



# the Little Deer Dispatch

COLD RIVER CAMP 50 AMC

## GUEST INFO

Summer 2005 issue - Number 12

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## WELCOME HOME!

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WELCOME TO THE COLD RIVER CAMP! We hope you will have a wonderful time while staying with us and take back memories and friendships that will keep you returning for years to come.

That you have the best vacation possible is why we are here, but we cannot do it without your help. If this is your first time at

*"...the fog horn blasts have meaning..."*

Cold River, please do not hesitate to ask about where things are and how things work (the fog horn blasts have meaning and we do not want you to miss a meal!). Even if you have been coming back for years, there may be something we could do that would make this summer the best one yet. We will never know if you do not ask.

On behalf of Meg, Todd in the kitchen, and the rest of the staff and crew (see page 9), we will do whatever we can to make this a special time for you. Some places say, "When you are here, you are family." We simply say, "Welcome home!"

- Kathy & Bill Waste, Managers



## WELCOME FROM YOUR HIKE LEADERS AND NATURALISTS

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WE WANT ALL OF YOU TO ENJOY A GREAT WEEK of hiking and naturalist activities at Cold River Camp, be it on our led trips or on your own. Please view us as resources for planning what trips you'd like to take, and when. No question is too simple; but sorry, there is no prize for stumping us.

Safety is fundamental to enjoying any trip in the Cold River valley and environs. We will advise you about gear, sustenance ("never forget your lunch or your water"), and capabilities. If you're unsure about anything, please ask. Also, before a trip leaves Camp, please be sure to let the trip leader know of special

### *Hike smart, hike safe.*

needs, personal concerns, medications, allergies, and the like. We can only be prepared if we know to prepare in advance.

A tentative chart of the led trips planned for the week will appear on the Lodge-porch bulletin board Saturday evening. We will update the chart as the week and the weather progress. Your comments and suggestions are most welcome. If you do set off on your own, don't forget to sign out on the "wanderers' list" (same bulletin board). And don't forget to sign back in when you return to camp.

Have a wonderful week on the trails!

- Art Wright, Trip Leader Coordinator

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## CHAIRMAN'S WELCOME

WELCOME TO COLD RIVER CAMP and this special Summer Edition of the *Little Deer Dispatch*. If you like hiking you will love Cold River Camp. At Cold River Camp you can enjoy walking out of the door of your own cabin in New Hampshire, crossing a river on a small bridge and beginning your day by hiking into the White Mountain National Forest. Kick back and concentrate on the important things in life. As the week progresses your biggest

*"Over 35 volunteers gather each mid-June for the Family Work Weekend where they improve and repair the buildings and grounds"*

worry will be figuring out the next day's journey. So many hikes to choose from, and no matter how you stretch it a week can only last seven days. Perhaps that is why so many people come back year after year to Cold River Camp. Whether you are returning, or are here for the first time, by week's end you will be part of the Cold River Camp Community.

As you may know, CRC is an Appalachian Mountain Club facility that is run by volunteers (see page 8) and staffed by a paid staff of managers and crew during the regular summer season. The volunteer Committee is charged with Camp oversight. Other volunteers are responsible for re-opening the Camp each May and getting the cabins and other facilities ready for the season. Over 35 volunteers gather each mid-June for the Family Work Weekend where they improve and repair the buildings and grounds. And finally, during a late in September weekend (Sept. 24-25 this year) the Camp is put to bed for the long winter by a group of volunteers during Camp Closing. Please consider getting more

involved in the Cold River Community by considering one or more of these volunteer opportunities this year or next.

I hope that you will find this Dispatch both informative and useful for your stay. It includes a Camp map (back cover), as well as other important information about Camp. The Dispatch also highlights the 2005 Camp Reunions that occurred on March 19th in the Boston and New York metropolitan areas. We are planning to have these gatherings again near the beginning of spring in 2006, and I encourage you to try to attend one near you (see page 18).

I know that your week at Cold River will be an enjoyable one! And be sure to keep the Camp in mind next year when planning your summer vacation, as well.

