

the Little Deer Dispatch

Winter 2015 issue • Number 31

Cold River Camp • AMC



***NEW
for 2015!***



***Earlier January start for CRC
mail-in Reservations! (page 4)***



Special offer for families! (page 6)



Special Yoga week (page 7)



Your application form (page 13)



Amy Damon Grover

CHAIRMAN'S WELCOME

Bolton, Vermont
January, 2015

Dear Cold River Camp community,

Greetings and happy 2015! As I write this I can envision Cold River Camp (CRC) blanketed in snow, and Conant Lodge tucked snugly into her winter shutters, looking forward to your arrival in just a few short months. Whether you are a long time returning guest, coming back to CRC after some time away, or a first time guest, welcome! The charms, traditions, and trails await you.

As many of you know, CRC is an AMC Volunteer Managed Facility ("VMF"); in short we depend upon and are extremely grateful to our dedicated volunteers that manage and run CRC in partnership with wonderful staff. We are more than delighted that that our summer season manger family is returning for their seventh year; **Jim Dicarlo & Laurie Barr, Ruby & Sadie**. We are equally delighted that **Chris Clyne & Ned Beecher**, who after some time away managing August Camp, is returning with Chris as our extension season managers. Jim & Laurie, Chris & Ned are already working to ensure that your 2015 stay at CRC is as spectacular as the blueberries were last summer!

"We return again and again, we are passionate about beloved CRC, this place is unique." -Guest 2014

CRC traditions will continue in 2015, with some changes; because you, our caring CRC community spoke, and we listened:

- The CRC calendar **will retain its historical structure of a 9 week summer season followed by a 2 week extension season.**
- The plan for a complete tear down and rebuild of the **Greeley bathhouse** has been sent back to the drawing board to better address needs and finances.
- **A family special Weeks #1 & #2** (be sure to see the full details enclosed in this edition!) to help revitalize our early season.
- **A YOGA special Week #5** in addition to the regular camp program and activities.

We hope that these changes will add to the strong foundation that the CRC committee, volunteers, staff, and you, the camp community, have been building upon since 1919, while recognizing the critical mingling of tradition and rejuvenation.

I also have a special favor to ask of you, the CRC community. We know that CRC is you - the camp community coming together to share the CRC experience of traditions & trails, mountains & magic, and each other. In the practical world, the CRC experience comes at a cost, and we depend upon filling our inviting cabins to cover those costs. You can help CRC. We can advertise more, but not the way that you can ~ please extend CRC's warm welcome to your family and friends; encourage them to come begin their own CRC traditions!

Come find your time at CRC this summer or fall; time to strengthen family bonds and time to forge new friendships that feel like family. Time to reconnect with our natural world, and time to unwind and unplug. Time to join the camp community, and time for quiet reflection. Time to admire beautiful mountain pools, and time to jump right in. Time to seek a new challenge, and time to meander and pick your fill. Time to find your favorite places, and create new memories. Cold River Camp has time for you...**come join us.**

-Amy Damon Grover, *AMC Cold River Camp Committee Chair*
amc.crcchair@gmail.com

"Crew and mangers – awesome. Cooks – rocked it! Great food all week. Hike leaders and naturalist were informed, friendly and fun." -Guest 2014

AMC- COLD RIVER CAMP - 2015 CALENDAR

January through May

January 1-31 CRC Guest Reservations Start
 *** **NOTE THE NEW EARLY START DATE** ***
 *** **All January postmarks in early February lotto** ***

Mar 1 CRC starts accepting partial week bookings
 May 15 (Fri) Winter Cabin Closes for Winter Guest Use
 May 15 – 17 Camp Opening Weekend (Waste, Kenyon, Mastro)
 May 16 (Sat) CRC Spring Committee Meeting at CRC
 May 23 - 25 CTA Work Weekend #1 /CTA Annual Meeting (Devine)
 May 25 Memorial Day

June through August

June 5 - 7 CTA Trail Work Weekend #2 / CRC Work Weekend (Devine)
 Jun 20 – 27 Full Season Prep and Work Week

Jun 27 – July 4 CRC Guest Week 1
 July 4 – 11 CRC Guest Week 2
 July 11 – 18 CRC Guest Week 3
 July 18 – 25 CRC Guest Week 4
 July 25 – Aug 1 CRC Guest Week 5
 July/Aug tbd Valley Night at Cold River Camp
 Aug 1 – 8 CRC Guest Week 6
 Aug 8 – 15 CRC Guest Week 7
 Aug 15 – 22 CRC Guest Week 8
 Aug 22 – 29 CRC Guest Week 9

September through December

Aug 29 – Sept 13 (Sun) CRC Extension Season (Ext. Mgr - Clyne/Beecher)
 Sept 7 (Mon) Labor Day
 Sept 16 (Wed) CRC open for Group Use
 Sept 18-20 South East Massachusetts AMC Chapter Weekend at CRC
 Sept 25 – 27 Private Event

Oct 2 – 4 CTA Trail Work Weekend #3 (CTA - Devine)
 Oct 4 – 10 (Sun-Sat) AMC Adult Volunteer Trail Crew
 Oct 4 – May 1, 2016 Winter Cabin open for group
 Oct 9 – 11 (Fri-Sun) CRC Camp Closing (Columbus Weekend) (Fuchs)
 Oct 12 (Mon) Columbus Day

Nov 7 (Sat) CRC Fall Committee Meeting (NH)

Food Service Statement 2015

CRC takes pride in serving appetizing, hearty and healthful family-style meals, and strives to provide a variety of options to appeal to a diversity of guests' tastes. Due to the nature of our finite kitchen resources, we provide a pre-planned menu for each meal. We cannot prepare a specialty meal for each individual guest.

