

the **Little Deer Dispatch,**



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AMC COLD RIVER CAMP

NORTH CHATHAM, NEW HAMPSHIRE

SUMMER 2018 ◊ NUMBER 38

44° 14' 10.1" N 71° 0' 42.8" W

WELCOME TO COLD RIVER CAMP

FROM YOUR MANAGERS, STAFF AND CREW



Left to right: Ruby, Kevin, Sam, Robby, Kinga, Miranda, Karina, Zachary, Claire, Marissa, Lucy, Nathaniel, Laurie, Jim (Photo by Sadie DiCarlo)

2018 Staff

Laurie Barr & Jim DiCarlo, Managers, Exeter, NH
Nathaniel Fuchs, Assistant Manager, Mattapoisett, MA
Zachary Porter, Head Chef, New Durham, NH
Kevin Ouellette, Assistant Cook, Otisfield, ME
Claire Hawkins, Prep Cook, Exeter, NH

Greetings from the CRC managers:

We are looking forward to our tenth season as summer managers at Cold River Camp! We've assembled a fantastic team for the 2018 season. Nathaniel Fuchs returns for another season as assistant manager. Zachary Porter will be heading up the kitchen staff again this year! Zachary will be joined by in the kitchen by assistant chef Kevin Ouellette and prep cook Claire Hawkins who was a crew member for the past two summers.

We've hired a fantastic and energetic crew. Four returning crew members Marissa Fink, Miranda Grover, Sam Kenney, and Lucy Sinclair, bring a savvy understanding of the inner workings of camp. Also joining them is a familiar face: Ruby DiCarlo. Though new to the full-season crew, Ruby has been an important behind-the-scenes player at CRC for the past decade. New to the crew this year are Kinga Hope Csikszentmihalyi, Karina Ricker, and Robby Yampanis.

All of us will work hard to keep Cold River Camp running smoothly and are excited to hear your stories. But now it's time to settle in and get down to the business of summer. Relax and enjoy your stay. Welcome Back!

*Laurie Barr & Jim DiCarlo
Cold River Camp Managers*

2018 Crew

Ruby DiCarlo, Exeter, NH

Marissa Fink, Holmdel, NJ

Miranda Grover, Bolton, VT

Kinga Hope Csikszentmihalyi, San Francisco, CA

Sam Kenney, Bangor, ME

Karina Ricker, Orford, NH

Lucy Sinclair, Beverly, MA

Robby Yampanis, Norwell, MA



EXTENSION SEASON

Extension season is managed by a volunteer crew, led by extension season managers Ned Beecher and Chris Clyne. Turn to page 28 to learn about the many different opportunities to stay at Cold River Camp in the fall, winter and spring months.



A big thanks to CRC's 2017 extension season volunteers: Barb Bloomberg, Garry Crane, Jennifer Crowley, Bob & Betsy Goeke, Ann Landers, Jack Lutz, Frank Mastro, Bill & Joan Mountford, Ed Parsons, Neil Portnoy, David Roy, Sue Talhouk, Corinne Waite, and Nancy Walsh.

EXTENSION SEASON 2018 VOLUNTEERS

Garry Crane, Nashua, NH

Jennifer Crowley, Bridgton, ME

Betsy & Bob Goeke, Winchester, MA

Ann Landers, Quincy, MA

Jack Lutz, Shelburne, VT

Frank Mastro, Lebanon, NH

Bill & Joan Mountford, Deerfield, NH

Neil Portnoy, Kittery, ME

Rosy & Jim Probasco, Tiverton, RI

David Roy, Concord, NH

Sue Talhouk, Portsmouth, NH

Corinne Waite, Weymouth, MA

Nancy Walsh, Bridgton, ME

Bill & Kathy Waste, Lyme, NH



CONANT LODGE PROJECT PLANNING: STILL AT IT!

As you may very well know, some members of our volunteer community have been working with an architect over the last six months to develop a proposal for changes to the Conant Lodge. Updates to the structure would include a major kitchen area renovation, a dining area modification or addition and an indoor handicap accessible bathroom.

I'd like to give you the most current update on project planning, but given that the conversation is still ongoing, the situation could have changed substantially between the time this issue of the *Little Deer Dispatch* went to print and the time you read it.

Instead, the Dining Area and Kitchen Committees are doing their best to arrange an evening presentation each week of the summer season so you have the opportunity to learn the latest status of the project as the summer unfolds and participate in conversations about the plans.

Each week's presentation will cover the why, what, and when. They will also speak to the importance of the big picture perspective that we need to keep in mind regarding what's right for the future of Camp, which may differ from the perspective of what any of us individually like as current guests.

Meanwhile, project planning information continues to be posted on our CRC web site, including examples of design options considered. And there is a straightforward mechanism for providing feedback to the committees.

Visit the Lodge Planning Projects page to learn more at:
<http://www.amccoldrivercamp.org/Pages/lodgeProject.html>

*Gary Munson
CRC Committee Chair*

WELCOME FROM YOUR TRIP LEADERS

To our guests at Cold River Camp:

The tradition of led hikes continues at CRC. Our leaders have spent many years hiking in the area around CRC and in the White Mountains and are willing to provide information to guests who want to hike on their own. With only two hikes being offered each day for most weeks, and access to the Wilderness Areas limited, more of our guests will be organizing their own hikes. Guidebooks, including the most recent AMC White Mountain Guide and Don Devine's Cold River Camp, A.M.C. Hiking Guide 7.1 2012 are available to borrow in the Conant Lodge. Copies of Don Devine's guidebook are available for purchase in the office.

Our trip leaders have one goal in mind – to see that our guests have a safe, enjoyable vacation at our beloved CRC. For your safety, all of our CRC leaders are currently certified in Wilderness First Aid, CPR and AMC Leadership.

Wherever your footsteps take you, take time to relax, enjoy the view, pick the blueberries, breathe in the clean mountain air and admire the native flora and fauna. Take time at CRC to read that book you've been neglecting, paint, nap or swim at the Dam. With your trail guide, follow the Conant and Tea House Paths. Always enjoy Zachary's great cooking. Step back in time, away from our current world of stress, and relax at CRC, ready to return to the "real" world invigorated and ready for its challenges.

