

COLD RIVER CAMP 2010 WISH LIST

The Cold River Camp Wish List allows interested campers to donate funds toward the purchase of a variety of items for CRC to improve the overall Camp experience in some small or large way. All donations will be recognized and published on the CRC web site and in the winter edition of The Little Deer Dispatch. Donors may elect to remain anonymous if desired. All contributions are greatly appreciated and are tax deductible, and the CRC committee gives their sincere thanks those that have given generously to the Wish List. For the most up-to-date listing of Wish List items, please go to the Cold River Camp Website (<http://www.amccoldrivercamp.org/>).

2010 Wish List

1. Rechargeable fluorescent lanterns for use by those who prefer not to use the kerosene lamps (\$35 each).
2. Three cold beverage containers (\$90 each).
3. Energy efficient washing machine (\$650).
4. Energy efficient dryer (\$550).
5. Two dozen towels (\$ each).
6. Replacement mattresses (\$ each).
7. Replacement piano fund.
8. Two – four new or gently used small (easily portable), open cockpit, single kayaks and paddles (approximately \$450 – \$650 new, depending on model).
9. Underwriting the production costs of The Little Deer Dispatch (\$).
10. Unrestricted donation (amount to be determined and always welcome).

Please contact Frank Mastro (amc.crcchair@gmail.com) if you would like to make a donation. Thank you for your support of CRC!

Again, many thanks for funding in 2009:

1. Full-length mirrors in Women's and Men's room to aid in looking for ticks FUNDED by the Fink/Palmisano Family.
2. Folding Tables, 6ft x 2.5 ft to replace folding card tables used for the lunch table FUNDED by the Fink/Palmisano Family.
3. Step Ladders, 2 - 8 ft ladders FUNDED by the Fink/Palmisano Family.
4. Extension Ladder, 1 - 32 ft ladder FUNDED by the Fink/Palmisano Family •

the Little Deer Dispatch

If you have any family or friends who would like to receive this *Little Deer Dispatch* free and to be added to the Cold River Camp mailing list, send name/address to:
Mark Winkler, 17 Southview Street, Pleasantville, NY 10570

the Little Deer Dispatch

Winter 2010 issue • Number 21

Cold River Camp • AMC

MANAGERS' WELCOME

Exeter, New Hampshire, February 2010

Total Immersion. A crash course in Cold River Camp geography begins in a clockwise pattern from the west: The Baldfaces, Emerald Pool, Eagle Crag, The Royces, Evan's Notch, Caribou and Speckled, Blueberry Ledges, Rattlesnake Pool, Cold River and The Deers, Kezar Lake, Eastman. Back in Exeter, as I was shoveling snow from an early January storm, I let my mind wander back to warmer times and took the mental tour I've just described. Until last June, those places were just spots on a map. For Laurie, Ruby, Sadie and I, they are now all real, reetings! Though it has been a great winter for snow in our hometown of Exeter, NH, we have spent some of it thinking about the summer days ahead. This will be our first summer as managers of Cold River Camp. Laurie and I and our two daughters, Ruby and Sadie, are looking forward to meeting and welcoming you.

This past summer was about total immersion. In the span of a few months we came to love and care for a small corner of the White Mountains tucked away from the rest of the world. We met countless people for whom North Chatham is a home away from home, and who were supremely generous in helping make our transition a smooth one. We learned a lot. We had a fantastic group of staff, crew, and volunteers to work with. We can't wait to get back for another season, and we hope we'll see you there as well.

Welcome back.

Jim DiCarlo and Laurie Barr, Cold River Camp Managers 2010•

*Cold River Camp, AMC***CRC Committee**

Frank Mastro
(Chair) '10
15 Green Street
Lebanon, NH 03766
(603) 443-9978
amc.crechair@gmail.com

Mark Winkler
(Vice Chair) '10
Pleasantville, NY
(914) 747-3194

Dick Goettle
(Treasurer)
West Roxbury, MA
(617) 325-7357

Emma Crane '12
(Naturalist Weekend/
Naturalist Coordinator)
New London, NH
(603) 526-7684

Jim Gorman '11
South Boston, MA
(617) 268-1040

Amy Damon Grover '12
Waterbury, VT
(802) 434-4180

Nancy Kellogg '10
(Member Recruitment)
Chappaqua, NY
(914) 238-3626

Zach Morowitz '11
New Haven, NH
(203) 777-2254

Cheryl Poirier '10
Holden, MA
(508) 853-8538

Mark Weston '12
Arlington, MA
(781) 507-4340

Ted Shwartz '10
(Volunteer Coordinator)
tedshwartz@verizon.net

Winter Address
145 Lloyd Ave
Providence, RI 02906

Summer Address
94 Solemar St
South Dartmouth
MA 02748

Dwight Wilder '11
Somersworth, NH
(603) 692-6898

Mike Zlogar
(CTA President)
mzlogar@comcast.net
Amherst, MA
(413) 253-7522

**COLD RIVER CAMP
AMC**

32 AMC Road
Chatham, NH 03813
(603) 694-3291

CRC MANAGERS
Jim DiCarlo &
Laurie Barr

20 Main Street, Box 2261
Exeter, NH 03886
(603) 772-3849
crcmanagers@gmail.com

Extension Managers
Chris Clyne & Ned Beecher
Tamworth, NH

* * *

Journey back to a simpler time.

