

Summer Fun Fusion

Name **Kiara**

Age **6 yrs**

WHAT WE LEARNED



10+

Dance moves and
1 choreography
learned in 6 dance
sessions



6

Art sessions where
6+ Techniques and
5 Elements of Art
were explored



30+

Yoga poses,
6 breathing
techniques and 6
yoga stories in 6
yoga sessions

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SPICE Learning through Arts, Yoga and Dance

	BUILDING BLOCKS	EMERGING	PROGRESSING	WELL-DEVELOPED
SOCIAL ★	Listening & Attention		★	
	Participation			★
	Communication			★
PHYSICAL 👉	Body co-ordination			💪
	Flexibility		💪	
	Fine motor skills			💪
INTELLECTUAL 🧠	Memory			🧠
	Comprehension			🧠
	Focus		🧠	
CREATIVE 🌈	Imagination			🌈
	Adaptation			🌈
	Presentation of Choreography		🌈	
EMOTIONAL ❤️	Expression			❤️
	Self-awareness			❤️

Takeaways

YOGA: Kiara has made a lot of noticable progress in her stability and strength. Her listening skills have always been fantastic and her friendly nature ensures a positive and enriching atmosphere throughout the sessions.

HIP HOP: Kiara enjoyed every session and actively participated and connected with the activity. Her listening and attention span improved during the sessions. She had good body coordination and expressed her imagination and interests openly.

VISUAL ARTS: Kiara has a vivid imagination. She showed persistence and diligence in the Visual Arts sessions.