

# Summer Fun Fusion

Name **Kyra Bindra**

Age **8 yrs**

## WHAT WE LEARNED



**10+**

Dance moves and  
1 choreography  
learned in 6 dance  
sessions



**6**

Art sessions where  
6+ Techniques and  
5 Elements of Art  
were explored



**30+**






Yoga poses,  
6 breathing  
techniques and 6  
yoga stories in 6  
yoga sessions

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## SPICE Learning through Arts, Yoga and Dance

	BUILDING BLOCKS	EMERGING	PROGRESSING	WELL-DEVELOPED
<b>SOCIAL</b> 	Listening & Attention			★
	Participation			★
	Communication			★
<b>PHYSICAL</b> 	Body co-ordination			💪
	Flexibility			💪
	Fine motor skills			💪
<b>INTELLECTUAL</b> 	Memory			🧠
	Comprehension			🧠
	Focus			🧠
<b>CREATIVE</b> 	Imagination			🌈
	Adaptation			🌈
	Presentation of Choreography			🌈
<b>EMOTIONAL</b> 	Expression			❤️
	Self-awareness			❤️

## Takeaways

**YOGA:** Kyra listens carefully and actively participates in all the activities. She was attentive during yoga tales and performed the yoga poses quite well. Teaching Kyra has been such a delight. She has a keen interest to learn new things and pays attention to minute details in the process to learn. All the best to this little Yogi!

**HIP HOP:** Kyra is a very attentive and enthusiastic learner. She has good style and sense of rhythm while dancing. Her body coordination was really good and she had a lot fun dancing, well done!

**ARTS:** Kyra has been an enthusiastic learner. During the Arts Summer camp, she was very participative and gained an understanding on the Elements of Art: Line, Shape, Form, Value, Colour, Texture and Space. She used them effectively while creating her artworks. Her artworks reflect great imagination, eye for detail and a neat hand.