CRC Volunteers

Lois Winkler (Registrar)
17 Southview Street
Pleasantville, NY 10570
(914) 747-3194

Meg Holland
(Winter Cabin Registrar)
Somersworth, NH
(603) 692-6898

Bill Gross
(Hike Leader Coordinator)
wmgross4@verizon.net
Merion, PA
610-667-3605

Bob Crane (Webmaster)
New London, NH
(603) 526-7684

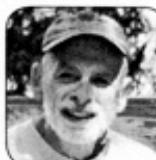
Ted Barrett
Chelmsford, MA
(978) 256-9184
Chatham, NH
(603) 694-3004

Bill Fuchs
(Facilities/ Closing)
Newton, MA
(617) 872-0043 (cell)

Bill & Kathy Waste
(Opening)
Lyme, NH
(603) 795-4440

Jim Weston
(AMC VMF Chair)
Bedford, MA
(781) 275-8034

John Dean (past chair)
Wellesley, MA
(617) 346-9740

*Winter 2010***CHAIRMAN'S WELCOME**

Lebanon, New Hampshire, February 2010

2009 brought many changes to camp. The replacement of Notchview cabin was completed on time for opening. Campers that stayed in Notchview were impressed with how light and spacious the cabin seemed with a great view. The wood stove was much appreciated but especially at closing weekend in October, when I stayed in Notchview. The committee thanks all those who helped to make the new cabin a reality.

Another change was Jim DiCarlo and Laurie Barr taking over as managers. With veteran, assistant manager, Meg Holland's aid and a great crew, Jim's and Laurie's transition was a success. The evaluation sheets had much praise for them. I am happy to let everyone know that Jim, Laurie, and their girls will be returning again this for summer 2010.

Extension Managers, Chris Clyne and Ned Beecher had their challenge with Labor Day coming in the middle of extension. It made for a full camp and a lot of work for the volunteer crew. The committee thanks all those volunteers for their time and love for camp. For those that missed Ned's skunk relocation center in back of the kitchen, I can tell you that several were relocated to locations far from camp. Of course, if Ned had taken the time to take each one, he may have found a couple of returnees. Chris and Ned will return this fall.

As the season wound down, a much appreciated improvement was made for those that used our winter cabin (Convent). Winter campers now have a new composting system located in a well insulated and heated building located just behind the winter cabin. Early reports from those staying in camp have been very positive. The outhouse was officially decommissioned. One of the volunteers from closing will be removing it from camp this spring. Its new use will be as a garden shed.

What to expect for the upcoming 2010 season. First, Camp has ordered more sunshine for July than we got in 2009. Delivery is not guaranteed but we will do our best. You can expect to see old friends and making new friends. The mountains, the streams, and the cold mountain pools on a hot day are there waiting for you. So reserve early and often. Bring friends. Thanks to all of you for your continuing support of Camp.

Frank Mastro, CRC Committee Chair 2009 •

THE CAMP WEBSITE has been enlarged, upgraded and updated to: (1) include full season group photos for each week for the current year and the last three years, (2) provide a manager's announcement page that the managers can update as the need occurs, (3) provide a CRC Wish List for campers interested in donating money toward the purchase of a variety of items for camp, (4) provide information on volunteer opportunities at camp, (5) provide information on the hike and naturalist trip leader program at CRC and the training manuals for trip leaders, (6) describe the natural and camp history, and (7) bring the reservation information and rates for the summer and winter cabin camp seasons, trip leader list, and CRC calendar pages up to date. <http://www.amccoldrivercamp.org/> = Bob Crane •

*Cold River Camp, AMC***CHATHAM TRAILS ASSOCIATION**

22 GROVE PLACE, UNIT 29, WINCHESTER, MA 01890



In 1922 a group of Cold River Camp volunteers formed CTA to improve hiking in the Evans Notch and make Cold River Camp a premier hiking destination. In the early years before the National Forest had a trail system, the "trailbuilders" set out to create new routes and build new trails so hikers could enjoy scenic and interesting areas. As the trail system was established, the efforts of CTA turned to protecting the trails and "the preservation and proper use of the scenic beauty spots and places of historic interest". Beginning in 1984 CTA led efforts to protect the Circle Trail. The project included creation of the current parking area and the purchase of a trail corridor across private land. CTA worked with landowners and led fundraising efforts that resulted in permanent trail access. Today, the volunteers of CTA continue that tradition with stewardship of nearly 40 miles of trails, a task that becomes more important as trail use increases and the Forest Service's budget does not fund enough trail crews.

