

# Summer Fun Fusion

Name **Anvita Bagadi**

Age **10 yrs**

## WHAT WE LEARNED



**10+**

Dance moves and  
1 choreography  
learned in 6 dance  
sessions



**6**

Art sessions where  
6+ Techniques and  
5 Elements of Art  
were explored



**30+**

Yoga poses,  
6 breathing  
techniques and 6  
yoga activities in 6  
yoga sessions

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## SPICE Learning through Arts, Yoga and Dance

	BUILDING BLOCKS	EMERGING	PROGRESSING	WELL-DEVELOPED
<b>SOCIAL</b> ★	Listening & Attention		★	
	Participation			★
	Communication			★
<b>PHYSICAL</b> 👉	Body co-ordination			💪
	Flexibility		💪	
	Fine motor skills			💪
<b>INTELLECTUAL</b> 🧠	Memory		🧠	
	Comprehension		🧠	
	Focus	🧠		
<b>CREATIVE</b> 🌈	Imagination			🌈
	Adaptation			🌈
	Presentation of Choreography			🌈
<b>EMOTIONAL</b> ❤️	Expression			❤️
	Self-awareness		❤️	

## Takeaways

**YOGA:** Arjun listens to the instructions very carefully and follows whatever has been told. He is creative and enjoys all the activities taught.

**HIPHOP:** Arjun danced with a lot of energy and presented the choreography very well. He participated with a lot of interest and had excellent body coordination.

**VISUAL ARTS:** Arjun has a vivid imagination. He showed persistence and diligence in the Visual Arts sessions.