

the Little Deer Dispatch



COLD RIVER CAMP * AMC
 Summer 1998 issue - Number 3

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1998 STAFF & CREW



Bill & Kathy Waste, Managers.....	Lyme, NH
with Elizabeth & David Waste, Camp Kids	
Sid (& Laurel) Letter, Assistant Manager.....	Lebanon, NH
Todd (& Nancy) Barber, Chef.....	Conway, NH
Dan Corindia, Assistant Chef.....	Sullivan, NH
Stephanie Smith, Prep Cook.....	Alexandria, NH
Sam (& Beverly) Hawley, Maintenance.....	Fryeburg, ME
Ned Greene.....	Leominster, MA
Kathleen Jones.....	Concord, NH
Meghan Lout.....	Holyoke, MA
Nichole Messreli.....	Little Silver, NJ
Jennifer Prahlow.....	Salem, NH
Cari Prue.....	Lancaster, NH
Molly Sharp.....	Alexandria, NH
Robin Van Den Hende.....	Milton Keynes, Bucks, England

September Season

Al & Jackie Cressy, September Managers.....	Bethel, ME
Todd (& Laurel) Barber, Chef.....	Conway, NH
Carol Adams.....	Portland, ME
Peter Cressy.....	Brooklyn, NY
Marty Griffin.....	Newington, CT
Jack Harrington.....	Barrington, NH
Arlene Rayner.....	Auburn, MA
Peggy Scott.....	Reading, PA
Gwen Stose.....	Center Conway, NH
Gail Wine.....	Concord, MA
Mag and Ira Wine.....	Portland, ME

Whatever it is, just ask us!

CHAIRMAN'S WELCOME



WELCOME TO COLD RIVER CAMP. I hope you have a wonderful vacation week, and return home refreshed by your visit. The Camp escaped damage during the winter storms, and sports fresh paint and repairs thanks to the many hours of volunteer time at spring work weekends under the direction of Meg Holland. Trail winter storm damage—especially at higher elevations—has required many hours of work by CTA volunteer workers this spring, and virtually all local trails are now open.

As the CRC Committee Chair I have received quantities of paperwork and correspondence (both postal and electronic), but most of it serves to show the great variety of administrative detail handled by a large and devoted group of Cold River volunteers. The CRC committee met in May at Camp, and dealt with a variety of matters: relations with AMC, calendar of events for the year (several different groups use Camp for conferences pre and post-season), and continuing Camp projects such as renovations to the Women's bath building and further electrical updating.

The Committee values your input. I urge you to fill out a guest survey before you leave, and the new volunteer interest survey, as well. I am always happy to hear from you. Please have a fine summer!

Dick Birch
CRC Committee Chair '98
T: (781) 235-8764
FAX: (781) 237-1313
E: birchtmpat@erols.com



FOR YOUR INFORMATION

HOW MAY WE ASSIST YOU? Our goal is to make your stay at Cold River Camp as comfortable and enjoyable as possible. If there is any way we can be of service, *please ask* any of the Staff or Crew.

IMPORTANT TIMES: Rising Horn sounds at 7:00 am daily. Breakfast* at 7:30 am (second horn); Dinner at 6:00 pm (horn). Please be prompt for all meals.

**For early risers, coffee is available in the Lodge after 6:30 am.*

TRAIL LUNCHES are made by individual guests from the lunch table either before or after breakfast. Please supervise children.

DAILY TRIPS by qualified leaders are announced at breakfast.

ALCOHOLIC BEVERAGES are to be consumed in the privacy of your cabins.

CABIN CHECK-OUT TIME is by 10:00 am to give crew time to clean. Please feel free to remain at camp after leaving your cabin.

CHAMBER POTS are available in the Service Room by the Men's Lavatory. Please clean and return them to the Service Room at the end of your stay.

CHILDREN: It is expected that parents will assume responsibility for their children at all times. Children may not stay in camp during the day without the direct supervision of a parent or an assigned guardian.

FIRE IS AN EVER-PRESENT HAZARD. Fire extinguishers and smoke detectors are strategically placed in every cabin. Buckets of dry sand are just outside. Please take note of their location and use. Please do not leave cabins with oil lamps lit or fires flaming. Please use fire screens at all times and **DO NOT** leave children unattended in the cabins.

ICE is available from the ice machine by back door of the kitchen.

LAMPS: If you are unfamiliar with the use of kerosene lamps, please ask for help.

