

# Summer Fun Fusion

Name **Divit Kansal**

Age **7 yrs**

## WHAT WE LEARNED



**10+**

Dance moves and  
1 choreography  
learned in 6 dance  
sessions



**6**

Art sessions where  
6+ Techniques and  
5 Elements of Art  
were explored



**30+**






Yoga poses,  
6 breathing  
techniques and 6  
yoga stories in 6  
yoga sessions

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## SPICE Learning through Arts, Yoga and Dance

	BUILDING BLOCKS	EMERGING	PROGRESSING	WELL-DEVELOPED
<b>SOCIAL</b> 	Listening & Attention			★
	Participation			★
	Communication			★
<b>PHYSICAL</b> 	Body co-ordination			💪
	Flexibility			💪
	Fine motor skills			💪
<b>INTELLECTUAL</b> 	Memory			🧠
	Comprehension			🧠
	Focus			🧠
<b>CREATIVE</b> 	Imagination			🌈
	Adaptation			🌈
	Presentation of Choreography		🌈	
<b>EMOTIONAL</b> 	Expression			❤️
	Self-awareness			❤️

### Takeaways

**YOGA:** Divit is courteous and cooperates with the facilitator in all ways. He is active, cheerful and excited to learn new things.

**HIP HOP:** Divit had good memory, he always remembered all the steps. He was interactive and active throughout the sessions, well done!

**ARTS:** During the sessions, Divit gained an understanding of Elements Arts; shape, lines, colour, values and textures. His creativity and vivid imagination were evident in his artefacts.