

Summer Fun Fusion

Name **Ishaani**

Age **7 yrs**

WHAT WE LEARNED



10+

Dance moves and
1 choreography
learned in 6 dance
sessions



6

Art sessions where
6+ Techniques and
5 Elements of Art
were explored



30+

Yoga poses,
6 breathing
techniques and 6
yoga stories in 6
yoga sessions

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SPICE Learning through Arts, Yoga and Dance

	BUILDING BLOCKS	EMERGING	PROGRESSING	WELL-DEVELOPED
SOCIAL ★	Listening & Attention			★
	Participation		★	
	Communication		★	
PHYSICAL 👉	Body co-ordination			💪
	Flexibility			💪
	Fine motor skills			💪
INTELLECTUAL 🧠	Memory		🧠	
	Comprehension			🧠
	Focus			🧠
CREATIVE 🌈	Imagination		🌈	
	Adaptation			🌈
	Presentation of Choreography			🌈
EMOTIONAL ❤️	Expression		❤️	
	Self-awareness			❤️

Takeaways

YOGA: Ishaani has been the most silent but most observant among her peers. She enjoys every yoga activity planned for the session. Her mind is sharp and she has a strong will to learn and improve with every session! All the best lil yogi!

HIP HOP: Ishaani had a lot of fun dancing throughout the sessions. She was able to recall all the dance steps on her own and perform them, well done!

ARTS: Ishaani gained an understanding of the Elements of Art: line, shape, form, value, colour, texture and space. Her artworks reflect rich imagination and an eye for detail. Given more opportunities, Ishaani will be able to further enhance her knowledge in art and hone skills of creativity and composition.