In keeping with CRC's Sustainability Policy, remember that there are many hikes of varying degrees of difficulty accessible within Evans Valley – from rocky summits to cool, inviting pools – some of which can be done from CRC on foot. If you must drive, carpooling is always encouraged.

The Wild River Road has been closed indefinitely due to road washouts which occurred last winter. This means that Basin Rim will not be accessible from the Wild River Campground, nor will Burnt Mill Brook or any of the trails heading to Mount Moriah.

Please remember the maximum of 10 hikers when venturing into any wilderness area.

Looking for new areas to explore, particularly on a cloudy, rainy day? Try Province Pond.

Province Pond via Province Brook Trail. This trail provides an easy hike into Province Pond where there is a WMNF shelter, making an ideal destination for a rainy day. The trail begins at the end of Peaked Hill Rd., (FR 450), 2.6 miles from South Chatham Rd. Peaked Hill Rd. leaves South Chatham Rd. 5.5 mi. from ME 113 in North Fryeburg, ME and 0.9 mi. north of the end of Hurricane Mountain Rd.

The trail leaves the north end of Peaked Hill Rd., heading northwest up along Province Brook on a logging road. After descending slightly and swinging north, it crosses Province Brook on a bridge shortly before reaching the south end of Province Pond on a grassy bank. Turn sharp right here (no sign) and follow a yellow blazed path along the east shore of the pond to Province Pond Shelter on the north side. The trail gains 400 feet in 1.6 mi. with a book time of one hour.

Our hike leaders and naturalists are volunteers willing to share their love of hiking and the natural world with our guests. This year our hike leaders and naturalists include:

Week 1: Bill Darcy, Tom D'Avanzo, Mary Starr Hope and Ellen Silverman

Week 2: Mary Starr Hope, Betsy Klimasmith, Chris McArdle and Erik Hobbie

Week 3: Ian Duncan, Larry Fink and Jim Greaney

Week 4: Rich Taylor, Jenny Lane and Cheryl Poirier

Week 5: Chris McArdle, Kent Sinclair and Jenny Lane

Week 6: Deborah Kearney, Jim Gorman and Lee Bares

Week 7: Walker Fuchs, Ozzy Osborne and Jim Gorman

Week 8: Jim Liptack, Mark Levine and Mike Arnott

Week 9: Bill Fuchs, Jim Greaney and Matt Vadeboncoeur

Extension: Ned Beecher, Mark Levine and Garry Crane

Our leader intern is Annie Hope, Week 2

See you on the hiking trails!

Your leader coordinators

Emma Crane, Naturalist

Bill Gross, Naturalist

HELPFUL HINTS FOR CRC

Here is a glimpse into the new possibilities that draw us back each year to CRC. Are you new to Camp? Did you think you had exhausted all the options? Let us share some of the customs that old timers know to make a week at camp even more enjoyable.

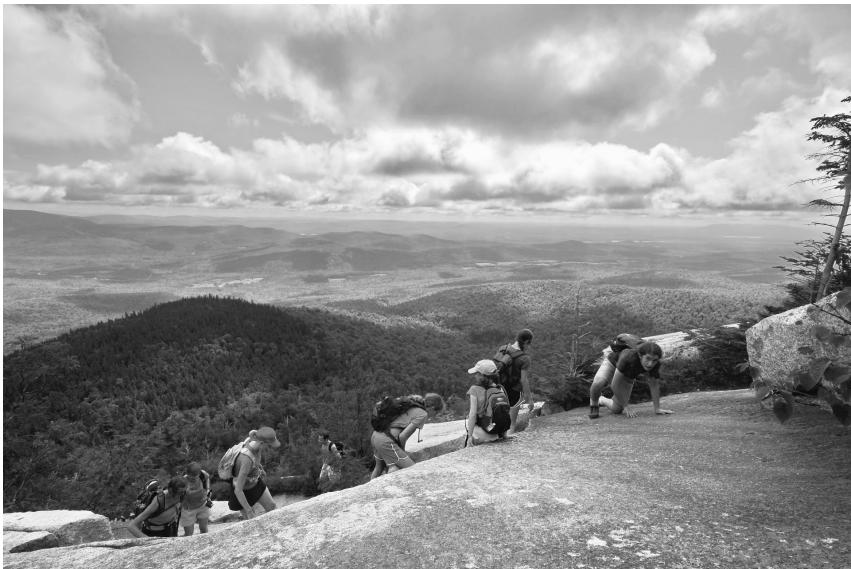
Packing List: Summer hikers know that they need good boots and socks, raincoats and warm layers, water bottles, maps, sunscreen, and bug repellent, in addition to snacks and lunch, before they hit the trail. At CRC, close to brooks and rivers, some people pack a swimsuit and light towel, or even water shoes, for trips. Some prefer to pack lunch in reusable containers (i.e., sandwich boxes and snack cups) from home to reduce waste.

Enjoy time in Camp: CRC is first and foremost a hiking camp, but it is also so beloved in large part for the camaraderie that can be found so easily just inside the gate. The buildings were designed to encourage people to enjoy each other's company, but also to provide retreat and relaxation. How do campers while away the day when they just don't feel like hiking? Reading, drawing, or napping on the porch is refreshing. Some spend part of the day picking from the low-bush blueberry meadow. Gardeners enjoy the garden around the porch, designed with local and xeriscaping plants, complete with a map and botanical names. The garden is full of birds, especially hummingbirds, for the ornithologists.

The Rec Hall, with a piano and a ping pong table, is the spot for evening programs. Guests can read through naturalist materials on the walls and tables. The buildings provides a great option for rainy day activities.

The Camp Library is for people who crave quietude and a good book, or perhaps to catch up on a little unfinished work. For children, the Lodge provides a well-loved collection of books for all ages in addition to board games and cards. Rather than a rigorous day hike, some campers enjoy the gentle trails that encircle Camp: the Conant Path and the Tea House Trail, both of which lead to the Cold River and can be combined into one nice loop. Small children enjoy the varied woodland views along the Conant Path, which starts behind the Cox cabin, skirts along a farm property, then descends to the river, providing lots of puttering opportunities in little streams. Occasional benches along the way, glimpses onto the river, and a variety of colorful mushrooms and flora are a treat to discover.