During the 2009 season CTA reported to the Forest Service 834 hours of work on our trails. On the Memorial Day weekend over 50 volunteers gathered to perform basic maintenance of clearing and repairing hundreds of waterbars and drainage ditches, removing blown down trees and cutting brush along the trails. The volunteers also do an assessment of the trail conditions and work needed. This assessment is an important tool used by CTA and the Forest Service to monitor trail conditions and plan future work. Our second weekend, a National Trails Day event, work continued on trail improvement projects including drainage on Stone House Trail. CTA members partnered with CRC hike leaders for Trail Stewardship Hikes for guests. The hikers learned about trail construction and maintenance and participated in maintenance activities.

Trail Adopters play a key role in keeping the trails in good condition. Trails require constant attention, particularly with drainage, to prevent larger problems. Adopters hike their trail three or four times each season performing basic maintenance and monitoring trail conditions. CTA members have adopted 11 miles of trail. The commitment of these hikers is helping our stewardship efforts become year round. If you would like to be part of the stewardship effort and adopt a trail (or part of a trail) contact us. We will provide tools, training and support.

Our partnership with the Summit Achievement program brought crews of students and members to the Shell Pond Loop Trail to construct some much need drainage. Waterbars, ditches and culverts were constructed to repair the treadway on part of this scenic trail. The value of the program reaches beyond trail improvement. The experience of the students working together, accomplishing a task with very visible results, is an important part of their program.

The Bricket Place wilderness information center is an important asset to Evans Notch. The exhibits describe the history of the area and the National Forest. The USFS, CTA, AMC and CRC are working together to improve the exhibits and keep the center open on more days. This season you will see major improvements to the Brickett Place as a result of a \$400,000 grant to the USFS to restore the building.

Member Ann Landers in cooperation with Barbara Eastman and the Chatham Historical Society have preserved the records and history of CTA. The boxes of records and papers were organized and placed into files that will prevent deterioration. The files are kept at the Chatham Historical Society and can be viewed during open hours. If you are interested in the history of CTA and CRC, plan a visit to the Library and Historical Society in Chatham Center.

Society have preserved the records and history of CTA. The boxes of records and papers were organized and placed into files that will prevent deterioration. The files are kept at the Chatham Historical Society and can be viewed during open hours. If you are interested in the history of CTA and CRC, plan a visit to the Library and Historical Society in Chatham Center.

Plans are in the works for the 2010 season. The traditional spring gathering to open the trails will begin Memorial Weekend, May 28-31. The annual meeting will be Saturday May 29. Our second weekend, June 4-6, is listed as a National Trails Day event and will also be a CRC workday. We will continue the basic maintenance work and undertake some trail improvement projects. At the suggestion of several members the annual meeting will include discussion about resuming the fall work weekend. The weekends will not be all work; there will be plenty of time for old friends to catch up and to welcome new members and enjoy time in Evans Notch.

Please join us for a trail weekend. We welcome new members and trail volunteers. To help us plan for meals, lodging and work we ask you to register for the trail weekends. You can register for the trail weekends at our website (www.chathamtrails.org) or by returning the Volunteer Opportunity by mail to Chatham Trails Assoc., 22 Grove Place, Unit 29, Winchester MA 01890

The success of our stewardship work is not achieved by the boots-in-the-mud, tools-in-hand crews alone. Each hour of trail work is backed by hours of supportive work by members engaged in tool maintenance, sign making, camp chores, office tasks and donations.

As I look to the future years of CTA some goals are:

- Recruit new trail adopters to increase our year round presence on the trails
- Increase participation for the second and fall work weekends
- Identifying members to serve on the Board and as officers
- Increase participation in tool, trail work planning, training and membership committees
- Improve the website and publicity
- Identify members who will attend USFS skills day to attend one of the skill days: May xx, June xx, and help train CTA volunteers
- Writers for American Hiking Society (AHS) grants and USFS Cooperative Project Proposals
- Recruit members and hikers to create and update the Trail logs for all our trails. This involves walking with a measuring wheel and recording scenic spots and interesting features, structures and sites where work is needed. We provide training and equipment
- Improve the financial status of CTA, reverse the trend of the decreasing net worth and securing a strong future.

Our wishes for 2010 are that new volunteers will join us on the trails, that members will step forward to serve on the Board and members will help with the tasks that support the trail work. We need the help of many members to keep CTA strong. Please contact me for more information and to volunteer.

