**Co-Ment**

**Artist peer-mentoring programme**

Creativity Works is starting a brand-new peer-mentoring programme in response to conversations we have had with artists, at all stages of their careers, about what support would be most useful for them.

We will match mentees with mentors, and give you advice, support and training so that you can get the greatest impact from your relationship. You will decide when, how and for how long you would like to meet.

Being a mentor or a mentee has numerous benefits including:

What are the benefits for Mentees?

* being encouraged and empowered in personal development
* being helped to identify and achieve career goals
* increasing your confidence
* developing and maintaining a broader perspective on career options and opportunities
* having access to a senior role model
* developing mentoring/coaching skills

What are the benefits for Mentors?

* new perspectives and insight into your own practice
* opportunity for self-reflection, and personal satisfaction
* developing mentoring/coaching skills
* increased confidence
* personal fulfilment, particularly satisfaction from seeing mentee progression

Additionally, you will receive:

* Guidance and support from Creativity Works staff
* Initial training in mentoring
* Network opportunities

**If you are interested in being a mentor or mentee, please email us and tell us (on no more than 1 sheet of A4):**

1. Would you like to be a mentor or a mentee?
2. Why you are interested in this programme? What do you hope to gain from it?
3. Mentors: What skills and experience do you have that you think would make you successful as a mentor?

Mentees: What specific areas are you looking to develop with a mentor?

1. What would you be looking for in a mentor or mentee? Are factors such as location, experience or art-form important to you?

Please email [info@creativityworks.org.uk](mailto:info@creativityworks.org.uk) with Mentoring Programme in the title by **Friday 31st July**

*(Creativity Works cannot guarantee we will be able to accommodate all applicants as it will depend on numerous factors, including how many of each we receive. We will endeavour to successfully match up as many applicants as possible. If we cannot match you immediately we will operate a waiting list until a suitable mentor/mentee becomes available.)*