- John Dean, Cold River Camp Committee Chair

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★★★★★★★★★★★★★★★★★★★★★  
 ★ **Cold River C<sup>A</sup>MP brings back** ★  
 ★ **the TRADITIONAL JULY 4<sup>th</sup> PARADE!** ★  
 ★ Gil Loo, a CRC'er for many years, reported that ★  
 ★ we always had a July 4<sup>th</sup> Parade. What a great ★  
 ★ tradition to bring back! For the last few years, the ★  
 ★ first week of camp now includes a PARADE complete ★  
 ★ with ♪ banners, ♪ musical instruments played ★  
 ★ (in a fashion) by many of the campers. The dress ★  
 ★ rehearsal takes place about one HALF hour before ★  
 ★ DINNER. Then, after about 5 minutes, when everyone ★  
 ★ "tunes up", Kathy and Roxy ♪ usually lead the way ★  
 ★ with Bill, playing excellent TUBA, bringing up the ★  
 ★ rear. The band marches up to the lodge where ★  
 ★ everyone participates in a SING-A-LONG! ♪ ★  
 ★ Thank you, Gil, for the suggestion! ★  
 ★ ♪ submitted by Chet Kaplan ♪ ★  
 ★★★★★★★★★★★★★★★★★★★★★★



## FALL EXTENSION CREW: A GREAT OPPORTUNITY TO VOLUNTEER

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THE COLD RIVER VALLEY IS ESPECIALLY BEAUTIFUL in early September when Cold River Camp runs its two-week Extension Season. You might not have known that the Extension Crew is all volunteer. Most of the crew members have been coming back to enjoy the valley, the camaraderie and the fun for years. Most, but not all, of the extension crew are now in retirement. There are openings now for several apprentice crew members. If you are recently retired or are a stay-at-home mother (or father) whose children have all gone off to college, or if you otherwise have the time, please consider joining us for a week as an apprentice and joining in the fun.

What does it mean? The Camp handles fewer guests during extension. No linens or towels are provided. Meals are served cafeteria style in the kitchen. Things are more informal than during the regular season. Guests clean their own cabins before leaving, and they are encouraged to volunteer for many of the routine camp tasks, such as sweeping the porch and dining room, filling the bird feeder, etc. The crew helps the cook in food preparation, handles the trail lunch table and daily drink tables, cleans the bathrooms, and cleans up in the kitchen. There are 8 to 10 volunteer crew members for the season, plus a few apprentices who usually serve for one week, although other durations may be arranged. Everybody gets one day off per week.

Why do we call the experienced older campers who help out apprentices? Because we understand that you'll be learning your way around the Camp's kitchen and what the duties are. With a volunteer crew it is important that you and everyone else on the crew have a good time, that you enjoy the work, that you enjoy being with the other volunteers and they enjoy working with you. After trying it, you or we may decide that this isn't for you. Teamwork and fun are the orders of the day.

The first week runs from lunch on Saturday, September 3 until breakfast on Saturday, September 10. The second week runs from

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dinner on Saturday, September 10 through breakfast on Saturday, September 17. Guest accommodations are not provided over the night of Saturday, September 17 to Sunday, September 18.

This is a wonderful opportunity to become even more a part of Cold River Camp, have an enjoyable week in the valley and work with a motivated, friendly crew of tried-and-true Cold River Campers. If you are interested, or would just like to talk about the opportunity some more, get in touch with me, Don Devine. I am the Extension Manager and also an unpaid volunteer. You may see me around Camp. I have a house right next door to the north. You can reach me at <don.oaktrec@att.net> or 603-694-2003 or 2222 Main Road, Chatham, NH 03813.

