

# the Little Deer Dispatch



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**AMC COLD RIVER CAMP**

**NORTH CHATHAM, NEW HAMPSHIRE**

SUMMER 2019 ♦ NUMBER 40

44° 14' 10.1" N 71° 0' 42.8" W



### **GREETINGS FROM YOUR MANAGER, STAFF AND CREW!**

**W**elcome to all Cold River Campers, new and old! After a long chilly spring, summer has finally arrived in the Valley and I am excited to embark on my first summer as Camp Manager.

Kate Keefe from Windham, ME will be joining me as assistant camp manager. Kate is familiar with AMC having been a hutmaster and croo member for other AMC locations. New head chef is Cher Anderson from Nelson, NH. Cher has extensive food service experience and is sure to create some happy bellies. The three of us are excited to make your camp experience one to remember whether it's delicious meals, fun activities, peaceful porch gazing , long hikes or soaking your feet in the river. We'll be here with the crew working hard to make sure camp runs smoothly during your stay.

A beautiful summer in Evans Notch is just ahead. I can't wait to welcome all our guests into camp, listen to your stories, learn more about this historic place and enjoy the views with all of you. Now on to relaxing and adventuring! Enjoy your time at camp.

**Jennilee Sirois  
Cold River Camp Manager**

#### **2019 Staff**

**Jennilee Sirois, Kate Keefe, Cher  
Anderson, Tim Mertic, Kinga  
Csikszentmihalyi**

#### **2019 Crew**

**Samara Green, Kyra Byrne,  
Karina Ricker, Charlotte Blum, Kate  
Weinberg, Sophia Bereaud, Ryan  
Konon, Yukon King**

## CRC CENTENNIAL

*Cold River Camp celebrates its centennial year in 2019! This historic occasion will be commemorated throughout the summer and extension season. Take time to visit the new Centennial Rocks sitting area in Camp, and read Emma Crane's new retrospective of Camp history, Reflections: 100 Years of Friendship and Hiking at AMC Cold River Camp.*

### A BRIEF HISTORY OF COLD RIVER CAMP

Appies (members of the Appalachian Mountain Club (AMC)) first visited the Evans Notch area before 1879. In 1883, Miss Pychowska wrote an article for Appalachia of their experiences on the Royces and the luxurious ferns on the banks as they descended the valley of “The Great Cold River.” In 1885 AMC members were actively encouraging the construction of Hurricane Mountain Road.

August Camp was held at Cold River in 1913 and in 1917, an excursion based at Chandler Farm for fourteen Appies was held. On repeat trips in 1918 and 1919, the members eyed the vacated “Ledges” owned by Rev. Dean Robbins. The property included the main bungalow with kitchen L (now Conant Lodge), three 18' by 36' cottages (now Office, Cox and Library), Tower, Chapel (now Barracks), tennis court and a cold spring, all on 38 acres of semi-cleared land.

At first the AMC Council was hesitant about purchasing “Ledges” but with donations from the Purchase Committee members and after R. B. Lawrence, founder of Three Mile Island Camp subscribed \$500 to the purchase fund, all hesitancy was removed. Dean Robbins gave all of the furnishings in the buildings and Theodore S. Conant wrote a check for \$5,000, the purchase price so that any contributions could be used to equip and expand the camp.





*A familiar CRC vista from an earlier era!*

Papers were passed on June 27, 1919. With a capacity of 18 beds in six buildings and four tents, 37 guests were accommodated during the first year. Soon guests were donating funds to build additional cabins alongside the ravine.

Formal led hikes began in 1924 with the addition of "Chief Guide and Sports Leader" to the staff. Our trip leaders now are volunteers who share their knowledge of the trails and nature with our guests.

Over the years we have acquired additional land alongside Cold River in both New Hampshire and Maine and now own 100+ acres. Our number of cabins has also increased to 26 with additional buildings for our crew and staff. We also have one cabin available for winter use, Convent, which is insulated and very popular. More recently we have added a bike shed/van garage building which will allow guests, crew and staff to store their bicycles in a protected area.

A printed guide is available for the Tea House Path and Conant Path nature trails. Walkers along the trail will also find plant identification labels. One access point is between Big Birch and Hemlock cabins and the other is between Cox and Royce cabins.

## **HOW ARE WE CELEBRATING OUR 100TH BIRTHDAY?**

The celebration of our 100th birthday officially began during Opening Weekend, May 11, 2019. Under sunny skies and with a gentle breeze, Gary Munson, Cold River Camp Committee (CRCC) Chair welcomed over 70 guests and volunteers. Among our guests were grandchildren of William "Pa" Bicknell.

Our retiring recent managers, Jim DiCarlo and Laurie Barr, along with daughters Ruby and Sadie, were presented with a painting in appreciation of their efforts and guidance throughout the past ten years.

John Dean, CRCC Vice Chair, then introduced our 25-Year Time Mailbox and deposited the first two letters in it, and then revealed a copy of the bronze plaque which will be embedded on one of the Centennial Rocks before this summer season begins.

Gary Munson introduced John Judge, Executive Director, Appalachian Mountain Club who presented the 2019 AMC Community Builder Award to our long time friend and supporter, Roger Damon.

And since a birthday needs a cake - the celebration concluded with cake and lemonade for all!