My personal thanks to all of you who supported CTA and contributed to our success through work on the trails, "behind the scenes" support to the trail crews and for your support with dues and contributions. Contributions to CTA, a non-profit 501(c) 3 organization, are tax deductible.

Have a wonderful vacation and enjoyable hiking. As you plan your activities, join us for a work weekend and look for the Trail Stewardship Hike and join us for a day on the trails. For more information or to become a member visit our website: www.chathamtrails.org

*Michael V. Zlogar, CTA President Merritt Foster, Vice President
Corinne Waite, Secretary. Robert Goeke, Treasurer. BOARD OF DIRECTORS: Frank Eastman, Betsy Goeke, Ted Barrett, Ann Landers, Marvin Swartz •*

COLD RIVER CAMP 2010 SEASON RATES

	7/3-9/4	9/4-8
Adult (17-yr & over)	\$510/wk	\$60/day
Youth (12-yr to 16-yr)*	\$425/wk	\$50/day
Child (2-yr to 11-yr)*	\$315/wk	\$50/day
Child under 2-yr*	\$155/wk	\$50/day

*in same cabin with parents/adults. Age is as of 7/1/2010.

All inclusive summer and extension rates cover all meals, lodging, taxes, activities, firewood, ice, and support of AMC programs. Non-AMC members please add 10%. For July/August reservations are full-week, Saturday to Saturday. Partial week reservations only accepted after 6/21 with a minimum stay of 3 nights. The daily rate is 20% of weekly rate. Maximum 10 (ten) names per reservation envelope.

- Deposit of \$200/person/week (\$100/person for extension season).
- All applications clearly postmarked between March 1 and April 1 will receive equal consideration (Do not mail before March 1, 2010). All reservations will be assigned by lottery after April 1. Reservation confirmations by May 1.
- Payment: Only Cash or Checks are accepted. Camp cannot accept credit cards. Make checks payable to AMC-Cold River Camp.
- Please provide self-addressed-stamped-envelope for confirmation/reply.
- Please ensure each and every person registering has provided an appropriately signed AMC release form. Without these forms, the reservation request will be rejected.
- See *AMC Outdoors* March 2010 or amccoldrivercamp.org for further info.

Cancellations received prior to May 30 will obtain a 50% refund of deposit.

No refund will be allowed after that date. Reservation deposits are not transferable. In fairness to those denied space, any cancellations received within two weeks of your arrival date will be billed in full for your entire scheduled stay.

MAIL RESERVATIONS FROM MARCH 1 TO JUNE 21 to: Lois Winkler, Registrar, 17 Southview St., Pleasantville, NY 10570. (914) 747-3194 before 9pm, please.

MAIL RESERVATIONS AFTER JUNE 21 to: Jim DiCarlo and Laurie Barr, Managers, Cold River Camp, 32 AMC Road, Chatham, NH 03813-5201 603-694-3291 •

OPENING WEEKEND 2010 - INVITATION

The Opening Weekend crew is always pushing the limits: how soon can we get the work done on Saturday, how good a time can we have doing it (and afterwards!), etc. This year we are going to push the calendar a bit- if you come up on Friday you can actually spend the last night of April at CRC! Whether it is in April or May that you arrive, think about joining us that weekend for rewarding work, good food, and a wonderful reunion with friends. Families welcome! Contact: Ted Shwartz, tedshwartz@verizon.net Volunteer Coordinator for more information and to RSVP.

Bill & Kathy Waste, Opening Weekend Coordinators •

Journey back to a simpler time.



2010 AMC Cold River Camp Application

Winter 2010

For period (please give choices): 1st _____ to _____ 2nd _____ to _____ 3rd _____ to _____

Preferred location at Camp:

1st _____ 3rd _____ 3rd _____
AMC Membership
(type & number) Children's Age & Sex
(as of 7/1/2010)Names
1. _____
2. _____
3. _____
4. _____
5. _____Address: _____ City: _____ Zip: _____
Home Phone: _____ Work Phone: _____ Car License plate #: _____
Email: _____

Registration Fee Enclosed \$ _____ (\$200/person/wk. in July/Aug or \$100/person in Sept)

- Make checks payable to: **AMC-COLD RIVER CAMP**
- PLEASE include a: **Self-Addressed Stamped Envelope** with reservation request.
- Each person registering must submit with reservation signed copy of AMC release form on back.
- Optional: Emergency Contact or Family Physician: _____ ph: _____

Do not send before March 1, 2009

Signed: _____

Date: _____

Approved January 2006

AMC VOLUNTEER MANAGED FACILITIES**ACKNOWLEDGMENT AND ASSUMPTION OF RISKS & RELEASE AND INDEMNITY AGREEMENT****INTRODUCTION**

