedding and linens. Blankets, pillows and wood for the stove are provided. In the winter the driveway gates are locked. An area at the edge of 113 is plowed at the northern driveway entrance. The road into the camp is not plowed.

Current rates are \$80/night. Payment in advance is requested. If interested please contact the Winter Cabin Registrar for information and reservations. Please check the online reservation calendar for availability. With confirmation of reservation guests receive cabin instructions and where to pick up the key.

[offseasonsignup@gmail.com](mailto:offseasonsignup@gmail.com)

## COLD RIVER CAMP 2015 WISH LIST *(as of 6/15/2015)*

The AMC Cold River Camp Wish List is a way to encourage giving to tangible causes to help improve camp life. If you like to see where your money goes, donating to the Wish List could be for you! All contributions are tax-deductible. All donors are recognized on the Cold River Camp website and in The Little Deer Dispatch or can choose to remain anonymous. You do not have to fund an entire item. The AMC Cold River Camp Committee is deeply appreciative of those who can and do give that extra support to the Cold River Camp community with generous gifts of time, money or goods.

### 2015 Wish List

1. Two ceiling fans for the Rec Hall, improving guest comfort during program activities on warm evenings (about \$250 each for durable, good quality).
2. Two blueberry rakes (about \$35-\$60 each, depending on width).
3. Game camera, to see what critters are in camp when we’re asleep or not there (about \$500).
4. Garden Fund for additional trees, shrubs, special gardening tools, etc.

#### In keeping with and helping to preserve CRC's character:

5. Furniture Repair and Replacement Fund (lodge porch, lodge, and cabins: \$ cost varies with repair or replacement).
6. 6 washable wool blankets. (\$90 - \$120 each).
7. Underwriting some or all of the production costs of The Little Deer Dispatch (about \$1500 annually).
8. Four mattresses for the ongoing “Mattress Replacement Program” (about \$250 each).
9. Better equipage of the Winter Cabin (“the Convent”) for an improved guest experience, new or used: sturdy eating table and chairs, armchairs (2), possibly a love-seat; hot plate.

Please contact Emma Crane at [amc.crewwishlist@gmail.com](mailto:amc.crewwishlist@gmail.com) if you would like to make a donation.

Checks should be made out to the Appalachian Mountain Club (AMC) and sent to Dick Goettle, CRC Treasurer, 433 NH Route 119 East, Fitzwilliam NH 03447, with an indication of what the donation is for. Thank you!

## Cold River Camp, AMC



## CRC Website

[www.amccoldrivercamp.org](http://www.amccoldrivercamp.org)

The CRC website has been updated in order to help new guests quickly and easily find information about camp. A camp news section on the main page keeps guests informed of the latest happenings in and outside Evans Notch. Updated camp and cabin pictures are showcased alongside a superb YouTube video by Jamie Doucett. Additional features include an integrated sign-up form for our mailing list and connections to our other virtual presences on Facebook, TripAdvisor, and Instagram. 2015 also saw our first email mailings to inform the camp community about reservations, camp opening and other events. Much thanks to our “virtual” campers for the glowing TripAdvisor reviews and interesting and topical Facebook notes, photos, and likes. These digital resources in aggregate form a great way to keep in touch with the camp community outside of the summer season.

**Mark Weston, CRC Website Coordinator,**  
**[mark.william.weston@gmail.com](mailto:mark.william.weston@gmail.com)**

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## Summer 2015

### CRC Committee

#### **Amy Damon Grover '16**

(Chair)

Bolton, VT

h: (802) 434-4180

amc.crechair@gmail.com

#### **Gary Munson '16**

(Vice-Chair)

Dover, NH

h: (603) 343-5469

amc.crc.vicechair@gmail.com

#### **Dick Goettle (Treasurer)**

Fitzwilliam, NH

h: (603) 585-3311

dgoettle@aol.com

#### **Bob Crane '15**

(Webmaster)

New London, NH

h: (603) 526-7684

bcrane@ou.edu

#### **John Dean '17**

Wellesley, MA

h: (781) 235-2150

#### **Don Devine (CTA President)**

Ann Arbor, MI &

North Chatham, NH

(734) 395-6198

don.oaktree@att.net

#### **James (Jamie) Doucett '16**

Andover, MA

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#### **Lee Heald '17**

Mattapoisett, MA

c: (508) 965-4816

#### **Loring Holden '15**

Providence, RI

c: (401) 935-2680

#### **Jim Kenyon '17**

Westborough, MA

c: (617) 775-6323

## Summer 2015

### Mark Weston '15

Arlington, MA

h: (781) 507-4340

### **Mary White '16**

Cambridge MA

h: (617) 868-7591

### AMC Cold River Camp

32 AMC Road

Chatham, NH 03813-5201

Office: (603) 694-3291

### Summer Managers

#### **Laurie Barr &**

#### **Jim DiCarlo**

20 Main Street, Box 2261

Exeter, NH 03886

h: (603) 772-3849

crcmanagers@gmail.com

### Extension Managers

#### **Chris Clyne &**

#### **Ned Beecher**

Tamworth, NH

h: (603) 323-7862

chris.clyne@gmail.com

### Off-Season Manager

#### **Ned Beecher**

Tamworth, NH

C: (603) 722-0117

offseasonsignup@gmail.com

### Winter Cabin Registrar

#### **Chris Clyne**

Tamworth, NH

C: (603) 722-0117

chris.clyne@gmail.com

### AMC VMF Chair

#### **John Dean**

Wellesley, MA

H: (781) 235-2150

### Mark Winkler

*(The Little Deer Dispatch)*

Pleasantville, NY

H: (914)-747-3194

### CRC Key Volunteers

#### **Lois Winkler (Registrar)**

17 Southview Street

Pleasantville, NY 10570

h: (914) 747-3194

#### **Bill Gross**

(Hike Leader Coordinator)

Merion, PA

610-667-3605

wmgross4@verizon.net

#### **Emma Crane**

(Naturalist Coordinator)

New London, NH

h: (603) 526-7684

#### **Antonia Woods**

(Volunteer Coordinator)

114 Pleasant Street, #104

Arlington, MA 02476

awoods14@gmail.com

#### **Frank Mastro**

(Facilities)

Lebanon, NH 03766

h: (603) 443-9978

#### **Ted Barrett**

(History & CRC Systems)

Chatham, NH

(603) 694-3004

#### **Bill Waste**

(Opening Weekend)

Lyme, NH

(603) 795-4440

#### **Bill Fuchs**

(Closing Weekend)

Newton, MA

H: (508)-789-9070



# COLD RIVER CAMP, A.M.C.

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