

the Little Deer Dispatch



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**AMC COLD RIVER CAMP
NORTH CHATHAM, NEW HAMPSHIRE**

SUMMER 2017 ◊ NUMBER 36
44° 14' 10.1" N 71° 0' 42.8" W



*Front Row (L to R): Jim, Eva, Fiona, Tyra, Sam, Lucas, Henry, Laurie, Ruby
Back Row: Zachary, Lucy, Miranda, Marissa, Claire, Nate (Photo by Sadie)*

WELCOME TO COLD RIVER CAMP, FROM YOUR MANAGERS AND CREW

We are looking forward to our ninth season as summer managers at Cold River Camp! We're so grateful for the help of Liz and Jared Murphy, who will be filling in for us again as mangers in the middle of this season. Liz and Jared and their kids Charlie and Ferron are looking forward to another great summer in NH.

We are also excited to welcome back Nate Fuchs as assistant manager. Nate is a long-time CRC guest and worked on crew for two summers. We are so lucky that Zachary Porter will be heading up the kitchen staff again this year! Long-time CRC'er Fiona Graham rejoins him as our Assistant Cook. Zachary and Fiona will be joined in the

kitchen by Eva Thibeault, a crew member from last year.

We've hired a fantastic and energetic crew for this season. Our lone returning crew member, Claire Hawkins, brings both a savvy understanding of the inner workings of camp as well as a penchant for contra dancing. Marissa Fink worked as fill-in crew and has been coming to camp for years. Miranda Grover and Lucy Sinclair have been guests at camp for many years past.

Joining them are some new faces: Lucas Estrada, Henry Hirschfeld, Sam Kenney and Tyra Wynn. All of them will work hard to keep Cold River Camp running smoothly and are excited to hear your stories. But now it's time to settle in and get down to the business of summer. Relax and enjoy your stay. Welcome Back!

*Laurie Barr & Jim DiCarlo
Cold River Camp Managers*

2017 Staff

Laurie Barr & Jim DiCarlo, Managers, Exeter, NH

Liz & Jared Murphy, Managers (Weeks 2 to 5), Morrison, CO

Nathaniel Fuchs, Assistant Manager, Mattapoisett, MA

Connie Morse, Assistant Manager (Weeks 8 & 9), Exeter, NH

Zachary Porter, Head Chef, New Durham, NH

Fiona Graham, Assistant Cook, Wilton, NH

Eva Thibeault, Prep Cook, Auburndale, MA

2017 Crew

Lucas Estrada, Boxboro, MA

Marissa Fink, Holmdel, NJ

Miranda Grover, Bolton, VT

Claire Hawkins, Exeter, NH

Henry Hirschfeld, Hopkinton, NH

Sam Kenney, Bangor, ME

Lucy Sinclair, Beverly, MA

Tyra Wynn, Queensboro, NY





EXTENSION SEASON 2017 VOLUNTEERS

Barb Bloomberg, Tamworth, NH

Garry Crane, Nashua, NH

Jennifer Crowley, Bridgeton, ME

Bob & Betsy Goeke, Winchester, MA

Ann Landers, Quincy, MA

Jack Lutz, Shelburne, VT

Frank Mastro, Lebanon, NH

Bill & Joan Mountford, Deerfield, NH

Ed Parsons, Tamworth, NH

Neil Portnoy, Kittery, ME

David Roy, Concord, NH

Sue Talhouk, Portsmouth, NH

Corinne Waite, Weymouth, NH

Nancy Walsh, Papoose Pond, ME

CHANGES AFOOT:

The Lodge is set for a major revamp that will transform your dining experience at Camp. Plans are under way to expand our Conant Lodge north dining porch to a larger dining room that will seat all guests together, freeing up the space between the back of the fireplace and the kitchen for other uses. Construction will begin this fall and complete in the spring, to be ready for our 2018 season.

Look for drawings and a project description in the Lodge and also on our web site under the 'About CRC' tab. Feedback can also be provided through the self-identified box in the lodge or by email to the Cold River Camp Committee chair Gary Munson. Come back next summer and enjoy our new dining room!

CRC CENTENNIAL

THIS WAY TO GENERATIONS OF GREAT OUTDOORS EXPERIENCES

Your help is needed as we approach the 100-year mark of Cold River Camp's existence. Submit your favorite CRC experience and become part of the written history of Cold River Camp. Keep reading to find out how.

The CRC 2019 Centennial will be here in less than two short years. You and your experiences at Cold River Camp are an important part of the history of the Camp. We need your help so that we can include them in our new Cold River Camp Centennial History, which we are now in the process of writing.

The Centennial Subcommittee encourages you to submit a short (up to one written page) description or story of one of your favorite Cold River Camp experiences. We may include some of these submissions - part or all - in the Camp's 100 year history that will be posted on the CRC website, and available in limited print copies.

You are welcome to become a part of the written history of Camp whether this is your first time, you have been a guest for decades, or anything in between.

Submit your favorite experience by sending an email to John Dean at jdean53a@gmail.com. Make sure to include your name, and the name of others mentioned, and the date. It can be the exact date, or the rough date - e.g., summer 1995. You may also include one picture to highlight the experience. Please include the date, the location, and the people in the photo. For further questions, please contact John Dean.

And finally, turn to page 26 of the *Little Deer Dispatch* to test your knowledge of Camp lore!



WELCOME FROM YOUR TRIP LEADERS

To our guests at Cold River Camp:

The tradition of led hikes continues at CRC. Our leaders have spent many years hiking in the area around CRC and in the White Mountains and are willing to provide information to guests who want to hike on their own. With only two hikes being offered each day, and access to the Wilderness Areas limited, more of our guests will be organizing their own hikes. Guidebooks, including the most recent AMC White Mountain Guide and Don Devine's Cold River Camp, A.M.C. Hiking Guide 7.1 2012 are available to borrow in the Conant Lodge. Copies of Don Devine's guidebook are available for purchase in the office.

Our trip leaders have one goal in mind – to see that our guests have a safe, enjoyable vacation at our beloved CRC. For your safety, all of our CRC leaders are currently certified in Wilderness First Aid, CPR and AMC Leadership.

Wherever your footsteps take you, take time to relax, enjoy the view, pick the blueberries, breathe in the clean mountain air and admire the native flora and fauna. Take time at CRC to read that book you've been neglecting, paint, nap or swim at the Dam. With your trail guide, follow the Conant and Tea House Paths. Always enjoy Zachary's great cooking. Step back in time, away from our current world of stress and relax at CRC, ready to return to the "real" world invigorated and ready for its challenges.