TYPICAL MENUS:

BREAKFAST - hot and cold cereal, fruit, an egg dish or pancakes/
 French toast, often accompanied by a breakfast meat.

LUNCH - Variety galore on the trail lunch table, including assorted breads, deli meats, cheeses, PB & J, veggies, fruit and snack items.

DINNER - salad, main entrée, at least one vegetable, bread, & dessert.

Soy milk is available at all meals.

With advanced guest notification we can often meet vegetarian, lactose-free (camp does not provide Lactaid milk; guests are welcome to bring their own to be stored for them), and gluten-free diets (guests with gluten free diets are asked to bring gluten free pasta, bread, and muffin mix for the camp chef to prepare), or can accommodate some food allergies. Please call the camp managers **prior to your week** in order to discuss accommodating your dietary needs. Please note: ice is available for guest that choose to bring coolers to store their preferred snacks and beverages. .

"We just had such a great time and loved everything about camp! The buildings and grounds are impeccably maintained, the food was terrific and the staff and leaders were all great."

-Guest 2014

Special Family Offer

**KIDS STAY at
Cold River Camp FREE**

**Limited Time Opportunity!
Weeks 1 & 2 only**

June 27-July 4 & July 4 -11, 2015

We want to see more families join us during the early part of the season.

This summer, for each of the first two weeks of camp, only, (June 27 – July 4 and July 4 – 11, 2015) any paying adult guest may bring up to two children under the age of 12, **FREE**.

So if you are a family of two adults and up to four children under the age of 12, just pay for the adults and bring the kids along **FREE**.

This offer is good for all Cold River Camp guests during these first two weeks, old time campers or new first time campers.

Please share this offer with friends and family who you know will love the Cold River Camp experience. And Share it Now! These two weeks will surely be the first to fill up and fill up quickly...an incredible family vacation value!!

Don't miss out.

www.amccoldrivercamp.org

Week 5 Yoga Highlight

July 25 -August 1, 2015

In addition to the regular camp program and activities the week of July 25 – Aug 1, we will be delighted to also have former camp guest **JoAnna Easton** as resident Yoga instructor.

As a hiking and biking enthusiast, JoAnna connects the breath, energetic and movement aspects of yoga with the physical effects of athleticism. Whether it's your first time stepping onto the mat or your daily practice, her priority is to create a safe space in which to practice.

JoAnna has been practicing yoga and meditation regularly for over 25 years. She trained in several disciplines and with remarkable teachers including Rod Stryker of ParaYoga before pursuing a Hatha Yoga 200 hour teacher training completed in 2011 at Laughing River Yoga in Vermont where she lives and works. She has enriched her skills and understanding of the philosophy and science of yoga through personal study and by attending frequent retreats and workshops including some in the Hathyavidya, Jivamukti, Vinyasa & Tantric traditions.

www.amccoldrivercamp.org

CRC TRIP LEADERS

With the changing of the calendar year, we begin to think of our plans for the upcoming summer and the return to many of our favorite trails and summits. For new guests at CRC, a wide range of trails await discovery. The leader coordinators have compiled the leader roster for Summer 2015 and it is included in this edition of *The Little Deer Dispatch* and on our website:

<http://www.amccoldrivercamp.org/Pages/2015TripLeaders.html>

The coordinators are responsible for scheduling leaders for the nine weeks of Camp plus the two weeks of Extension. Two led hikes will be offered each day during the first nine weeks of Camp. Our goal is to provide a variety of led hikes with varying degrees of difficulty to appeal to all hikers and to provide trail information to those guests wanting to hike on their own. If you are unfamiliar with any trail, ask a leader for information. Our leaders have been hiking in the area for a number of years and can offer suggestions for a trail suitable for your abilities and interests. All of our leaders hold current certification in Wilderness First Aid, CPR and AMC Leadership Training.

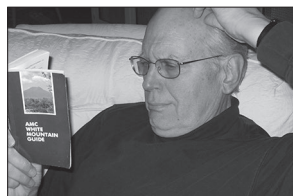
Parents with young children will want to be involved in the Junior Naturalist program. Ask the week's naturalist for a booklet which can be completed during the week at CRC. Children completing their requirements will receive a certificate and patch during the talent show on Friday evening.

Meanwhile, enjoy winter and look forward to renewing friendships at CRC. If you have never been to CRC, sign up for our Sampler program (partial week) or for a full week to experience camp life and learn what is unique about camp and why many guests return year after year.

