

# Summer Fun Fusion

Name **Yasheita**

Age **7 yrs**

## WHAT WE LEARNED



**10+**

Dance moves and  
1 choreography  
learned in 6 dance  
sessions



**6**

Art sessions where  
6+ Techniques and  
5 Elements of Art  
were explored



**30+**

Yoga poses,  
6 breathing  
techniques and 6  
yoga stories in 6  
yoga sessions

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## SPICE Learning through Arts, Yoga and Dance

	BUILDING BLOCKS	EMERGING	PROGRESSING	WELL-DEVELOPED
<b>SOCIAL</b> ★	Listening & Attention			★
	Participation		★	
	Communication		★	
<b>PHYSICAL</b> 👉	Body co-ordination		💪	
	Flexibility		💪	
	Fine motor skills		💪	
<b>INTELLECTUAL</b> 🧠	Memory		🧠	
	Comprehension		🧠	
	Focus			🧠
<b>CREATIVE</b> 🌈	Imagination		🌈	
	Adaptation			🌈
	Presentation of Choreography			🌈
<b>EMOTIONAL</b> ❤️	Expression			❤️
	Self-awareness			❤️

### Takeaways

**YOGA:** Yasheita was attentive and eager to learn everything. She was very excited to watch the yoga stories and do poses along with it.

**HIP HOP:** Yasheita was very focused and enjoyed dancing throughout the sessions. She always answered promptly and had very good memory. She has a good sense of rhythm and musicality

**ART:** Yasheita participated in her sessions with enthusiasm and is very creative. She displays an eye for detail and good hand eye coordination.