In keeping with CRC's Sustainability Policy, remember that there are many hikes of varying degrees of difficulty within Evans Valley – from rocky summits to cool, inviting pools – some of which can be done from CRC on foot. If you must drive, carpooling is always encouraged.

Looking for new areas to explore? Here are two suggestions.

First, for parents with young children or anyone looking for a quiet and protected hike on a rainy day, Province Pond is an ideal destination. At the end of the trail and overlooking the pond there is a shelter where one can stay dry while enjoying their CRC lunch.

The AMC's White Mountain Guide, copies of which are available to borrow from the library shelves in Conant Lodge, has the driving instructions to the trailhead.

The trail heads northwest up Province Brook on a logging road. After descending slightly and swinging north, it crosses Province

Brook on a bridge shortly before reaching the south end of Province Pond on a grassy bank. Pause here by the dam and look for dragonflies and swallows skimming the surface of the pond and aquatic insect life. The shelter is visible directly across the pond. Returning to the logging road, continue along the east shore of the pond and, at the north end of the pond, follow the trail left through the woods to the shelter. The distance from the trailhead to the shelter is 1.6 miles with a height gain of 400 feet.

Second, for strong hikers looking for a longer, more challenging hike with the option of walking back to CRC, one should consider the trails in the Red Rock Mountain area. Again, consult the AMC White Mountain Guide for driving instructions to the beginning of the Miles Notch Trail. The Miles Notch Trail follows old logging roads into the valley of Beaver Brook and in 3.2 miles reaches the Red Rock Trail. Continue on the Red Rock Trail heading west to the ledgy summit of Red Rock Mountain and follow the ridge over Butters Mountain and to the next col to the west between Butters and Durgin Mountains. Here one can continue on the Red Rock Trail to the summit of Speckled Mountain and return to CRC via the Bickford Brook, Blueberry Ridge, Stone House or the White Cairn Trails and, eventually, the Leach Link alongside Cold River. Depending on which route you choose, this would be a 12 to 14 mile hike.

Another option begins back at the col west of the summit of Red Rock Mountain. Here, following the Great Brook Trail will lead you back to your car within 100 yards of the Miles Notch Trail. Descending on the Great Brook Trail you will pass interesting cascades along the way.

Mileage for the second option: Miles Notch Trail to Red Rock Trail, 3.2 miles with 1,700 ft. elevation gain. Red Rock Trail to Great Brook Trail, 3.4 miles with 250 ft. elevation gain. Great Brook Trail to within 100 yards of Miles Notch Trailhead, 3.7 miles, 1,500 ft. elevation loss.

Remember that most of the trails in this area are in the Caribou-Speckled Mountain Wilderness and hiking groups should contain no more than 10 people.

See you on the hiking trails! ♦

*Your leader coordinators
Emma Crane, Naturalist
Bill Gross, Naturalist*

HELPFUL HIN

Here is a glimpse into the new possibilities that draw us back each year to CRC. Are you new to Camp? Did you think you had exhausted all the options? Let us share some of the customs that old timers know to make a week at camp even more enjoyable.

Packing List: Summer hikers know that they need good boots and socks, raincoats and warm layers, water bottles, maps, sunscreen, and bug repellent, in addition to snacks and lunch, before they hit the trail. At CRC, close to brooks and rivers, some people pack a swimsuit and light towel, or even water shoes, for trips. Some prefer to pack lunch in reusable containers (i.e., sandwich boxes and snack cups) from home to reduce waste.

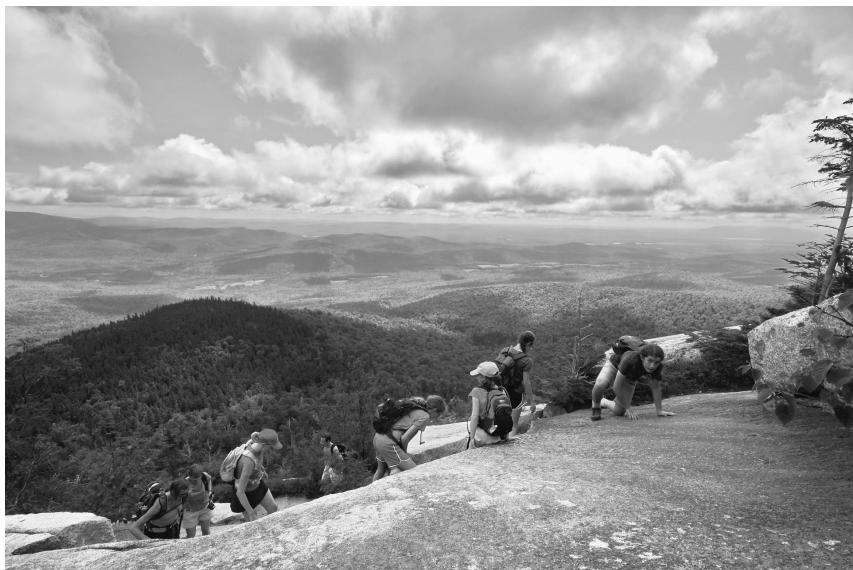
Enjoy time in Camp: CRC is first and foremost a hiking camp, but it is also so beloved in large part for the camaraderie that can be found so easily just inside the gate. The buildings were designed to encourage people to enjoy each other's company, but also to provide retreat and relaxation. How do campers while away the day when they just don't feel like hiking? Reading, drawing, or napping on the porch is refreshing. Some spend part of the day picking from the low-bush blueberry meadow. Gardeners enjoy the garden around the porch, designed with local and xeriscaping plants, complete with a map and botanical names. The garden is full of birds, especially hummingbirds, for the ornithologists.

The Rec Hall, with a piano and a ping pong table, is the spot for evening programs. Guests can read through naturalist materials on the walls and tables. The buildings provides a great option for rainy day activities.

The Camp Library is for people who crave quietude and a good book, or perhaps to catch up on a little unfinished work. For children, the Lodge provides a well-loved collection of books for all ages in addition to board games and cards. Rather than a rigorous day hike, some campers enjoy the gentle trails that encircle Camp: the Conant Path and the Tea House Trail, both of which lead to the Cold River and can be combined into one nice loop. Small children enjoy the varied woodland views along the Conant Path, which starts behind the Cox cabin, skirts along a farm property, then descends to the river, providing lots of puttering opportunities in little streams. Occasional benches along the way, glimpses onto the river, and a variety of colorful mushrooms and flora are a treat to discover.

The Tea House is a screened gazebo, a soothing spot with

TS FOR CRC



Hikers make their way up the Ledges of South Baldface.

the sounds of the brook and the river just below. Campers enjoy this retreat for art projects, reading or a quiet picnic lunch.

