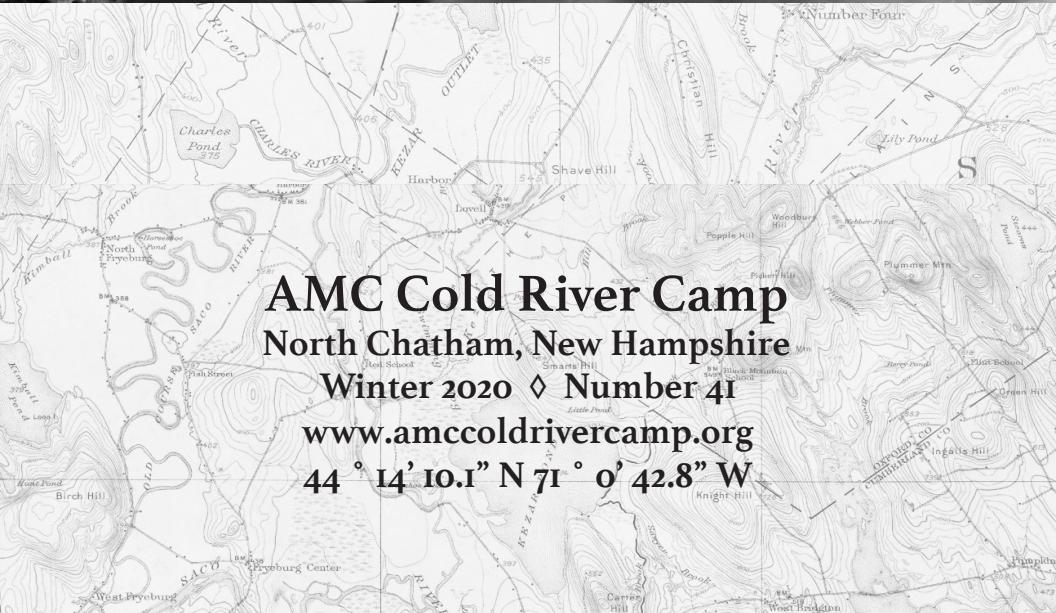


The Little Deer Dispatch



**AMC Cold River Camp
North Chatham, New Hampshire**

Winter 2020 ◊ Number 41

www.amccoldrivercamp.org

44° 14' 10.1" N 71° 0' 42.8" W

Chairman's Welcome



Greetings Cold River Camp Community!

In 2019 we had the privilege and joy of celebrating Cold River Camp's Centennial Year with special activities highlighting the Centennial each week. The Camp owes its long and continued life to the Camp community that assembles seasonally and returns year after year to enjoy great outdoor experiences in the White Mountains. It remains a place where new friends become old friends and life long friendships are made.

The Camp is a unique part of the Appalachian Mountain Club. Volunteers remain a critical piece of the Camp's success. I would like to offer a big thank you to all of the many volunteers that provide countless hours of work and help to keep the Camp working so well. Please consider the variety of volunteer roles that are outlined in the Volunteer Opportunities section that you will see as you read on in this 2020 edition of *The Little Deer Dispatch* (see page 20).

Of particular note, this summer a new subcommittee was formed to develop a comprehensive conservation plan for the Camp (see page 6). As the committee develops its plans, we will publicize them to the CRC community via *The Little Deer Dispatch*. In an exciting development, at the end of the 2019 summer season, the Camp took a major step to encourage the use of electric vehicles by adding a new small parking area with two electric charging stations that will be available to CRC guests only beginning in the summer of 2020. This important facility was made possible through a generous gift by Rich Gopstein. Thank you again, Rich!

And, of course, the development of a potential plan for Lodge improvements was the focus of the Lodge Planning Project Committee during 2019. Well over a dozen volunteers were able to reach a consensus on potential plan to accomplish five main goals: (i) modernize the kitchen; (ii) improve guest bathroom availability; (iii) address structural issues of the dining porch; (iv) add dining room space for flow, including ADA seating and wheelchair access; (v) add living room social space. The proposed Lodge "East Concept" was presented each week during the summer to guests and in a webinar confer-

ence call in mid-October. Feedback was enthusiastically positive on a plan that would move the dining area into the current kitchen area and extend the structure eastward to create a new kitchen. Additional guest feedback from these presentations will be incorporated.

The proposed work on the Lodge, in addition to improving the CRC guest experience, will also allow us to make necessary structural upgrades to restore this beloved and historic structure, maintaining it for future generations' use and enjoyment. Several subsequent steps are required for this project to move forward. These include:

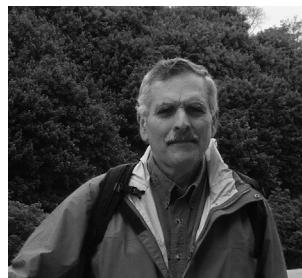
1. Approval from the AMC for the project and to raise funds.
2. Exploration of Camp donation capacity/liability since most of the costs of this project will have to be covered through funds raised from the Camp Community.
3. Identifying a contractor and architect.
4. Final approval from the CRC Committee.

We will keep you informed about this important project through periodic updates. Please see the Camp's webpage for the latest up to date information on this project.

In closing, I would like to highlight the extraordinary volunteer contributions of Gary Munson, who stepped down as Chair at the end of 2019. Gary has served for eight years on the Cold River Camp Committee, most recently as Chair for the last three years. Gary's tireless efforts on behalf of the Camp were a wonder to watch, and I enjoyed working closely with him. He leaves big boots to fill.

I also want to also take this opportunity to thank Jamie Doucett for his six years as a CRC Committee member, and welcome two new Committee members, Sue Talhouk and MaryStar Hope who joined in January. I am also pleased to announce that Jennilee Sirois will be returning for her second year as Camp Manager in the summer of 2020.