Looking forward to seeing you on the trails--



Emma Crane (w/Bob Crane)
Naturalist Coordinator



William Gross
Hike Leader Coordinator

www.amccoldrivercamp.org

CRC TRIP LEADERS 2015 SCHEDULE

(as of 12/29/2014)

Week #1: June 27 - July 4 Ned Beecher C Todd Flagg Peter Norton N <i>(birds)</i>	Week #2: July 4 - 11 Chris McArdle Rich Taylor C Cheryl Poirier N <i>(general/birds)</i>	Week #3: July 11 - 18 Steve Fink C Antonia Woods Larry Fink N <i>(general)</i>
Week #4: July 18 - 25 Carla Dow Antonia Woods C Eric Hobbie N <i>(birds/mushroomss)</i>	Week #5: July 25 - Aug. 1 Bill Darcy C Tom D'Avanzo Deborah Kearney Chris McArdle N <i>(general)</i>	Week #6: Aug 1 - 8 Jim Gorman C Chris McArdle Jenny Lane N P <i>(plants/animals)</i>
Week #7: Aug. 8 - 15 Jim Gorman C P Mark Levine MattVadeboncouerN <i>(ecology/mushrooms)</i>	Week #8: Aug. 15 - 22 Jim Greaney P Jim Liptack C Steve Tobin N <i>(general)</i>	Week #9: Aug. 22 - 29 Bill Fuchs C Antonia Woods Mike Arnott PT N Mary White PT N <i>(wildlife/wetlands)</i>
Ext #1: Aug. 29 - Sept. 5 Mark Levine H	Ext. #2: Sept. 5 - 13 Ann Piascik H P	Key: C - Coordinator H - Hike Leader N - Naturalist (focus) PT - Part Time Leader P - poetry night

(NOTE: Subjects in parentheses above are what Naturalists will focus on during the week)

www.amccoldrivercamp.org

“The community of people with common interests is the best, a friendly, courteous environment with a mix of all ages.” -Guest 2014

“The community of people with common interests is the best, a friendly, courteous environment with a mix of all ages.” -Guest 2014

“The mangers, crew, leaders and food were all excellent. A great sense of community and we all had a wonderful time.” -Guest 2014

Cold River Camp Personal Electronic Devices Policy:

The Cold River Camp experience centers on enjoyment of nature and guest interactions, away from the routine of everyday life. Accordingly, our personal electronic devices policy is: • Device use in the lodge, the lodge porch, and library is limited to reading. • Any form of device communication (voice/text/email, etc., incoming or outgoing) should be done discretely, away from other guests, and away from the lodge, lodge porch and library. • Device use for personal entertainment (e.g., watching videos or playing video games) is limited to the guest cabins, and at noise levels unobtrusive to guest passers-by. • Cords and device charging are to be kept within the confines of the charging station area in the Rec Hall. • Recognizing the occasional need of some guests to communicate with the outside world or to do personal work, Wi-Fi access is available solely for those purposes, as a courtesy, in the area outside the camp office and in the Rec Hall. The Rec Hall is available for quietly doing personal work, shared with other uses, between the hours of 7:30 AM and 9:30 PM and outside of scheduled activities there. The camp office itself is off-limits.

- Guest PED Policy adopted on March 18 2014.

“The hikes were wonderful and there was always something for everyone.” -Guest 2014

“CRC is relaxation...food...friendly, casual atmosphere...beauty.”

-Guest 2014

Your 2015 AMC Cold River Camp Application

For period (*please give choices*): 1st _____ to _____ 2nd _____ to _____ 3rd _____ to _____

Preferred location at Camp: 1st _____ 2nd _____ 3rd _____

Please print or type
Names

AMC Membership
(type & number)

Children's Age & Sex
(as of 1/1/2015)

1. _____
2. _____
3. _____
4. _____
5. _____

Address: _____ City: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Mobile Phone: _____

Email: _____ @ _____ Car License plate #: _____

- Registration Fee Enclosed \$ _____ (\$200/person/wk. in July/Aug or \$100/person in Sept)
- Make checks payable to: **AMC-COLD RIVER CAMP**
- PLEASE include a: **Self-Addressed stamped envelope with reservation request.**
- Each person or family must submit with reservation signed copy of AMC release form on back.
- Optional: Emergency Contact or Family Physician: _____ ph: _____

Do not send before January 1, 2015 Signed: _____

date: _____

Pull out this page for Cold River Camp Reservation.

www.amccoldrivercamp.org

Make Your CRC Vacation Reservation Today!

COLD RIVER CAMP 2015 SEASON RATES

	6/27 -8/29	8/29-9/13
Adult (17-yr & over)	\$570/wk	\$70/day
Youth (12-yr to 16-yr)*	\$465/wk	\$60/day
Child (2-yr to 11-yr)*	\$345/wk	\$40/day
Child under 2-yr*	\$165/wk	\$40/day

**in same cabin with parent/adult. Age is as of 1/1/2015.*

All inclusive summer and extension rates include lodging, three meals daily, taxes, activities (except river trips), cabin firewood, ice, taxes, and support of AMC programs. Non-AMC members please add 10% (become a member and save). For July/August reservations are full-week, Saturday to Saturday. Partial week reservations only accepted after 3/1 with a minimum stay of 3 nights.