The Tea House is a screened gazebo, a soothing spot with



Hikers make their way up the Ledges of South Baldface.

the sounds of the brook and the river just below. Campers enjoy this retreat for art projects, reading or a quiet picnic lunch.

Early mornings at Camp are magical. The sunrise cresting over Little Deer, lighting the Baldfaces, draws early birds to the Porch where the weather update is posted and hot coffee, tea, or hot chocolate is waiting before the horn blows. On cold mornings, the fire in the Lodge draws people together before breakfast to plan their day's outing.

Other Tips: Some pack a sleeping bag or comforter instead of heavy wool blankets. Families with children prefer battery operated lamps to the traditional kerosene lanterns. Wool blankets under the bottom sheet make the bed warmer.

Outings or Activities: Campers enjoy a post-dinner drives to Moose Blind or Deer Hill Bog Blind; Esther Williams Pool (on the Wild River) for a slightly warmer swim; Sebago Lake beaches and Songo Locks; Antiquing in Bethel; Eastman Homestead Day on the Farm; Square Dancing in the Rec Hall; Games on the Lawn (soccer, badminton, Frisbee, tether ball); the Playground; Pre-breakfast hikes up Little Deer; Sing-a-longs; Finding and exploring lesser known Trail such Speckled's Cold Brook Link Trail to the Ledges, Albany Basins, Grafton Notch, Mount Sabbath; Lowe's Bald Spot; and Rumford White Cap. ♦

AMC COLD RIVER CAMP RESERVATION POLICY

Summer and Extension Seasons Full Week Reservations:

- Full week reservation requests are accepted by mail beginning January 1st.
- Reservations requests postmarked from January 1st through January 31st are processed using a lottery system.
- Applicants excluded from their first choice of dates will receive immediate consideration for any alternative dates they have listed. Inclusion of alternate dates will not reduce your chance of getting your first choice.
- Reservations postmarked February 1st are welcome and will be considered in the order in which they are received, and after all those postmarked in January have been processed.

Summer Season Partial Week Reservations:

- Reservation requests for the Cold River Camp Sampler (3 or 4 night stay with a Saturday arrival or departure) are accepted beginning March 1st, subject to availability.
- Partial week reservation requests, with a required two night minimum, are accepted beginning June 20th, subject to availability.

Extension Season Partial Week Reservations:

- Partial week reservation requests, with a required two night minimum, are accepted beginning March 1st subject to availability.
- Fall Foliage Self-Service. September 10 - October 5 (excluding some weekend nights). Reservations can be made up to 2 hours prior to arrival. No deposit required.
- Contact Ned Beecher for off-season reservation requests at (603) 387-7869 or offseasonsignup@gmail.com.

Deposits:

All reservations require a deposit.

- Regular season: \$200 per person
- Extension season: \$100 per person. Reservation deposits are not transferrable.
- Cash or check accepted; please make checks payable to AMC Cold River Camp.
- At this time, Cold River Camp cannot accept credit cards or electronic payments.

- The entire deposit is applied to your bill. The remainder is payable at Camp.

Cancellations:

- Cancellations received prior to April 1st will receive a 50 percent deposit refund.
- No refunds allowed after April 1st.
- Payment in full is required if a cancellation request is not received at least 14 days prior to scheduled arrival.

We would be happy for you to become members of the AMC during your stay at Camp to void the 10 percent non-member surcharge.

Reservation requests from January 1st to June 20th:

Lois Winkler, Registrar

17 Southview St., Pleasantville, NY 10570

(914) 747-3194

Calls before 9 PM, please.

Reservation requests after June 20th:

Managers, AMC Cold River Camp

32 AMC Road, Chatham, NH 03813-5201

(603) 694-3291



GUEST INFORMATION

HOW MAY WE ASSIST YOU? We want your stay to be comfortable and enjoyable. If we can be of service, please ask the Staff or Crew.



IMPORTANT TIMES:

For early risers, coffee is available in the Lodge after **6:30am**.

RISING HORN sounds at **7:00am**.

BREAKFAST HORN (second horn) at **7:30am**.

DINNER HORN at **6:00pm**.

Please be prompt for all meals.



TRAIL LUNCHES are made by individual guests from the lunch table either before or after breakfast. Please supervise children.

DAILY TRIPS led by qualified leaders are announced at breakfast.

WANDERER'S LIST is on the Lodge porch. Please sign if you plan your own hike or trip away from Camp.



ALCOHOLIC BEVERAGES are to be consumed in the privacy of your cabins.

CABIN CHECK-OUT TIME is by 10:00am to give crew time to clean. Please feel free to remain at Camp after leaving your cabin.

CHAMBER POTS are available in the Service Room by Men's Laundry. Please clean & return them to the Service Room at the end of your stay.

CHILDREN: It is expected parents will assume responsibility for their children at all times. Children may not stay in Camp during the day without the direct supervision of a parent or an assigned guardian.

DO NOT DISTURB: Outside your cabin door is a small wooden rectangle: one side green, one side yellow. This is a "do not disturb" sign. If you turn the yellow side outward, the crew will not enter your cabin.

ELECTRONIC DEVICES: Device use in the Lodge, the Lodge Porch, and Library is limited to reading. Any form of device communication (voice/text/email, etc., incoming or outgoing) should be done discretely, away from other guests and away from the common spaces mentioned above. Device use for personal entertainment (e.g., watching videos or playing video games) is limited to the guest cabins, and at voice levels unobtrusive to guest passers-by. Cords and device charging are to be kept within the confines of the changing station area in the Rec Hall.

ICE is available from the ice machine to the right of the back door of the kitchen.

LAMPS: If you are unfamiliar with kerosene lamps, ask for help or request the use of a battery operated lantern during your stay.

FIRE IS AN EVER-PRESENT HAZARD. Fire extinguishers and smoke detectors are strategically placed in every cabin. Please **DO NOT** leave cabins with oil lamps lit or fires burning. Please use fire screens at all times and **DO NOT** leave children unattended in cabins. **LAUNDRY** may be done in the Service Room by the Men's Lavatory. Cabin clothes lines should be used for the drying of clothes.

LIBRARY is open 24 hours a day for quiet reading or writing time.

LINEN: Clean sheets & towels are furnished once a week. Each guest receives an additional clean towel on Wednesday. Please leave soiled items near your cabin door for Wednesday AM pickup.

OFFICE is open as announced or upon request.