- Don Devine, Extension Season Manager

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# NAMES OF THE CAMP



2005

## Cold River Camp Committee

John Dean (Chair) '07 ... 781-235-2150 ..... Wellesley, MA  
 Frank Mastro (Vice-Chair/Facilities/Camp Opening) '07  
     603-443-9978 ..... Lebanon, NH  
 Leona Florek '06 ..... 413-535-2183 ..... Holyoke, MA  
 Dick Goettle (Treasurer) .. 617-325-7357 ..... West Roxbury, MA  
 Nancy Kellogg '07 ..... 914-238-3626 ..... Chappaqua, NY  
 Bill Fuchs (Facilities/Closing) '07  
     508-758-7859 ..... Mattapoisett, MA  
 Cher Kaplan (Volunteer Coordinator) '06  
     718-237-9782 ..... Brooklyn, NY  
 Jim Kenyon (Family Work Weekend) '05  
     508-366-7002 ..... Westborough, MA  
 Sally Morris '06 ..... 978-887-0622 ..... Boxford, MA  
 Mike Regan '05 ..... 860-739-8375 ..... Niantic, CT  
 Ted Shwartz '07 ..... 508-984-5812 .. South Dartmouth, MA  
 Mark Winkler '07 (*Little Deer Dispatch*)  
     914-747-3194 ..... Pleasantville, NY  
 Jim Weston (Past Chair) '05.. 781-275-8034 ..... Bedford, MA  
 Dwight Wilder (Chatham Trails Association President)  
     603-692-6898 ..... Somersworth, NH

*...and soon your name here, too!*

## Cold River Camp Volunteers

Art Wright (Trip Leader Coordinator) ... 860-429-9958 ..... Storrs, CT  
 Lois Winkler (Registrar) ... 914-747-3194 ..... Pleasantville, NY  
 Peg Birch (Naturalist Coordinator/Naturalist Weekend)  
     603-526-7657 ..... New London, NH  
 Gwen Stose ..... 603-447-4750 ..... Center Conway, NH  
 Ted Barrett ..... 603-694-3004 ..... North Chatham, NH  
 Mag Wine (Winter Cabin Registrar) .. 207-781-3244 .. Falmouth, ME  
 Sam Hawley (Caretaker Emeritus) .. 207-935-2823 ..... NH

## Summer Season Staff and Crew

Bill & Kathy Waste, Managers ..... Lyme, NH  
     with David Waste, son  
 Meg Holland, Assistant Manager ..... Somersworth, NH  
     with Dwight Wilder, husband  
 Todd Barber, Chef ..... Conway, NH  
     with Nancy Barber, wife  
 Jessie Seymour, Assistant Chef ..... Kenduskeag, ME  
 Gwen Willow, Prep Cook ..... Blue Hill, ME  
 Lisa Dance ..... Carrickfergus, Northern Ireland  
 Hannah Dean ..... Wellesley, MA  
 Chris Farmer ..... Lancaster, PA  
 Marisa Hebb ..... Post Mills, VT  
 Barry Maddox ..... Carrickfergus, Northern Ireland  
 Avery Miller ..... Amherst, MA  
 Vincent Olsen ..... Londonderry, NH  
 Elizabeth Waste ..... Lyme, NH

*"Whatever it is, just ask us!"*

## September Season Staff and Crew

Don Devine, Manager ..... North Chatham, NH  
 Gwen Stose, Cook ..... Center Conway, NH  
 Carol Adams ..... Portland, ME  
 Jack Harrington ..... Shelburne, VT  
 Ann Landers ..... Quincy, MA  
 Marty Griffin ..... Newington, CT  
 Nancy Hoolihan ..... Falmouth, ME  
 Nancy & Jim Miller ..... Rush, NY  
 Corinne Waite ..... Weymouth, MA  
 Mary-Agnes Wine ..... Falmouth, ME  
 Betsy, Gocke ..... 1<sup>st</sup> week apprentice  
 Mary Ann Maestro ..... 2<sup>nd</sup> week apprentice



# GUEST INFORMATION

**HOW MAY WE ASSIST YOU?** Our goal is for your stay at Cold River Camp to be as comfortable and enjoyable as possible. If there is any way we can be of service, please ask any of the Staff or Crew.

## IMPORTANT TIMES:

**RISING HORN** sounds at 7:00 am daily.

Breakfast (**SECOND HORN**) at 7:30 am\*.

*\*For early risers, coffee is available in the Lodge after 6:30 am.*

Dinner (**HORN**) at 6:00 pm. Please be prompt for all meals.

**TRAIL LUNCHESES** are made by individual guests from the lunch table either before or after breakfast. Please supervise children.

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**ALCOHOLIC BEVERAGES** are to be consumed in the privacy of your cabins.

