CREIGHTON MODEL Fertility Care System



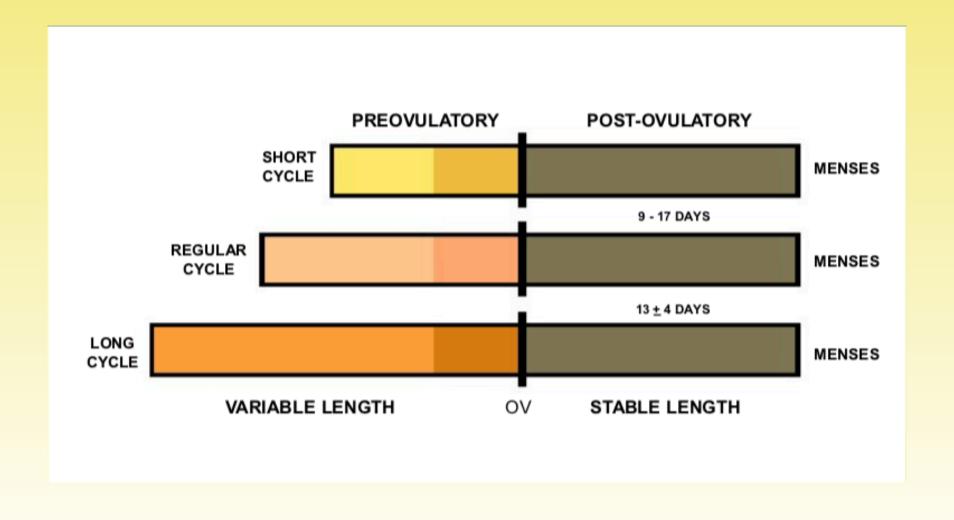
A BASIC REVIEW OF ANATOMY & PHYSIOLOGY

Introductory Session

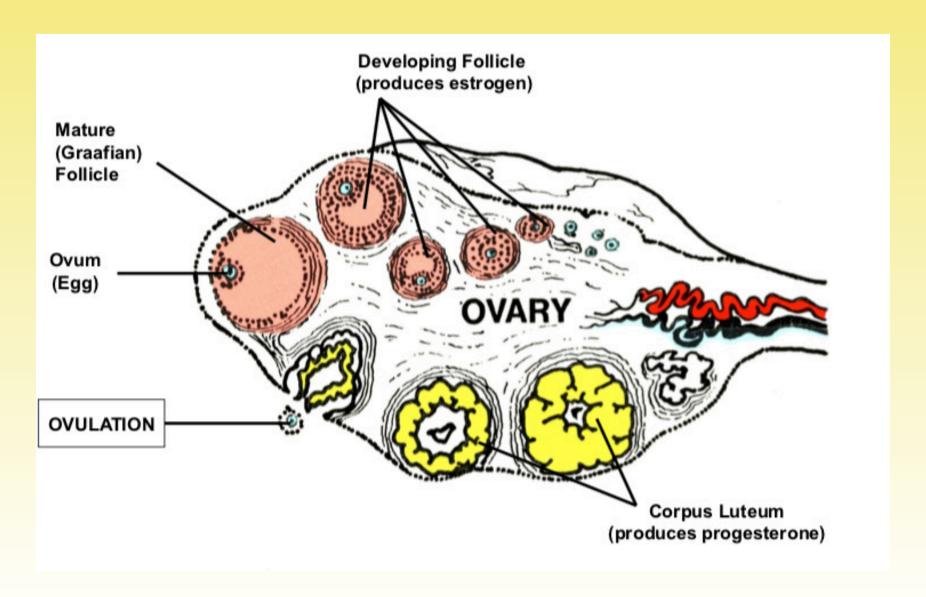
MEN ARE ALWAYS FERTILE

WOMEN ARE AT MOST TIMES INFERTILE

PHASES OF THE MENSTRUAL CYCLE



OVULATION CYCLE



OVULATION OCCURS ON ONLY ONE DAY IN EACH CYCLE

THE EGG LIVES ONLY 12-24 HOURS IF NOT FERTILIZED