PLEASE READ THIS DOCUMENT CAREFULLY BEFORE SIGNING. All participants must sign this Document. For participants under 18 yrs. of age (hereafter sometimes 'minor' or 'child'), one or both parent/s or guardian/s (hereafter collectively 'parent/s') must also sign. In consideration of the services of the Appalachian Mountain Club, Inc., a charitable, not-for-profit corporation, organized and existing under the laws of Massachusetts, and its chapters, including all officers, employees, representatives, agents, independent contractors, volunteers (including leaders and co-leaders), members and all other persons or entities associated with it (collectively referred to in this Document as 'AMC'), I (participant and parent/s 'of a minor participant'), acknowledge and agree as follows:

ACKNOWLEDGMENT AND ASSUMPTION OF RISKS

'Use of AMC volunteer managed facilities and/or instructional, educational and/or adventure activities (which may be scheduled or unscheduled, supervised or unsupervised and/or occur during free or independent time) occur in a variety of locations in the US, and include the 'August Camp' program. Activities may include, but are not limited to hiking, biking, skiing, swimming, maintenance of trails and facilities, canoeing, kayaking, sailing, participant's independent use of AMC canoes or other facilities or use of those facilities in connection with AMC organized trips or activities, and transportation or travel to and from AMC facilities or activities (referred to in this Document as 'activities' or 'these activities'). Leaders of most AMC activities are volunteers. They are not paid professional guides or leaders. In all activities, participants share in the responsibility for their own safety. Participants (and parent/s of minors) take responsibility for having appropriate skills, physical conditioning, equipment and supplies for these activities.'

These activities include inherent and other risks, hazards and dangers (referred to in this Document as 'risks') that can cause or lead to injury, property damage, illness, mental or emotional trauma, paralysis, disability or death to participant or others. Some, but not all of these risks include: hazardous and unpredictable ground, water or weather conditions; misjudgments made by leaders, co-leaders, participants or others;

travel in remote areas that can cause delays in transportsations, evacuation and medical care; equipment that can fail or malfunction; the potential that the participant or others (e.g. co-participant, driver, medical and rescue personnel) may act carelessly or recklessly. I understand that AMC staff leaders or other personnel cannot assure participant's safety or eliminate any of these risks. Participant is voluntarily participating with knowledge of the risks. Therefore, participant (and parent/s of minors) assume and accept full responsibility for the inherent and other risks (both known and unknown) of these activities, and for any injury, damage, death or other loss suffered by participant, resulting from those risks, and resulting from participant's negligence or other misconduct.

RELEASE AND INDEMNITY AGREEMENT

Please read carefully. This Release and Indemnity agreement contains a surrender of certain legal rights. I (adult participant, or parent/s for themselves and for and on behalf of their participating minor child) agree as follows:

- (1) to release and agree not to sue AMC, with respect to any and all claims, liabilities, suits or expenses (including attorneys' fees and costs) (hereafter collectively 'claim' or 'claim/s') for any injury, damage, death or other loss in any way connected with my/my child's enrollment or participation in these activities, or use of AMC equipment, facilities or premises. I understand I agree here to waive all claim/s for my child may have against AMC, and agree that neither I, my child, or anyone acting on my or my child's behalf, will make a claim against AMC, as a result of any injury, damage, death or other loss suffered by me or my child;
 - (2) to defend and indemnify ' indemnitee' meaning protect by reimbursement or payment) AMC, with respect to any and all claim/s brought by or on behalf of me, my child, a family member, a co-participant, or any other person for any injury, damage, death or other loss in any way connected with my/my child's enrollment or participation in these activities or use of AMC equipment, facilities or premises.
- This Release and Indemnity Agreement includes claim/s resulting from AMC's negligence (but not its gross negligence or intentional or reckless misconduct), and includes claim/s for personal injury or wrongful death (including claim/s related to emergency or medical response, assessment or treatment), property damage, breach of contract or any other claim.

I agree that the substantive laws of Massachusetts govern this Document and all other aspects of my relationship with AMC, and that any mediation, suit, or other proceeding must be filed or entered into only in Massachusetts. This Document is intended to be interpreted and enforced to the fullest extent allowed by law. Any portion of this Document deemed unlawful or unenforceable shall not affect the remaining provisions, and those remaining provisions shall continue in full force and effect.

Participant and parent/s of a minor participant agree: I have carefully read, understand and voluntarily sign this Document and acknowledge that it shall be effective and binding upon me, my minor children and other family members, and my heirs, executors, representatives and estate. One or both parent/s must sign below for any participating minor (those under 18 years of age).