LAUNDRY may be done in the Service Room by the Men's Lavatory. Cabin clothes lines should be used for the drying of clothes. Ironing may be done on the first floor of the Tower.

FOR YOUR INFORMATION

LIBRARY is open 24 hours/day for quiet reading or writing time.

LINEN: Clean sheets & towels are furnished once a week. Each guest receives an additional clean towel on Wednesday. Please leave soiled items near your cabin door for Wednesday am pickup.

OFFICE is open as announced or upon request.

PARKING in Camp is for registered guests only. Please use designated areas. A permit is required to park in the National Forest. Permits may be obtained at the Stow Corner Store.

QUIET TIME is 9:30 pm to 7:00 am. The Lodge is an excellent place to socialize at night. However, for those guests wishing to use the Lodge late at night or who wish to visit on the porch or at the Tea House, please remember that other guests are sleeping and sounds carry at night.

RECYCLING: Barrels are outside of Housekeeping for all materials to be recycled (glass, plastic, cans). Please assist us in this important conservation effort.

REPAIRS needed should be reported to the Managers.

SMOKING is not allowed in any of the public buildings or on the Lodge porch. Please dispose of butts in appropriate receptacles. Do not step out butts on the grounds, as fire is always a danger.

TELEPHONE: There is a telephone for guest use outside the back kitchen door for outgoing calls on a credit card or reverse charge basis only. Incoming emergency calls may be directed to the camp's business phone (603-694-3291).

WANDERER'S LIST is on the Lodge porch. Please sign if you plan your own hike.

WASTE BASKETS may be emptied into the barrels at the rear of the kitchen. "Chez Pig" is for kitchen scraps only and is not to be used by the guests.

WATER is delivered daily to cabins and is available at any tap.

WOOD is available in the Wood Shed. Please pick up your own or ask a staff or crew member if you need assistance.

Taking Care of What We Have: Cold River Camp's Land Management Plan

DID YOU KNOW THAT COLD RIVER CAMP has a Land Management Plan? Well, have you noticed wood chips on the pathways around camp? Or notice that the dead tree threatening to fall on your favorite cabin is no longer there? How about the improving view of the Baldfaces from the Lodge porch? Or the gradual thinning of the pine groves to the south of the parking lot toward the cabins and Greeley Showers? If you have observed these changes, then you have seen evidence of the Camp's land management plan.

In 1995, the Cold River Camp committee hired professional arborist Peter Hoag to assess the "campus" portion of our 100 acres. His assignment was to help us determine how we might responsibly manage the precious resources of Cold River Camp. His recommendations included advice on how to enhance and maintain vistas from the Lodge and various cabins, what to do about heavily impacted trees near the parking areas, and how to stabilize eroded areas. He identified hazardous trees and arranged for their removal, and identified specimen trees, like the Monastery pine and the magnificent birch tree in the meadow, that should receive special attention in order to restore them to health.

Through the efforts of both professionals and volunteers, we have made considerable progress over the past several years in managing Cold River's campus. During the summer of 1998, the Camp would like your help with the work needed on several projects. During Saturday evening's program, you will learn how

you can be part of this important work to preserve and protect our Camp by volunteering a few hours while you are here to help with an on-going land management project.

Please take a moment to observe the land management exhibit located in the Recreation Hall. The exhibit, prepared by Dwight Wilder, more fully explains the objectives of the land management plan and describes some of the activities associated with it.