- The daily rate is 20% of the weekly rate.
- Deposit of \$200/person/week (\$100/person for extension September season). Balance paid at Camp.
- All applications clearly postmarked in January will receive equal consideration (Don't mail in 2014).
- All reservations will be assigned by lottery after Feb. 1.
- Reservation confirmations by March 1.

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- **Payment:** Only Cash or Checks are accepted. Camp cannot accept credit cards. Make checks payable to **AMC-Cold River Camp.**
 - Please provide self-addressed-stamped-envelope for confirmation/reply.
 - Please ensure each and every person registering has provided an appropriately signed AMC release form. Without these forms, the reservation request will be rejected.
 - See *AMC Outdoors March 2015* or website amccoldrivercamp.org for further info.
- Cancellations received prior to April 1 will receive a 50% deposit refund. No deposit refunds after April 1. Reservation deposits are not transferable.**
- In fairness to those denied space, payment in full is required if a cancellation request is not received at least 14 days prior to scheduled arrival.**

Mail reservations from January 1 to June 20 to:

Lois Winkler, Registrar, 17 Southview St., Pleasantville, NY 10570. Phone: (914) 747-3194 before 9pm, please.

Mail reservations after June 20 to:

Jim DiCarlo & Laurie Barr, Cold River Camp Managers, 32 AMC Road, Chatham, NH 03813-5201
(603)694-3291

www.amccoldrivercamp.org

AMC VOLUNTEER MANAGED FACILITIES
ACKNOWLEDGMENT AND ASSUMPTION OF RISKS & RELEASE AND INDEMNITY AGREEMENT

INTRODUCTION

PLEASE READ THIS DOCUMENT CAREFULLY BEFORE SIGNING. All participants must sign this Document. For participants under 18 yrs. of age (hereafter sometimes ‘minor’ or ‘child’), one or both parent/s or guardian/s (hereafter collectively ‘parent/s’) must also sign. In consideration of the services of the Appalachian Mountain Club, Inc., a charitable, not-for-profit corporation, organized and existing under the laws of Massachusetts, and its chapters, including all officers, employees, representatives, agents, independent contractors, volunteers (including leaders and co-leaders), members and all other persons or entities associated with it (collectively referred to in this Document as ‘AMC’), I (participant and parent/s of a minor participant), acknowledge and agree as follows:

ACKNOWLEDGMENT AND ASSUMPTION OF RISKS

Use of AMC volunteer managed facilities and/or instructional, educational and/or adventure activities (which may be scheduled or unscheduled, supervised or unsupervised and/or occur during free or independent time) occur in a variety of locations in the U.S. and include the ‘August Camp’ program. Activities may include, but are not limited to hiking, biking, skiing, swimming, maintenance of trails and facilities, canoeing, kayaking, sailing, participant’s independent use of AMC cabins or other facilities or use of those facilities in connection with AMC organized trips or activities, and transportation or travel to and from AMC facilities or activities (referred to in this Document as ‘activities’ or ‘these activities’). Leaders of most AMC activities are volunteers. They are not paid professional guides or leaders. In all activities, participants share in the responsibility for their own safety. Participants (and parent/s of minors) take responsibility for having appropriate skills, physical conditioning, equipment and supplies for these activities.

These activities include inherent and other risks, hazards and dangers (referred to in this Document as ‘risks’) that can cause or lead to injury, property damage, illness, mental or emotional trauma, paralysis, disability or death to participant or others. Some, but not all of these risks include: hazardous and unpredictable ground, water or weather conditions; misjudgments made by leaders, co-leaders, participants or others; travel in remote areas that can cause delays in transportation, evacuation and medical care; equipment that can fail or malfunction; the potential that the participant or others (e.g. co-participant, driver, medical and rescue personnel) may act carelessly or recklessly. I understand that AMC staff, leaders or other personnel cannot assure participant’s safety or eliminate any of these risks. Participant is voluntarily participating with knowledge of the risks. Therefore, participant (and parent/s of minors) assume and accept full responsibility for the inherent and other risks (both known and unknown) of these activities, and for any injury, damage, death or other loss suffered by participant, resulting from those risks, and resulting from participant’s negligence or other misconduct.

RELEASE AND INDEMNITY AGREEMENT

Please read carefully. This Release and Indemnity agreement contains a surrender of certain legal rights. I (adult participant, or parent/s for themselves and for and on behalf of their participating minor child) agree as follows:

(1) to release and agree not to sue AMC, with respect to any and all claims, liabilities, suits or expenses (including attorneys’ fees and costs) (hereafter collectively ‘claim’ or ‘claim/s’) for any injury, damage, death or other loss in any way connected with my/my child’s enrollment or participation in these activities, or use of AMC equipment, facilities or premises. I understand I agree here to waive all claim/s I or my child may have against AMC, and agree that neither I, my child, or anyone acting on my or my child’s behalf, will make a claim against AMC, as a result of any injury, damage, death or other loss suffered by me or my child;

(2) to defend and indemnify (‘indemnify’ meaning protect by reimbursement or payment) AMC with respect to any and all claim/s brought by or on behalf of me, my child, a family member, a co-participant, or any other person for any injury, damage, death or other loss in any way connected with my/my child’s enrollment or participation in these activities or use of AMC equipment, facilities or premises.