### **OUR SUMMER CELEBRATION ACTIVITIES**

1. Each week will include a hike along the Bicknell Ridge Trail, which is the only trail in the White Mountain National Forest laid out and cleared by Cold River Camp staff, crew and guests along with members of the Chatham Trails Association (CTA). The trail was a dream of William "Pa" Bicknell, a long time camper and member of the first Cold River Camp Committee from 1919 to 1934. Upon his death in Camp in 1941, his friends at Camp received permission from the Forest Service to build the Bicknell Ridge Trail in his memory.
2. Early each week there will be a powerpoint/video of the making of the Bicknell Ridge Trail. This will include excerpts from a video made back in 1941 showing the actual cutting of the trail.
3. The Centennial Rocks Sitting Area has been established on

the front lawn. This sitting area allows our Camp to both commemorate its centennial and create a new gathering spot. All of the rocks are locally sourced. One of the rocks will have a brass plaque embedded that will show the distance and directions to many of our guests's favorite hiking locations.



4. There will be an opportunity for the children of today to share their Cold River Camp experiences in a special 25-year Time Mailbox. The main contents of this mailbox will be single page letters written by children up to age 18 during the Centennial summer. Topics might include their favorite hike, food, or experience during their week at CRC. The Mailbox will also accept letters from adults who would like to have their experiences included, using the same single page format. Paper and pens will be available in the Rec Hall. When the letter is finished, fold it into thirds and just slide it through the slot on the front near the top of the green Time Mailbox which is mounted on a wall just inside the Rec. Hall on the right side. No envelope or stamp is required! The mailbox will be re-opened during the summer of 2044.
5. A proclamation of our centennial written by our Cold River Camp Chairman, Gary Munson, will be read early in the week during the dinner hour.
6. Each week one evening will feature a special centennial dessert, followed by a hearty rendition of "Happy Birthday" by all.
7. Memorabilia including centennial t-shirts, patches, pins, water bottles, playing cards, postcards and bandanas along with copies

of our centennial book, *Reflections: 100 Years of Friendship and Hiking at AMC Cold River Camp*, will be available for sale.

## **EXTENSION SEASON ACTIVITY**

Dave Govatski, a historian and naturalist who spent his career working for the Forest Service will present his Fires in the White Mountains/WMNF program on Sunday, Sept. 1, at 7:30 pm at Camp. This will be a joint birthday party for CRC's 100th and Chatham Historical Society's (CHS) 30th. We'll create a special pre-program dessert for community members, served at 7:00 pm on the Lodge porch. Dave is well-known in this area as an entertaining and knowledgeable presenter. We're lucky he's available. We're collaborating with Jeanne Eastman who is the current president of the CHS. Be sure to add this to the list of 100th anniversary events!



## **BUILDING UPDATES**

**C**onant Lodge renovation planning is still ongoing! We want to hear from you, so please submit your comments online. For the latest updates and to find the feedback portal, check out our Lodge planning tab on the CRC website under the "About" section.

Other building updates: we continue to research and plan for potential upgrades to Mens, including all-inclusive stalls and showers, and overall increased accessibility. We look forward to more of your suggestions and comments for making the current Mens bathhouse as welcoming, efficient, and practical as possible. We look forward to hearing more from the CRC community. Feel free to send your thoughts directly to Anna D'Avanzo and/or Sally Morris, [adavanzo5@gmail.com](mailto:adavanzo5@gmail.com) [swmorris978@gmail.com](mailto:swmorris978@gmail.com) or take advantage of the Guest Survey during your week at Camp.

# **WELCOME FROM YOUR TRIP LEADERS**

**To our guests at Cold River Camp:**

**T**he tradition of led hikes continues at CRC. Our trip leaders have spent many years hiking in the area around CRC and in the White Mountains and are willing to provide information to guests who want to hike on their own. With only two hikes being offered each day for most weeks, and access to the Wilderness Areas limited, we expect that many guests will choose to organize their own hikes, but you are welcome to join led hikes. For those interested in planning their own routes, guidebooks, including the most recent AMC White Mountain Guide and Don Devine's Cold River Camp, A.M.C. Hiking Guide 7.1 2012 are available to borrow in the Conant Lodge. Copies of Don's guidebook are available for purchase in the office.

Our trip leaders have one goal in mind – to see that our guests have a safe, enjoyable vacation at our beloved CRC. For your safety, all of our CRC leaders are currently certified in Wilderness First Aid, CPR and AMC Leadership.

Wherever your footsteps take you, take time to relax, enjoy the view, pick the blueberries, breathe in the clean mountain air and admire the native flora and fauna. Take time to read that book you've been neglecting, paint, nap or swim at the Cold River Dam. With your trail guide, follow the Conant and Tea House Paths. And always enjoy the great cooking.

Step back in time, away from our current world of stress, and relax at CRC, ready to return to the "real" world invigorated and ready for its challenges.

In keeping with CRC's Sustainability Policy, remember that there are many hikes of varying degrees of difficulty accessible within the Evans Notch region – from rocky summits to cool, inviting pools – some of which can be reached from CRC on foot. No cars needed! If you must drive, carpooling is always encouraged.

Please remember that there is a maximum of 10 hikers per group when venturing into any Wilderness Area.

Looking for new areas to explore, particularly on a cloudy, rainy day? Try Province Pond.

Province Pond via Province Brook Trail. This trail provides an easy hike into Province Pond where there is a WMNF shelter, making an ideal destination for a wet day. The trail begins at the end of Peaked

Hill Rd., (FR 450), 2.6 miles from South Chatham Rd. Peaked Hill Rd. leaves South Chatham Rd. 5.5 mi. from ME 113 in North Fryeburg, ME and 0.9 mi. north of the end of Hurricane Mountain Rd.

The trail leaves the north end of Peaked Hill Rd., heading northwest up along Province Brook on a logging road. After descending slightly and swinging north, it crosses Province Brook on a bridge shortly before reaching the south end of Province Pond on a grassy bank. Turn sharp right here (no sign) and follow a yellow blazed path along the east shore of the pond to Province Pond Shelter on the north side. The trail gains 400 feet in 1.6 mi. with a book time of one hour.