PARKING in Camp is for registered guests only. Please use designated areas. A permit is required to park in National Forest areas. Permits may be obtained at the Office.

QUIET TIME is from 9:30pm to 7:00am. The Lodge is an excellent place to socialize at night. However, for those guests wishing to use the Lodge, Porch or Tea House late at night, please remember that other guests are sleeping and sounds carry very well at night.

RECYCLING: Barrels are outside of Housekeeping for all materials to be recycled (glass, plastic, cans). Please help us conserve.

REPAIRS needed should be reported to the Managers, or written on the "Fix-It" list on the Lodge porch. Critical repairs should always be reported directly to the Managers.

SMOKING IS NOT ALLOWED anywhere on Camp property including or around any building. Fire is always a danger.

TELEPHONE: A guest telephone is on the west side of the Housekeeping shed for outgoing calls (credit card or reverse change basis only). The phone number is (603) 694-2918. Incoming emergency calls may be directed to the camp's business phone at (603) 694-3291.

WASTEBASKETS may be emptied into barrels by Housekeeping. "Chez Pig" is for kitchen scraps only and not to be used by guests.

WATER is available by tap. Arrangements can be made for a daily water delivery to your cabin at your request.

WOOD is available in the Wood Shed. Please pick up your own or ask a staff or crew member if you need assistance. ♦

NATURALIST PROGRAM

During each week of the summer season at Cold River Camp (CRC) one of our trip leaders is a naturalist, familiar with the natural world of New England. While the naturalists will lead trips, they are also a source of information to the guests. They are very willing to share their knowledge of special places in the area including: Deer Hill Bog Wildlife Blind (USFS) (11 minute drive) best visited early morning or after dinner. Frogs, turtles, ducks, beaver, geese and, if lucky, moose can be seen.

Lord Hill Mine (15-30 minute drive, 45-90 minute hike depending on trail used). Easy hike to a lunch spot with a great view and a mine for the young at heart. Safety goggles and hammers are available at CRC – check with the naturalist or manager.

Leach Link - Cross the CRC Dam, turn left and follow the trail for a mile alongside Cold River before ending at Stone House Road. At Stone House Road there are two options to return to CRC. Either turn left toward Rte. 113 and then left on Rte. 113 or return via Leach Link.

For a longer hike, turn right on the Stone House Road to access the trails on Blueberry Mountain or Shell Pond. More detailed trail descriptions can be found in the AMC's White Mountain Guide or Don Devine's Cold River Camp, A.M.C. Hiking Guide 7.1 2012 – copies of which are available to borrow in the Lodge. Copies of Don Devine's trail guide can be purchased at CRC's office.

In camp, take along your copy of the Tea House Path – Conant Path Nature Trail Loop guide included in your packet of CRC information and leisurely walk the trail along Cold River. Please note that the Conant Path has been extended along the pasture (between markers 18 and 19) at a much gentler grade. The former steep trail over the edge of the Kame Terrace has been discontinued.

Along the way, a granite memorial bench on the Conant Path invites you to relax and listen to Cold River as it makes its way south. The screened Tea House, on the Tea House Path, invites you in to spend time and enjoy the sounds of nature.

Other special activities include walking along Wild River; picking blueberries on Blueberry Mountain, Black Cap or Baldface Knob; enjoying a quick dip into Emerald or Rattlesnake Pools; discovering aquatic wildlife around Basin and Province Ponds; exploring mines; finding abandoned ruins from the CCC and logging periods of

local history; and locating Esther Williams Pool.

New this year we have copies of two of the AMC's Junior Naturalist Activity Books, for one for guests ages 5-8 and the other for ages 9-12. Upon completion of the requirements, our Junior Naturalists will be awarded patches and certificates at the Friday evening Talent show. Parents, and grandparents are encouraged to work with their children/grandchildren in fulfilling the requirements. During the week, our Naturalist is available for advice and help oversee this program. We also have a coloring book for our very young guests.

Field guides for wildflowers, trees, birds and stars are available in Conant Lodge for guests to borrow. Look for *Naturally Curious* by Mary Holland – a well-written photographic field guide and month-by-month journey through the natural world of New England. There are also books for children in the Jr. Naturalist Library in the Conant Lodge, as well as equipment for water studies in the Recreation Hall's Naturalist Toolbox.

*Emma Crane
Naturalist Coordinator*

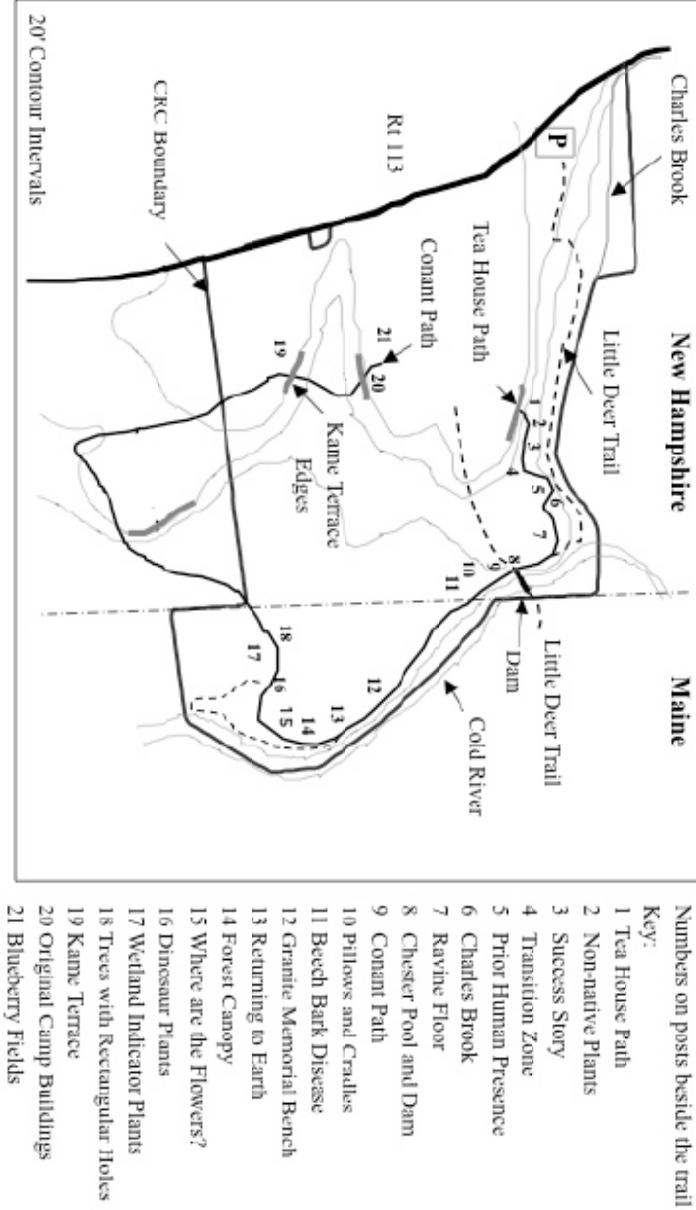


AMC Cold River Camp

NATURE TRAIL

Numbers on posts beside the trail

Key:



AMC COLD RIVER CAMP

2018 SCHEDULE

January through May

January 1-31	Guest Full Week Registration Lottery Open (L. Winkler)
February 1	Guest Full Week Reservations Accepted, First Come First Served
April 1	Guest Partial Week Reservations Open
May 11	Winter Cabin Closes For Winter Guest Use
May 11-13	Camp Opening and Work Weekend (Waste, Mastro)
May 15-June 14	Open for Group Off Season, Weekdays (OSM)
May 17-20	Bird Camp with Tin Mt. Conservation Center (OSM)
May 25-28	CTA Work Weekend #1 / CTA Annual Meeting (Devine)

June through August

June 1-3	CTA Trail Work Weekend #2 (Devine)
June 8-10	AMC Boston Chapter Young Members Chapter (OSM)
June 16-22	Summer Season Preparation Week (Summer Managers)
June 23-30	CRC Guest Week 1 (Kids Free)
June 30-July 7	CRC Guest Week 2 (Kids Free)
July 7-14	CRC Guest Week 3
July 14-21	CRC Guest Week 4
July 21-28	CRC Guest Week 5 (Yoga Week)
July 28-August 4	CRC Guest Week 6
August 4-11	CRC Guest Week 7
August 11-18	CRC Guest Week 8
August 18-25	CRC Guest Week 9
August 25	<i>End of Regular Summer Season</i>

August and Beyond

August 25 - Sept. 9	CRC Extension Season (Ext. Managers - Clyne & Beecher)
September 3	<i>Labor Day</i>
Sept. 10 - Oct. 7	Open Fall Foliage Self Service Use/Caretaker Basis (excluding some weekend night)
September 14-16	Group Event, Reserved
September 21-23	Open for Group Use Off Season
Sept. 29-30	CTA Trail Work Weekend #3 (CTA - Devine)
October 5-8	CRC Camp Closing (Columbus Day Weekend)
Oct. 8 - May 11, 2019	Winter Cabin Open For Group Use

COLD RIVER CAMP GARDENS

No, gardens are not the reason most people come to Cold River Camp, but who among us hasn't sat on the Lodge porch and admired what's in bloom among the native plantings right over the railing? Or strolled to the Rec Hall or Library and admired the striking foliage and blooms of the shrubs and perennials? Or walked along the Tea House and Conant Paths and admired the many native woodland plants along the way?

There are a number of ways to enjoy and learn more about the gardens at CRC, whether you are a novice or a seasoned gardener. There is an updated plan drawing of the Lodge gardens (hanging just inside the Lodge entrance) so that you can identify all the plantings. Most are native to Maine and New England, so you can see which do well in our growing area. There is a new Garden Resource Book in the Lodge that includes an information sheet on each of the trees, shrubs and perennials to be found in the CRC gardens, a history of the gardens and how they evolved over time, and a list of garden chores by month that you might help with.

The Garden Committee at CRC is a group of passionate gardeners and volunteers who love this special place and work on Opening and Closing weekends and periodically throughout the summer to maintain Camp's natural beauty.

We welcome volunteers during the summer season to help out in the gardens! Just take a look in the Resource Book at the list of chores for the month you are at Camp, get some tools and gloves from the garden shed, and pick a patch of garden that needs some tender, loving care. It's a perfect way to spend a few hours when you need a lay day from hiking.

GARDENS CONTACT INFO:

Jackie Cressy

PO Box 74

Bethel, ME 04217

H: (207) 824-0508

rivendel@megalink.net

Susan Dovell

30 Tolman Road

Harrison, ME 04040

H: (207) 583-8054

C: (703) 989-7190

susan.dovell@gmail.com

You may discover a new native plant you want for your own garden; you may be able to finally identify a flower you always wondered about; or you may choose to spend an afternoon with a sketch pad and paint brush with the gardens as your subject. One way or the other, we hope the CRC gardens provide you one more way to add to your knowledge and enjoyment of the natural beauty that surrounds us in these beloved New Hampshire mountains.

*Susan Dovell & Jackie Cressy
CRC Gardens*

FOOD STATEMENT 2018

CRC takes pride in serving appetizing, hearty and healthful family-style meals, and strives to provide a variety of options to appeal to a diversity of guests' tastes.

TYPICAL DAILY MENU:

Breakfast - hot and cold cereal; fruit; an egg dish, pancakes, or french toast, often accompanied by a breakfast meat.

Lunch - Variety galore on the trail lunch table, including assorted breads, deli meats, cheeses, PB & J, veggies, fruit and snack items.

Dinner - salad, home made bread, a main entrée accompanied by at least one vegetable side, and dessert.

Soy milk is available at all meals.

With advanced guest notification we can often meet vegetarian, lactose-free, and gluten-free diets. We can also accommodate some food allergies. Due to the nature of our family style food service and finite kitchen resources, we provide a pre-planned menu for each meal. Please call the camp managers ***prior to your week*** to discuss accomodating your dietary needs.

Please note: CRC does not provide Lactaid milk; guests are welcome to bring their own to be stored for them. Guests with gluten free diets are asked to bring gluten free pasta, bread, and muffin mix for the camp chef to prepare. Ice is available for guests that choose to bring coolers to store their preferred snacks and beverages.