This Release and Indemnity Agreement includes claim/s resulting from AMC’s negligence (but not its gross negligence or intentional or reckless misconduct), and includes claim/s for personal injury or wrongful death (including claim/s related to emergency or medical response, assessment or treatment), property damage, breach of contract or any other claim.

I agree that the substantive laws of Massachusetts govern this Document and all other aspects of my relationship with AMC, and that any mediation, suit, or other proceeding must be filed or entered into only in Massachusetts. This Document is intended to be interpreted and enforced to the fullest extent allowed by law. Any portion of this Document deemed unlawful or unenforceable shall not affect the remaining provisions, and those remaining provisions shall continue in full force and effect.

Participant and parent/s of a minor participant agree: I have carefully read, understand and voluntarily sign this Document and acknowledge that it shall be effective and binding upon me, my minor children and other family members, and my heirs, executors, representatives and estate. One or both parent/s must sign below for any participating minor (those under 18 years of age).

Participant Signature	Date	Print name here	Participant Signature	Date	Print name here
Parent or Guardian Signature	Date	Print name here	Participant Signature	Date	Print name here
Parent or Guardian Signature	Date	Print name here	Participant Signature	Date	Print name here

Your 2015 AMC Cold River Camp Application

Pull out this page for Cold River Camp Reservation.

EXTENSION SEASON 2015

W E L C O M E

Greetings,

As the busy summer season at Cold River Camp ends, a peaceful late-summer spell settles on the camp. Please consider joining us for the Extension season this year. All the favorite summer activities continue- the Cold River is a bit colder for swimming, but those cooler temperatures are just right for hiking, cycling and kayaking. Evenings by the fireplace are perfect for reading, visiting, playing games, and working puzzles. The food is delicious and eating lunch on the Lodge porch with friends is a popular activity. Extension reservations are flexible and some guests stay for a week or more while others spend just a long weekend at camp. If you're looking for a working vacation this

year, consider joining the Extension crew. Crew members work for one or two weeks approximately six hours per day with at least one day off per week. Duties include light kitchen work and housekeeping, and everyone has the middle of the day free, until 5 pm, so there's time for a hike, a nap, or visits to local attractions, even on a work day. The crew is a cheerful, relaxed group, and the work environment couldn't be more beautiful - September in Evans Notch. If you'd like more information about this opportunity please contact me at chris.clyne@gmail.com.

- Chris Clyne and Ned Beecher,
Extension Season Managers

**The first half of September is statistically dry and clear, with cool nights, long views, and leaves slowly going gold and red.*

www.amccoldrivercamp.org

Pull out this page for Cold River Camp Reservation.

*"Rustic but comfortable
cabins with ample and
inviting community
areas, and excellent
meals – nice variety
of foods!"* -Guest 2014

*"The mountains
nourish us and help
us feel whole again.
We love coming
back to old friends
year after year."*

-Guest 2014

www.amccoldrivercamp.org

Your 2015 AMC Cold River Camp Application

CHATHAM TRAILS ASSOCIATION

1375 FAIRLANE DRIVE, ANN ARBOR, MI 48104

If you've hiked in the Evans Notch area you've almost surely been on a trail maintained by the all-volunteer Chatham Trails Association. We welcome and need your support to keep these trails in good condition.

The CTA runs three volunteer trail maintenance work weekends at Cold River Camp each year. In 2015 these will be May 23-25 (over the Memorial Day weekend), June 6-7, and October 3-4. You don't need to be experienced to join us and help with the work. We'll provide training and tools. We also provide room and board, and good fellowship. To sign up, complete and mail the nearby 2015 CTA Volunteer Registration form. Better yet, go to www.ChathamTrails.org and sign up. Email President@ChathamTrails.org to get a reminder and more information as the weekends approach.



CTA's principal expenses are running these work weekends, buying insurance, maintaining tools and signs, and purchasing materials. Whether or not you volunteer, we need your financial help. As you check out at Cold River Camp this summer, please add something to your bill to help fund the Chatham Trails Association's efforts to keep these wonderful local trails so enjoyable. CTA is a New Hampshire non-profit and a federal 501[c]3, so your contributions are tax deductible.

You are also invited to attend one of the Forest Service Skills Days to learn more about effective hiking trail maintenance. These are also listed on our website.

Our thanks to the 60 volunteers who contributed a total of 1,021 hours of labor in 2014. Good trails don't just happen. They require constant work, and some local trails aren't getting enough attention. Our ongoing efforts each year provide for the routine maintenance of 40 miles of trails in the vicinity of Cold River Camp, as well as occasional major improvement projects. As you hike in the area, I'm sure you can see there are always a number of spots that could use a major improvement project. Be a spotter for us. Email me at President@ChathamTrails.org if you come across something that needs particular attention.

