

Creative Wellbeing Projects August to November 2021

Stay creative, connected, learn new skills and be inspired by the world around you. Join us either on a taster session, starting a new course or joining a creative peer led group.

We look forward to meeting you online or face to face in friendly, fun and sociable sessions. For B&NES residents. All places need to be booked in advance. See contact details below.

Overview of Creative Wellbeing Projects:

- 1. Creative Sketchbooks - taster session 17th August 1.15pm – 3pm outdoor session with Karen George and the Get Creative group**
 - Explore mark making and textures inspired by natural forms. Bring pencils, pens, paper
 - To book a place contact: karen@creativityworks.org.uk Phone: 07517 110612 or
 - Sign up and book through this online Survey link: <https://conta.cc/3Ac1Za4>

- 2. Mindful Walks: Keynsham High Street Explorations Project: 24th August Two Mindful Photography Walks – Keynsham (with Adrian Wyatt)**
 - **Morning session:** 10am – 12 noon - Meet at Temple Canteen, High Street, Keynsham.
 - To confirm your Free place on the **morning Mindful Photography** event please book through this online Survey link: <https://conta.cc/3f3LIRC>
 - **Afternoon session:** 1pm – 3pm – Meet at Temple Canteen, High Street, Keynsham. This is for those less mobile and will take in two close locations.
 - To confirm your Free place on the afternoon Mindful Photography short walk event please book through this online Survey link: <https://conta.cc/3BP2vMO>

- 3. Creative Sketchbooks with Karen George and the Get Creative group**
 - Tuesdays from 1:30 to 3pm 21st, 28th September, 5th and 12th October, The Hub, Foxhill and livestreamed online.
 - Explore patterns in nature using a range of different materials and techniques.
 - To book contact: karen@creativityworks.org.uk Phone: 07517 110612 or
 - Sign up and book through this online Survey link: <https://conta.cc/3jk6l2l>

- 4. Wellbeing Wanderers – Snap and Stroll - 6 week course starting on Wednesdays 2 – 4pm starting 29th September, Creativity Works in partnership with Bath Preservation Trust**
 - Come and explore Beckford's Landscape and find out more about Beckford's Tower. Bring your phone or camera to create images of the landscape. Wear outdoor clothing.
 - Please contact Jaq: jaq@creativityworks.org.uk 07912 880056
 - Sign up and book through this online Survey link: <https://conta.cc/3ChwZHq>

- 5. 4. Writing For Wellbeing – 4-week online course – Mondays 2 – 4pm Taster 4th October**
 - 4-week course: 18th, 25th Oct, 1st, 8th Nov
 - Contact karen@creativityworks.org.uk Phone: 07517 110612
 - Sign up and book through this online Survey link: <https://conta.cc/3lvo7Yl>

Creative Wellbeing Projects online and face to face supported by Creativity Works
Sign up to receive our monthly newsletter updates via our website www.creativityworks.org.uk
For videos to inspire your creativity visit Creativity Works Youtube channel: [creativityworks4](https://www.youtube.com/channel/creativityworks4)

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Creative Peer led Groups

Run by members for the members and usually meet weekly

Writing Space – Tuesdays 2pm – 3.30pm

- This friendly group meets indoors in central Bath and online via zoom on alternate weeks.
- For people of all writing skills. This is a sociable group enjoy fun sessions to develop and share ideas. Each session is led with many suggestions to inspire you.
- Let us know if you'd like to receive the Writing Space newsletter if you can't make the sessions.
- **Contact Karen:** karen@creativityworks.org.uk **Phone: 07517 110612**
- Sign up and book through this online Survey link: <https://conta.cc/3xzqQTD>

Get Creative art group - Tuesdays 1.30pm – 3pm

- Meeting at The Hub, Foxhill, Bath- and online.
- We explore different art techniques, develop new skills and plan sessions together. Facilitated by Creativity Works volunteers and occasional visiting artists.
- Live stream online sessions via Zoom for anyone that cannot meet face to face
- **Booking essential: Contact Karen:** karen@creativityworks.org.uk **Phone: 07517 110612** Sign up and book through this online survey link: <https://conta.cc/2WMdUwG>

Keynsham Snap & Stroll – 10am to 12 noon 2nd and 4th Tuesday of the month

- No experience necessary or fancy camera required! Bring camera or phone, appropriate clothing for weather and an open mind, meet new people and enjoy snapping and strolling
- A local wellbeing photography group explore in and around Keynsham and further afield. This friendly group offers opportunities to discover new ways of seeing.
- Meet at Keynsham Memorial Park. Contact Becky at Bath Mind 07538 113 890
- Sign up and book through this online Survey link: <https://conta.cc/3u7PtW1>

Keynsham Snap & Stay 10am – 12 noon 1st and 3rd Tuesday of the month

- Meet at One Community Trust staying in one locality – suitable for anyone less able to walk.
- Sign up and book through this online Survey link: <https://conta.cc/3iWLQ17>
- Contact Creativity Works karen@creativityworks.org.uk or Becky, Bath Mind 07538 113890

Happy Snappers

- Meeting every Thursday mornings 11am to 1pm.
- A small gathering of people enjoying a gentle walk, exploring various interesting spots in and around Bath. No experience necessary or fancy camera required! An upbeat and laid-back supportive group. Meet at St. Andrews Church, Foxhill.
- To Book Contact Becky 07538 113 890

Book in advance essential: Contact Karen karen@creativityworks.org.uk 07517 110612 or Philippa 07715 382 877 philippa@creativityworks.org.uk or for enquiries via AWP services Jaq: jaq@creativityworks.org.uk Phone: 07921 880056