



# CREIGHTON MODEL FertilityCare™ System

## SPICE INDEX

### CONFIDENTIAL ASSESSMENT

Person completing SPICE INDEX ☐ Woman ☐ Man

**INSTRUCTIONS:** Please answer the following questions to the best of your ability and bring this form with you to your second follow-up.

Please rate each of the following according to the following scale:

1 = Poor    2 = Fair    3 = Good    4 = Very Good    5 = Excellent  
n/a = Not applicable

At the **present time**, how would you rate the following?

- A. Dialogue (communication) with your spouse or fiancé(e)
- B. Mutual respect for each other
- C. The actual sharing of family planning responsibility
- D. The ability to exercise self-control or self-mastery in the area of your sexual relationship
- E. The ability to plan the avoidance of genital contact
- F. The ability to distinguish between arousal touch and affirming touch
- G. The ability to express tenderness and affection
- H. Your ability to **mutually** discuss your pregnancy related intentions
- I. Your ability to **mutually** discuss the fertility or infertility of any given day
- J. Your ability to **mutually** implement your pregnancy related intentions

	WOMAN'S SELF-EVALUATION	WOMAN'S EVALUATION OF MAN	MAN'S SELF-EVALUATION	MAN'S EVALUATION OF WOMAN
A	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
B	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
C	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
D	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
E	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
F	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
G	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
H	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
I	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
J	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
TOTAL POINTS	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>

For use at your Follow-up:

FU#  ID#

Calculation of your SPICE INDEX:

Date:

Woman's self-evaluation

Man's self-evaluation

Woman's evaluation of man

Man's evaluation of woman

TC