In addition to everything we do, the Forest Service always invites us to take on more trail maintenance responsibility. Some nearby trails are orphans. We'd like to expand our reach. But to do that effectively we'd

www.chathamtrails.org

2015 CTA VOLUNTEER REGISTRATION

Names(s) _____

Address _____

Town/State/Zip _____

Telephone _____ E-mail _____

Please register us for a 2015 CTA work weekend:

Memorial Weekend, May 23 - 25

June 6 - 7, CTA Trail Work Weekend

Fall Weekend, October 3 - 4

I would like help with:

Membership Committee Tools Committee
Trails Committee Publicity

Mail to volunteer coordinator Sandy Finn,
1163 Island Pond Road, Manchester, NH 03109 or,
register at our website www.chathamtrails.org

2015 CTA MEMBERSHIP

Names(s) _____

Address _____

Town/State/Zip _____

Telephone _____ E-mail _____

I/we desire to become a member of CTA or renew membership
for the year 2015. Enclosed is membership dues
of \$5 (five dollars) per person for a total of \$ _____

I/we make an additional contribution of \$ _____
to Chatham Trails Association, Inc.

I/we desire to make a contribution or pledge of \$ _____ to
the Memorial Fund for the protection of trails in the memory of
_____.

Chatham Trails Association is a 501(c)3 organization.

Donations are tax-deductible. Mail this form to

Don Devine, 1375 Fairlane Drive, Ann Arbor, MI 48104

Or visit our website: www.chathamtrails.org

WWW.CHATHAMTRAILS.ORG

www.chathamtrails.org

need even more volunteers, and feeding and housing more volunteers increases our costs. That's why we're always looking for more and new volunteers and ongoing contributions. Our goal is to keep making all of the hiking trails near Cold River Camp better and better.

Consider adopting a section of a CTA Trail. It will be short enough that you'll be able to do basic brushing, trimming, blow-down removal, and drainage maintenance in a few hours and still enjoy a day of happy hiking in the Evans Notch area. And you'll have the satisfaction of knowing your work has benefited all of the local hikers. Too many of our trail miles still need adopters. Email President@ChathamTrails.org for more information.



CTA also partners with CRC Hike Leaders who lead Trail Stewardship Hikes during the summer to introduce CRC guests to the elements of trail preservation, and give them the chance to participate in basic trail maintenance. Talk to your Hike Leaders about taking a few hours of your Cold River Camp vacation to have fun while doing some good work on local trails. There is always a set of CTA trail maintenance tools available for your use. They're in

the closet at the back of the Camp Workshop (Raynor's Roost), and will soon move to the renovated goat house.

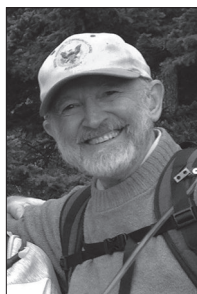
The CTA was created in 1922 by a group of CRC leaders and Cold River Campers. We go back almost to the very beginning of Cold River Camp, which was founded only three years earlier, in 1919. Although the CTA is a separate non-profit, we've been intimately associated with Cold River Camp since our beginning, and we've continued that close association through the decades. The CTA has had many accomplishments over what is now almost a century, including creating new trails, fund-raising to purchase trail corridors, creating trail maps, and negotiating with private land owners.

Have a fun and safe vacation at Cold River Camp and on the nearby CTA trails. Thanks for your support. Let me know if you ever have any questions or suggestions.

Don Devine, President



President@ChathamTrails.org



Don Devine

www.chathamtrails.org

THE WINTER CABIN

During the summer the building known as 'Convent' serves as quarters for female crew. However, in the off season – October 1st through April 30th - it is available as a 'Winter Cabin' rental. The cabin is winterized and has an efficient wood stove to provide heat and, if need be, a cooking surface. There is electricity in the cabin and a small kitchen area. There are six bunks in the bunk room, but there is plenty of floor space if you want to add more. The kitchen is equipped with a microwave oven, a small refrigerator, a two burner hot plate, a coffee maker and a hot water kettle. There is no running water during the off season and guests have use of the outhouse near the cabin. Guests bring their own water, food, bedding and linens. Blankets, pillows and wood for the stove are provided. In the winter, the driveway gates are locked, so a key is provided. A small area at the edge of 113 is plowed at the northern driveway entrance. The road is not plowed beyond this point.

Current rates are \$80/night. Payment in advance is requested. If interested please contact the Winter Cabin Registrar for information and reservations. Please check the online reservation calendar for availability. With confirmation of reservation guests receive cabin instructions and where to pick up the key.

offseasonsignup@gmail.com

the Little Deer Dispatch

If you have any family or friends who would like to receive this Little Deer Dispatch free and to be added to the Cold River Camp mailing list, send name/address to:

Mark Winkler, 17 Southview Street, Pleasantville, NY 10570

www.amccoldrivercamp.org

VOLUNTEER OPPORTUNITIES at AMC-Cold River Camp

Cold River Camp is successful because of the efforts of its many volunteers. All camp activities are overseen by the CRC Committee, a group of volunteers who establish policies for the property, affairs, business and operation of the camp. Other volunteers help with a wide variety of camp projects and activities. Volunteers are the lifeblood of Cold River Camp!