VOLUNTEER OPPORTUNITIES AT AMC COLD RIVER CAMP

Cold River Camp is successful because of the efforts of its many volunteers. All camp activities are overseen by the CRC Committee, a group of volunteers who establish policies for the property, affairs, business and operation of the camp. Other volunteers help with a wide variety of camp projects and activities. Volunteers are the lifeblood of Cold River Camp!

New volunteers are always welcome. If you enjoyed your camp experience, would you be willing to share your talents to make CRC an even better place? You do not need a background in education, recreational management or environmental science, just a simple willingness to help.

Volunteering for CRC is a rewarding experience. Ask anyone who does it!

How can I volunteer at CRC?

Volunteering for Cold River Camp offers many opportunities, and your contributions of time and effort are welcomed in a variety of areas. If you would like more information about volunteering, please contact the Volunteer Coordinator, Antonia Woods, or the Cold River Committee Chair by email - or fill out a volunteer form while at Cold River Camp.

Hike Leaders and Naturalists

Would you like to be a hike leader or naturalist? Hike leaders and naturalists receive training and undergo an "apprenticeship" program before they become leaders. They are encouraged to keep their skills sharp by participating in periodic "refresher" sessions. Special interests or a background in these areas are certainly helpful, but people skills, common sense and a willingness to ensure that guests have a good time are equally as important.

Maintenance and Facilities

Keeping CRC's buildings and grounds operating properly requires continuing effort. Volunteers perform needed maintenance on work weekends in the spring and fall. Please join us for one or more of the CRC Work Weekends each year. We get a lot done and have a lot of fun doing it! People with skills in plumbing, electrical work and carpentry are of course very welcome, but we also need folks willing to paint, do landscaping, prune shrubs and trees, and assorted simple jobs.

Extension Season Volunteer

During the Extension Season, the dining facility and common areas, including bathrooms and the Lodge, are maintained by volunteers. They also assist the kitchen staff with some meal prep and cleanup after meals. There is ample time after morning chores and before evening ones to enjoy hiking or other activities. Meals and lodging are provided. You can volunteer for as little as one weekend, to as long as two weeks.

Individual and Committee Activity Involvement

Individuals and committees administer to various aspects of CRC life. CRC also hosts a number of weekend events in the off-season, which are made possible by volunteers. Some of the current volunteer opportunities are listed in the form below:

CRC VOLUNTEER FORM

If you would like more information about any of the following options, please circle your choice(s) and mail to:

Antonia Woods, Volunteer Coordinator

114 Pleasant Street #104, Arlington, MA 02476

awoods144@gmail.com

along with your name, interests, and contact information.

Name: _____

Address: _____

City / State / Zip: _____

Daytime phone: _____

Evening phone: _____

Email: _____

I am interested in: _____

- Hike Leaders / Naturalists
- Facility Maintenance
- Extension Season Crew
(Sept.)
- Flower Garden Maintenance
- CRC Committee
- Trail Work Weekends (with
CTA)
- Camp Opening (May) &
Closing (Oct.)
- Conservation & Education
- Land Management & Plan-
ning
- Publicity & Communications
- Assisting in Other Events/
Activities

CHATHAM TRAILS ASSOCIATION

2062 MAIN ROAD, CHATHAM, NH 03813

We are busy planning for the 2018 season after a very successful 2017. Our thanks to all our volunteers and generous donors.

New CTA Trail Maps! The new CTA Evans Notch area Tyvek Trail Maps were printed this past May. In 2017 they were sold at Camp, the Brickett Place, the Stow Store and elsewhere. They will be available again at all those places next summer. If you want a copy between now and then, you can place your on-line order any time at www.ChathamTrails.org.

The Trail Sign Auction. Would you like an actual retired CTA Trail Sign as a souvenir or to give someone as a gift? And, at the same time provide CTA will necessary funding? We'll be auctioning ten more retired trail signs on eBay in April. The auction will be active for only one week. We'll provide information in the spring CTA Newsletter and, if we have your email address, we'll send a reminder message. If you want to make sure to get the message, send your email address to webmaster@ChathamTrails.org.

Coming Re-route on the Stone House Trail. CTA is working to hire a professional trail building crew to create about a third of a mile switchback on the upper section of the Stonehouse Trail, to get hikers around the steep, eroded, and annoying section that you are probably all too familiar with. The project has been approved by the Forest Service. We hope to have it done in 2018. For the first time, CTA has been awarded a grant by the Forest Service to be used on just such projects. The Forest Service will put up \$20,000 which CTA can start spending immediately on what we see as the first of several projects. However, under the grant agreement, CTA is expected to raise an additional \$8,000 for the same purpose. The first \$500 donation toward this goal has already arrived. We hope you'll consider making a donation to this Major Projects Fund. See the Treasurer's address, below.

We're Recruiting. CTA needs a few more key people to help run the organization. As of today, the Vice President and Secretary jobs are open. Get involved and help out, as an officer or a trail volunteer. Contact President@ChathamTrails.org for more information.

2018 CTA VOLUNTEER REGISTRATION

Name(s) _____

Address _____

Town/State/Zip _____

Telephone _____

Email _____

Please register us for work weekend:

May 26-28, 2018

June 2-3, 2018

September 29-30, 2018

Mail to volunteer coordinator, Ingrid Barrett

2003 Main Road, Chatham, NH 03813 (from 5/1 to 10/15)

7 Hemlock Road, Hanover, NH 03755 (from 10/15 to 5/1)

or register at our website www.ChathamTrails.org

2018 CTA MEMBERSHIP

Name(s) _____

Address _____

Town/State/Zip _____

Telephone _____

Email _____

I/we desire to become a member of CTA or renew membership for the year 2018. Enclosed is memberships dues of (\$5) per person for a total of \$_____

I/we wish to make an additional contribution of \$_____ to Chatham Trails Association, Inc.

I/we desire to make a contribution or pledge of \$.... to the Memorial Fund for the protection of trails in the memory of _____

Chatham Trails Association is a 501(c)3 organization.

Donations are tax-deductible. Mail this form to

Steve Fink, 2062 Main Road, Chatham, NH 03813

www.ChathamTrails.org

We depend on Trail Volunteers. We run three trail work weekends each year based at comfortable Cold River Camp. All levels of experience are welcome. We provide the tools, training, supervision, room and board, and a spirit of camaraderie. Maybe you have college age children or grandchildren who'd like to organize a group at their school to join us. It's great fun. Contact me for more information.