Early mornings at Camp are magical. The sunrise cresting over Little Deer, lighting the Baldfaces, draws early birds to the Porch where the weather update is posted and hot coffee, tea, or hot chocolate is waiting before the horn blows. On cold mornings, the fire in the Lodge draws people together before breakfast to plan their day's outing.

Other Tips: Some pack a sleeping bag or comforter instead of heavy wool blankets. Families with children prefer battery operated lamps to the traditional kerosene lanterns. Wool blankets under the bottom sheet make the bed warmer.

Outings or Activities: Campers enjoy a post-dinner drives to Moose Blind or Deer Hill Bog Blind; Esther Williams Pool (on the Wild River) for a slightly warmer swim; Sebago Lake beaches and Songo Locks; Antiquing in Bethel; Eastman Homestead Day on the Farm; Square Dancing in the Rec Hall; Games on the Lawn (soccer, badminton, Frisbee, tether ball); the Playground; Pre-breakfast hikes up Little Deer; Sing-a-longs; Finding and exploring lesser known Trail such Speckled's Cold Brook Link Trail to the Ledges, Albany Basins, Grafton Notch, Mount Sabbath; Lowe's Bald Spot; and Rumford White Cap. ♦

AMC COLD RIVER CAMP RESERVATION POLICY

Summer and Extension Seasons Full Week Reservations:

- Full week reservation requests are accepted by mail beginning January 1st.
- Reservations requests postmarked from January 1st through January 31st are processed using a lottery system.
- Applicants excluded from their first choice of dates will receive immediate consideration for any alternative dates they have listed. Inclusion of alternate dates will not reduce your chance of getting your first choice.
- Reservations postmarked February 1st are welcome and will be considered in the order in which they are received, and after all those postmarked in January have been processed.

Summer Season Partial Week Reservations:

- Reservation requests for the Cold River Camp Sampler (3 or 4 night stay with a Saturday arrival or departure) are accepted beginning March 1st, subject to availability.
- Partial week reservation requests, with a required two night minimum, are accepted beginning June 20th, subject to availability.

Extension Season Partial Week Reservations:

- Partial week reservation requests, with a required two night minimum, are accepted beginning March 1st subject to availability.
- Fall Foliage Self-Service. September 10 - October 5 (excluding some weekend nights). Reservations can be made up to 2 hours prior to arrival. No deposit required.
- Contact Ned Beecher for off-season reservation requests at (603) 387-7869 or offseasonsignup@gmail.com.

Deposits:

All reservations require a deposit.

- Regular season: \$200 per person
- Extension season: \$100 per person. Reservation deposits are not transferrable.
- Cash or check accepted; please make checks payable to AMC Cold River Camp.
- At this time, Cold River Camp cannot accept credit cards or electronic payments.

- The entire deposit is applied to your bill. The remainder is payable at Camp.

Cancellations:

- Cancellations received prior to April 1st will receive a 50 percent deposit refund.
- No refunds allowed after April 1st.
- Payment in full is required if a cancellation request is not received at least 14 days prior to scheduled arrival.

We would be happy for you to become members of the AMC during your stay at Camp to void the 10 percent non-member surcharge.

Reservation requests from January 1st to June 20th:

Lois Winkler, Registrar

17 Southview St., Pleasantville, NY 10570

(914) 747-3194

Calls before 9 PM, please.

Reservation requests after June 20th:

Managers, AMC Cold River Camp

32 AMC Road, Chatham, NH 03813-5201

(603) 694-3291



GUEST INF

HOW MAY WE ASSIST YOU? We want your stay to be comfortable and enjoyable. If we can be of service, please ask the Staff or Crew.



IMPORTANT TIMES:

For early risers, coffee is available in the Lodge after **6:30am**.

RISING HORN sounds at **7:00am**.

BREAKFAST HORN (second horn) at **7:30am**.

DINNER HORN at **6:00pm**.

Please be prompt for all meals.



TRAIL LUNCHES are made by individual guests from the lunch table either before or after breakfast. Please supervise children.

DAILY TRIPS led by qualified leaders are announced at breakfast.

WANDERER'S LIST is on the Lodge porch. Please sign if you plan your own hike or trip away from Camp.



ALCOHOLIC BEVERAGES are to be consumed in the privacy of your cabins.

CABIN CHECK-OUT TIME is by 10:00am to give crew time to clean. Please feel free to remain at Camp after leaving your cabin.

CHAMBER POTS are available in the Service Room by Men's Laundry. Please clean & return them to the Service Room at the end of your stay.

CHILDREN: It is expected parents will assume responsibility for their children at all times. Children may not stay in Camp during the day without the direct supervision of a parent or an assigned guardian.

DO NOT DISTURB: Outside your cabin door is a small wooden rectangle: one side green, one side yellow. This is a "do not disturb" sign. If you turn the yellow side outward, the crew will not enter your cabin.

ELECTRONIC DEVICES: Device use in the Lodge, the Lodge Porch, and Library is limited to reading. Any form of device communication (voice/text/email, etc., incoming or outgoing) should be done discretely, away from other guests and away from the common spaces mentioned above. Device use for personal entertainment (e.g., watching videos or playing video games) is limited to the guest cabins, and at voice levels unobtrusive to guest passers-by. Cords and device charging are to be kept within the confines of the changing station area in the Rec Hall.

FORMATION

ICE is available from the ice machine to the right of the back door of the kitchen.

LAMPS: If you are unfamiliar with kerosene lamps, ask for help or request the use of a battery operated lantern during your stay.

FIRE IS AN EVER-PRESENT HAZARD. Fire extinguishers and smoke detectors are strategically placed in every cabin. Please **DO NOT** leave cabins with oil lamps lit or fires burning. Please use fire screens at all times and **DO NOT** leave children unattended in cabins.

LAUNDRY may be done in the Service Room by the Men's Lavatory. Cabin clothes lines should be used for the drying of clothes.

LIBRARY is open 24 hours a day for quiet reading or writing time.

LINEN: Clean sheets & towels are furnished once a week. Each guest receives an additional clean towel on Wednesday. Please leave soiled items near your cabin door for Wednesday AM pickup.

OFFICE is open as announced or upon request.

PARKING in Camp is for registered guests only. Please use designated areas. A permit is required to park in National Forest areas. Permits may be obtained at the Office.

QUIET TIME is from 9:30pm to 7:00am. The Lodge is an excellent place to socialize at night. However, for those guests wishing to use the Lodge, Porch or Tea House late at night, please remember that other guests are sleeping and sounds carry very well at night.