Our hike leaders and naturalists are volunteers willing to share their love of hiking and the natural world with our guests. This year our hike leaders and naturalists include:

**Week 1:** Jim Greaney, Annie Hope, MaryStarr Hope, and Ellen Silverman

**Week 2:** Tom D'Avanzo, Annie Hope, MaryStarr Hope, and Chris McArdle

**Week 3:** Ian Duncan, Larry Fink and Jim Greaney

**Week 4:** Jenny Lane, Chris McArdle and Chester Osborne

**Week 5:** Jim Gorman, Jenny Lane, and Cheryl Poirier

**Week 6:** Jim Gorman, Deborah Kearney, and Kent Sinclair

**Week 7:** Rena Deitz, Jim Gorman, and Mark Levine

**Week 8:** Jim Greaney, Annie Hope, and Jim Liptack

**Week 9:** Mike Arnott, Bill Fuchs, and Jim Greaney

**Extension:** Garry Crane, Mark Levine and Rich Taylor

See you on the hiking trails!

*Your leader coordinators,*

*Bill Gross, Trip Leader Coordinator*

*Jim Greaney, Naturalist Coordinator*



## **HELPFUL HINTS FOR CRC**

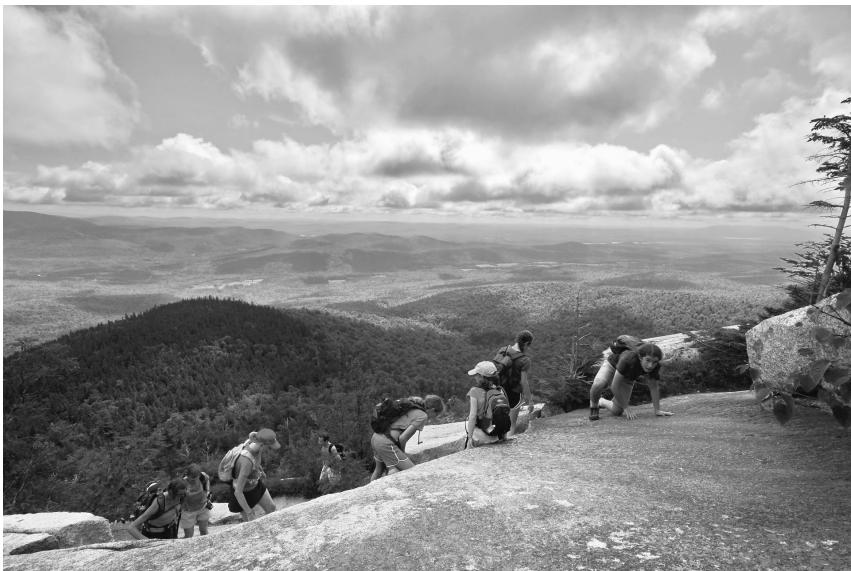
**H**ere is a glimpse into the new possibilities that draw us back each year to CRC. Are you new to Camp? Did you think you had exhausted all the options? Let us share some of the customs that old timers know to make a week at camp even more enjoyable.

**Packing List:** Summer hikers know that they need good boots and socks, raincoats and warm layers, water bottles, maps, sunscreen, and bug repellent, in addition to snacks and lunch, before they hit the trail. At CRC, close to brooks and rivers, some people pack a swimsuit and light towel, or even water shoes, for trips. Some prefer to pack lunch in reusable containers (i.e., sandwich boxes and snack cups) from home to reduce waste.

**Enjoy time in Camp:** CRC is first and foremost a hiking camp, but it is also so beloved in large part for the camaraderie that can be found so easily just inside the gate. The buildings were designed to encourage people to enjoy each other's company, but also to provide retreat and relaxation. How do campers while away the day when they just don't feel like hiking? Reading, drawing, or napping on the porch is refreshing. Some spend part of the day picking from the low-bush blueberry meadow. Gardeners enjoy the garden around the porch, designed with local and xeriscaping plants, complete with a map and botanical names. The garden is full of birds, especially hummingbirds, for the ornithologists.

**The Rec Hall,** with a piano and a ping pong table, is the spot for evening programs. Guests can read through naturalist materials on the walls and tables. The buildings provides a great option for rainy day activities.

**The Camp Library** is for people who crave quietude and a good book, or perhaps to catch up on a little unfinished work. For children, the Lodge provides a well-loved collection of books for all ages in addition to board games and cards. Rather than a rigorous day hike, some campers enjoy the gentle trails that encircle Camp: the Conant Path and the Tea House Trail, both of which lead to the Cold River and can be combined into one nice loop. Small children enjoy the varied woodland views along the Conant Path, which starts behind the Cox cabin, skirts along a farm property, then descends to the river, providing lots of puttering opportunities in little streams. Occasional benches along the way, glimpses onto the river, and a variety of colorful mushrooms and flora are a treat to discover.



**The Tea House** is a screened gazebo, a soothing spot with the sounds of the brook and the river just below. Campers enjoy this retreat for art projects, reading or a quiet picnic lunch.

**Early mornings at Camp are magical.** The sunrise cresting over Little Deer, lighting the Baldfaces, draws early birds to the Porch where the weather update is posted and hot coffee, tea, or hot chocolate is waiting before the horn blows. On cold mornings, the fire in the Lodge draws people together before breakfast to plan their day's outing.

**Other Tips:** Some pack a sleeping bag or comforter instead of heavy wool blankets. Families with children prefer battery operated lamps to the traditional kerosene lanterns. Wool blankets under the bottom sheet make the bed warmer.