◊

Upcoming Trail Work Weekends (plan to arrive Friday if you can)

May 26-28, 2018 (Memorial Day weekend)

June 2-3, 2018 (National Trails Day)

September 29-30, 2018

Register for work weekends at www.ChathamTrails.org.

Adopt a portion of one of your favorite hiking trails. Contact Trailmaster@ChathamTrails.org.

Your donations finance our work. Your generosity makes our work possible. It costs us almost \$50 to put one volunteer on trail maintenance for one day. Donations are welcome any time. Checks made out to CTA or Chatham Trails Associations may be mailed to our Treasurer, Steve Fink, 2062 Main Road, Chatham, NH 03813, and donations by credit card or PayPal may be made on our website at www.ChathamTrails.org. CTA is a New Hampshire non-profit corporation and a federal 501c3.

CTA Endowment. The balance of the CTA endowment is now about \$119,000. Four percent of the average balance over the previous five years is available annually to support our regular projects, with the excess available to fund special projects above and beyond what CTA can accomplish during its regular work weekends. Please remember the CTA endowment with a bequest in your will. Contact President@ChathamTrails.org for more information.

Some History. CTA has always been a part of Cold River Camp, although we are not a part of the AMC. CRC was founded in 1919, after which the initial guests, the founders and the managers recognized the need for a trail maintenance club. They started CTA in 1922. CRC has always been our home base and about half of our volunteers are regular CRC guests. Other volunteers are principally folks who live

nearby and others who are frequent hikers in the White Mountains. I look forward to seeing you in the summer!

Don Devine
President@ChathamTrails.org

NEW ALICE CABIN

We wish a fond farewell to Alice, one of the ravine cabins, and a warm welcome to the new Alice II. At some point between 1920 and 1929, Alice E. Buff donated the funds for the construction of the Alice Cabin. Over the years, time took its toll on the cabin, although it served so many CRC guest well over a life span that endured much longer than its builders ever envisioned.

After several years of debate - "do we try and renovate, or do we replace it" - the CRC committee decided to replace the cabin. After camp closed last fall in 2017, the building was demolished. The folding table and desk, just inside the doors, were salvaged by request and will be placed in the new Alice.

Alice II will be completed before guest arrive at Camp in June. The new cabin was moved back from the ravine about eight feet to ensure it was on stable ground and not relying on water bars to keep it from sliding down the ravine. A large covered deck now hangs over the edge of the ravine with views toward Speckled Mountain and Evans Notch.

The interior is similar to the old Alice, with one major necessary change: the fireplace was replaced with a new Jotul 602 wood stove for those cool nights. Guest will find the windows are larger for more light and ventilation.

For those staying in Alice, Camp hopes that you will enjoy your visit. Treat her gently so that the generations to follow will also enjoy their stay. Credit to Todd Flagg, camp's contractor, for the marvelous job he has done.

Frank Mastro
CRC Facilities Manager

CRC CENTENNIAL

Cold River Camp will celebrate its Centennial year in 1919. This historic occasion will be commemorated with a new written retrospective and the Centennial Rocks sitting area.

In the one hundred year life of Cold River Camp, two histories have been written, both by one Carl B. Garey. The first covered fifty years - from 1919 to 1969 - and the second, written in 1986, spanned the first seventy-five years of our beloved Camp.

The Centennial Celebration Subcommittee is pleased to introduce the forthcoming publication of a new book, *Reflections, 100 Years of Friendship and Hiking at AMC Cold River Camp*, written by Robert and Emma Crane, which combines some of the previous two histories along with updated information about the last twenty-five years of Camp.

We've also included "fun stuff" along with a selection of Camp traditions, songs, poetry and art as well as a timeline of land acquisition and buildings and the Annual Reports sent to the AMC from 1926 through 1956.

Since it is the people that make Cold River Camp so special, we asked guests to provide their memories along with photographs. Over twenty guests responded and these are included along with memories from our two oldest volunteers, Ted Barrett and Roger Damon, Jr. These memories not only provide an interesting collection of remembrances, but they also give the reader a sense of the rich history of the Camp as told through the individual story tellers' experiences over the many past decades.

Come along and reflect on the first one hundred years of CRC and how it has changed, but how it still retains its timeless atmosphere.

*Emma Crane
Naturalist Coordinator*

NEW CENTENNIAL ROCKS SITTING AREA

The Centennial Celebration Subcommittee, with the approval of the CRC Committee, is establishing a new Centennial Rocks sitting area at Camp this summer.

This sitting area allows the Camp to both commemorate its centennial and create a new gathering spot. It will consist of three to four large granite boulders about 4ft x 5 or 6 ft x about 2.5 ft high) plus two to three stepping-stones embedded in the ground as a group.

The boulders will be low enough and shaped so as to create an attractive sitting area. All the rocks are locally sourced. One of the rocks will have a brass plaque embedded on the top in a horizontal position that will show the distance and direction to many of the Camp's favorite hiking locations. It will also be etched with "100 Years of Friendship and Hiking at AMC Cold River Camp" as well as the AMC logos from 1919 and 2019.

In addition, the stones will be embedded three survey markers on the top of each boulder that will indicate the distance and direction to Deer Hills, South Baldface, and Blueberry. The sitting area will be located to the south and nearby the Lodge at the edge of the front field near the main road into the Camp.

Current plans call for the plaque to be put in place either late this year, or in the spring of 2019.

*John Dean
Cold River Camp Vice Chair*



THE WINTER CABIN



During the summer the building known as "Convent" provides housing for six crew members. From October to early May, Convent is available for guest rentals as the "Winter Cabin." Winter in Evans Notch is no less appealing than the summer. Most Winter Cabin guests hope for lots of snow so they can ski, snowshoe and enjoy winter hiking followed by a cozy night in a warm cabin with friends.

The cabin features a six-bed bunkroom, with floor space for additional guests, and a multipurpose area equipped with a small kitchen area and wood stove. There is a small refrigerator, a microwave, a coffee maker, a toaster, and a hot water kettle in the kitchen. Plates, mugs, bowls and cookware are also provided. The cabin is winterized and has electricity, but please note: there is no running water. Guests bring their own water, food, bedding and linens. Blankets, pillows and wood for the stove are provided. In the winter, the camp driveway gates are locked, so a key is provided. A small area at the edge of Route 113 is plowed at the northern driveway entrance. The road is not plowed beyond this point.

