

Summer Fun Fusion

Name **Shrishti Deshmukh**

Age **6 yrs**

WHAT WE LEARNED



10+

Dance moves and
1 choreography
learned in 6 dance
sessions



6

Art sessions where
6+ Techniques and
5 Elements of Art
were explored



30+






Yoga poses,
6 breathing
techniques and 6
yoga stories in 6
yoga sessions

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SPICE Learning through Arts, Yoga and Dance

	BUILDING BLOCKS	EMERGING	PROGRESSING	WELL-DEVELOPED
SOCIAL 	Listening & Attention			★
	Participation		★	
	Communication			★
PHYSICAL 	Body co-ordination			💪
	Flexibility			💪
	Fine motor skills			💪
INTELLECTUAL 	Memory			🧠
	Comprehension			🧠
	Focus			🧠
CREATIVE 	Imagination			🌈
	Adaptation			🌈
	Presentation of Choreography		🌈	
EMOTIONAL 	Expression			❤️
	Self-awareness			❤️

Takeaways

YOGA: Even though Shrishti has been the quietest of her peers, she has shown keen attention when it comes to practising yoga and is consequently a very fast learner. I am always impressed by the ease with which she is able to learn something new, no matter how hard. Her passion for yoga definitely uplifted her peers to do better themselves.

HIPHOP: Shrishti participated well throughout the sessions and was very focused with good listening and attention skills. She has a good sense rhythm and musicality.

ARTS: Shrishti is an attentive learner and is quick to comprehend instructions. Given more opportunities, Shishti will be able to enhance her knowledge of perspective in art and hone skills of creativity and composition.