See you out on the trails!
John Dean
AMC Cold River Camp Chair



Facilities Update

Preserving our Historic Legacy

Were you aware that many of the buildings you know and love at Camp have been in use for decades, and some for more than a century? The Mabel Chester Dam, for instance, will celebrate its centennial in three years.

In a way, Cold River Camp is like a historic village, with 46 buildings of varying ages, a water pumping and storage system, a small network of roads, parking lots, septic and electrical systems, a generator for electrical outages, a car charging system, and a dam on the Cold River.

As you can imagine, all of these facilities require constant surveillance and maintenance so that they remain in good working condition. The CRC committee is committed to renovating Camp structures when necessary to ensure not only their longevity, but also the safety and comfort of our guests. As the saying goes, an ounce of prevention is worth a pound of cure.

Here are a few of the upgrades made over the past year, along with details on some of our future plans:

Windows: Last year, the Camp completed a significant window upgrade project in guest cabins to replace the old swing up windows with new, safer sliding windows. In addition, the diamond paned windows in the Lodge were placed on sliding tracks to maximize airflow on hot summer days. The old Lodge winter shutters were replaced with lighter-weight shutters that can be installed without removing the screens.

Ravine cabins: The ravine cabins are some of the oldest buildings at Cabin. Big Birch, the first ravine cabin, was designed by Frank Mason in 1920. Over the decades, there has been erosion along the ravine, requiring Camp to move some of the ravine cabins back to more stable ground as a precautionary safety measure. As many of you know, the Camp Committee elected to build a new Notchview cabin and move it back from the edge of the ravine a few years ago. The same was done with Alice more recently, again for safety reasons. Villa was also picked up and moved back from the ravine a bit.



Photo courtesy of Jamie Doucett

Recently, the Camp Committee decided to replace Springhaven due to serious structural issues. Unfortunately, there is insufficient room to situate the cabin back from the ravine at its current location. So, we plan to build a new Springhaven in the vicinity of Tall Pine and Little Deer near the ravine. The current Springhaven will remain in place and be available for guest use until 2021 when the new cabin will be complete.

Camp will likely make a number of necessary floor joist repairs on a number of other ravine cabins this year and next.

Other updates: We are pleased to share that the roof of the Rec Hall, a beloved Camp building constructed in 1922, was replaced. Next year, we plan to conduct repairs and improvements to Larry's Lair. This will include a new door, enlarging the east doghouse and adding another doghouse on the west for better air flow and light. In addition, we plan to have the Cold River dam assessed by an engineer to understand what - if any - repairs need to be completed on this historic structure in the future. We will continue to keep you informed of other infrastructure developments in *The Little Deer Dispatch*.

Frank Mastro
Facilities Manager

Conservation Committee

Sustaining CRC for Future Generations

Did you know that CRC has a new conservation subcommittee? Creating a more sustainable future at Camp is one of the committee's core objectives. Below, learn about some of the good changes that have already occurred in Camp. The committee is discussing ways to make Camp more sustainable and has a working list of short, medium, and long term goals. One great example is the new car charging station (more on the next page)!

- Chez Pig sends Camp food waste to local pigs at Eastman Farm for consumption.
- CRC replaced all incandescent lightbulbs across Camp with LED lighting.
- Croo provides towels and linens only for the full week, with one optional towel change/week to reduce water and electricity usage.
- We installed a special switch in all the shower stalls to turn off temporarily the flow at your preferred water temperature while you soap your body.
- We launched the use of solar powered Luci Lights for cabins as an alternative to the kerosene lamps.
- Croo no longer supplies filled water pitchers to cabins to reduce water waste; they remain in the Ice shed for guests to retrieve as desired.
- Croo does not supply tissue boxes to the cabins to reduce paper waste (and to control our friendly mice!); they remain in the Ice shed for guests to retrieve.
- This spring we installed an electric vehicle charging station with four parking spaces in Camp.
- We are considering solar power in the plans for the Lodge Renovation.

We would like to hear your suggestions; look for updates as this project moves forward. Please share comments, questions and ideas with Sally Morris at swmorris978@gmail.com.

Sally Morris
CRC Committee Vice Chair

New Structure Appears

Can You Guess What It Is?

When you arrive at Camp this summer you might notice a new, mysterious structure along the road by Tower heading out toward Route 113. It will be located on the right hand side as you are driving out just before you get to the open field (volleyball area) by Barracks.



What could it be? Is it a new bulletin board for announcements? Nope. Here is a picture of the structure before it was completed. Note the grey pole behind it. Does this help?

Enough suspense. This is the new Cold River Camp Electric Vehicle Charging Station. A generous contribution from Rich Gopstein allowed us to install two Level 2 Chargers underneath the roof of the structure in the picture. The charging station has a small four-car parking area, which should provide enough space for the electric cars we anticipate needing to use the station.

A caveat: the chargers are for CRC guest use only. The station is intended to encourage electric vehicle-owners to bring their cars to Camp, resulting in significantly lower Co2 travel emissions at markedly lower driving costs per mile by guests compared to using a gasoline powered car.

Last summer several guests drove hundreds of miles in electric vehicles to Camp, and we expect that the demand for our new charging station will grow over time. Even if you are still getting to Camp using a gasoline powered engine, when you return to Camp this summer, walk by and check out the new charging station to get a glimpse of the future, which is here today.

John Dean
CRC Committee Chair

Conservation Committee

Ideas to Reduce Plastic & Paper Waste

Would you like to reduce your single use consumption and increase conservation of resources while at Camp?