RECYCLING: Barrels are outside of Housekeeping for all materials to be recycled (glass, plastic, cans). Please help us conserve.

REPAIRS needed should be reported to the Managers, or written on the "Fix-It" list on the Lodge porch. Critical repairs should always be reported directly to the Managers.

SMOKING IS NOT ALLOWED anywhere on Camp property including or around any building. Fire is always a danger.

TELEPHONE: A guest telephone is on the west side of the Housekeeping shed for outgoing calls (credit card or reverse change basis only). The phone number is (603) 694-2918. Incoming emergency calls may be directed to the camp's business phone at (603) 694-3291.

WASTEBASKETS may be emptied into barrels by Housekeeping. "Chez Pig" is for kitchen scraps only and not to be used by guests.

WATER is available by tap. Arrangements can be made for a daily water delivery to your cabin at your request.

WOOD is available in the Wood Shed. Please pick up your own or ask a staff or crew member if you need assistance. ♦

NATURALIS

During each week of the summer season at Cold River Camp (CRC) one of our trip leaders is a naturalist, familiar with the natural world in New England. While the naturalists will lead trips, they are also a source of information to the guests. They are very willing to share their knowledge of special places in the area including: Deer Hill Bog Wildlife Blind (USFS) (11 minute drive) best visited early morning or after dinner. Frogs, turtles, ducks, beaver, geese and, if lucky, moose can be seen.

Lord Hill Mine (15-30 minute drive, 45-90 minute hike depending on trail used). Easy hike to a lunch spot with a great view and a mine for the young at heart. Safety goggles and hammers are available at CRC – check with the naturalist or manager.

Leach Link - Cross the CRC Dam, turn left and follow the trail for a mile alongside Cold River before ending at Stone House Road. At Stone House Road there are two options to return to CRC. Either turn left toward Rte. 113 and then left on Rte. 113 or return via Leach Link.

For a longer hike, turn right on the Stone House Road to access the trails on Blueberry Mountain or Shell Pond. More detailed trail descriptions can be found in the AMC's White Mountain Guide or Don Devine's Cold River Camp, A.M.C. Hiking Guide 7.1 2012 – copies of which are available to borrow in the Lodge. Copies of Don Devine's trail guide can be purchased at CRC's office.

In camp, take along your copy of the Tea House Path – Conant Path Nature Trail Loop guide included in your packet of CRC information and leisurely walk the trail along Cold River. Please note that the Conant Path has been extended along the pasture (between markers 18 and 19) at a much gentler grade. The former steep trail over the edge of the Kame Terrace has been discontinued.

Along the way, a granite memorial bench on the Conant Path invites you to relax and listen to Cold River as it makes its way south. The screened Tea House, on the Tea House Path, invites you in to spend time and enjoy the sounds of nature.

Other special activities include walking along Wild River; picking blueberries on Blueberry Mountain, Black Cap or Baldface Knob; enjoying a quick dip into Emerald or Rattlesnake Pools; discovering aquatic wildlife around Basin and Province Ponds; exploring mines; finding abandoned ruins from the CCC and logging periods of

T PROGRAM

local history; and locating Esther Williams Pool.

New this year we have copies of two of the AMC's Junior Naturalist Activity Books, for one for guests ages 5-8 and the other for ages 9-12. Upon completion of the requirements, our Junior Naturalists will be awarded patches and certificates at the Friday evening Talent show. Parents, and grandparents are encouraged to work with their children/grandchildren in fulfilling the requirements. During the week, our Naturalist is available for advice and help oversee this program. We also have a coloring book for our very young guests.

Field guides for wildflowers, trees, birds and stars are available in Conant Lodge for guests to borrow. Look for *Naturally Curious* by Mary Holland – a well-written photographic field guide and month-by-month journey through the natural world of New England. There are also books for children in the Jr. Naturalist Library in the Conant Lodge, as well as equipment for water studies in the Recreation Hall's Naturalist Toolbox.

*Emma Crane
Naturalist Coordinator*

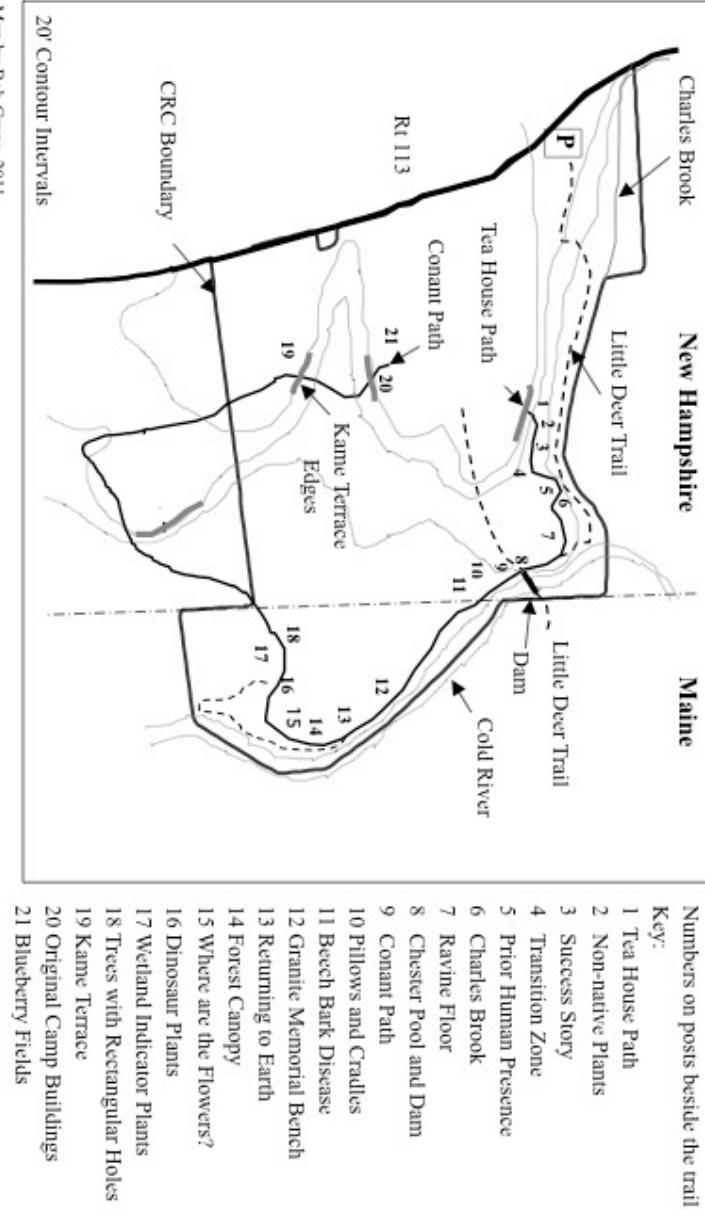


AMC Cold River Camp

NATURE TRAIL

Numbers on posts beside the trail

Key:



FOOD STATEMENT 2017

CRC takes pride in serving appetizing, hearty and healthful family-style meals, and strives to provide a variety of options to appeal to a diversity of guests' tastes.