**CABIN CHECK-OUT TIME** is by 10:00 am to give crew time to clean. Please feel free to remain at camp after leaving your cabin.

**CHAMBER POTS** are available in Service Room by Men's Lavatory. Please clean & return them to Service Room at end of your stay.

**CHILDREN:** It is expected that parents will assume responsibility for their children at all times. Children may not stay in camp during the day without the direct supervision of a parent or an assigned guardian.

**DAILY TRIPS** by qualified leaders are announced at breakfast.

**FIRE IS AN EVER-PRESENT HAZARD.** Fire extinguishers and smoke detectors are strategically placed in every cabin.

Buckets of dry sand are just outside. Please take note of their location and use. Please **DO NOT** leave cabins with oil lamps lit or fires flaming. Please use fire screens at all times and **DO NOT** leave children unattended in the cabins.

**ICE** is available from the ice machine by back door of the kitchen.

**LAMPS:** If you are unfamiliar with the use of kerosene lamps, please ask for help.

**LAUNDRY** may be done in the Service Room by the Men's Lavatory. Cabin clothes lines should be used for the drying of clothes. Ironing may be done on the first floor of the Tower.

**LIBRARY** is open 24 hours/day for quiet reading or writing time

**LINEN:** Clean sheets & towels are furnished once a week. Each guest receives an additional clean towel on Wednesday. Please leave soiled items near your cabin door for Wednesday am pickup

**OFFICE** is open as announced or upon request.

**PARKING** in Camp is for registered guests only. Please use designated areas. A permit is required to park in the National Forest. Permits may be obtained at the Stow Corner Store.

**QUIET TIME** is 9:30 pm to 7:00 am. The Lodge is an excellent place to socialize at night. However, for those guests wishing to use the Lodge late at night or who wish to visit on the porch or at the Tea House, please remember that other guests are sleeping and sounds carry at night.

**RECYCLING:** Barrels are outside of Housekeeping for all materials to be recycled (glass, plastic, cans). Please assist us in this important conservation effort.

**REPAIRS** needed should be reported to the Managers.

**SMOKING** is not allowed in any of the public buildings or on the Lodge porch. Please dispose of butts in appropriate receptacles. Do not step out butts on the grounds as fire is always a danger.

**TELEPHONE:** There is a telephone for guest use on the west side of the Housekeeping shed for outgoing calls on a credit card or reverse charge basis only. The phone number is 603-694-2916. Incoming emergency calls may be directed to the camp's business phone at 603-694-3291.

**WANDERER'S LIST** is on the Lodge porch. Please sign if you plan your own hike.

**WASTE BASKETS** may be emptied into the barrels at the rear of the kitchen. "Chez Pig" is for kitchen scraps only and is not to be used by the guests.

**WATER** is delivered daily to cabins and is available at any tap.

**WOOD** is available in the Wood Shed. Please pick up your own or ask a staff or crew member if you need assistance.

~\*~\*~

## *Sixty Years Ago: Notes Regarding My Early Days at Cold River Camp (1945, 1947)*

by Ted Barrett

IT WAS THE FINAL DAYS OF WORLD WAR II when three 15 year-old boys, Ted Barrett, Don Goss and Jack Wentworth, all from Allen Road in Winchester, Massachusetts became the kitchen crew at Cold River Camp in North Chatham. In mid-June of 1945 the camp manager pulled up in the Camp beach wagon, a 1936 Ford, and picked us up for the start of our great adventure. We then went over to the neighboring town of Melrose to pick up Ted Nixon and Roger Damon, part of the waiter crew.

The manager, Milton "Red" McGregor, was a fill in for Phil Bridges who was in the Navy at the time. Milton was a wiry Scotsman, who I later learned was a legendary figure in the annals of AMC. What stuck in my mind about him on our journey to Camp were his numerous watches and his penchant for continually checking the time somewhat like the rabbit in "Alice in Wonderland." Several hours later after a stop at S.T. Oliver's drug store in Fryeburg, we finally arrived at our destination where we eventually met the rest of the crew--all male of course except for the cooks. Because of the war, a cook was a scarce commodity; so three women in their early 20's were the cooking staff (normally held by one man). Their names were Rita Popke, Helen Levy and Carol Gay. Carol, the daughter of the Cold River Camp Committee chair, Nelson Gay, was head cook.