Current rates are \$85/night. Payment in advance is requested. If interested please contact the Winter Cabin Registrar for information and reservations. The CRC website has more information about the cabin and a calendar that shows its availability.

offseasonsignup@gmail.com

FALL AND SPRING OPPORTUNITIES

Mid-May to mid-June:

Minimum stay: 2 nights

Minimum group size: 15 (1 leader stays free)

\$75/person/night (all meals included)

NEW! Bird Camp! Birders gather during peak migration for led birdwalks to myriad habitats, evening programs, expert advice, & hearty meals in the relaxed comfort of Camp. 94 avian species were seen in 2017! May 17 - 20.

Mid-September to mid-October:

Minimum stay: 2 nights

Minimum group size (weekends only): 15 (1 leader stays free)

\$75/person/night (all meals included)

Fall Foliage Self Service:

September 10 – October 5 (excluding some weekend nights)

During peak foliage, let Camp be your peaceful base to explore the explosion of color on the trees in the White Mountains. You'll have your own cabin; bring a sleeping bag or sheets, a pillow case, & towel. The bathhouses, with hot showers, will be available, as will all Camp facilities. Use the Camp kitchen to prepare your meals. \$40/night (2 night minimum). Available September 10 - October 5 (excluding some weekend nights). Reservations can be made up to 24 hours in advance.

Contact Ned Beecher, OSM, offseasonsignup@gmail.com or 603-387-7869.



CRC 2018 WISH LIST

The AMC Cold River Camp Wish List is a way to encourage giving to tangible causes to help improve camp life. If you like to see where your money goes, donating to the Wish List could be for you! All contributions are tax-deductible. All donors are recognized on the Cold River Camp website and in the *Little Deer Dispatch* or can choose to remain anonymous. You do not have to fund an entire item. The AMC Cold River Camp Committee is deeply appreciative of those who can and do give that extra support to the Cold River Camp community with generous gifts of time, money or goods.

1. An electric automobile charging station (about \$3,000).
2. Garden Fund for additional trees, shrubs, special gardening tools, etc.
3. Furniture Repair and Replacement Fund (lodge porch, lodge, and cabins: \$ cost varies with repair or replacement).
4. 6 washable blankets. (\$90 - \$120 each).
5. Underwriting some or all of the production costs of The Little Deer Dispatch (about \$1500 annually).
6. Four mattresses for the ongoing “Mattress Replacement Program” (about \$250 each).
7. Better equipage of the Winter Cabin (“the Convent”) for an improved guest experience, new or used: sturdy eating table and chairs, armchairs (2), possibly a love-seat; hot plate.

Contact Emma Crane at amc.crcwishlist@gmail.com if you have questions about making a donation. Checks should be made out to the Appalachian Mountain Club (AMC) and sent to Dick Goettle, CRC Treasurer, 433 NH Route 119 East, Fitzwilliam NH 03447, with an indication of what the donation is for.

CRC Committee (as of 12/2016)

Gary Munson (Chair)
Dover, NH
amc.crcchair@gmail.com
John Dean (Vice Chair)
Wellesley, MA
amc.crc.vicechair@gmail.com
Dick Goettle
(Treasurer)
East Fitzwilliam, NH
H: (603) 585-3311
dgoettle@aol.com
Frank Mastro
(Facilities Manager)
Lebanon, NH 03766
(603) 443-9978
Don Devine
(CTA President)
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leeheald2@aol.com
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Ted Barrett
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Arlington, MA
awoods144@gmail.com
Bill Waste
(Opening Weekend)
Lyme, NH
(603) 795-4440
Bill Fuchs
(Camp Closing Weekend)
Newton, MA
(508)-789-9070

Jim Kenyon
(Work Weekend)
Westborough, MA

AMC Contact

Nancy Grant
AMC VCC Director
Strafford, VT
ngrant@outdoors.org

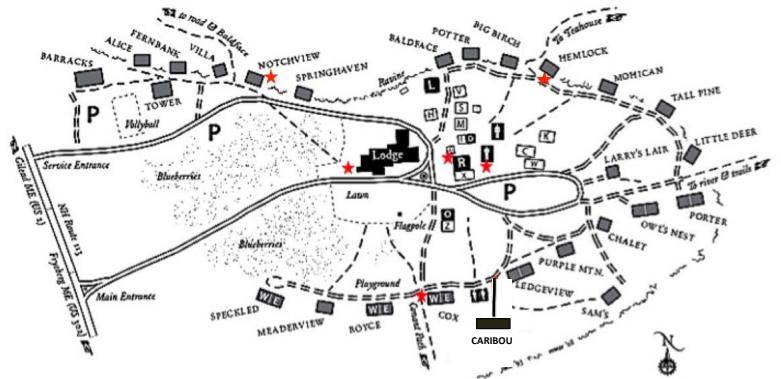
Key Volunteers
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(Registrar)
Pleasantville, NY
H: (914) 747-3194
Mark Weston
(Website & Facebook Coordinator)
Arlington, MA
mark.william.weston@gmail.com
Kate Morris
(*The Little Deer Dispatch*)
Washington, D.C.
(978) 500-7682
Emma Crane
(Wish List, Education & Conservation, History, Naturalist)

Cold River Camp
AMC Cold River Camp
32 AMC Road
Chatham, NH 03813-5201
Office: (603) 694-3291 ♦



COLD RIVER CAMP, A.M.C.

32 AMC ROAD • CHATHAM, NH 03813 • 603-694-3291



- PUBLIC FACILITIES
- STAFF FACILITIES
- CAMPERS CABINS
- ★ HANDICAP ACCESS

- CONVENT (CREW)
- ICE HOUSE (STAFF)
- DRY ROOM
- KAY'S CABIN
- GARDEN SHED
- LIBRARY
- HOUSEKEEPING
- MONASTERY (CREW)

THE INITIAL LETTER OCCURS WITHIN THE FACILITY SYMBOL

- OFFICE
- PARKING
- REC HALL
- SHOP (RAYNER'S ROOST)

- VATICAN (STAFF)
- WOODSHED
- X - MANAGERS' QTRS
- Z - ASS'T MANAGER'S