The Lunch Table is a great place to reduce your impact on the planet's resources. Cold River has cloth lunch bags for sale in the Office which you can purchase rather than use a paper bag. Items you might want to pack as you are getting ready for Camp back at home include:

- A variety of small plastic or metal boxes to fit sandwiches, pickles, fresh vegetables (carrots, celery, tomato, lettuce)
- Your own re-usable lunch bag, or perhaps a lightweight, flexible temperature control lunch bag
- Cloth bandanas to substitute for a desire to use a napkin or paper towel

In Camp, we often enjoy a mug of coffee before breakfast or a lemonade after dinner. Each time we take a clean mug, the Croo must wash it and sterilize it. You can reduce the use of water and electricity by bringing your own, labelled mug to rinse out and keep track of on your own.

Dining & Meals at CRC

Now that we have you thinking about the lunch table, here is some information about the appetizing, hearty and healthful family-style meals served at CRC.

Typical Daily Menu:

Breakfast - hot and cold cereal; fruit; an egg dish, pancakes, or french toast, often accompanied by a breakfast meat.

Lunch - Variety galore on the trail lunch table, including assorted breads, deli meats, cheeses, PB & J, veggies, fruit and snack items.

Dinner - salad, home made bread, a main entrée accompanied by at least one vegetable side, and dessert.

With advanced guest notification we can often meet vegetarian, lactose-free, and gluten-free diets. We can also accommodate some food allergies. Due to the nature of our family style food service and finite kitchen resources, we provide a pre-planned menu for each meal. Please call the camp managers prior to your week to discuss accommodating your dietary needs.

CRC Centennial

The Many Ways We Celebrated

The celebration of our 100th birthday officially began during Opening Weekend, May 11, 2019. Under sunny skies and with a gentle breeze, Gary Munson, outgoing Cold River Camp Committee (CRCC) Chair welcomed over 70 guests and volunteers.

Among our guests were the grandchildren of William “Pa” Bicknell. You may remember Pa Bicknell’s story from the weekly presentations in summer 2019. Pa was one of the first CRC guests and planned the Bicknell Ridge Trail we all know and love today.

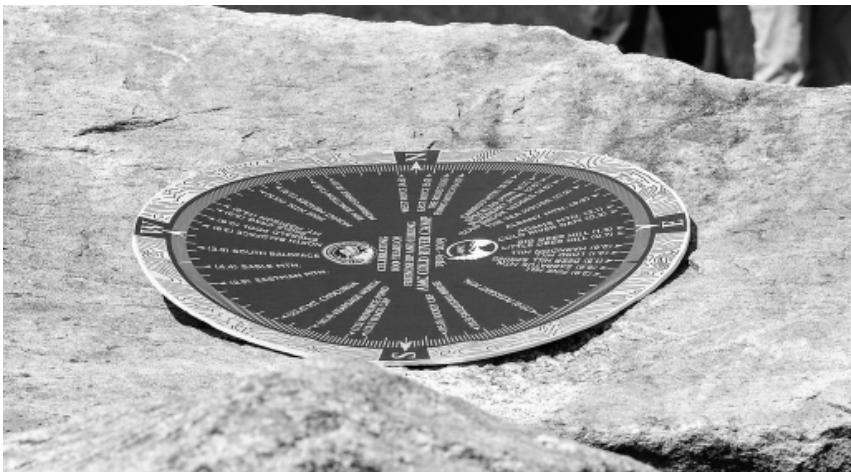
Our retired managers, Jim DiCarlo and Laurie Barr, along with daughters Ruby and Sadie, were presented with a painting of Camp, created by the talented Mary Graham, in appreciation of their efforts and guidance throughout the past ten years.



Gary then introduced John Judge, Executive Director, Appalachian Mountain Club who presented the 2019 AMC Community Builder Award to Roger Damon, one of the first CRC crew members and a long time friend and supporter of Camp.



John Dean, then CRCC Vice Chair, showed the crowd our 25-Year Time Mailbox and deposited the first two letters in it. The mailbox will save letters from Cold River Campers describing their Centennial summer to be opened in 2044 so we can all remember what Camp was like on its 100th birthday. John then revealed a copy of the bronze plaque pointing out the cardinal points of Evans Notch, which can now be visited on the Centennial Rocks. And since every birthday needs a cake - the celebration concluded with cake and lemonade for all!





Other Centennial celebrations over the summer included:

1. A weekly hike along the Bicknell Ridge Trail.
2. Weekly showings of a powerpoint/video of the making of the Bicknell Ridge Trail which included excerpts from a 1941 video of the actual trail making.
3. Establishing a Centennial Rocks Sitting Area on the front lawn.
4. The children of today sharing their Cold River Camp experiences by writing them on a letter and placing them in a special 25-year Time Mailbox.
5. A weekly reading of a proclamation of our centennial written by our Cold River Camp Chairman, Gary Munson, was read during the dinner hour.
6. Guests enjoying a piece of the centennial cake, followed by a hearty rendition of “Happy Birthday.”
7. Memorabilia including centennial t-shirts, patches, pins, water bottles, playing cards, postcards and bandanas along with copies of our centennial book, *Reflections: 100 Years of Friendship and Hiking at AMC Cold River Camp* were available for purchase.

John Dean, Chair

Amy Grover

Robert and Emma Crane

Roberta Kaufman

AMC Cold River Camp 2019 Centennial Subcommittee

Note: All photos courtesy of Jamie Doucett



Photo courtesy of Jamie Doucett

25-Year Time Mailbox Special Limited Re-Opening

Did you forget to do something this summer? Many guests, both young and old, submitted letters to the 25-Year Cold River Camp Time Capsule Mailbox this past summer at Camp. These letters contained remembrances of CRC experiences, special hiking and friendship memories, as well as hopes for the future. The Camp has decided to re-open the 25-year mailbox for a limited time for those who didn't get a chance to submit a letter during the summer of 2019. We encourage you to submit a one page written letter to be added to this special mailbox.

