

# Summer Fun Fusion

Name **Ranbir Kapoor**

Age **6 yrs**

## WHAT WE LEARNED



**10+**

Dance moves and  
1 choreography  
learned in 6 dance  
sessions



**6**

Art sessions where  
6+ Techniques and  
5 Elements of Art  
were explored



**30+**

Yoga poses,  
6 breathing  
techniques and 6  
yoga stories in 6  
yoga sessions

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## SPICE Learning through Arts, Yoga and Dance

|                          | BUILDING BLOCKS              | EMERGING | PROGRESSING | WELL-DEVELOPED |
|--------------------------|------------------------------|----------|-------------|----------------|
| <b>SOCIAL</b><br>★       | Listening & Attention        |          |             | ★              |
|                          | Participation                |          |             | ★              |
|                          | Communication                |          |             | ★              |
| <b>PHYSICAL</b><br>👉     | Body co-ordination           |          |             | 💪              |
|                          | Flexibility                  |          | 💪           |                |
|                          | Fine motor skills            |          | 💪           |                |
| <b>INTELLECTUAL</b><br>🧠 | Memory                       |          |             | 🧠              |
|                          | Comprehension                |          |             | 🧠              |
|                          | Focus                        |          |             | 🧠              |
| <b>CREATIVE</b><br>🌈     | Imagination                  |          | 🌈           |                |
|                          | Adaptation                   |          |             | 🌈              |
|                          | Presentation of Choreography |          | 🌈           |                |
| <b>EMOTIONAL</b><br>❤️   | Expression                   |          |             | ❤️             |
|                          | Self-awareness               |          |             | ❤️             |

### Takeaways

**YOGA:** Ranbir has been jovial, communicative yet disciplined during all the Yoga sessions. He is a good listener and has participated in all the activities with enthusiasm. Teaching Ranbir has been such a delight. All the best to this little Yogi.

**ARTS:** Ranbir gained an understanding of the Elements of Art: line, shape, form, value, colour, texture and space. He used them effectively while creating his artworks. Given more opportunities, Ranbir will be able to further enhance his knowledge in art.

**HIP HOP:** Ranbir was very enthusiastic and participated in all the activities and games. He moved to the music really well and had a lot of fun dancing, well done!