Although the official crew quarters was "Kitchen View", the predecessor of "Monastery", we three kitchen boys bunked in

"Barracks" which we occasionally shared with one or two male guests. However, each week one of us had the duty of starting up the wood fire in the cook stove at 4:30 am to start a large pot of water boiling for the traditional oatmeal. Our other early morning chores were sweeping out the lodge and porch, starting a fire in the huge fireplace and raising the flag. Whoever had the duty slept in a small room sandwiched between the water tank on the water tower and the men's bath below.

Speaking about the water tower, one of the duties of the Kitchen crew (K-crew) was to make sure the water tank had water in it. A pot buoy hung over the side of the tank was used to indicate the water level inside. When the buoy reached a certain mark near the top we had to run down to the pump house below Springhaven and crank up an old Fairbanks-Morse pump. The real trick was noticing when the pot buoy reached the full mark. More often

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*"...each week one of us had the duty of  
starting up the wood fire in the cook stove  
at 4:30 am to start a large pot of water  
boiling for the traditional oatmeal."*

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then not we forgot to keep track and were only made aware of the tank's fullness by the water pouring down the side of the tower and the men's bath.

In those "good old days" there were few of the current work rules for minors. Thus one of our jobs was to split wood for the stove and the cabin fireplaces. We had one day off each week--actually the time between after breakfast dishes were washed and before 6 o'clock supper. Dishes were washed by hand in a large double sink where the Hobart now stands. All refrigeration was by large blocks of ice that were stored in the icehouse by local residents

*(Continued on page 15)*





Summit Trees  
Albany Mountain, Maine

*"Summit Trees, Albany Mountain, Maine"*

- Artwork by Dwight Wilder (2003)

*(Continued from page 13)*

during the winter (The icehouse is now the drying room and- "Dog House" building combo). We carried this ice to a couple of large walk-in ice chests at the rear of the kitchen. Some vegetables were stored in the cold cellar below the lodge. Cooking was done on the large wood stove located where the current gas stove is.

During the day we peeled vegetables, usually in front of the Kitchen View, split wood, kept the water tank full, kept the stove going and washed dishes for three meals. At that time lunch was served in camp but most guests took a lunch packed to order by the waiters. Meals tended to be traditional New England with homemade baked beans and ham on Saturday, roast beef on Sunday and fish on Friday with plenty of fresh vegetables. One of our most arduous tasks was making ice cream for Wednesday and Sunday suppers. We had to hand chip ice from large blocks and use an old electric freezer to make the ice cream and then pack it

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*"...lunch was served in camp but most guests took a lunch packed to order by the waiters."*

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with a huge amount of chipped ice and rock salt. During the corn season in August fresh corn was always served. This was another major task since a huge pot of water had to be brought to the boil and kept there. This meant taking one of the top plates off of the stove, build a roaring fire therein and keep it roaring. In addition to all this we had to join the rest of the crew in attending the Wednesday and Saturday night square dances to dance with the unaccompanied female guests.

The valley had a little more of the rural atmosphere in those days but compared with my hometown and most places I've lived



(Continued from page 15)

since then has changed little in the almost 60 years since. Both Deer Hill farm south of camp and the Royce House north had cows in their fields. They both took in summer guests. Don Goss, who was very interested in tractors, helped Walt Charles and Millard Chandler gather hay. Camp got its mail from across the street at the North Chatham post office where Walt Charles' mother was the postmistress.



Royce House

The ambiance of camp was quite different then. It really was not a family camp although there was the occasional youngster. Roger Damon's aunt Amy brought him to Camp at age three. The big attraction for the crew in '45 was Lois Alexander the attractive teenage daughter of Dr. and Mrs. Alexander. Some of the notable old timers were there: Arnold Lahee, Walcott (Domine) Cutler, Ted Stevenson (gave tub to Men's), Nathaniel Nichols, president of Chatham Trails Association (CTA) for 25 years. Since we were still at war most of the guests were on the far side of 50.

