

# Summer Fun Fusion

Name **Aruvi Manya**

Age **6 yrs**

## WHAT WE LEARNED



**10+**

Dance moves and  
1 choreography  
learned in 6 dance  
sessions



**6**

Art sessions where  
6+ Techniques and  
5 Elements of Art  
were explored



**30+**

Yoga poses,  
6 breathing  
techniques and 6  
yoga stories in 6  
yoga sessions

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## SPICE Learning through Arts, Yoga and Dance

	BUILDING BLOCKS	EMERGING	PROGRESSING	WELL-DEVELOPED
<b>SOCIAL</b> ★	Listening & Attention	★		
	Participation		★	
	Communication			★
<b>PHYSICAL</b> 👉	Body co-ordination		💪	
	Flexibility	💪		
	Fine motor skills			💪
<b>INTELLECTUAL</b> 🧠	Memory			🧠
	Comprehension		🧠	
	Focus	🧠		
<b>CREATIVE</b> 🌈	Imagination			🌈
	Adaptation		🌈	
	Presentation of Choreography		🌈	
<b>EMOTIONAL</b> ❤️	Expression		❤️	
	Self-awareness		❤️	

### Takeaways

**YOGA:** Aruvi has been a challenging learner during the yoga sessions as her mind is always wandering into something creative. Her ideas are fascinating and her improvisations are always exciting! The activities she has participated in have been close to perfect and with a little more attention, she has it in her to go a long way. Well done Aruvi!

**HIP HOP:** During the interactions Aruvi was very creative and imaginative. She improved her body coordination as the session progressed.

**ART:** Aruvi is an enthusiastic learner who explored different elements of and techniques of art during her sessions. She gained an understanding of the Elements of Art: line, shape, form, value, colour, texture and space. She used them effectively while creating her artworks and demonstrates a good understanding of colour.