TYPICAL DAILY MENU:

Breakfast - hot and cold cereal; fruit; an egg dish, pancakes, or french toast, often accompanied by a breakfast meat.

Lunch - Variety galore on the trail lunch table, including assorted breads, deli meats, cheeses, PB & J, veggies, fruit and snack items.

Dinner - salad, home made bread, a main entrée accompanied by at least one vegetable side, and dessert.

Soy milk is available at all meals.

With advanced guest notification we can often meet vegetarian, lactose-free, and gluten-free diets. We can also accommodate some food allergies. Due to the nature of our family style food service and finite kitchen resources, we provide a pre-planned menu for each meal. Please call the camp managers *prior to your week* to discuss accomodating your dietary needs.

Please note: CRC does not provide Lactaid milk; guests are welcome to bring their own to be stored for them. Guests with gluten free diets are asked to bring gluten free pasta, bread, and muffin mix for the camp chef to prepare. Ice is available for guests that choose to bring coolers to store their preferred snacks and beverages.



COLD RIVER CAMP GARDENS

No, gardens are not the reason most people come to Cold River Camp, but who among us hasn't sat on the Lodge porch and admired what's in bloom among the native plantings right over the railing? Or strolled to the Rec Hall or Library and admired the striking foliage and blooms of the shrubs and perennials? Or walked along the Tea House and Conant Paths and admired the many native woodland plants along the way?

There are a number of ways to enjoy and learn more about the gardens at CRC, whether you are a novice or a seasoned gardener. There is an updated plan drawing of the Lodge gardens (hanging just inside the Lodge entrance) so that you can identify all the plantings. Most are native to Maine and New England, so you can see which do well in our growing area. There is a new Garden Resource Book in the Lodge that includes an information sheet on each of the trees, shrubs and perennials to be found in the CRC gardens, a history of the gardens and how they evolved over time, and a list of garden chores by month that you might help with.

The Garden Committee at CRC is a group of passionate gardeners and volunteers who love this special place and work on Opening and Closing weekends and periodically throughout the summer to maintain Camp's natural beauty.

We welcome volunteers during the summer season to help out in the gardens! Just take a look in the Resource Book at the list of chores for the month you are at Camp, get some tools and gloves from the garden shed, and pick a patch of garden that needs some tender, loving care. It's a perfect way to spend a few hours when you need a lay day from hiking.

GARDENS CONTACT INFO:

Jackie Cressy

PO Box 74

Bethel, ME 04217

H: (207) 824-0508

rivendel@megalink.net

Susan Dovell

30 Tolman Road

Harrison, ME 04040

H: (207) 583-8054

C: (703) 989-7190

susan.dovell@gmail.com

You may discover a new native plant you want for your own garden; you may be able to finally identify a flower you always wondered about; or you may choose to spend an afternoon with a sketch pad and paint brush with the gardens as your subject. One way or the other, we hope the CRC gardens provide you one more way to add to your knowledge and enjoyment of the natural beauty that surrounds us in these beloved New Hampshire mountains.

*Susan Dovell & Jackie Cressy
CRC Gardens*

2017 CRC LEADER SCHEDULE

WEEK 1 JUN 24-JUL 1 TOM D'AVANZO CARLA DOW JIM GREANEY (C) ELLEN SILVERMAN (N) (PLANTS)	WEEK 2 JULY 1-8 CARLA DOW CHRIS MCARDLE (C) PETER NORTON (N) (PLANTS/ANIMALS)	WEEK 3 JULY 8-15 IAN DUNCAN LARRY FINK (C) ERIK HOBBIE (N) (BIRDS/MUSHROOMS)
WEEK 4 JULY 15-22 CHRIS MCARDLE RICH TAYLOR C JENNY LANE N	WEEK 5 JULY 22-29 DEBORAH KEARNEY CHRIS MCARDLE NED BEECHER (N, C) JOANNA EASTON (YOGA)	WEEK 6 JUL 29-AUG 5 DEBORAH KEARNEY KENT SINCLAIR JIM GORMAN (N,C) (TREES)
WEEK 7 AUG. 5-12 GARRY CRANE JIM LIPTACK (C) JIM GORMAN (N) (TREES)	WEEK 8 AUG. 12-19 MARK LEVINE (C) BILL DARCY MATT VADEBONCOEUR N (ECOLOGY)	WEEK 9 AUG. 19-26 TODD FLAGG BILL FUCHS (C) JIM GREANEY (N) (GENERAL)
EXTENSION #1 AUG. 26 - SEPT. 2 TODD FLAGG	EXTENSION #2 SEPT. 2-3 GARRY CRANE	EXTENSION #3 SEPT. 3-9 MARK LEVINE

KEY: C = COORDINATOR; N = NATURALIST

VOLUNTEER OPPORTUNITIES AT AMC COLD RIVER CAMP

Cold River Camp is successful because of the efforts of its many volunteers. All camp activities are overseen by the CRC Committee, a group of volunteers who establish policies for the property, affairs, business and operation of the camp. Other volunteers help with a wide variety of camp projects and activities. Volunteers are the lifeblood of Cold River Camp!

New volunteers are always welcome. If you enjoyed your camp experience, would you be willing to share your talents to make CRC an even better place? You do not need a background in education, recreational management or environmental science, just a simple willingness to help.

Volunteering for CRC is a rewarding experience. Ask anyone who does it!

How can I volunteer at CRC?

Volunteering for Cold River Camp offers many opportunities, and your contributions of time and effort are welcomed in a variety of areas. If you would like more information about volunteering, please contact the Volunteer Coordinator, Antonia Woods, or the Cold River Committee Chair by email - or fill out a volunteer form while at Cold River Camp.

Hike Leaders and Naturalists

Would you like to be a hike leader or naturalist? Hike leaders and naturalists receive training and undergo an "apprenticeship" program before they become leaders. They are encouraged to keep their skills sharp by participating in periodic "refresher" sessions. Special interests or a background in these areas are certainly helpful, but people skills, common sense and a willingness to ensure that guests have a good time are equally as important.