**Outings or Activities:** Campers enjoy a post-dinner drives to Moose Blind or Deer Hill Bog Blind; Esther Williams Pool (on the Wild River) for a slightly warmer swim; Sebago Lake beaches and Songo Locks; Antiquing in Bethel; Eastman Homestead Day on the Farm; Square Dancing in the Rec Hall; Games on the Lawn (soccer, badminton, Frisbee, tether ball); the Playground; Pre-breakfast hikes up Little Deer; Sing-a-longs; Finding and exploring lesser known Trail such Speckled's Cold Brook Link Trail to the Ledges, Albany Basins, Grafton Notch, Mount Sabbatus; Lowe's Bald Spot; and Rumford White Cap. ♦

## **GUEST INFORMATION**

**How may we assist you?** We want your stay to be comfortable and enjoyable. If we can be of service, please ask the Staff or Crew.



### **IMPORTANT TIMES:**

For early risers, coffee is available in the Lodge after **6:30am**.

**RISING HORN** sounds at **7:00am**.

**BREAKFAST HORN** (second horn) at **7:30am**.

**DINNER HORN** at **6:00pm**.

Please be prompt for all meals.



**TRAIL LUNCHES** are made by individual guests from the lunch table either before or after breakfast. Please supervise children.

**DAILY TRIPS** led by qualified leaders are announced at breakfast.

**WANDERER'S LIST** is on the Lodge porch. Please sign if you plan your own hike or trip away from Camp.



**ALCOHOLIC BEVERAGES** are to be consumed in the privacy of your cabins.

**CABIN CHECK-OUT TIME** is by 10:00am to give crew time to clean. Please feel free to remain at Camp after leaving your cabin.

**CHAMBER POTS** are available in the Service Room by Men's Lavatory. Please clean & return them to the Service Room at the end of your stay.

**CHILDREN:** It is expected parents will assume responsibility for their children at all times. Children may not stay in Camp during the day without the direct supervision of a parent or an assigned guardian.

**DO NOT DISTURB:** Outside your cabin door is a small wooden rectangle: one side green, one side yellow. This is a "do not disturb" sign. If you turn the yellow side outward, the crew will not enter your cabin.

**ELECTRONIC DEVICES:** Device use in the Lodge, the Lodge Porch, and Library is limited to reading. Any form of device communication (voice/text/email, etc., incoming or outgoing) should be done discretely, away from other guests and away from the common spaces mentioned above. Device use for personal entertainment (e.g., watching videos or playing video games) is limited to the guest cabins, and at voice levels unobtrusive to guest passers-by. Cords and device charging are to be kept within the confines of the changing station area in the Rec Hall.

**ICE** is available from the ice machine to the right of the back door of the kitchen.

**LAMPS:** If you are unfamiliar with kerosene lamps, ask for help or request the use of a battery operated lantern during your stay.

**FIRE IS AN EVER-PRESENT HAZARD.** Fire extinguishers and smoke detectors are strategically placed in every cabin. Please **DO NOT** leave cabins with oil lamps lit or fires burning. Please use fire screens at all times and **DO NOT** leave children unattended in cabins. **LAUNDRY** may be done in the Service Room by the Men's Lavatory. Cabin clothes lines should be used for the drying of clothes.

**LIBRARY** is open 24 hours a day for quiet reading or writing time.

**LINEN:** Clean sheets & towels are furnished once a week. Each guest receives an additional clean towel on Wednesday. Please leave soiled items near your cabin door for Wednesday AM pickup.

**OFFICE** is open as announced or upon request.

**PARKING** in Camp is for registered guests only. Please use designated areas. A permit is required to park in National Forest areas. Permits may be obtained at the Office.

**QUIET TIME** is from 9:30pm to 7:00am. The Lodge is an excellent place to socialize at night. However, for those guests wishing to use the Lodge, Porch or Tea House late at night, please remember that other guests are sleeping and sounds carry very well at night.

**RECYCLING:** Barrels are outside of Housekeeping for all materials to be recycled (glass, plastic, cans). Please help us conserve.

**REPAIRS** needed should be reported to the Managers, or written on the "Fix-It" list on the Lodge porch. Critical repairs should always be reported directly to the Managers.

**SMOKING IS NOT ALLOWED** anywhere on Camp property including or around any building. Fire is always a danger.

**TELEPHONE:** A guest telephone is on the west side of the Housekeeping shed for outgoing calls (credit card or reverse change basis only). The phone number is (603) 694-2918. Incoming emergency calls may be directed to the camp's business phone at (603) 694-3291.

**WASTEBASKETS** may be emptied into barrels by Housekeeping. "Chez Pig" is for kitchen scraps only and not to be used by guests.

**WATER** is available by tap. Arrangements can be made for a daily water delivery to your cabin at your request.

**WOOD** is available in the Wood Shed. Please pick up your own or ask a staff or crew member if you need assistance.

## **AMC COLD RIVER CAMP RESERVATION POLICY**

### **Summer and Extension Seasons Full Week Reservations:**

- Full week reservation requests are accepted by mail beginning January 1st.
- Reservations requests postmarked from January 1st through January 31st are processed using a lottery system.
- Applicants excluded from their first choice of dates will receive immediate consideration for any alternative dates they have listed. Inclusion of alternate dates will not reduce your chance of getting your first choice.
- Reservations postmarked February 1st are welcome and will be considered in the order in which they are received, and after all those postmarked in January have been processed.

### **Summer Season Partial Week Reservations:**

- Reservation requests for the Cold River Camp Sampler (3 or 4 night stay with a Saturday arrival or departure) are accepted beginning March 1st, subject to availability.
- Partial week reservation requests, with a required two night minimum, are accepted beginning June 20th, subject to availability.