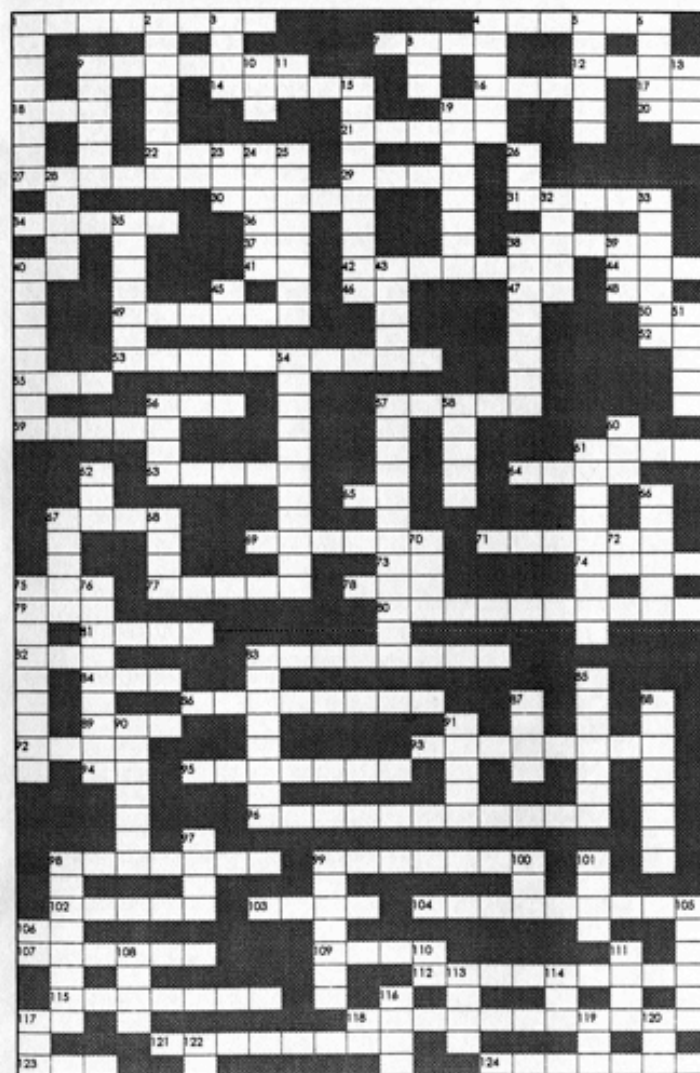
by Al and Jackie Cressy



8 CRC RAINY DAY CROSSWORD

by Mark M. Winkler

- | | | | | | | |
|---------------|-----------------------|---------------------------|-------------|-----------------------|--------------|------------------------|
| ACROSS | 63 | cairn or pine or | DOWN | 61 | highest wind | |
| 1 | burnt peaks | mime color | 1 | burnt ribs | 62 | length of life |
| 4 | mountain color | berry color | 2 | North Pole Peary | 66 | Path or Lodge |
| 7 | sandy bottom | 65 West Royce's State | | home town | 67 | help lay camp |
| 9 | twenty-seven mile | 67 located NE of Rec. | 3 | baby sleeps here | | foundation |
| | day-hike | Hall | 4 | red cap | 68 | ice cream |
| 12 | eleven in football | 69 Friday's show | 5 | clay thrower | 70 | Pine size |
| 14 | canoe tree or CRC | 71 formal proposal in a 6 | | Notchview's first | 72 | oil without the i? |
| | Chair | committee | | name? | 75 | pond luck |
| 16 | campground home | 73 1996 "five-ring" | 8 | not the car co. | 76 | not in our cabins |
| 17 | opp. of 23-Down | state | 9 | conifer or | 83 | military home |
| 18 | listen with | 74 i.e., applause | | wilderness hill | | (same as 40-Down) |
| 19 | male pronoun | 75 best shower temp | 10 | on a frosty morning, | 85 | tribe |
| 20 | fifth in do, re... | 77 ... not, want not? | | this is in the air | 87 | single Limmer, et al |
| 21 | Lake or Pond | 78 not well | 11 | ambulance | 88 | fire tower was here |
| 22 | Rolls | 79 number of pianos in | | destination | 90 | the Notch West |
| | closest CRC ski area | Camp | 13 | waxes & waxes | 91 | smooth barked, |
| 29 | hoist up or... | 80 lamps do this | 15 | who carries first aid | | glossy leafed tree |
| 30 | ...on the Water | 81 royal hill | | kit | | type |
| 31 | link or crag | 82 eyes do this | 19 | 1066 town site | 97 | river temp |
| 34 | cap color | 83 rocky ridge | 23 | opp. of 17-Across | 98 | 1066 town site |
| 36 | same as 11-Down | 84 lowest humor form | | used by 67-Down | | (again) |
| 37 | Canyon state | 86 fiddling interest? | 25 | a papa moose is this | 99 | dam name |
| 38 | thin layered clear | 89 to choose | 26 | as American as | 100 | helps in standing |
| | mineral (pl.) | 92 first four letters of | | apple... | 101 | head first |
| 40 | Bachelor of Arts | "feeding on many | 28 | Pancho | 105 | due East of Rec |
| 41 | two, too, & ... | kinds of food." | 32 | Guthrie's Place | | Hall |
| 42 | characteristic of 39- | 93 fuel for CRC lamps | 33 | up Slippery Brook, | 106 | climb direction |
| | Down + 124- | 94 the letter N | | then left | 108 | herb used in |
| | Across | 95 squares dance here | 35 | home town for | | cooking (with |
| 44 | Clears Trees | 96 vernal sanctuary | | CRC | | potato?) |
| | Anytime? | 98 a hemkey opens a...? | 38 | our celestial | 110 | belonging to, from; |
| 46 | Egyptian Sun God | 99 CRC county | | neighborhood | | concerning |
| 47 | 2/3 of leg? | 102 ...as a rock | 39 | ankle wrap (with | 111 | Echo's on one |
| 48 | the letter M | 103 Little or Big | | 124-Across) | 113 | Virginia ... |
| 49 | trail perambulators | 104 East of Greeley | 40 | drinks on shelf? | 114 | earl grey, et al |
| 50 | trail from 73-Across | 106 Mormon state | 43 | CRC Hiker Painter | 116 | wood eater |
| | to 45-Down | 107 soft head cushion | 45 | East Royce's State | 117 | 4/15 payee |
| 52 | opp. of 23-Down | for resting | 51 | our local Eiffel or | 118 | male pronoun |
| 53 | 'tween Speckled & | 109 Tex Mex menu item | | CN | 119 | his day was on June |
| | Royce? | 112 for XMAS or hiking | 54 | swim with snakes? | | 21, 1998 |
| 55 | calls crew | 115 said, "Go west..." | 56 | Expression of | 120 | One of two in |
| 56 | post swim and pre- | 117 singular are? | | astonishment when | | Conant Lodge |
| | towel | 118 they know the local | | reaching peak after | 122 | mountain trail |
| 57 | lair "owner" | trails | | long hike | | greeting? |
| 59 | slow moving tree | 121 Emerald filler | 57 | happy cat | | Answer sheet available |
| | mammal, not native | 123 berry ripener | 58 | short, quick, steep | | in CRC office |
| | to valley | 124 ankle wrap with 39- | | trail | | |
| 61 | three blows daily | Down | 60 | stubble | | |



