

# Our God, Our Help in Ages Past

From Psalm 90:1-5

The musical score is written for a single voice and piano accompaniment. It features a treble and bass staff. The melody is primarily in the treble staff, with the piano accompaniment in the bass staff. The key signature has one sharp (F#), and the time signature is common time (C). The score is divided into two systems. The first system contains six lines of lyrics, and the second system contains three lines of lyrics. The lyrics are written in a mix of standard and italicized fonts. The piano accompaniment consists of chords and single notes, providing a harmonic foundation for the vocal melody.

1. *Our God, our help in a - ges past, Our hope for years to come,*  
 2. *Un - der the shad - ow of Thy throne Thy saints have dwelt se - cure;*  
 3. *Be - fore the hills in or - der stood, Or earth re - ceived her frame,*  
 4. *A thou - sand a - ges in Thy sight Are like an eve - ning gone,*  
 5. *Time, like an ev - er - roll - ing stream, Bears all its sons a - way;*  
 6. *Our God, our help in a - ges past, Our hope for years to come,*

Our shel - ter from the storm - y blast, And our e - ter - nal home;  
 Suf - fi - cient is Thine arm a - lone, And our de - fense is sure.  
*From ev - er - last - ing Thou art God, To end - less years the same.*  
*Short as the watch that ends the night Be - fore the ris - ing sun.*  
 They fly for - got - ten, as a dream Dies at the o - p'ning day.  
 Be Thou our guard while trou - bles last And our e - ter - nal home.