Maintenance and Facilities

Keeping CRC's buildings and grounds operating properly requires continuing effort. Volunteers perform needed maintenance on work weekends in the spring and fall. Please join us for one or more of the CRC Work Weekends each year. We get a lot done and have a lot of fun doing it! People with skills in plumbing, electrical work and carpentry are of course very welcome, but we also need folks willing to paint, do landscaping, prune shrubs and trees, and assorted simple jobs.

Extension Season Volunteer

During the Extension Season, the dining facility and common areas, including bathrooms and the Lodge, are maintained by volunteers. They also assist the kitchen staff with some meal prep and cleanup after meals. There is ample time after morning chores and before evening ones to enjoy hiking or other activities. Meals and lodging are provided. You can volunteer for as little as one weekend, to as long as two weeks.

Individual and Committee Activity Involvement

Individuals and committees administer to various aspects of CRC life. CRC also hosts a number of weekend events in the off-season, which are made possible by volunteers. Some of the current volunteer opportunities are listed in the form below:

CRC VOLUNTEER FORM

If you would like more information about any of the following options, please circle your choice(s) and mail to:

Antonia Woods, Volunteer Coordinator

114 Pleasant Street #104, Arlington, MA 02476

awoods144@gmail.com

along with your name, interests, and contact information.

Name: _____

Address: _____

City / State / Zip: _____

Daytime phone: _____

Evening phone: _____

Email: _____

I am interested in: _____

- Hike Leaders / Naturalists
- Facility Maintenance
- Extension Season Crew
(Sept.)
- Flower Garden Maintenance
- CRC Committee
- Trail Work Weekends (with
CTA)
- Camp Opening (May) &
Closing (Oct.)
- Conservation & Education
- Land Management & Plan-
ning
- Publicity & Communications
- Assisting in Other Events/
Activities

CHATHAM TRAILS ASSOCIATION

2062 MAIN ROAD, CHATHAM, NH 03813

Welcome back to the trails in the vicinity of Cold River Camp, some 40 miles of which are maintained by the Chatham Trails Association. Our thanks to the many volunteers and donors who make our work possible.

New CTA Trail Maps! The new CTA Evans Notch area Tyvek Trail Map is hot off the presses and available for sale in the CRC Office. It is fully updated. On the reverse is an insert map of trails right around Camp blown up to twice the usual scale. The new map folds to fit in your shirt pocket.

The Trail Sign Project. CTA maintains informative signs on all of its trails. Signs wear out. Replacements are expensive. Each spring and fall we auction 10 well-worn signs from familiar trails to fund the on-going sign replacement costs. These eBay auctions are short. Register your email address at www.ChathamTrails.org to be notified when the next auction will take place.

New CTA Toolshed. It's next to the woodshed in the parking lot. Take a look. It's a major step forward in housing, organizing and maintaining CTA tools. It was constructed in the fall of 2016 by four volunteers. Materials were discounted by Hancock Lumber, and all costs were donated by an anonymous donor. Thank you.

IMPORTANT Announcement! We need a few more key people to help run CTA. In particular, we need a Vice President to help run things now and step up to be CTA's next president. There are also several openings on the CTA Board. I live right next door to Camp. I'm around all summer. Talk to me to suggest nominees and to find out more.

We depend on Volunteers. We run three trail work weekends each year based right here at Camp. Volunteers at all levels of experience are welcome. We provide the tools, training, supervision, room and board, and a spirit of camaraderie. Maybe also you have college age children or grandchildren who'd like to organize a group at their school to join us. It's great fun. Contact me for more information.

Upcoming Trail Work Weekends (plan to arrive Friday if you can)
September 30-October 1, 2017

May 26-28, 2018 (Memorial Day weekend)

June 2-3, 2018 (National Trails Day)

September 29-30, 2018

2017 CTA VOLUNTEER REGISTRATION

Name(s) _____

Address _____

Town/State/Zip _____

Telephone _____

Email _____

Please register us for work weekend:

Fall 2017 Sept. 30-Oct. 1

Spring 2018 May 26-28

Summer 2018 June 2-3

Mail to volunteer coordinator, Ingrid Barrett

2003 Main Road, Chatham, NH 03813 (from 5/1 to 10/15)

7 Hemlock Road, Hanover, NH 03755 (from 10/15 to 5/1)

or register at our website www.ChathamTrails.org

2017 CTA MEMBERSHIP

Name(s) _____

Address _____

Town/State/Zip _____

Telephone _____

Email _____

I/we desire to become a member of CTA or renew membership for the year 2017. Enclosed is memberships dues of (\$5) per person for a total of \$_____

I/we wish to make an additional contribution of \$_____ to Chatham Trails Association, Inc.

I/we desire to make a contribution or pledge of \$.... to the Memorial Fund for the protection of trails in the memory of _____

Chatham Trails Association is a 501(c)3 organization.

Donations are tax-deductible. Mail this form to

Steve Fink, 2062 Main Road, Chatham, NH 03813

www.ChathamTrails.org

Register for work weekends at www.ChathamTrails.org.

Adopt a portion of one of your favorite hiking trails. Contact Trailmaster@ChathamTrails.org.

◊

Your generosity makes our work possible. Our direct cost to put a one volunteer on trail maintenance for one day is almost \$50.

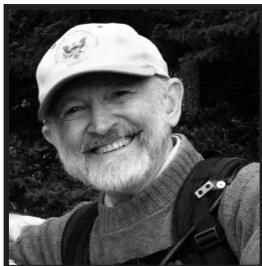
Please consider adding a generous CTA donation to your CRC bill at check-out. Or mail donations, made out to CTA or Chatham Trails Association, to our Treasurer, Steve Fink, 2062 Main Road, Chatham, NH 03813, Or donate on our website at www.ChathamTrails.org. (CTA is a New Hampshire non-profit corporation and a federal 501c3.)

In addition to funding our work weekends, CTA costs include tools, materials, insurance, government filings, website, supporting the information center at the Brickett Place, trail maps, and more. Other hiking trail maintenance clubs, including the AMC, charge their volunteers something to cover room and board. CTA has always been able to provide comfortable quarters and great meals at Cold River Camp at no charge to our volunteers.

CTA Endowment. The balance of the CTA endowment is now about \$115,000. 4% of the average balance over the previous five years is available annually to fund projects above and beyond what CTA can accomplish during its regular work weekends. Such projects are expected to include contracting with a professional trail crew, buying more extensive materials, and renting equipment. Please remember the CTA endowment with a bequest in your will. Contact President@ChathamTrails.org for more information.