KNOW YOUR CONIFERS



The Naturalist's Corner

AS YOU WALK AROUND COLD RIVER CAMP, you can see many trees with leaves that are needle-like, and have cones that contain the seeds. We call these trees evergreens—because they shed their leaves and replace them gradually, or conifers—because they produce their seeds in cones. People often think of them all as pine trees, but there are several different conifer species around Camp, and it is very easy to tell them apart. Let's take a tour and identify them.

The first thing to do when trying to identify a conifer is to look at the leaves or needles to see how they are arranged. If they are long and grouped in bunches or bundles, then you really are looking at a kind of pine tree, which one depends on the number of

needles in each bunch: 2 long needles = red pine; 5 long needles = white pine.



If the needles are short, and arranged singly along the branches, rather than being in bunches, you are looking at a spruce, a fir, or a hemlock. You will now have to ask yourself several questions before you can decide which conifer you are admiring.

First, try to roll a needle between your fingers and feel its tip. Are they square (you can feel little ridges as you roll it) and sharp to the touch? If there are

cones, do they hang subtly down from the branches? If square and sharp describe the needles, then you are looking at a spruce tree. (There are several different kinds of spruces, but we won't worry about that now.)



If the needles are flat, more than a half-inch long, and feel soft and friendly, and the cones stick up firmly like candles from the branches, you are looking at a fir tree. Crush a few needles between your fingers, and you'll recognize that "Christmas Tree" smell.

There's another conifer found all around CRC - the hemlock. Its needles are very much like the fir needles, but they are much shorter (less than a half-inch long), and the hemlock branches are softer and feathery-looking. Hemlock cones are only about the size of acorns.

Both hemlock needles and fir needles appear to have white lines on their undersides. These are tiny openings for air exchange. If you look at them with a hand lens, you can see the little holes.

All of these trees are very common around Camp. While it isn't necessary to know their names to appreciate their beauty, being able to seeing the differences and similarities among them can make you more aware of the tremendous diversity of life in this special place.

by Jackie Cressy
98 September Season Manager



NATURALIST PROGRAM



DURING YOUR WEEK at Camp we hope you will take the opportunity to visit some special points of local interest. The Camp naturalist may lead outings, or will be glad to describe how to get there including:

- **Deer Hill Bog Wildlife Blind** (USFS) (11 minute drive), best seen early or late in day
- **Chandler Feldspar Mine** on Rt. 113 (10 min. drive, 5 min. walk);
- **Lord Hill Mine** (15-30 min. drive, 45-90 min. hike depending on trails used);

And every naturalist has other favorite places to share with you.

