

Summer Fun Fusion

Name Prisha Roy

Age 7 yrs

WHAT WE LEARNED



10+

Dance moves and 1 choreography learned in 6 dance sessions



6

Art sessions where 6+ Techniques and 5 Elements of Art were explored



30+

Yoga poses, 6 breathing techniques and 6 yoga stories in 6 yoga sessions



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SPICE Learning through Arts, Yoga and Dance

| | BUILDING BLOCKS | EMERGING | PROGRESSING | WELL-DEVELOPED |
|--------------|---------------------------------|----------|-------------|----------------|
| SOCIAL | Listening & Attention | | | * |
| | Participation | | | * |
| | Communication | | | * |
| PHYSICAL | Body co-ordination | | | 6 |
| | Flexibility | | | <u>6</u> |
| | Fine motor skills | | | 6 |
| INTELLECTUAL | Memory | | | 0 |
| | Comprehension | | | • |
| | Focus | | | @ |
| CREATIVE | Imagination | | | 6 |
| | Adaptation | | | 6 |
| | Presentation of Choreography | | <i>(</i> | |
| EMOTIONAL . | Expression | | | \(\psi\ |
| | Self-awareness | | | \(\psi\ |

Takeaways

YOGA: Prisha is very understanding and enthusiastic. She is creative and loves to come up with her own version of any pose that she learns.

HIP HOP: Prisha participated well throughout the sessions and was very focused with good listening and attention skills. She has a good sense rhythm and musicality.

ART: Prisha has vivid imagination. She exhibited an eye for details and proactively participted throughout all the sessions.