New volunteers are always welcome. If you enjoyed your camp experience, would you be willing to share your talents to make CRC an even better place? You do not need a background in education, recreational management or environmental science, just a simple willingness to help.

Volunteering for CRC is a rewarding experience. Ask anyone who does it!

How Can I Volunteer at CRC?

Volunteering for Cold River Camp takes many forms, and your contributions of time and effort are welcomed in a variety of areas. If you would like more information about volunteering (To volunteer), please contact the Volunteer Coordinator, Antonia Woods, or the Cold River Committee Chair by e-mail or fill out a volunteer form while at Cold River Camp.

Hike Leaders / Naturalists

Would you like to be a hike leader or naturalist? Hike leaders and naturalists receive training and undergo an "apprenticeship" program before they become leaders. They are encouraged to keep their skills sharp by participating in periodic "refresher" sessions. Special interests or a background in these areas are certainly helpful, but people skills, common sense and a willingness to see to it that guests have a good time are much more important.

Maintenance / Facilities

Keeping CRC's buildings and grounds operating properly requires continuing effort. Volunteers perform needed maintenance on work weekends in the spring and fall. Please join us for one or more of these CRC Work Weekends. We get a lot done and have a lot of fun doing it!

People with skills in plumbing, electrical work and carpentry are of course very welcome, but we also need people willing to paint, do landscaping,

prune shrubs and trees, and do assorted simple jobs.

Extension Season Volunteer

During the Extension Season, the dining facility and common areas including bathrooms and the lodge are maintained by volunteers. They also assist the kitchen staff with some prep of meals and cleanup after meals. There is ample time after morning chores and before evening ones to enjoy hiking or other activities. Meals and lodging are provided. You can volunteer for as little as a weekend, to as long as two weeks.

Individual and Committee Activity Involvement

Individuals and committees administer various aspects of CRC life. CRC also hosts a number of weekend conferences and workshops in the off-season, and volunteers make these possible. Some of the current volunteer opportunities are:

CRC VOLUNTEER FORM

- If you would like to be contacted about any of these,
- please circle your choice(s), and mail to:
- **Antonia Woods, Volunteer Coordinator**
- **114 Pleasant S., #104, Arlington, MA 02476**
- **awoods144@gmail.com**
- along with your name, interests, and contact information.



Antonia Woods

- Name: _____
- Address: _____
- City / State / Zip: _____
- Daytime phone: _____ Evening phone: _____
- e-mail: _____
- I am interested in _____
- Hike Leaders / Naturalists
- Facility Maintenance
- Extension Season Crew (Sept.)
- Naturalist Weekend Crew (May)
- Flower Garden Maintenance
- CRC Committee
- Trail Work Weekends (with CTA)
- Camp Opening (May) & Closing (Oct.)
- Conservation & Education
- Land Management and Planning
- Publicity & Communications
- Winter Season Activities
- Assisting in Other Events / Activities

COLD RIVER CAMP 2015 WISH LIST *[as of 1/1/2015]*

The AMC Cold River Camp Wish List is a way to encourage giving to tangible causes to help improve camp life. If you like to see where your money goes, donating to the Wish List could be for you! All contributions are tax-deductible. All donors are recognized on the Cold River Camp website and in The Little Deer Dispatch or can choose to remain anonymous. You do not have to fund an entire item. The AMC Cold River Camp Committee is deeply appreciative of those who can and do give that extra support to the Cold River Camp community with generous gifts of time, money or goods.

2014 Wish List

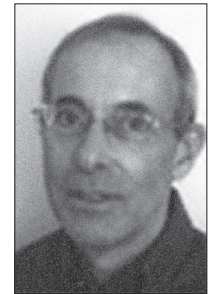
1. Two ceiling fans for the Rec Hall, improving guest comfort during program activities on warm evenings (about \$250 each for durable, good quality).
2. Two blueberry rakes (about \$35-\$60 each, depending on width).
3. Game camera, to see what critters are in camp when we're asleep or not there (about \$500).
4. Garden Fund for additional trees, shrubs, special gardening tools, etc.

In keeping with and helping to preserve CRC's character:

5. Furniture Repair and Replacement Fund (lodge porch, lodge, and cabins: \$ cost varies with repair or replacement).
6. 6 washable wool blankets. (\$90 - \$120 each).
7. Underwriting some or all of the production costs of The Little Deer Dispatch (about \$1500 annually).
8. Twelve "Cold Concepts" platters and bowls, for keeping trail lunch table foods chilled (\$50 - \$85 each, depending on size).
9. Four mattresses for the ongoing "Mattress Replacement Program" (about \$250 each).
10. Better equipage of the Winter Cabin ("the Convent") for an improved guest experience, new or used: sturdy eating table and chairs, armchairs (2), possibly a love-seat; hot plate.

