

My maxim

“We must appreciate this gift of life, study it, and seek its truth”

[Appreciation for life]

Everything in this world is a single piece of a puzzle called life. Hydrogen, Carbon, and Oxygen form the grounds for everything tangible in this earth, and everything outside of it too, extending far beyond the edges of the universe. It's remarkable to think that we are made up of the same things that make stars shine bright in the night sky. In that case, there is to be an appreciation for everything and everyone as equals — as one.

[Student of the World]

In an age marked by unprecedented technological innovation, we can forget the negative externalities that come with them. The greater the technology is, the greater the negative impact it can have, and there has not been a single innovation in the history of humanity greater than the one we are experiencing right now — the advent of artificial intelligence. Technology has always had the single goal of pursuing ultimate comfort and convenience for the beholder, but to what extent can we make our lives more convenient without accepting that discomfort is a prerequisite for building resilience. Moreover, these technologies now live in much smaller spaces; we hold more technological power in the palm of our hand than the rocket that sent the first humans to the moon. While seemingly beneficial, they've been riddled with addictive applications that distract us from our daily lives. Does this mark the end of human curiosity? So long as we maintain a critical mind and seek to learn, I don't think so.

[Seeker of truth]

One's spiritual journey lasts them an entire lifetime. I do not think that we will ever obtain the answer to the most existential question that persists in this world — why are we all here, now, alive and present at this exact moment in time? Even if we get close, a part of me believes that we will never be able to fully comprehend the true answer to this question as it exists in a realm far beyond consciousness can ever reach. But this should not stop us from seeking it. If we as a conscious species are to have purpose, it is this.