Participant Signature	Date	Print name here	Participant	Signature	Date	Print name here
Parent or Guardian Signature	Date	Print name here	Participant	Signature	Date	Print name here
Parent or Guardian Signature	Date	Print name here	Participant	Signature	Date	Print name here

Approved January 2006
Approved January 2006

CRC TRIP LEADERS - 2010 SCHEDULE

Week #1: July 3 - July 10 Chet Kaplan C Bill Darcy Peter Norton N (birds)	Week #2: July 10 - 17 Bill Gross C Dan Huse PN Elli Goeke N (geology)	Week #3: July 17 - 24 Bob Cross C PN Larry Fink Elli Goeke N (geology)
Week #4: July 24 - 31 Norm Marshall Art Wright C PN Dwight Wilder N (NH/local history)	Week #5: July 31 - Aug. 7 Chris McArdle Francie Uptegrove Jim Gorman N C (trees)	Week #6: Aug. 7 - 14 Jim Liptack, Ann Prindle Bob Crane PT N Emma Crane PT N C (climate)
Week #7: Aug. 14 - 21 Bill Fuchs C Ann Piascek PN Ned Beecher N (general, birds)	Week #8: Aug. 21 - 28 Garry Crane C Marvin Swartz Mike & Mary Arnott... ...both as PT N (wildlife)	Week #9: Aug. 28 - Sept 4 Tom Grasso Antonia Woods C PN Mike & Mary Arnott... ...both as PT N (wildlife)
Ext. #1: Sept. 4 - 11 Mark Levine	Ext. #2: Sept. 11 - 18 Susan Keroes	Coordinator, Naturalist, Part Time Leader

Cold River Camp Guests—

Although now many of us are experiencing cold, wintry conditions, we are also looking ahead to the warm, sunny days of summer and once again, returning to our favorite trails and summits. The leader coordinators have compiled the leader roster for Summer 2010 and it is included in this edition of *The Little Deer Dispatch*.

The coordinators are responsible for scheduling leaders for the nine weeks of Camp plus the two weeks of Extension. Our goal is to provide a variety of led hikes with varying degree of difficulty to appeal to all hikers and also to provide information on trail conditions to those campers wanting to hike on their own. If you are unfamiliar with any trail, ask a leader for information. Our leaders have been hiking in the area for a number of years and can offer suggestions for a trail suitable for your abilities and interests. All of our leaders hold current certification in Wilderness First Aid (WFA) or Wilderness First Responders (WFR), CPR, and AMC leader training.

Parents with young children will want to be involved in the Jr. Naturalist program. Booklets are available for different age groups and the Naturalists assist in each week's program. The Naturalists will also lead four hikes each week focusing on their particular interest, i.e. geology, weather, climate, local history, tree identification, birds or wildflowers.

Enjoy winter and look forward to renewing friendships this summer at CRC, and for those who have not experienced CRC, come up and enjoy the peace and quiet of Evans Notch. While at CRC, one can hike, bike, walk, talk, swim, read, paint, eat, or snooze – it's your choice!!!

*Emma Crane, CRC Naturalist Coordinator Bill Gross, CRC Hike Coordinator •
journey back to a simpler time.*

2010 CTA VOLUNTEER REGISTRATION

Names(s) _____

Address _____

Town/State/Zip _____

Telephone _____ E-mail _____

Please register us for work weekend:

Memorial Weekend, May 28-31

June 4-6, National Trails Day Event

I would like help with:

Membership Committee	Tools Committee
Trails Committee	Publicity

Mail to volunteer coordinator Sandy Finn,
1163 Island Pond Road, Manchester, NH 03109 or,
register at our website www.chathamtrails.org

2010 CTA MEMBERSHIP

Names(s) _____

Address _____

Town/State/Zip _____

Telephone _____ E-mail _____

I/we desire to become a member of CTA or renew membership
for the year 2010. Enclosed is membership dues
of \$5 (five dollars) per person for a total of \$ _____

I/we make an additional contribution of \$ _____
to Chatham Trails Association, Inc.

I/we desire to make a contribution or pledge of \$ _____ to the Memorial
Fund for the protection of trails in the memory of _____

Chatham Trails Association is a 501(c)3 organization. Donations are tax-de-
ductible. Mail this form to Robert Goeke, Treasurer, Chatham Trails Associa-
tion, Inc., 22 Grove Place, Unit 29, Winchester, MA 01890
Or visit our website

WWW.CATHAMTRAILS.ORG

WWW.AMC.COLDIVERECAMP.ORG

2010 CRC FACILITIES COMMITTEE REPORT

Several major projects were completed in 2009. The biggest was the replacement of Notchview. The foundation pored in the Fall of 2008 and construction of the building in the spring, right after the snow melted. All the screens and shutters for Ledgeview were replaced. We replaced the east side window which was a screen and shutter only, with glass windows and screens. The glass windows used were recycled from the old Notchview cabin. The Lodge's front screen door was modified so that small toddlers could be seen if they are sitting near the door.