Some History. CTA has always been a part of Cold River Camp, although we are not a part of the AMC. CRC was founded in 1919, after which the initial guests, the founders and the managers recognized the need for a trail maintenance club. They started CTA in 1922. We

have always operated out of CRC and about half of our volunteers are regular CRC guests. Other volunteers are principally folks who live nearby and others who are frequent hikers in the White Mountains.



Don Devine

President@ChathamTrails.org ◊

AMC COLD RIVER CAMP

2017 SCHEDULE

January through May

- January 1-31 Guest Full Week Registration Lottery Open (L. Winkler)
February 1 Guest Full Week Reservations Accepted, First Come First Served
April 1 Guest Partial Week Reservations Open
May 12 Winter Cabin Closes For Winter Guest Use
May 12-14 Camp Opening and Work Weekend (Waste, Kenyon, Mastro)
May 19-29 Open for Group Off Season (OSM)
May 26-29 CTA Work Weekend #1 / CTA Annual Meeting (Devine)

June through August

- June 2-4 CTA Trail Work Weekend #2 (Devine)
June 9-11 Group Event Reserved
June 17-23 Summer Season Preparation Week

June 24-July 1 CRC Guest Week 1
July 1-8 CRC Guest Week 2
July 8-15 CRC Guest Week 3
July 15-22 CRC Guest Week 4
July 22-29 CRC Guest Week 5
July 29-August 5 CRC Guest Week 6
August 5-12 CRC Guest Week 7
August 12-19 CRC Guest Week 8
August 19-26 CRC Guest Week 9
August 26 *End of Regular Summer Season*

August and Beyond

- August 26 - Sept. 10 CRC Extension Season (Ext. Managers - Clyne & Beecher)
September 4 *Labor Day*
Sept. 10 - Oct. 7 Open Fall Foliage Self Service Use/Caretaker Basis (excluding some weekend night)
September 15 -17 Group Event Reserved
September 22 - 24 Open for Group Use Off Season
Sept. 29- Oct. 1 CTA Trail Work Weekend #3 (CTA - Devine)
October 6-9 CRC Camp Closing (Columbus Day Weekend)
Oct. 6 - May 2018 Winter Cabin Open For Group Use

COLD RIVER CAMP HISTORY QUIZ

How well do you know Camp's history?

1. For many years Cold River Camp used locally cut ice for summer refrigeration needs. What year did Cold River Camp install "artificial refrigeration" because ice was no longer being cut in the region, and then convert the old icehouse into a bunkhouse to house part of the crew? Also, what was the name of the crew bunkhouse?
2. In 1919, when the Camp began, CRC purchased a second hand station wagon to pick up guests and for other local trips. However, this vehicle became unreliable because of the constant need of repair. A Chevrolet Suburban Carryall eventually replaced it. How many seasons did the original station wagon last?
3. Greeley bathhouse was recently renovated and expanded. This structure, which is located between Cox and Ledgeview cabins, was originally constructed as a result of a large gift from Mrs. Nelson Sprague Greeley in memory of her husband. If you visit the facility you will note that there is a brass plaque mounted on the building with additional information. What year was the original construction started?

Answers on page 30.



It is believed that this photograph depicts the Camp's original circa 1918 station wagon in front of the North Chatham Post Office.

COLD RIVER CAMP 2017 WISH

LIST

The AMC Cold River Camp Wish List is a way to encourage giving to tangible causes to help improve camp life. If you like to see where your money goes, donating to the Wish List could be for you! All contributions are tax-deductible. All donors are recognized on the Cold River Camp website and in the *Little Deer Dispatch* or can choose to remain anonymous. You do not have to fund an entire item. The AMC Cold River Camp Committee is deeply appreciative of those who can and do give that extra support to the Cold River Camp community with generous gifts of time, money or goods.

2017 WISH LIST

1. 1. Game camera, to see what critters are in camp when we're asleep or not there (about \$500).
2. Garden Fund for additional trees, shrubs, special gardening tools, etc.
3. Furniture Repair and Replacement Fund (lodge porch, lodge, and cabins: \$ cost varies with repair or replacement).
4. 6 washable blankets. (\$90 - \$120 each).
5. Underwriting some or all of the production costs of The Little Deer Dispatch (about \$1500 annually).
6. Four mattresses for the ongoing "Mattress Replacement Program" (about \$250 each).
7. Better equipage of the Winter Cabin ("the Convent") for an improved guest experience, new or used: sturdy eating table and chairs, armchairs (2), possibly a love-seat; hot plate.

Contact Emma Crane at amc.crcwishlist@gmail.com if you have questions about making a donation. Checks should be made out to the Appalachian Mountain Club (AMC) and sent to Dick Goettle, CRC Treasurer, 433 NH Route 119 East, Fitzwilliam NH 03447, with an indication of what the donation is for.

THE WINTER CABIN



During the summer the building known as “Convent” provides housing for six crew members. From October to early May, Convent is available for guest rentals as the “Winter Cabin.” Winter in Evans Notch is no less appealing than the summer. Most Winter Cabin guests hope for lots of snow so they can ski, snowshoe and enjoy winter hiking followed by a cozy night in a warm cabin with friends.

The cabin features a six-bed bunkroom, with floor space for additional guests, and a multipurpose area equipped with a small kitchen area and wood stove. There is a small refrigerator, a microwave, a coffee maker, a toaster, and a hot water kettle in the kitchen. Plates, mugs, bowls and cookware are also provided. The cabin is winterized and has electricity, but please note: there is no running water. Guests bring their own water, food, bedding and linens. Blankets, pillows and wood for the stove are provided. In the winter, the camp driveway gates are locked, so a key is provided. A small area at the edge of Route 113 is plowed at the northern driveway entrance. The road is not plowed beyond this point.

Current rates are \$85/night. Payment in advance is requested. If interested please contact the Winter Cabin Registrar for information and reservations. The CRC website has more information about the cabin and a calendar that shows its availability.

offseasonsignup@gmail.com

FALL AND SPRING OPPORTUNITIES

Mid-May to mid-June:

Minimum stay: 2 nights

Minimum group size: 15 (1 leader stays free)

\$75/person/night (all meals included)

NEW! Bird Camp! Birders gather during peak migration for led birdwalks to myriad habitats, evening programs, expert advice, & hearty meals in the relaxed comfort of Camp. 94 avian species were seen in 2017! May 17 - 20.

Mid-September to mid-October:

Minimum stay: 2 nights

Minimum group size (weekends only): 15 (1 leader stays free)

\$75/person/night (all meals included)

Fall Foliage Self Service:

September 10 – October 5 (excluding some weekend nights)

During peak foliage, let Camp be your peaceful base to explore the explosion of color on the trees in the White Mountains. You'll have your own cabin; bring a sleeping bag or sheets, a pillow case, & towel. The bathhouses, with hot showers, will be available, as will all Camp facilities. Use the Camp kitchen to prepare your meals. \$40/night (2 night minimum). Available September 10 - October 5 (excluding some weekend nights). Reservations can be made up to 24 hours in advance.