You can contribute individual or family letters, but we ask that you keep each letter to a single sheet of paper. You can also include one photo. Letters will be accepted through March 15, 2020, and should be mailed to: John Dean, CRC 25-Year Mailbox, 125 Bristol Road, Wellesley, MA 02481 or emailed to amc.crcchair@gmail.com.

All letters received will be placed in the 25-Year Mailbox at Camp during spring Opening 2021.

John Dean
CRC Committee Chair

YOUR 2020 COLD RIVER CAMP APPLICATION

For period (*Please give choices*) 1st _____ to _____ 2nd _____ to _____ 3rd _____ to _____

Preferred location at Camp 1st _____ 2nd _____ 3rd _____

Please print or type
Names _____
AMC Membership Type and Number _____
Children's Age & Sex (as of 1/1/2020) _____

1. _____
2. _____
3. _____
4. _____
5. _____

Address: _____

City: _____ Zip: _____

Home Phone: _____ Work Phone: _____ Mobile Phone: _____

Email: _____ Car License Plate #: _____

Registration Fee Enclosed: \$ _____ (\$200/person/week in July/Aug or \$100/person/week in Sept.

• Make checks payable to: **AMC COLD RIVER CAMP**

- Please include a Self-addressed stamped envelope with reservation request
- Each person or family must submit with reservation a signed copy of AMC release form
- Optional: Emergency Contact or Family Physician _____ ph: _____
- Do not send prior to January 1, 2020 Signed: _____ Date _____

Cold River Camp

2020 Season Rates

	<u>Summer</u>	<u>Extension</u>
Adult (17-yr & over)	\$655/wk	\$82/day
Youth (12-yr to 16-yr)*	\$524/wk	\$66/day
Child (2-yr to 11-yr)*	\$393/wk	\$49/day
Child under 2-yr*	\$197/wk	\$25/day

**in same cabin with parent/adult. Age is as of 1/1/2020. Infants under the age of one stay free.*

All inclusive summer and extension rates include lodging, three meals a day, taxes, activities (excluding river trips), cabin firewood, ice, and support of AMC programs. Rates shown include the 20% discount for AMC members (become a member and save). For July through August standard reservations are full-week, Saturday to Saturday. Cold River Camp now offers a Sampler program, allowing guests to choose to stay for 3 or 4 nights.

General guidelines:

- Refer to amccoldrivercamp.org for information about shorter stays at Camp.
- Deposits are required of \$200 per person per week during the summer season. Balance paid at camp.
- Deposit of \$100 per person during the extension season. Balance paid at Camp.
- All applications clearly postmarked in January will receive equal consideration.
- All reservations will be assigned by lottery after Feb. 1.
- Reservations will be confirmed by March 1.

- **Payment:** Only Cash or Checks are accepted. **CRC cannot accept credit cards.** Make checks payable to:
AMC - Cold River Camp
- Please provide a self-addressed, stamped envelope for confirmation/reply mail.
- Please ensure that each and every person registering has provided an appropriately signed AMC release form. Without these forms, the reservation will be rejected. The form can be found enclosed in the Winter Little Deer Dispatch and on the CRC website.
- Please refer to the CRC website for further information.
amccoldrivercamp.org

Cancellations received prior to April 1 will receive a 50% deposit refund. No deposit refunds after April 1. Reservation deposits are not transferable.

In fairness to those denied space, payment in full is required only if a cancellation request is not received at least 14 days prior to scheduled arrival.

Mail reservations from January 1 to June 20 to:

Lois Winkler, Registrar, 17 Southview St., Pleasantville, NY 10570. Phone: (914) 747-3194 before 9pm, please.

Mail reservations after June 20 to:

Cold River Camp Managers, 32 AMC Road, Chatham, NH 03813-5201
Phone: (603) 694-3291

APPALACHIAN MOUNTAIN CLUB VOLUNTEER-LED CAMPS & CABINS

ACKNOWLEDGMENT AND ASSUMPTION OF RISKS & RELEASE AND INDEMNITY AGREEMENT

INTRODUCTION

PLEASE READ THIS DOCUMENT CAREFULLY BEFORE SIGNING. All participants must sign this Document. For participants under 18 yrs. of age (hereafter sometimes 'minor' or 'child'), one or both parent/s or guardian/s (hereafter collectively 'parent/s') must also sign. In consideration of the services of the Appalachian Mountain Club, Inc., a charitable, not-for-profit corporation, organized and existing under the laws of Massachusetts, and its chapters, including all officers, employees, representatives, agents, independent contractors, volunteers (including leaders and co-leaders), members and all other persons or entities associated with it (collectively referred to in this Document as 'AMC'), I (participant and parent/s of a minor participant), acknowledge and agree as follows:

ACKNOWLEDGMENT AND ASSUMPTION OF RISKS

Use of AMC Volunteer-led Camps and Cabins and/or instructional, educational and/or adventure activities (which may be scheduled or unscheduled, supervised or unsupervised and/or occur during free or independent time) occur in a variety of locations in the U.S. and include the 'August Camp' program. Activities may include, but are not limited to hiking, biking, skiing, swimming, maintenance of trails and facilities, canoeing, kayaking, sailing, participant's independent use of AMC cabins or other facilities or use of those facilities in connection with AMC organized trips or activities, and transportation or travel to and from AMC facilities or activities (referred to in this Document as 'activities' or 'these activities'). In all activities, participants share in the responsibility for their own safety. Participants (and parent/s of minors) take responsibility for having appropriate skills, physical conditioning, equipment and supplies for these activities.