A small heated building was built to house the Sun System composting toilet. The system was started up mid-Oct. Early reports, from campers using the winter cabin, are "thank you". So, for those who have avoided using the winter cabin by the thought of an outhouse in the cold we hope you will sign up. It's a great chance to experience a different Cold River Camp and Evan Notch. The roof leak in the Rec Hall was fixed. It turned out to be the slope of the dormer roof. In fixing that we discovered that all the dormers need to be rehab. Leaking faucets and shower heads continue to plague us. All the faucets in Men's were replaced in the fall. We also replaced one of the shower valves and took the time re-plumb the pipes so that the next time the valve starts to leak it can be easily replaced. For 2010, the major project will be to re-hab the Handicap/Crew's bathroom. Over the years the shower area had deteriorated. Plan will be to sand blast the floor, epoxy paint the floor, replace the shower walls, and panel the remaining walls. As mentioned above, the dormers on the rec-hall will be renovated to better shed water. Their siding will also be replaced.

The committee is looking for 6 - 8 volunteers to help clear underbrush in the center of camp and around cabins. At least two volunteers should be experienced and properly equipped for chainsaw work. The remaining volunteers will be hauling the brush and small trees out to a chipper. This effort will take place on the last weekend of extension, Sept 18 - 19. Lodging and meals provided. Volunteers may arrive Fri Sept 17 and stay thru Mon Sept 20. If interested, please contact Committee Chair Frank Mastro (email amc.crcchair@gmail.com).
::: Facilities Committee •

LOGGING AT COLD RIVER CAMP: *Logging at Cold River Camp has been an ongoing activity. I came across a old publication of Cold River Reflections 1919 – 1986. In 1956 Walt Sharp (a long time manager of CRC) wrote in the CTA Chattering:*

"At nine that evening I heard mutterings ... toward the ravine. On investigation, ... there was a Council Ring of Indian Braves. Chief Hemlock was in council with Springhaven, Baldface, Potter, Big Birch, Mohican, and Tall Pine ... their topic, 'What can be done about our increasing blindness?' Springhaven said he hadn't been able to see Meader. Baldface said he couldn't even see himself. Big Birch thought the Royces had left the area. The Chief wondered whether the new trails by palefaces through the notch had worn down Speckle so it couldn't be seen. They agreed outside help was needed so the called in Millard Chandler. When Millard arrived he started axing about the situation, saw what was needed to be done and now the braves are roaming about with open eyes, please with their new outlook."

A couple of years ago we realized, as Walt Sharp had realized, that the views were gone again. So camp contracted with a local logger to open views in front of the ravine cabins. But logging is a messy

Journey back to a simpler time.

undertaking. A lot of slash was left in the ravine because, as the logger explained, it provided matting for his skidder so that the tires wouldn't leave large gouges in the unfrozen wet earth. Since that time our logger has not been able to get back into the ravine to open additional views because of it being constantly wet.

This past fall, the committee, with advice from the camp's logger and Frank Eastman, decided it was past time to remove the large pine right behind the Lodge. This was a painful decision for all but it had to be made. Several years ago a Large portion of the pine was removed to prolong its life and prevent any damage to the Lodge. At the time we all knew that the tree standing alone, in the path of the winter winds needed to be removed. There was never a question that when the pine did fall, we could expect severe damage to the Lodge. The tree was removed after camp was shutdown for the winter. Frank Eastman and I identified a promising young oak sapling, located just into the blue berry fields. We marked the sapling so that Frank wouldn't cut it when he cuts the fields. In the future this young sapling will provide shade from the late afternoon sun for those who sit on the Lodge porch in our place.

While the logger was in camp, we looked around at the tall trees that have blinded us to the mountains around us. Many were identified and marked. We also marked those trees that posed a danger to our cabins and other buildings. Trees that blocked the light and air, causing roofs to prematurely fail, wood siding to rot were marked. So, as you drive into camp this summer, it may look a little more open because it is. But in 1972, my first year at CRC, I could look out the windows of the cabin my family and I were staying in and see the Baldfaces and the Evans Notch. My cabin was Ledgeview. •

EXTENSION SEASON 2010 -WELCOME

There are many ways to experience Cold River Camp. Summer season is the first experience for most people, with its full service and the warmth and bustle of summer vacation. For some, the exploration and expansion of the Cold River Camp experience leads to a stay at the winter cabin, to see the familiar grounds changed by the cover of snow, or volunteering for a work weekend, to get a peek behind the scenes. But there is an in-between season, short and sweet, that offers a change in season and a peek behind. It is called "Extension." Many would agree with us that Extension is where you probe to the full, rich depths of the Cold River Camp experience. During Extension, campers and the volunteer staff meld. We all walk through the kitchen to pick up our meals, sit together at the tables, and share the day's experiences. For the campers, it is more self-service – you bring your own sheets or sleeping bag and sweep out your own cabin at the end of your stay. Led hikes are offered, but many Extension campers have their own goals and activities: art, solitary walks, yoga, tea. The staff makes all meals and keeps the Camp clean and orderly, but they'll join hikes too and talk with you about yours around the fire in the evening, if you want. It's informal. It's your blank and peaceful canvas of the best days of summer.* For many, Extension becomes a necessary part of the annual rhythm. We and the volunteer crew are here, preparing the canvas for your 3 to 17 days of this other Cold River Camp experience.