### **Extension Season Partial Week Reservations:**

- Partial week reservation requests, with a required two night minimum, are accepted beginning March 1st subject to availability.
- Fall Foliage Self-Service. September 10 - October 5 (excluding some weekend nights). Reservations can be made up to 2 hours prior to arrival. No deposit required.
- Contact Ned Beecher for off-season reservation requests at (603) 387-7869 or [offseasonsignup@gmail.com](mailto:offseasonsignup@gmail.com).

### **Deposits:**

All reservations require a deposit.

- Regular season: \$200 per person
- Extension season: \$100 per person. Reservation deposits are not transferrable.
- Cash or check accepted; please make checks payable to AMC Cold River Camp.
- At this time, Cold River Camp cannot accept credit cards or electronic payments.

- The entire deposit is applied to your bill. The remainder is payable at Camp.

#### **Cancellations:**

- Cancellations received prior to April 1st will receive a 50 percent deposit refund.
- No refunds allowed after April 1st.
- Payment in full is required if a cancellation request is not received at least 14 days prior to scheduled arrival.

We would be happy for you to become members of the AMC during your stay at Camp to void the 10 percent non-member surcharge.

#### **Reservation requests from January 1st to June 20th:**

Lois Winkler, Registrar

17 Southview St., Pleasantville, NY 10570

(914) 747-3194

Calls before 9 PM, please.

#### **Reservation requests after June 20th:**

Managers, AMC Cold River Camp

32 AMC Road, Chatham, NH 03813-5201

(603) 694-3291



# NATURALIST PROGRAM

**D**uring each week of the summer season at Cold River Camp (CRC) one of our trip leaders is a naturalist, familiar with the natural world in New England. While the naturalists will lead trips, they are also a source of information to the guests. They are very willing to share their knowledge of special places in the area including: Deer Hill Bog Wildlife Blind (USFS) (11 minute drive) best visited early morning or after dinner. Frogs, turtles, ducks, beaver, geese and, if lucky, moose can be seen.

Lord Hill Mine (15-30 minute drive, 45-90 minute hike depending on trail used). Easy hike to a lunch spot with a great view and a mine for the young at heart. Safety goggles and hammers are available at CRC – check with the naturalist or manager.

Leach Link - Cross the CRC Dam, turn left and follow the trail for a mile alongside Cold River before ending at Stone House Road. At Stone House Road there are two options to return to CRC. Either turn left toward Rte. 113 and then left on Rte. 113 or return via Leach Link.

For a longer hike, turn right on the Stone House Road to access the trails on Blueberry Mountain or Shell Pond. More detailed trail descriptions can be found in the AMC's White Mountain Guide or Don Devine's Cold River Camp, A.M.C. Hiking Guide 7.1 2012 – copies of which are available to borrow in the Lodge. Copies of Don Devine's trail guide can be purchased at CRC's office.

In camp, take along your copy of the Tea House Path – Conant Path Nature Trail Loop guide included in your packet of CRC information and leisurely walk the trail along Cold River. Please note that the Conant Path has been extended along the pasture (between markers 18 and 19) at a much gentler grade. The former steep trail over the edge of the Kame Terrace has been discontinued.

Along the way, a granite memorial bench on the Conant Path invites you to relax and listen to Cold River as it makes its way south. The screened Tea House, on the Tea House Path, invites you in to spend time and enjoy the sounds of nature.

Other special activities include walking along Wild River; picking blueberries on Blueberry Mountain, Black Cap or Baldface Knob; enjoying a quick dip into Emerald or Rattlesnake Pools; discovering aquatic wildlife around Basin and Province Ponds; exploring mines; finding abandoned ruins from the CCC and logging periods of

local history; and locating Esther Williams Pool.

New this year we have copies of two of the AMC's Junior Naturalist Activity Books, for one for guests ages 5-8 and the other for ages 9-12. Upon completion of the requirements, our Junior Naturalists will be awarded patches and certificates at the Friday evening Talent show. Parents, and grandparents are encouraged to work with their children/grandchildren in fulfilling the requirements. During the week, our Naturalist is available for advice and help oversee this program. We also have a coloring book for our very young guests.

Field guides for wildflowers, trees, birds and stars are available in Conant Lodge for guests to borrow. Look for *Naturally Curious* by Mary Holland – a well-written photographic field guide and month-by-month journey through the natural world of New England. There are also books for children in the Jr. Naturalist Library in the Conant Lodge, as well as equipment for water studies in the Recreation Hall's Naturalist Toolbox.

*Emma Crane  
Naturalist Coordinator Emerita*



## **COLD RIVER CAMP GARDENS**

No, gardens are not the reason most people come to Cold River Camp, but who among us hasn't sat on the Lodge porch and admired what's in bloom among the native plantings right over the railing? Or strolled to the Rec Hall or Library and admired the striking foliage and blooms of the shrubs and perennials? Or walked along the Tea House and Conant Paths and admired the many native woodland plants along the way?

There are a number of ways to enjoy and learn more about the gardens at CRC, whether you are a novice or a seasoned gardener. There is an updated plan drawing of the Lodge gardens (hanging just inside the Lodge entrance) so that you can identify all the plantings. Most are native to Maine and New England, so you can see which do well in our growing area. There is a new Garden Resource Book in the Lodge that includes an information sheet on each of the trees, shrubs and perennials to be found in the CRC gardens, a history of the gardens and how they evolved over time, and a list of garden chores by month that you might help with.

The Garden Committee at CRC is a group of passionate gardeners and volunteers who love this special place and work on Opening and Closing weekends and periodically throughout the summer to maintain Camp's natural beauty.