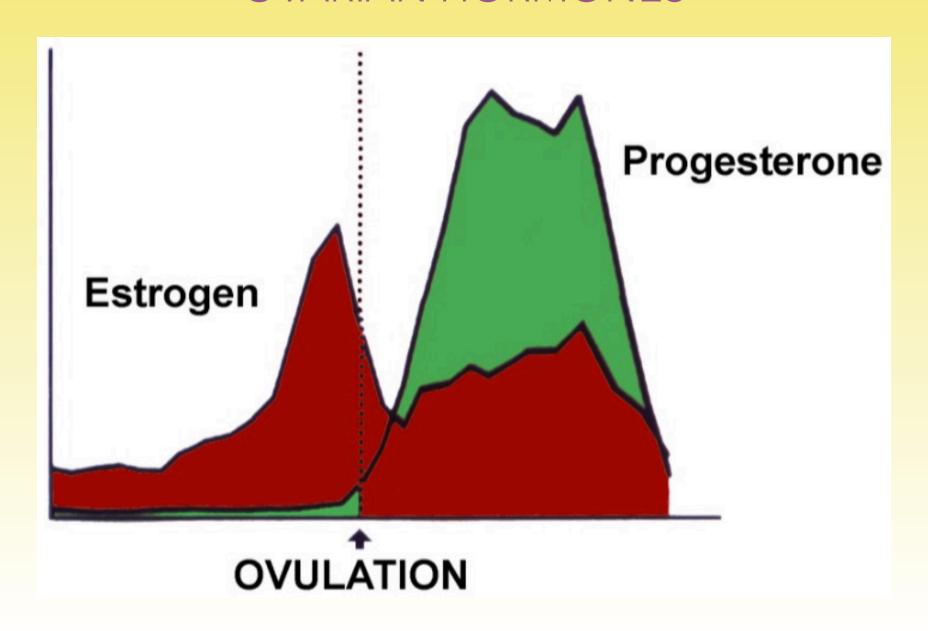
SPERM NEED MUCUS TO SURVIVE

SPERM WITHOUT MUCUS DIE WITHIN HOURS

SPERM WITH GOOD MUCUS MAY LIVE 3-5 DAYS

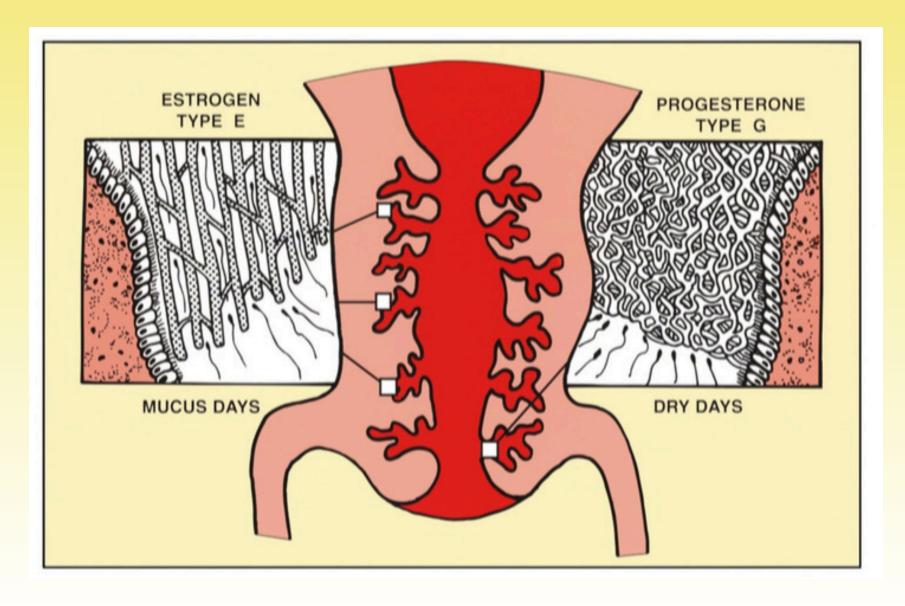
THE HORMONE ESTROGEN REACHES A PEAK THE DAY BEFORE OVULATION

OVARIAN HORMONES

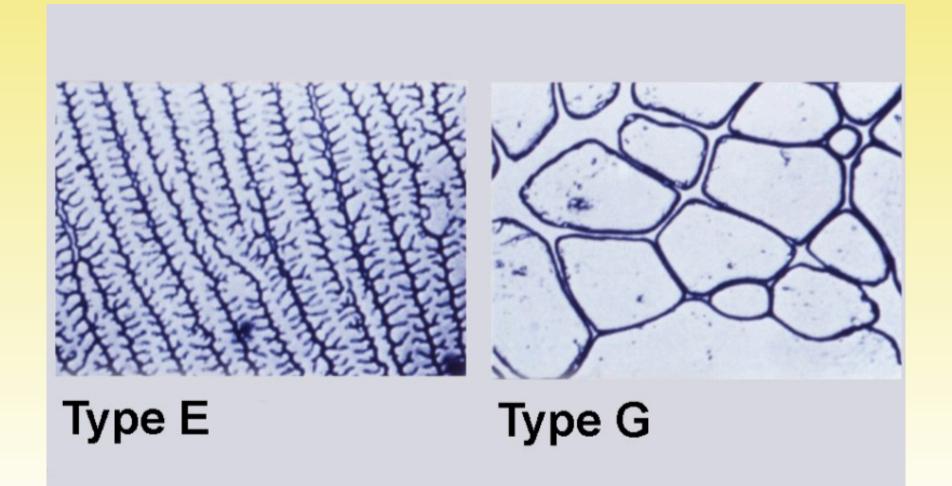


THE HORMONE ESTROGEN STIMULATES THE CERVICAL CRYPTS TO PRODUCE MUCUS