- Chris Clyne and Ned Beeber, Extension Season Managers

*The first half of September is statistically dry and clear, with cool nights, long views, and leaves slowly going gold and red. •

www.amccoldrivercamp.org

VOLUNTEER OPPORTUNITIES AT COLD RIVER CAMP

Cold River Camp is successful because of the efforts of its volunteers. All camp activities are overseen by a volunteer committee members assisted by a group of volunteers with special interests and specific responsibilities. The Committee hires the managers and crew for each summer season. Volunteers organize and run a busy off-season schedule of workshops, camp maintenance and trail work. Therefore, when we say that volunteers are the lifeblood of CRC, it's not just an empty phrase -- it really is the truth! New volunteers are always welcome. If you enjoyed your Camp experience, would you be willing to share your talents to make CRC an even better place? You do not need a background in education, recreational management or environmental science -- a simple willingness to help is more important.

How Can I Volunteer at CRC? Volunteering for Cold River Camp takes many forms, and your contributions of time and effort are welcomed in a variety of areas. Please use this form to be contacted (on a "no obligation" basis) about ways you can help CRC.

Hike Leaders/Naturalists: Would you like to be a hike leader or naturalist? Hike leaders receive training and undergo an "apprenticeship" program before they become leaders. Naturalists also receive training. Both hike leaders and naturalists are encouraged to keep their skills sharp by participating in periodic "refresher" sessions. Special interests or a background in these areas are certainly helpful, but people skills, common sense and a willingness to see to it that guests have a good time are much more important.

Maintenance: Keeping CRC's buildings and grounds operating requires continuing effort. Volunteers perform needed maintenance on selected weekends in the spring and fall. Please join us for one or more of these weekends. We get a lot done and have a lot of fun doing it!

People with skills in plumbing, electrical work and carpentry are very welcome. We also need people willing to paint, do landscaping, prune shrubs/trees, do assorted simple jobs, and to cook for the volunteers.

Individual and Committee Activity Involvement: Individuals and committees administer various aspects of CRC life. CRC also hosts a number of weekend conferences and workshops in the off-season. Volunteers make these possible. Some of these opportunities include:

- Maintenance/Facilities
- Extension Season Crew
- Closing Weekend Crew
- Naturalist Weekend Crew
- Flower Gardening
- Annual Reunion Committee
- Winter Season Activities
- Trail Work Weekends (with C.T.A.)
- Camp Opening Weekend Crew
- Publicity & Communication
- Conservation & Education
- Land Management and Planning
- CRC Committee
- Assisting in Other Events /Activities

Journey back to a simpler time.

CRC VOLUNTEER FORM

If you would like to be contacted about any of these,
please circle your choice(s), and mail to:

Ted Schwartz, 94 Sol-E-Mar St., South Dartmouth, MA 02748
(508) 951-0349 • tedschwartz@verizon.net

along with your name, interests, and contact information.

Name: _____

Address: _____

City / State / Zip: _____

Daytime phone: _____ Evening phone: _____

e-mail: _____

I am interested in _____

(Optional: I have skills or a background in
which I think may be useful to the Camp.) •

THE CONVENT WINTER CABIN

During the summer the building known as 'Convent' serves as quarters for female crew. However, in the off season - October 1st through April 30th - it is available as a 'Winter Cabin' rental. The cabin is winterized and has an efficient wood stove to provide heat and, if need be, a cooking surface. There is electricity in the cabin and a small kitchen area. There are six bunks in the bunk room, but there is plenty of floor space if you want to add more. The kitchen is equipped with a microwave oven, a small refrigerator, a two burner hot plate, a coffee maker and a hot water kettle. There is no running water during the off season and guests have use of the outhouse near the cabin. Guests bring their own water, food, bedding and linens. Blankets, pillows and wood for the stove are provided. In the winter, the driveway gates are locked, so a key is provided. A small area at the edge of 113 is plowed at the northern driveway entrance. The road is not plowed beyond this point. Current rates are \$60/night for the 1st four guests, \$10/night for each additional guest. Payment in advance is requested. If interested please contact the Winter Cabin Registrar for information and reservations. With confirmation of reservation guests receive cabin instructions and where to pick up the key.

*Meg Holland, Winter Cabin Registrar 603-692-6898
mitymeg@comcast.net •*