We welcome volunteers during the summer season to help out in the gardens! Just take a look in the Resource Book at the list of chores for the month you are at Camp, get some tools and gloves from the garden shed, and pick a patch of garden that needs some tender, loving care. It's a perfect way to spend a few hours when you need a lay day from hiking.

### **GARDENS CONTACT INFO:**

Jackie Cressy

PO Box 74

Bethel, ME 04217

H: (207) 824-0508

[rivendel@megalink.net](mailto:rivendel@megalink.net)

Susan Dovell

30 Tolman Road

Harrison, ME 04040

H: (207) 583-8054

C: (703) 989-7190

[susan.dovell@gmail.com](mailto:susan.dovell@gmail.com)

You may discover a new native plant you want for your own garden; you may be able to finally identify a flower you always wondered about; or you may choose to spend an afternoon with a sketch pad and paint brush with the gardens as your subject. One way or the other, we hope the CRC gardens provide you one more way to add to your knowledge and enjoyment of the natural beauty that surrounds us in these beloved New Hampshire mountains.

*Susan Dovell & Jackie Cressy  
CRC Gardens*

## **FOOD STATEMENT 2019**

CRC takes pride in serving appetizing, hearty and healthful family-style meals, and strives to provide a variety of options to appeal to a diversity of guests' tastes.

### **TYPICAL DAILY MENU:**

**Breakfast** - hot and cold cereal; fruit; an egg dish, pancakes, or french toast, often accompanied by a breakfast meat.

**Lunch** - Variety galore on the trail lunch table, including assorted breads, deli meats, cheeses, PB & J, veggies, fruit and snack items.

**Dinner** - salad, home made bread, a main entrée accompanied by at least one vegetable side, and dessert.

Soy milk is available at all meals.

*With advanced guest notification* we can often meet vegetarian, lactose-free, and gluten-free diets. We can also accommodate some food allergies. Due to the nature of our family style food service and finite kitchen resources, we provide a pre-planned menu for each meal. Please call the camp managers *prior to your week* to discuss accomodating your dietary needs.

**Please note:** CRC does not provide Lactaid milk; guests are welcome to bring their own to be stored for them. Guests with gluten free diets are asked to bring gluten free pasta, bread, and muffin mix for the camp chef to prepare. Ice is available for guests that choose to bring coolers to store their preferred snacks and beverages.

# **VOLUNTEER OPPORTUNITIES AT AMC COLD RIVER CAMP**

**C**old River Camp is successful because of the efforts of its many volunteers. All camp activities are overseen by the CRC Committee, a group of volunteers who establish policies for the property, affairs, business and operation of the camp. Other volunteers help with a wide variety of camp projects and activities. Volunteers are the lifeblood of Cold River Camp!

New volunteers are always welcome. If you enjoyed your camp experience, would you be willing to share your talents to make CRC an even better place? You do not need a background in education, recreational management or environmental science, just a simple willingness to help.

Volunteering for CRC is a rewarding experience. Ask anyone who does it!

### ***How can I volunteer at CRC?***

Volunteering for Cold River Camp offers many opportunities, and your contributions of time and effort are welcomed in a variety of areas. If you would like more information about volunteering, please contact the Volunteer Coordinator, Antonia Woods, or the Cold River Committee Chair by email - or fill out a volunteer form while at Cold River Camp.

### ***Hike Leaders and Naturalists***

Would you like to be a hike leader or naturalist? Hike leaders and naturalists receive training and undergo an "apprenticeship" program before they become leaders. They are encouraged to keep their skills sharp by participating in periodic "refresher" sessions. Special interests or a background in these areas are certainly helpful, but people skills, common sense and a willingness to ensure that guests have a good time are equally as important.

### ***Maintenance and Facilities***

Keeping CRC's buildings and grounds operating properly requires continuing effort. Volunteers perform needed maintenance on work weekends in the spring and fall. Please join us for one or more of the CRC Work Weekends each year. We get a lot done and have a lot of fun doing it! People with skills in plumbing, electrical work and carpentry are of course very welcome, but we also need folks willing to paint, do landscaping, prune shrubs and trees, and assorted simple jobs.

## **Extension Season Volunteer**

During the Extension Season, the dining facility and common areas, including bathrooms and the Lodge, are maintained by volunteers. They also assist the kitchen staff with some meal prep and cleanup after meals. There is ample time after morning chores and before evening ones to enjoy hiking or other activities. Meals and lodging are provided. You can volunteer for as little as one weekend, to as long as two weeks.

## **Individual and Committee Activity Involvement**

Individuals and committees administer to various aspects of CRC life. CRC also hosts a number of weekend events in the off-season, which are made possible by volunteers. Some of the current volunteer opportunities are listed in the form below:

# **CRC VOLUNTEER FORM**

If you would like more information about any of the following options, please circle your choice(s) and mail to:

***Antonia Woods, Volunteer Coordinator***

***114 Pleasant Street #104, Arlington, MA 02476***

***awoods144@gmail.com***

along with your name, interests, and contact information.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City / State / Zip: \_\_\_\_\_

Daytime phone: \_\_\_\_\_

Evening phone: \_\_\_\_\_

Email: \_\_\_\_\_

I am interested in: \_\_\_\_\_

- Hike Leaders / Naturalists
- Facility Maintenance
- Extension Season Crew  
(Sept.)
- Flower Garden Maintenance
- CRC Committee
- Trail Work Weekends (with  
CTA)
- Camp Opening (May) &  
Closing (Oct.)
- Conservation & Education
- Land Management & Plan-  
ning
- Publicity & Communications
- Assisting in Other Events/  
Activities

# **CHATHAM TRAILS ASSOCIATION**

**2062 MAIN ROAD, CHATHAM, NH 03813**

**W**elcome back to the trails in the vicinity of Cold River Camp, some 40 miles of which are maintained by the Chatham Trails Association (CTA). Our thanks to the many volunteers and donors who make our work possible.