These activities include inherent and other risks, hazards and dangers (referred to in this Document as 'risks') that can cause or lead to injury, property damage, illness, mental or emotional trauma, paralysis, disability or death to participant or others. Some, but not all of these risks include: hazardous and unpredictable ground, water or weather conditions; misjudgments made by leaders, co-leaders, participants or others; travel in remote areas that can cause delays in transportation, evacuation and medical care; equipment that can fail or malfunction; the potential that the participant or others (e.g. coparticipant, driver, medical and rescue personnel) may act carelessly or recklessly. I understand that AMC staff, leaders or other personnel cannot assure participant's safety or eliminate any of these risks. Participant is voluntarily participating with knowledge of the risks. Therefore, participant (and parent/s of minors) assume and accept full responsibility for the inherent and other risks (both known and unknown) of these activities, and for any injury, damage, death or other loss suffered by participant, resulting from those risks, and resulting from participant's negligence or other misconduct.

RELEASE AND INDEMNITY AGREEMENT

Please read carefully. This Release and Indemnity agreement contains a surrender of certain legal rights. I (adult participant, or parent/s

for themselves and for and on behalf of their participating minor child) agree as follows:

- (1) to release and agree not to sue AMC, with respect to any and all claims, liabilities, suits or expenses (including attorneys' fees and costs) (hereafter collectively 'claim' or 'claim/s') for any injury, damage, death or other loss in any way connected with my/my child's enrollment or participation in these activities, or use of AMC equipment, facilities or premises. I understand I agree here to waive all claim/s I or my child may have against AMC, and agree that neither I, my child, or anyone acting on my or my child's behalf, will make a claim against AMC, as a result of any injury, damage, death or other loss suffered by me or my child;
- (2) to defend and indemnify ('indemnify' meaning protect by reimbursement or payment) AMC with respect to any and all claim/s brought by or on behalf of me, my child, a family member, a co-participant, or any other person for any injury, damage, death or other loss in any way connected with my/my child's enrollment or participation in these activities or use of AMC equipment, facilities or premises.

This Release and Indemnity Agreement includes claim/s resulting from AMC's negligence (but not its gross negligence or intentional or reckless misconduct), and includes claim/s for personal injury or wrongful death (including claim/s related to emergency or medical response, assessment or treatment), property damage, breach of contract or any other claim.

I agree that the substantive laws of Massachusetts govern this Document and all other aspects of my relationship with AMC, and that any mediation, suit, or other proceeding must be filed or entered into only in Massachusetts. This Document is intended to be interpreted and enforced to the fullest extent allowed by law. Any portion of this Document deemed unlawful or unenforceable shall not affect the remaining provisions, and those remaining provisions shall continue in full force and effect.

Participant and parent/s of a minor participant agree: I have carefully read, understand and voluntarily sign this Document and acknowledge that it shall be effective and binding upon me, my minor children and other family members, and my heirs, executors, representatives and estate. *One or both parent/s must sign below for any participating minor (those under 18 years of age).*

Signature	Date	Print Name Here	Signature	Date	Print Name Here
Parent or Guardian Signature	Date	Print Name Here	Parent or Guardian Signature	Date	Print Name Here
Parent or Guardian Signature	Date	Print Name Here	Parent or Guardian Signature	Date	Print Name Here

Extension & Off-Season 2020

Enjoy Camp in Quieter Seasons



Photo courtesy of Jamie Doucett

The 9-week summer full-service season is not the only way to enjoy Camp. “Off-Season” Camp is a quieter place, offering different experiences. In spring, returning birds are at their most colorful and frolicsome, flowers bloom, and the streams and cascades are running full. The fall offers stunning foliage and the nearby renowned Fryeburg Fair. In these seasons, you can still enjoy classic hiking, biking, or paddling - but in cooler weather, with crisp, starry nights. In winter, the silent snowy landscape is unforgettable – and challenging. The Winter Cabin will be your warm refuge after ski or snowshoe outings.

Extension Season

The first half of September is typically dry and clear, with cool nights, long views, and leaves slowly changing to red and gold. This is Extension Season at Cold River Camp, featuring a relaxed pace and some of the best hiking, biking, and kayaking weather of the year. You choose the schedule that fits your needs, from two nights to two weeks. You bring your own linens (and perhaps a sleeping bag), but otherwise enjoy all the normal amenities, including three wholesome meals a day, served mornings and evenings cafeteria style. Use the summer season reservation form and specify the dates of arrival and departure. For more details, please find reservation information on the CRC website:

Spring & Fall

For a month each “shoulder” season, Camp is open for group use – and self-service in the Fall. Camp cooks provide all meals cafeteria style (except during self-service), in consultation with group leaders. The Camp is staffed with an event Manager and volunteer crew. All facilities are open for use. Campers must bring their own linens or sleeping bag. Otherwise, enjoy all the amenities of Camp as usual. It’s ideal for AMC Chapter outings, family reunions, weddings, and celebrations. Advance group reservation & deposit required. First-come, first-served. Weekends in particular sell out early!

Contact offseasonsignup@gmail.com.

Winter Cabin

During the summer the building known as “Convent” provides housing for six crew members. From October to early May, Convent is available for guest rentals as the “Winter Cabin.” Winter in Evans Notch is no less appealing than in the summer. Most Winter Cabin guests hope for lots of snow so they can ski, snowshoe and enjoy winter hiking followed by a cozy night in a warm cabin with friends.