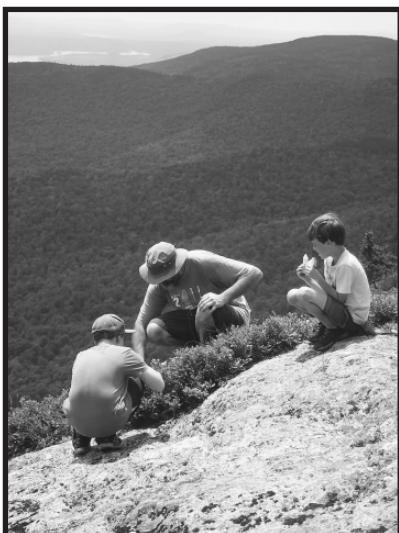
Contact Ned Beecher, OSM, offseasonsignup@gmail.com or 603-387-7869.





HOW WELL YOU KNOW CAMP: THE TRUTH REVEALED.

Answers: 1. Artificial refrigeration at Camp began in 1948. The crew bunkhouse is called, The Ice House. 2. The original station wagon lasted 35 seasons, and was replaced at the end of the 1953 season. 3. Construction of Greeley began in 1955. 4. This may seem like a bit of a trick question, since Notchview is still a ravine cabin. But after more than 88 years of use, it was determined that the cabin would have to be moved back from the ravine due to stability issues. Since it was not practical to move the cabin, the old Notchview was demolished and a new Notchview ravine cabin was built a little further away from the ravine in 2009.



CRC Committee (as of 12/2016)

Gary Munson (Chair)
Dover, NH
amc.crcchair@gmail.com
John Dean (Vice Chair)
Wellesley, MA
amc.crc.vicechair@gmail.com
Dick Goettle
(Treasurer)
East Fitzwilliam, NH
H: (603) 585-3311
dgoettle@aol.com
Frank Mastro
(Facilities Manager)
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(603) 443-9978
Don Devine
(CTA President)
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Chatham, NH
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Susan Dovell
(Gardens)
Harrison, ME
susan.dovell@gmail.com
Ted Barrett
(History & CRC Systems)
Chatham, NH
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crc.facilities@gmail.com

Bill Gross
(Hike Leader Coordinator)
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wmgross4@verizon.net
Antonia Woods
(Volunteer Coordinator)
Arlington, MA
awoods144@gmail.com
Bill Waste
(Opening Weekend)
Lyme, NH
(603) 795-4440
Bill Fuchs
(Camp Closing Weekend)
Newton, MA
(508)-789-9070

Jim Kenyon
(Work Weekend)
Westborough, MA

AMC Contact

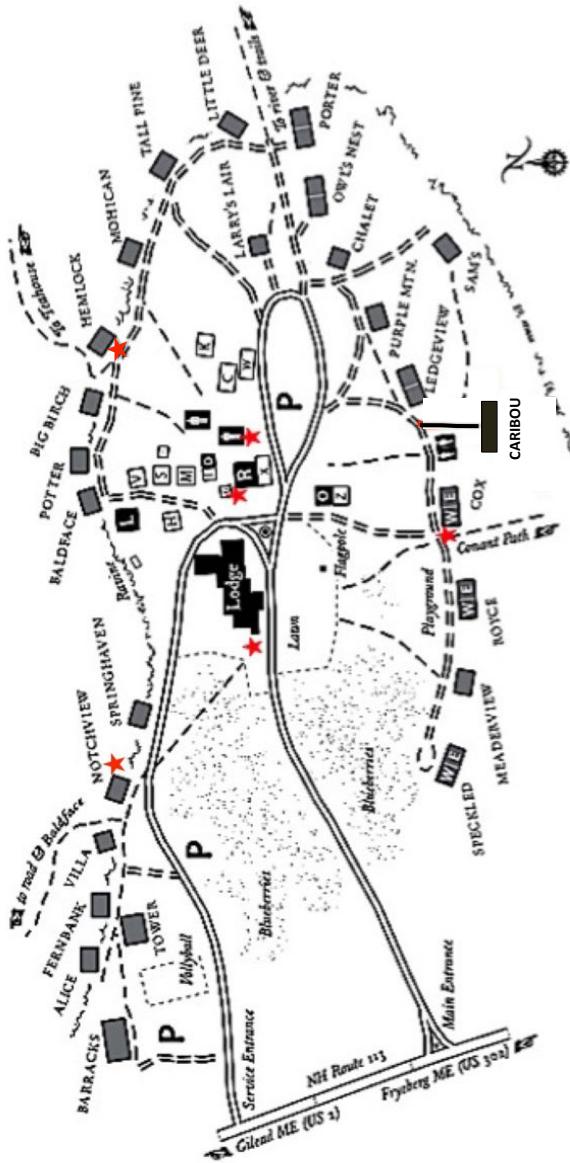
Nancy Grant
AMC VCC Director
Strafford, VT
ngrant@outdoors.org

Key Volunteers
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(Registrar)
Pleasantville, NY
H: (914) 747-3194
Mark Weston
(Website & Facebook Coordinator)
Arlington, MA
mark.william.weston@gmail.com
Kate Morris
(*The Little Deer Dispatch*)
Washington, D.C.
(978) 500-7682
Emma Crane
(Wish List, Education & Conservation, History, Naturalist)

Cold River Camp
AMC Cold River Camp
32 AMC Road
Chatham, NH 03813-5201
Office: (603) 694-3291 ♦

COLD RIVER CAMP, A.M.C.

32 AMC ROAD • CHATHAM, NH 03813 • 603-694-3291



- PUBLIC FACILITIES
- STAFF FACILITIES
- CAMPERS CABINS
- HANDICAP ACCESS

- | | |
|----------------|-------------------|
| CONVENT (CREW) | ICE HOUSE (STAFF) |
| DRY ROOM | KAY'S CABIN |
| GARDEN SHED | LIBRARY |
| HOUSEKEEPING | MONASTERY (CREW) |
- The INITIAL LETTER OCCURS WITHIN THE FACILITY SYMBOL

- | | |
|---------------------|-----------------------|
| VATICAN (STAFF) | OFFICE |
| WOODSHED | PARKING |
| X ~ MANAGERS' QTRS | REC HALL |
| Z ~ ASS'T MANAGER'S | SHOP (RAYNER'S ROOST) |