Please contact Gary Munson at amc.crcwishlist@gmail.com if you would like to make a donation. Checks should be made out to the Appalachian Mountain Club (AMC) and sent to Dick Goettle, CRC Treasurer, 433 NH Route 119 East, Fitzwilliam NH 03447, with an indication of what the donation is for. Thank you!

Thank you to our generous donors for providing funding in 2014



Gary Munson

A heartfelt thank you to our 2014 donors from the AMC Cold River Camp Committee on behalf of the Camp community and the Appalachian Mountain Club. We greatly appreciate your generosity in monetary or material donations and recognize your commitment to the present enjoyment and future good.

Thank You!



Don Devine, Steve and Maria Fink, Sue and Patrick Ahearn, Amy Damon Grover and family, Susan Dovell, Ray Dovell, Jr., Andrew Dovell, Jamie and Lisa Doucett, the Washington County PA Community Foundation, David and Connie Beattie, Phyllis and Scott Rowley, Sally Greenspan, Paul Fargis and Dawn Sangrey, Lisa McClellan, Terry Cruikshank, Jim and Angela Liptack, Barbara Krause and Glenn Palmer, Dick and Mary Jane Cheever, David and Mary Graham, Mike and Jocelyn Charles, Phil and Paula Pomerantz, Mary Young and Mark Cobbold, Timothy Theobald, Ann Berry, Rachel and Wendell Green, Vicky Fish and Hugh Huizenga, Norm and Kate Thibeault, Michael and Christine Wainer, Margaret Stassen and David Lindnauer, John and Liz Dean, Ted and Ingrid Barrett.

For the most up-to-date listing of Wish List items, please go to the Cold River Camp Website.

“We love CRC! We enjoy the camp & hiking, we like the groups and getting to know the other guests. We love reading the books and playing the games in the main lodge.” -Guest 2014

“Wonderful folks, a great rhythm to the days, comfy cabins. We love the whole experience, thank you!” -Guest 2014

“We loved the hike leaders and naturalist, and the camp mangers and crew were top notch! The food continues to be outstanding....4 star!” -Guest 2014

CRC Committee

Amy Damon Grover '16
(Chair)
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amc.crcchair@gmail.com

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(Vice-Chair)
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Dick Goettle (Treasurer)
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AMC Cold River Camp
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Summer Managers
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Ned Beecher**
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AMC VMF Chair
John Dean
Wellelsey, MA
H: (781) 235-2150

CRC Key Volunteers

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17 Southview Street
Pleasantville, NY 10570
h: (914) 747-3194

Bill Gross
(Hike Leader Coordinator)
Merion, PA
610-667-3605
wmgross4@verizon.net

Emma Crane
(Naturalist Coordinator)
New London, NH
h: (603) 526-7684

Antonia Woods
(Volunteer Coordinator)
114 Pleasant Street, #104
Arlington, MA 02476
awoods144@gmail.com

Frank Mastro
(Facilities)
Lebanon, NH 03766
h: (603) 443-9978

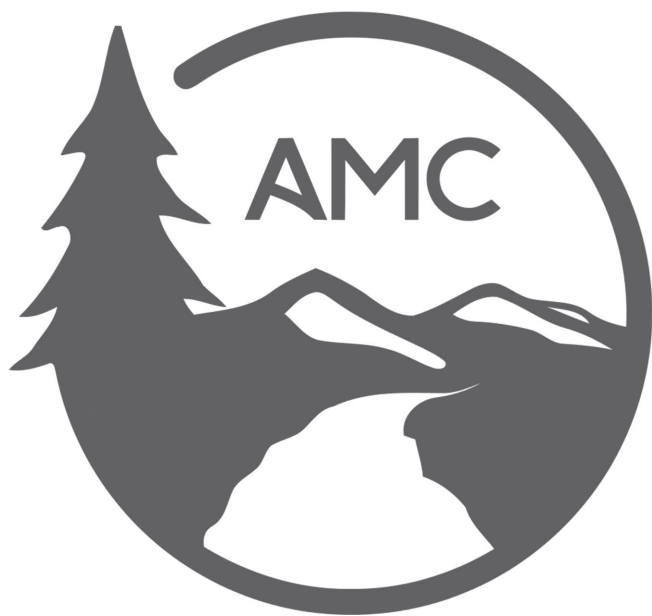
Ted Barrett
(History & CRC Systems)
Chatham, NH
(603) 694-3004

Bill Waste
(Opening Weekend)
Lyme, NH
(603) 795-4440

Bill Fuchs
(Closing Weekend)
Newton, MA
H: (508)-789-9070

Mark Winkler
(The Little Deer Dispatch)
Pleasantville, NY
H: (914)-747-3194

*“We come for the people –
the place – the peace and quiet –
the sense of community.”*



AMC Cold River Camp

amccoldrivercamp.org

& facebook group:

“AMC Cold River Camp”