**We depend on Volunteers.** We run three trail work weekends each year based right here at Camp. Volunteers at all levels of experience are welcome. We provide the tools, training, supervision, room and board, and a spirit of camaraderie. Maybe also you have college age children or grandchildren who'd like to organize a group at their school to join us. It's great fun. Contact Karl Uggerholt for more information, and register for work weekends at [www.ChathamTrails.org](http://www.ChathamTrails.org). To adopt a portion of one of your favorite hiking trails, contact Trailmaster@ChathamTrails.org.

**Your generosity** makes our work possible. Our direct cost to put a one volunteer on trail maintenance for one day is almost \$50. Please consider adding a generous CTA donation to your CRC bill at check-out. Or mail donations, made out to CTA or Chatham Trails Association, to our Treasurer, Steve Fink, 2062 Main Road, Chatham, NH 03813, Or donate on our website at [www.ChathamTrails.org](http://www.ChathamTrails.org). (CTA is a New Hampshire non-profit corporation and a federal 501c3.) In addition to funding our work weekends, CTA costs include tools, materials, insurance, government filings, website, supporting the information center at the Brickett Place, trail maps, and more. Other hiking trail maintenance clubs, including the AMC, charge their volunteers something to cover room and board. CTA has always been able to provide comfortable quarters and great meals at Cold River Camp at no charge to our volunteers.

**Some History.** CTA has always been a part of Cold River Camp, although we are not a part of the AMC. CRC was founded in 1919, after which the initial guests, the founders and the managers recognized the need for a trail maintenance club. They started CTA in 1922. We have always operated out of CRC and about half of our volunteers are regular CRC guests. Other volunteers are principally folks who live nearby and others who are frequent hikers in the White Mountains.

**Karl Uggerholt**  
**President@ChathamTrails.org**

## 2019 CTA VOLUNTEER REGISTRATION

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Town/State/Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Please register us for our fall work weekend:

Spring 2019 May 24-27

Spring 2019 May 31 - June 2

Fall 2019 Sept. 27- Oct. 29

Mail to volunteer coordinator, Ingrid Barrett

2003 Main Road, Chatham, NH 03813 (from 5/1 to 10/15)

7 Hemlock Road, Hanover, NH 03755 (from 10/15 to 5/1)

or register at our website [www.ChathamTrails.org](http://www.ChathamTrails.org)

## 2019 CTA MEMBERSHIP

Name(s) \_\_\_\_\_

Address \_\_\_\_\_

Town/State/Zip \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

I/we desire to become a member of CTA or renew membership for the year 2017. Enclosed is memberships dues of (\$5) per person for a total of \$\_\_\_\_\_

I/we wish to make an additional contribution of \$\_\_\_\_\_ to Chatham Trails Association, Inc.

I/we desire to make a contribution or pledge of \$.... to the Memorial Fund for the protection of trails in the memory of \_\_\_\_\_

Chatham Trails Association is a 501(c)3 organization.

Donations are tax-deductible. Mail this form to

Steve Fink, 2062 Main Road, Chatham, NH 03813

[www.ChathamTrails.org](http://www.ChathamTrails.org)

## THE WINTER CABIN



**D**uring the summer the charming building known as the “Convent” provides housing for crew members, but from October to early May, it is available for guest rentals as the “Winter Cabin.” Winter in Evans Notch is no less appealing than the summer. Most Winter Cabin guests hope for lots of snow so they can ski, snowshoe and enjoy winter hiking followed by a cozy night in a warm cabin with friends.

The cabin features a six-bed bunkroom with floor space for additional guests, and a multipurpose area equipped with a small kitchen area and wood stove. There is a small refrigerator, a microwave, a coffee maker, a toaster, and a hot water kettle in the kitchen. Plates, mugs, bowls and cookware are also provided. The cabin is winterized and has electricity, but please note: there is no running water. Guests bring their own water, food, bedding and linens. Blankets, pillows and wood for the stove are provided. In the winter, the camp driveway gates are locked, so a key is provided. A small area at the edge of Route 113 is plowed at the northern driveway entrance. The road is not plowed beyond this point.

Current rates are \$90/night. Payment in advance is requested. If interested please contact the Winter Cabin Registrar for information and reservations. The CRC website has more information about the cabin and a calendar that shows its availability. For more information, please contact:  
[offseasonsignup@gmail.com](mailto:offseasonsignup@gmail.com)

## FALL & SPRING AT CRC

**D**id you know that your opportunity to go hiking, biking, or paddling at CRC is not limited to the summer? Enjoy camp during the off-season and fall extension.

### Extension Season

The first half of September is typically dry and clear, with cool nights, long views, and leaves slowly changing to red and gold. This is Extension Season at Cold River Camp, featuring a relaxed pace and some of the best hiking, biking, and kayaking weather of the year. You choose the schedule that fits your needs, from two nights to two weeks. You bring your own linens (and perhaps a sleeping bag), but otherwise enjoy all the normal amenities,

including three wholesome meals a day, served mornings and evenings cafeteria style. Refer to the rates listed on page 10 for pricing. Use the summer season reservation form and specify the dates of arrival and departure. For more details, please find reservation information at:

<http://www.amccoldrivercamp.org/Pages/reservInfo.html>

### Spring & Fall

For a month each “shoulder” season, Camp is open for group use – and self-service in the Fall. Camp cooks provide all meals cafeteria style (except during self-service), in consultation with group leaders. The Camp is staffed with an event Manager and volunteer crew. All facilities are open for use. Campers must bring their own linens or sleeping bag. Otherwise, enjoy all the amenities of Camp as usual. It’s ideal for AMC Chapter outings, family reunions, weddings, and celebrations. Advance group reservation & deposit required. First-come, first-served. Weekends in particular sell out early!