You don't even need to travel. In Camp, you can walk the Tea House Path loop trail (a quick 20 min. or leisurely hour) reading dozens of interpretive signs along the way. You may even spend a peaceful hour brushing up on your *Peterson's Wildflower or Bird Guide* while sitting in the screened Tea House. And we are renewing markers and self guide for Conant Path (45-60 minute walk) that includes the river's edge below the dam.

Don't miss the chance to browse the new books of the Junior Naturalist Library in Conant Lodge. Read *The Salamander Room* to your youngest collector, revisit the classic *Blueberries for Sal* before hiking Baldface, and check out the fabulous *Eyewitness Junior* series on *Bats* and *Birds of Prey* whether you are 8 or 80!

Read the excellent *Exploring the Night Sky* at bedtime, before walking back to your cabin under the unmatched view of stars you only get here at CRC.

The CRC Naturalist will keep you posted on naturalist activities and offer kids the Junior Naturalist Program. Equipment to borrow is available in Rec. Hall's Naturalist Toolbox; *Peterson's Field Guides* are kept in Lodge & Rec. Hall.

by Peg Birch
CRC Naturalist Coordinator '98



CHATHAM TRAILS ASSOCIATION LOOKS AHEAD



The Chatham Trails Association held a special meeting at the Cold River Camp on June 13th. Responding to an invitation from outgoing CTA President Ted Barrett, twenty members gathered to discuss the range of CTA's services, and how to better structure the Association to provide those services. Topics raised included involving local area residents and organizations in CTA trail projects; creating a more effective system of soliciting input regarding trail conditions from trail users that will aid in the planning of each spring's trail maintenance activities; and, perhaps most significantly, creating a Board of Directors to share in and distribute the various functions such as trail work, organizing the work weekends, communication, training and membership.

An interim slate of officers and six directors, to include the past president, was elected at the meeting to serve until

next March's Annual Meeting. Elected as officers were: Allen Cressy, President; Marvin Swartz, Vice-President; and Gwen Stose, Secretary-Treasurer. Ted Barrett, Birge Dayton, Sandy Finn, Jack Harrington, Sally Morris, and Dwight Wilder were elected as interim directors.

The Board of Directors will distribute a draft set of By-Laws by early fall to the full membership of the CTA for their review, comments, and ultimate approval. A slate of nominees for officers and directors to hold office under the new By-Laws will be sent out later, and both the By-Laws and proposed slate will be voted on at the March Annual Meeting.

Ted Barrett stepped down after nine years of CTA service as its President. We extend to Ted a sincere thank you for his dedicated efforts in the valley.

CRC CONTACTS

1998 Cold River Camp Committee

Dick Birch (Chair)	Wellesley, MA	781-235-8764
Jim Weston (Vice-Chair)	Bedford, MA	781-275-8034
Dick Anderson	Hendricks, PA	215-234-4829
Suzanne Cohen (Finance)	Newton, MA	617-332-2937
Meg Holland (Volunteers)	Somersworth, NH	603-692-6898
Sally Morris	No. Andover, MA	978-683-6747
Larry Prendergast (Long Range)	Ridgewood, NJ	201-447-5644
Harvey Wechlser (Maint.)	Old Bethpage, NY	516-694-0659
Mark Winkler (Past Chair)	Pleasantville, NY	914-747-3194
Al Cressy (CTA President)	Bethel, ME	207-824-0508

1998 Cold River Camp Volunteers

Al & Jackie Cressy (Sept Mgrs)	Bethel, ME	207-824-0508
Meg Holland (Elderhostel)	Somersworth, NH	603-692-6898
Karen Winfield (Treasurer)	Abington, MA	781-871-9393
Lois Winkler (Registrar)	Pleasantville, NY	914-747-3194
Marvin Swartz (Hike Leaders)	Southampton, MA	413-529-0024
Peg Birch (Naturalists/Education)	Wellesley, MA	781-235-8764
Meg Holland (Camp Opening)	Somersworth, NH	603-692-6898
Richard Foster (Camp Closing)	Lincoln, RI	401-334-2880
Sam Hawley (Maintenance)	Fryeburg, ME	207-935-3823
David Ireland (Water System)	Salem, NH	603-898-8094
Al Cressy (Land Management)	Bethel, ME	207-824-0508
Sally Crocker & Daniel Gallagher (Reunion)	Barrington, RI	401-245-5759
Mark Winkler (<i>Little Deer Dispatch</i>)	Pleasantville, NY	914-244-5200

1998 Cold River Camp Managers

Bill & Kathy Waste	Lyme, NH	603-795-4440
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