

# Summer Fun Fusion

Name **Vihaan. S**

Age **7 yrs**

## WHAT WE LEARNED



**10+**

Dance moves and  
1 choreography  
learned in 6 dance  
sessions



**6**

Art sessions where  
6+ Techniques and  
5 Elements of Art  
were explored



**30+**

Yoga poses,  
6 breathing  
techniques and 6  
yoga stories in 6  
yoga sessions

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## SPICE Learning through Arts, Yoga and Dance

	BUILDING BLOCKS	EMERGING	PROGRESSING	WELL-DEVELOPED
<b>SOCIAL</b> ★	Listening & Attention			★
	Participation			★
	Communication			★
<b>PHYSICAL</b> 👉	Body co-ordination			💪
	Flexibility			💪
	Fine motor skills			💪
<b>INTELLECTUAL</b> 🧠	Memory			🧠
	Comprehension			🧠
	Focus			🧠
<b>CREATIVE</b> 🌈	Imagination			🌈
	Adaptation			🌈
	Presentation of Choreography			🌈
<b>EMOTIONAL</b> ❤️	Expression			❤️
	Self-awareness			❤️

### Takeaways

**YOGA:** Vihaan was very attentive and actively participated in all the activities. He was very good with communication and always shared points that comes in his mind about the session. Vihaan also practised all the Yoga Poses very well and was determined to do them correctly.

**HIPHOP:** Vihaan was very focused and enjoyed dancing alot. He remembered all the steps and always answered promptly when asked.

**VISUAL ART:** Vihaan displays improved eye-hand coordination and expressed himself creatively through his art works.