*Contact offseasonsignup@gmail.com.com*

### Mid-May to mid-June:

Minimum stay: 2 nights

Minimum group size: 15 (1 leader stays free)

\$79/person/night (all meals included)

### Mid-September to mid-October:

Minimum stay: 2 nights

Minimum group size (weekends only): 15 (1 leader stays free)

\$79/person/night (all meals included)

### Fall Foliage Self Service:

September 10 – October 7 (excluding some weekend nights)

Bring your own linens or sleeping bag. Use our kitchen to cook food you bring. Otherwise, enjoy all of Camp, as usual. Caretaker on duty to orient and assist. 2-night minimum. Reservations can be made up to 24 hours prior to arrival. Please reserve at [offseasonsignup@gmail.com](mailto:offseasonsignup@gmail.com).



## **CRC 2019 WISH LIST**

The AMC Cold River Camp Wish List is a way to encourage giving to tangible causes to help improve camp life. If you like to see where your money goes, donating to the Wish List could be for you! All contributions are tax-deductible. All donors are recognized on the Cold River Camp website and in the *Little Deer Dispatch* or can choose to remain anonymous. You do not have to fund an entire item.

The AMC Cold River Camp Committee is deeply appreciative of those who can and do give that extra support to the Cold River Camp community with generous gifts of time, money or goods.

### **2019 WISH LIST**

1. An electric automobile charging station (about \$3,000)Garden Fund for additional trees, shrubs and special gardening tools.
2. Furniture Repair and Replacement Fund for the Lodge porch, Lodge and cabins. Cost varies with repair or replacement.
3. Mattresses for the ongoing "Mattress Replacement Program" - \$330 for a traditional mattress and \$135 for a foam mattress.

Contact Emma Crane at [amc.crcwishlist@gmail.com](mailto:amc.crcwishlist@gmail.com) if you have questions about making a donation. Checks should be made out to the Appalachian Mountain Club (AMC) and sent to Dick Goettle, CRC Treasurer, 433 NH Route 119 East, Fitzwilliam NH 03447, with an indication of what the donation is for.



## CRC Committee (as of 1/2019)

**Gary Munson (Chair)**  
Dover, NH  
amc.crcchair@gmail.com

**John Dean (Vice Chair)**  
Wellesley, MA  
amc.crc.vicechair@gmail.com

**Dick Goettle**  
(Treasurer)  
Fitzwilliam, NH  
H: (603) 585-3311  
amc.crctreasurer@gmail.com

**Frank Mastro**  
(Facilities Manager)  
Lebanon, NH 03766  
(603) 443-9978

**Karl Uggerholt**  
(CTA President)  
karlugger@gmail.com

**James (Jamie) Doucett**  
Andover, MA  
jdoucett@comcast.net

**Sally Morris**  
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**Anna D'Avanzo**  
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**Ian Duncan**  
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**Peter Norton**  
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pnorton.home@gmail.com

**Nancy Hartle**  
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**Tom Weinreich**  
Brooklyn, NY  
tom.weinreich@gmail.com

**Emma Crane**  
New London, NH  
bcrane@ou.edu

## Seasonal Managers

**Jennilee Sirois**  
Lovell, ME  
crcmanagers@gmail.com

**Chris Clyne & Ned Beecher**  
Tamworth, NH 03866  
H: (603) 323-7862  
chris.clyne@gmail.com

## AMC Contact

**Nancy Grant**  
AMC VCC Director  
Strafford, VT  
ngrant@outdoors.org

## Key Volunteers

**Lois Winkler**  
(Registrar)  
Pleasantville, NY  
H: (914) 747-3194

**Mark Weston**  
(Website & Facebook Coordinator)  
Arlington, MA  
mark.william.weston@gmail.com

**Jim Greaney**  
(Naturalist Coordinator)

**Emma Crane**  
(Wish List, Education & Conservation, History)  
New London, NH 03257  
bcrane@ou.edu

**Jackie Cressey**  
(Gardens)  
Bethel, ME  
rivendel@megalink.net

**Susan Dovell**  
(Gardens)  
Harrison, ME  
susan.dovell@gmail.com

**Ted Barrett**  
(History & CRC Systems)  
Chatham, NH  
(603) 694-3004

crc.facilities@gmail.com

**Bill Gross**  
(Hike Leader Coordinator)  
Merion, PA  
H: (610)-667-3605  
wmgross4@verizon.net

**Antonia Woods**  
(Volunteer Coordinator)  
Arlington, MA  
awoods144@gmail.com

**Bill Waste**  
(Opening Weekend)  
Lyme, NH  
(603) 795-4440

**Bill Fuchs**  
(Camp Closing Weekend)  
Newton, MA  
(508)-789-9070

**Jim Kenyon**  
(Work Weekend)  
Westborough, MA

**Kate Morris**  
(*The Little Deer Dispatch*)  
Washington, D.C.  
(978) 500-7682

## Cold River Camp

AMC Cold River Camp  
32 AMC Road  
Chatham, NH 03813-5201  
Office: (603) 694-3291 ♦

# COLD RIVER CAMP, A.M.C.

32 AMC ROAD • CHATHAM, NH 03813 • 603-694-3291

