

# Summer Swing Hip Hop

Name **Freya**

Age **6 yrs**

## WHAT WE LEARNED



**30 +**

Basic steps in  
Hip Hop &  
street styles



**10**

Dance activities &  
games that helped  
in memory, focus  
and performance  
skills



**3**





Dance  
choreographies  
on different songs

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## SPICE Learning Progress

	BUILDING BLOCKS	EMERGING	PROGRESSING	WELL-DEVELOPED
<b>SOCIAL</b> 	Listening & Attention			★
	Participation			★
	Communication	★		
<b>PHYSICAL</b> 	Overall Fitness			💪
	Agility		💪	
	Body Coordination			💪
<b>INTELLECTUAL</b> 	Memory			🧠
	Comprehension		🧠	
	Rhythm and musicality		🧠	
<b>CREATIVE</b> 	Presentation of Choreography		🌈	
	Improvisation		🌈	
<b>EMOTIONAL</b> 	Reflection		💜	
	Self-awareness		💜	

## Takeaways

Freya really enjoyed her dance sessions, she participated actively with a lot of enthusiasm throughout the sessions. She has a great sense of rhythm and was also able to implement the steps she learnt in a creative manner during the freestyle activities. She was very expressive and also requested to practise some of the choreographies to be able to do them better. I enjoyed my sessions with Freya thoroughly and I would really recommend her to keep dancing, well done Freya