The cabin features a six-bed bunkroom, with floor space for additional guests, and a multipurpose area equipped with a small kitchen area and wood stove. There is a small refrigerator, a microwave, a coffee maker, a toaster, and a hot water kettle in the kitchen. Plates, mugs, bowls and cookware are also provided. The cabin is winterized and has electricity, but please note: there is no running water. Guests bring their own water, food, bedding and linens. Blankets, pillows and wood for the stove are provided. In the winter, the camp driveway gates are locked, so a key is provided. A small area at the edge of Route 113 is plowed at the northern driveway entrance. The road is not plowed beyond this point.

Please check the online reservation calendar for availability and rates (currently \$90 per night) at <https://www.amccoldrivercamp.org/Pages/WinterCabinInfo.html>. With confirmation of reservation guests receive cabin instructions and where to pick up the cabin key.

Contact: offseasonsignup@gmail.com

Volunteer Opportunities at AMC Cold River Camp

Cold River Camp is successful because of the efforts of its many volunteers. All camp activities are overseen by the CRC Committee, a group of volunteers who establish policies for the property, affairs, business and operation of the camp. Other volunteers help with a wide variety of camp projects and activities. Volunteers are the lifeblood of Cold River Camp!

New volunteers are always welcome. If you enjoyed your camp experience, would you be willing to share your talents to make CRC an even better place? You do not need a background in education, recreational management or environmental science, just a simple willingness to help.

Volunteering for CRC is a rewarding experience. Ask anyone who does it!

How can I volunteer at CRC?

Volunteering for Cold River Camp offers many opportunities, and your contributions of time and effort are welcomed in a variety of areas. If you would like more information about volunteering, please contact the Volunteer Coordinator, Antonia Woods, or the Cold River Committee Chair by email - or fill out a volunteer form while at Cold River Camp.

Hike Leaders and Naturalists

Would you like to be a hike leader or naturalist? Hike leaders and naturalists receive training and undergo an "apprenticeship" program before they become leaders. They are encouraged to keep their skills sharp by participating in periodic "refresher" sessions. Special interests or a background in these areas are certainly helpful, but people skills, common sense and a willingness to ensure that guests have a good time are equally as important.

Maintenance and Facilities

Keeping CRC's buildings and grounds operating properly requires continuing effort. Volunteers perform needed maintenance on work weekends in the spring and fall. Please join us for one or more of the CRC Work Weekends each year. We get a lot done and have a lot of fun doing it! People with skills in plumbing, electrical work and carpentry are of course very welcome, but we also need folks willing to paint, do landscaping, prune shrubs and trees, and assorted simple jobs.

Extension Season Volunteer

During the Extension Season, the dining facility and common areas, including bathrooms and the Lodge, are maintained by volunteers. They also assist the kitchen staff with some meal prep and cleanup after meals. There is ample time after morning chores and before evening ones to enjoy hiking or other activities. Meals and lodging are provided. You can volunteer for as little as one weekend, to as long as two weeks.

Individual and Committee Activity Involvement

Individuals and committees administer to various aspects of CRC life.

CRC also hosts a number of weekend events in the off-season, which are made possible by volunteers. Some of the current volunteer opportunities are listed in the form below:

CRC Volunteer Form

If you would like more information about any of the following options, please circle your choice(s) and mail to:

***Antonia Woods, Volunteer Coordinator
144 North Main Street, South Hadley, MA 01075***

along with your name, interests, and contact information. You may also email Antonia at awoods144@gmail.com.

Name: _____

Address: _____

City / State / Zip: _____

Daytime phone: _____

Evening phone: _____

Email: _____

I am interested in: _____

- Hike Leaders / Naturalists
- Facility Maintenance
- Extension Season Crew (Sept.)
- Flower Garden Maintenance
- CRC Committee
- Trail Work Weekends (with CTA)
- Camp Opening (May) & Closing (Oct.)
- Conservation & Education
- Land Management & Planning
- Publicity & Communications
- Assisting in Other Events/Activities

Other Ways to Contribute

Help Make Camp Better for All

← →
Calling all prospective volunteers!

Do you enjoy the lovely flower beds along the front of the Lodge? Have you noticed how well the blueberry fields have been producing in recent years? Have you been aware of the clearing of deadwood in the understory along 113? Are you looking forward to improved views of South Baldface from the lodge porch this coming summer?

Would you like to make sure things like that are enjoyed or improved into the future? The Gardens Group and the Grounds Committee are very much in need of additional volunteers - especially minds to help coordinate the work, as well as hands to do the work.

Please contact our Volunteer Coordinator Antonia Woods at
awoods144@gmail.com.

And here's another opportunity – our sister organization the Chatham Trails Association (CTA) is expanding the list of trails they maintain in the CRC area, and are looking for more volunteers so they can do so. Their work weekends are based right in Camp. In 2020 they will be May 23-24, May 30-31 and September 11-12. If you'd like to help on any of those weekends, you can sign up directly on the CTA web site chathamtrails.org. The CTA membership form is also conveniently located on the facing page, should you wish to mail yours in.



CTA Volunteer Registration

Name(s) _____

Address _____

Town/State/Zip _____

Telephone _____

Email _____

Please register us for work weekend:

Spring 2020 May 23-25

Spring 2020 May 30-31

Fall 2020 Sept. 11-13

Mail to volunteer coordinator, Ingrid Barrett
2003 Main Road, Chatham, NH 03813 (from 5/1 to 10/15)
7 Hemlock Road, Hanover, NH 03755 (from 10/15 to 5/1)
or register at our website www.ChathamTrails.org

CTA Membership

Name(s) _____

Address _____

Town/State/Zip _____

Telephone _____

Email _____

I/we desire to become a member of CTA or renew membership for the year 2018. Enclosed is memberships dues of (\$5) per person for a total of \$_____

I/we wish to make an additional contribution of \$_____ to Chatham Trails Association, Inc.

