

## **Summer Fun Fusion**

Name Naira Chopra

Age 6 yrs

# WHAT WE LEARNED



10+

Dance moves and 1 choreography learned in 6 dance sessions



6

Art sessions where 6+ Techniques and 5 Elements of Art were explored



30+

Yoga poses, 6 breathing techniques and 6 yoga stories in 6 yoga sessions



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### **SPICE Learning through Arts, Yoga and Dance**

	BUILDING BLOCKS	EMERGING	PROGRESSING	WELL-DEVELOPED
SOCIAL	Listening & Attention		*	
	Participation		*	
	Communication		*	
PHYSICAL	Body co-ordination		6	
	Flexibility		6	
	Fine motor skills		6	
INTELLECTUAL	Memory		•	
	Comprehension		<b>@</b>	
	Focus		<b>@</b>	
CREATIVE	Imagination		6	
	Adaptation		6	
	Presentation of Choreography			6
EMOTIONAL .	Expression		•	
	Self-awareness		<b>\</b>	

#### **Takeaways**

YOGA: Naira enjoys doing yoga poses and practising along with the story. She is thoughtful in interactions.

HIP HOP: Naira was very observant and interactive during the sessions. She had a lot of fun dancing and doing all the activities, well done!

ARTS: During the sessions, Naira gained an understanding of Elements Arts; shape, lines, colour, values and textures. Her creativity and vivid imagination were evident in her artefacts. She displayed a sense of empathy and leadership skills and was seen supporting her peers with their learning.