MAP OF THE CERVIX (ODEBLAD) & BIOLOGICAL VALVE



TYPE E AND TYPE G MUCUS



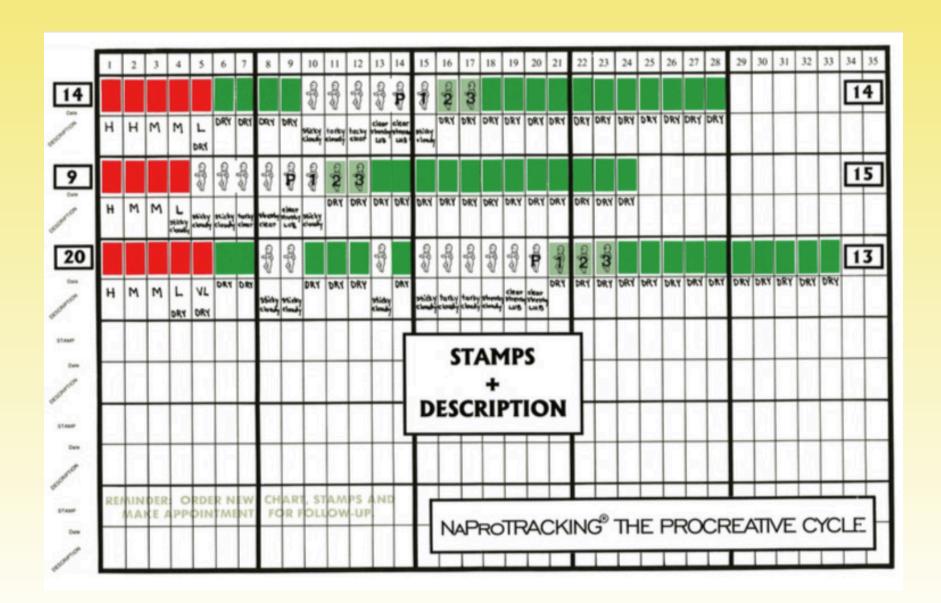
FERTILITY DEPENDS ON

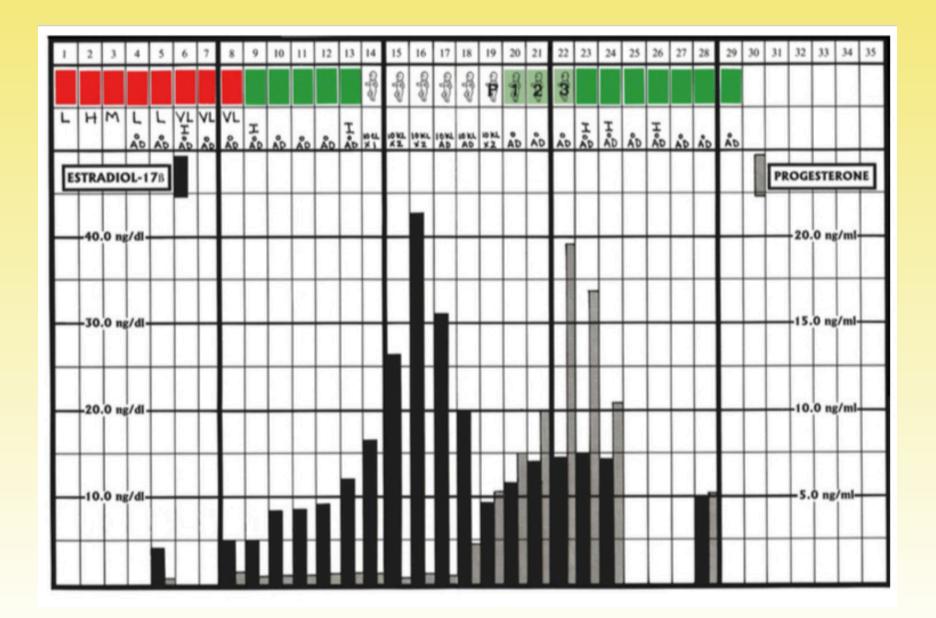
Good sperm Good eggs Good mucus

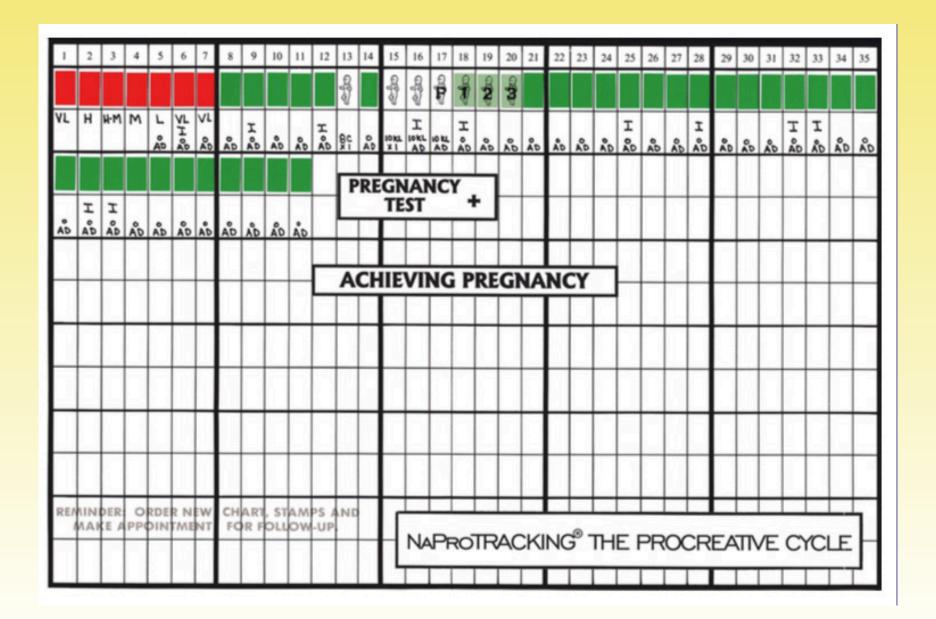
THE CREIGHTON MODEL SYSTEM

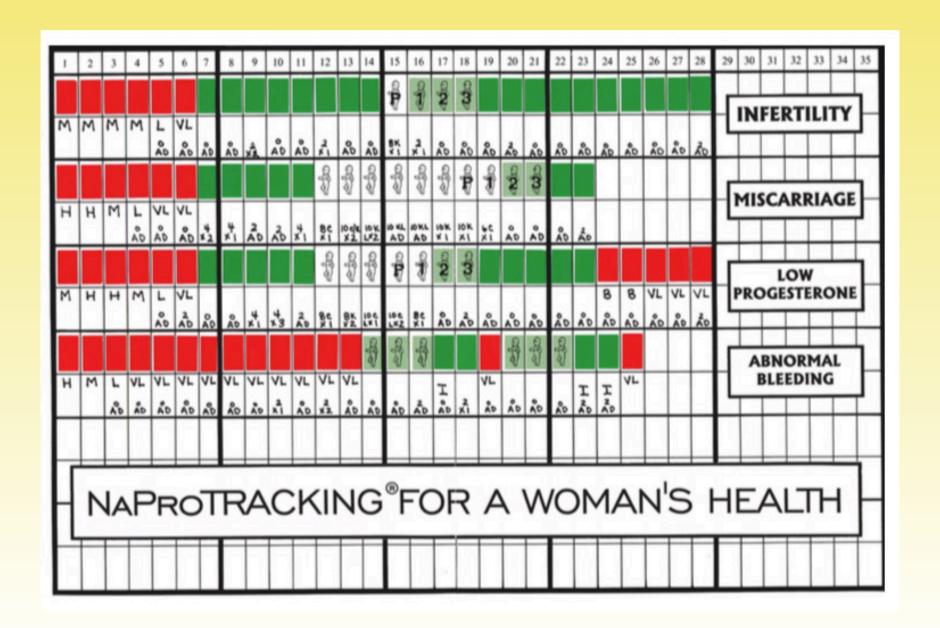
NaProTECHNOLOGY® The Procreative Cycle

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THE CREIGHTON MODEL SYSTEM TEACHES YOU:

To appreciate your fertility and the CHILDREN that may result from its use

To be an active participant in the monitoring and maintaining of your own Procreative and Gynecologic Health



CREIGHTON MODEL FertilityCareTM System

AN AUTHENTIC LANGUAGE OF A WOMAN'S HEALTH AND FERTILITY SN