I/we desire to make a contribution or pledge of \$.... to the Memorial Fund for the protection of trails in the memory of _____

Chatham Trails Association is a 501(c)3 organization.

Donations are tax-deductible. Mail this form to

Steve Fink, 2062 Main Road, Chatham, NH 03813

www.ChathamTrails.org

CRC Trip Leaders & Naturalists

With the changing of the calendar year, we begin to think of our plans for the upcoming summer and the return to many of our favorite trails and summits. For new guests at Cold River Camp, a wide range of trails await discovery. The leader coordinators have compiled the leader roster for Summer 2020, which can be found on the CRC website and on page 27 of *The Little Deer Dispatch*.

The coordinators are responsible for scheduling leaders for the nine weeks of Camp plus the two weeks of Extension. To accommodate the anticipated high volume of young children during the first two weeks, three led hikes will be offered each day. Two led hikes will be offered each day during the following seven weeks with one led hike per day during Extension.

Our goal is to provide a variety of led hikes with varying degrees of difficulty to appeal to all hikers and to provide trail information to those guests wanting to hike on their own. If you are unfamiliar with any trail, ask a leader for information. Our leaders have been hiking in the area for a number of years and can offer suggestions for a trail suitable to your abilities and interests. All of our leaders hold current certification in Wilderness First Aid, CPR and AMC Leadership Training.

Parents with young children will want to be involved in the Junior Naturalist program. Ask the week's naturalist for a booklet which can be completed during the week at CRC. Children who complete the requirements by the end of the week will receive a certificate and patch during the Talent Show on Friday evening.

Meanwhile, enjoy winter and look forward to renewing friendships at CRC. If you have never been to CRC, sign up for our Sampler program (partial week) or for a full week to experience camp life and learn what makes Camp unique and why so many guests return year after year.

Looking forward to seeing you on the trails —
Bill Gross, Hike Leader Coordinator
Jim Greaney, Naturalist Coordinator

Cold River Camp Wish List

Help Make Camp Better for All

The AMC Cold River Camp Wish List is a way to encourage giving to tangible causes to help improve camp life. If you like to see where your money goes, donating to the Wish List could be for you! All contributions are tax deductible. All donors are recognized on the Cold River Camp website and in *The Little Deer Dispatch*, or you can choose to remain anonymous. You do not have to fund an entire item. The AMC Cold River Camp Committee is deeply appreciative of those who can and do give that extra support to the Cold River Camp community with generous gifts of time, money or goods.

1. Washable blankets (\$90 to \$120 each).
2. Garden Fund for additional trees, shrubs and special gardening tools.
3. Furniture Repair and Replacement Fund for the Lodge porch, Lodge, Tea House and cabins. Cost varies with repair or replacement.
4. Mattresses for the ongoing “Mattress Replacement Program” - \$330 for a traditional mattress and \$135 for a foam mattress.

Contact Emma Crane at amc.crcwishlist@gmail.com if you have questions about making a donation. Checks should be made out to the Appalachian Mountain Club (AMC) and sent to Dick Goettle, CRC Treasurer, 433 NH Route 119 East, Fitzwilliam, NH 03447, with an indication of what the donation is for.

THANKS TO OUR GENEROUS DONORS IN 2020

A heartfelt THANK YOU from the AMC Cold River Camp Committee, the Appalachian Mountain Club and the camp community to our 2019 donors. We greatly appreciate your generosity in the monetary or material donations and recognize your commitment to the present enjoyment and future success of Cold River Camp. Our sincere apologies if we missed someone.

David Fullerton, Wendy Finen, David Beattie, Janet Wineman and Joseph Brevard, Jim and Angela Liptack, John Huffman and Hsiao Li Chou, Kathy Kulas, Ann and Tim Prindle, Kate and Norm Thibeault, Barbara Krause

and Glenn Palmer, Scott and Phyllis Rowley, Barbara Berko, Richard Gopstein, Shwartz Family Foundation, Ross and Mary Lanius, John and Liz Dean.

Policy Updates

Adapted Nov. 3, 2018



Smoking and Vaping

Smoking and vaping are not allowed in Camp or on group activities outside Camp.

Aerial Drones

Use of drones in/above Camp or on led trips is generally not permitted. Special exceptions may be considered with the consent of the Camp manager/assistant manager/event manager in Camp, or trip leader for the led trip out of Camp.

Use of Personal Electronic Devices

The Cold River Camp experience centers on enjoyment of nature and guest interactions, away from the routine of everyday life. Accordingly, our personal electronic devices policy is:

- Device use in the lodge, on the lodge porch, or in the lodge vicinity is limited to reading/viewing of information. Devices are to be put away during meals.
- Any form of device communication (voice/text/email/video, etc., incoming or outgoing) should be done discretely, away from other guests, and away from the lodge and its vicinity.
- Device use for personal entertainment (e.g., watching videos or playing video games) is limited to the guest cabins.
- Cords and device charging are to be kept within the confines of the charging station area in the Rec Hall.

Recognizing the occasional need of some guests to communicate with the outside world or to do personal work, Wi-Fi access is available solely for those purposes, as a courtesy, in the area outside the camp office and, to the extent there is signal, in the Rec Hall and Library.

The Rec Hall is available, shared with other uses, between the hours of 7:30 AM and 9:30 PM and outside of scheduled activities there. The camp office and porch are off-limits. In any case, noise from PEDs must not intrude on other guests' or staff enjoyment of natural sounds or stillness or human conversation or ability to sleep, or the tranquility of the Library.

