

### **Summer Swing Hip Hop**

Name Aneshka Dabas

Age 7 yrs

# WHAT WE LEARNED



30 +

Basic steps in Hip Hop & street styles



10

Dance activities & games that helped in memory, focus and performance skills



3

Dance choreographies on different songs



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## **SPICE Learning Progress**

|              | BUILDING BLOCKS                 | EMERGING | PROGRESSING | WELL-DEVELOPED |
|--------------|---------------------------------|----------|-------------|----------------|
| SOCIAL       | Listening & Attention           |          |             | *              |
|              | Participation                   |          |             | *              |
|              | Communication                   |          |             | *              |
| PHYSICAL     | Overall Fitness                 |          |             | 6              |
|              | Agility                         |          | 6           |                |
|              | Body Coordination               |          | 6           |                |
| INTELLECTUAL | Memory                          |          |             | 4              |
|              | Comprehension                   |          |             | <b>@</b>       |
|              | Rhythm and musicality           |          |             | <b>@</b>       |
| CREATIVE     | Presentation of<br>Choreography |          |             | 6              |
|              | Improvisation                   |          | <i>6</i>    |                |
| EMOTIONAL    | Reflection                      |          |             | •              |
|              | Self-awareness                  |          | ••          |                |

#### **Takeaways**

Aneshka is passionate about dance and is willing to express herself and perform at any given moment. She is a very active learner and grasps the steps quick, she participated and enjoyed all the dance games and activies conducted during the sessions. She has the potential to be a great performed, well done Aneshka!