

# Summer Fun Fusion

Name **Yashvi Aggarwal**

Age **6 yrs**

## WHAT WE LEARNED



**10+**

Dance moves and  
1 choreography  
learned in 6 dance  
sessions



**6**

Art sessions where  
6+ Techniques and  
5 Elements of Art  
were explored



**30+**






Yoga poses,  
6 breathing  
techniques and 6  
yoga stories in 6  
yoga sessions

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## SPICE Learning through Arts, Yoga and Dance

	BUILDING BLOCKS	EMERGING	PROGRESSING	WELL-DEVELOPED
<b>SOCIAL</b> 	Listening & Attention		★	
	Participation	★		
	Communication			★
<b>PHYSICAL</b> 	Body co-ordination		💪	
	Flexibility		💪	
	Fine motor skills			💪
<b>INTELLECTUAL</b> 	Memory			🧠
	Comprehension			🧠
	Focus	🧠		
<b>CREATIVE</b> 	Imagination			🌈
	Adaptation		🌈	
	Presentation of Choreography		🌈	
<b>EMOTIONAL</b> 	Expression		❤️	
	Self-awareness			❤️

### Takeaways

**YOGA:** Yashvi has great communication skills, she conveys her messages with clarity and with proper reasons. She enjoys watching the yoga stories way too much that she forgets to do the poses in between.

**HIPHOP:** Yashvi was very communicative and participated well throughout and improved on her body coordination during the sessions.

**VISUAL ARTS:** Yashvi was very attentive and participated proactively in the Visual Arts sessions.