Committee, Personnel & Key Volunteers

CRC Committee

(as of 1/2020)

John Dean, Chair

Wellesley, MA

amc.crcchair@gmail.com

Sally Morris, Vice Chair

Exeter, NH

amc.crc.vicechair@gmail.com

Dick Goettle

Treasurer

East Fitzwilliam, NH

H: (603) 585-3311

dgoettle@aol.com

Frank Mastro

Facilities Manager

Lebanon, NH 03766

(603) 443-9978

crc.facilities@gmail.com

Karl Uggerholt

CTA President

Conway, NH

karlugger@gmail.com

Regular Members

Anna D'Avanzo

Brooklyn, NY

adavanz05@gmail.com

Emma Crane

New London, NH

bcrane@ou.edu

Ian Duncan

Rutland, MA

flyian@charter.net

Nancy Hartle

Carlisle, MA

nmhincarlisle@gmail.com

MaryStarr Hope

San Anselmo, CA

marystarr.hope@mac.com

Gary Munson

(Former Chair)

Dover, NH

Peter Norton

Acton, MA

pnorton.home@gmail.com

Susan Talhouk

Carlisle, MA

nmhincarlisle@gmail.com

Summer Manager

Jennilee Sirois

Bridgton, ME

crcmanagers@gmail.com

Off-Season Managers

Chris Clyne & Ned Beecher

Tamworth, NH 03866

H: (603) 323-7862

chris.clyne@gmail.com

AMC Contact

Nancy Grant

AMC VCC Director

Strafford, VT

ngrant@outdoors.org

Key Volunteers

Lois Winkler,

Registrar

Pleasantville, NY

H: (914) 747-3194

Mark Weston, Website &
Facebook Coordinator

Arlington, MA

mark.william.weston@gmail.com

Kate Morris, Editor

The Little Deer Dispatch

Washington, D.C.

Emma Crane

Wish List, Education &
Conservation, & History

New London, NH 03257

bcrane@ou.edu

Jackie Cressey

Gardens

Bethel, ME

rivendel@megalink.net

Susan Dovell

Gardens

Harrison, ME

susan.dovell@gmail.com

Bill Gross

Hike Leader Coordinator

Merion, PA

H: (610)-667-3605

wmgross4@verizon.net

Jim Greaney

Naturalist Coordinator

Jenny Lane

Junior Naturalist Coordinator

Antonia Woods

Volunteer Coordinator

South Hadley, MA

awoods144@gmail.com

Bill Waste

Opening Weekend

Lyme, NH

(603) 795-4440

Bill Fuchs

Camp Closing Weekend

Newton, MA

(508)-789-9070

Jim Kenyon

Work Weekend

Westborough, MA

Cold River Camp

AMC Cold River Camp

32 AMC Road

Chatham, NH 03813-5201

Office: (603) 694-3291

Trip Leaders/Naturalists

Week 1: Chris McArdle, Annie
Hope, Mary Starr Hope,

Ellen Silverman (Naturalist)

Week 2: Annie Hope, Mary Starr
Hope, Chester Osborne, Erik
Hobbie (Naturalist)

Week 3: Ian Duncan, Larry Fink,
Jim Greaney (Naturalist)

Week 4: Jenny Lane, Chris McArdle,
Kristin Nam, Jim Greaney
(Naturalist)

Week 5: Jim Gorman, Chris
McArdle, Jenny Lane (Naturalist),
Wilhelmina Bradley (yoga)

Week 6: Ned Beecher, Rena
Dietz, Jim Gorman (Naturalist)

Week 7: Rena Dietz, Jim Liptack

Week 8: Rosa O'Connor, Bill
Fuchs (Naturalist)

Week 9: Jim Greaney, Sam Morris,
Mike Arnott & Mary White
(Naturalists)

Extension: Mark Levine (Aug. 30-
Sept. 3), Garry Crane (Sept. 7-10) ☊

AMC Cold River Camp

2020 Schedule

January through late May

January 1-31	Guest Full Week Registration Lottery (L. Winkler)
February 1	Guest Full Week Reservations Accepted, First Come First Served (Lottery Closes January 31)
April 1	Guest Partial Week Reservations Open
May 4	Winter Cabin Closes For Winter Guest Use
May 8-10	Camp Opening and Work Weekend
May 14-17	Bird Camp (Beecher, offseasonsignup@gmail.com)
May 16-19	Camp open for Group Use
May 23-25	CTA Work Weekend #1 & CTA Annual Meeting (Uggerholt)
May 25	Memorial Day

Late May through August

May 30-31	CTA Trail Work Weekend #2 (Uggerholt)
June 6-7, 13-14	Camp open for Group Use
June 20-27	Summer Season Preparation Week (Summer Managers)
June 27-July 4	CRC Guest Week 1 (Kids Free)
July 4 -July 11	CRC Guest Week 2 (Kids Free)
July 11-18	CRC Guest Week 3
July 18-25	CRC Guest Week 4
July 25-August 1	CRC Guest Week 5 (Yoga Week)
August 1-8	CRC Guest Week 6
August 8-15	CRC Guest Week 7
August 15-22	CRC Guest Week 8
August 22-29	CRC Guest Week 9
August 29	<i>End of Regular Summer Season</i>

August and Beyond

August 29 - Sept. 13	CRC Extension Season
September 7	<i>Labor Day</i>
September 11-13	CTA Trail Work Weekend #3 (CTA - Uggerholt)
Sept. 14-Oct.8	Open Fall Foliage Self Service Use/Caretaker Basis (Excluding Friday noon - Sunday noon)
September 18-20	Open for Group Use Off Season
October 10-11	CRC Camp Closing (Columbus Day Weekend)
Oct. 13 - May 5, 2021	Winter Cabin Open