A couple of hikes on my day off stick in my mind. The first was a bushwhack hike with Don up the main branch of Charles Brook onto the steep eastern headwall of North Baldface. We pulled ourselves up by hanging onto small bushes while picking blueberries. Over the years I've repeated this hike three times but came out of the valley floor by more sane routes. The other one was a hike, again with Don over to the Pine, Lord and Harden Hills where we got lost on the many dirt roads in the area then. We didn't get back to camp in time for our kitchen duties. Note that back then there was no Deer Hill road but a popular way to get to Horseshoe Pond for a swim was by a dirt road near the

I missed 1946 because of some eye surgery but returned in 1947 before going off to college. Russ Olive and I were the K-crew; Don had been promoted to assistant cook, a position he held for 4 years. Mr. Liebing was the chef. Mr. Stillman, the soccer coach at Tufts, and his wife were co-managers. An evening softball game between crew and guests became an evening ritual. Another boy from Winchester, Charlie Enright was a waiter. One of his jobs was to fill the kerosene lamps in all of the cabins using a special spouted kerosene container. One time the crew

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*"Charlie was scientifically inclined and noted that there seemed to be a distinct layering between the old and new kerosene."*

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substituted water for the kerosene that he dutifully poured into every lamp in camp. Charlie was scientifically inclined and noted that there seemed to be a distinct layering between the old and new kerosene.

In closing these remembrances, these two summers at Cold River Camp and the beauty of the North Chatham countryside made a lasting impression on me. I came back to camp as a guest sometime after college, spent several years on the CRC committee, was president of the Chatham Trails Association for nine years, brought up a family of three girls at CRC (two of which became crew members) and finally, and not least, built a house on the side of Hedgehog Hill a half mile south of Camp where my wife and I can look out on the valley and even hear the horn at camp announcing 7 am, 7:30 am, and 6 pm--the same horn used and times announced in 1945.

- Ted Barrett

## CRC REUNION HIKE IN NEW YORK CITY



THE REUNION HIKE IN NEW YORK CITY on March 19, 2005 was most enjoyable and unique, although a huge contrast to Evans Notch, as expressed by the 14 CRCers who attended. We met at the foot of the Brooklyn Bridge in front of City Hall, then slowly walked across. Hikers noticed the South Street Seaport, Woolworth building, Municipal building, Statue of Liberty, DUMBO, Governor's Island, Verrazano Bridge and many other landmarks along the way. This was a day that included lots of exercise, education as well as comradery. In addition to the 8 miles of walking (there was an easier option, which was vetoed), many historical places were visited in Brooklyn Heights, including a church where Abraham Lincoln once spoke. To some, one of the most memorable parts of the day was the sampling of a delicious mushroom and barley soup as a first lunch course, on the recommendation of the leader. An attempt to get the recipe for Todd Barber at camp was unsuccessful.

Based on the success of this first year, we look forward to repeating this next year, so please join us!

- Chet Kaplan

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## CRC REUNION HIKE IN METRO BOSTON

A GROUP OF ABOUT 30 CRC ALUMNI met at 10am, March 19, 2005 at Crane Beach in Essex, MA for a regional Cold River Camp reunion. The sun was shining and although there was still some snow on the ground, it was pleasantly warm in both spirit and temperature. Once all heads were counted and everyone who registered (plus a few more) were accounted for, John Morris took the lead and guided us along the beach to the base of Castle Hill. A short hike up the hill brought us to a marvelous overlook and the perfect site for the first snowball fight of the day. Once peace was restored, we continued up the hill and into the grounds of the Crane Mansion where we enjoyed statues, architecture, the historic landscape, a brief snack, and the opportunity to throw a few more snowballs. A nice hike back down the hill completed the loop and returned us to the parking lot. The beach, mansion and surrounding property are all managed by Trustees for Reservations and are open to the public. After the hike, most of us moved to Woodman's Restaurant for a wonderful meal and more good company before heading home. Leona Florek and Sally Morris did most of the reunion planning and arranged both a beautiful site and wonderful weather.

- Bill Fuchs

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**More Regional CRC Reunion Hikes in March 2006.**  
Join us for hiking, food, and good company  
in the NYC or Boston regions...

...or help organize a reunion hike  
in your area by contacting John Dean, Chair.