

Our God, Our Help in Ages Past

From Psalm 90:1-5

1. ¹Our God, our help in a - ges past, Our hope for years to come,
 2. Un - der the shad - ow of Thy throne Thy saints have dwelt se - cure;
 3. ²*Be - fore the hills in or - der stood, Or earth re - ceived her frame,*
 4. ⁴*A thou - sand a - ges in Thy sight Are like an eve - ning gone,*
 5. ⁵Time, like an ev - er - roll - ing stream, Bears all its sons a - way;
 6. Our God, our help in a - ges past, Our hope for years to come,

Our shel - ter from the storm - y blast, And our e - ter - nal home;
 Suf - fi - cient is Thine arm a - lone, And our de - fense is sure.
From ev - er - last - ing Thou art God, To end - less years the same.
Short as the watch that ends the night Be - fore the ris - ing sun.
 They fly for - got - ten, as a dream Dies at the o - p'ning day.
 Be Thou our guard while trou - bles last And our e - ter - nal home.

Music: William Croft, 1708

Text: Isaac Watts, 1719

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