

## PERSONAL INFORMATION



## Bogdan Alexandru Bitta

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Sex Male | Date of birth 03/09/1995 | Nationality Romanian

## JOB APPLIED FOR

## Massage therapist

## WORK EXPERIENCE

20/09/2017–15/01/2018

## Physiotherapist

Rheumatology clinic Chiriac Rodica, Iasi (Romania)

- Swedish massage
- Manual therapy
- Electrotherapy
- Taping skills

30/07/2018–08/03/2019

## Physiotherapist

Regina Maria Hospital, Iasi (Romania)

- Trigger points technique
- Deep tissue massage
- Manual therapy
- Sports massage
- Electrotherapy
- Taping skills

## EDUCATION AND TRAINING

01/10/2015–25/07/2018

## Physiotherapist

UMF GR. T. POPA, Iasi (Romania)

EQF level 5

30/09/2018–Present

## MSB Rehabilitation in Bioengineering

UMF GR T POPA, Iasi (Romania)

## PERSONAL SKILLS

Mother tongue(s)

Romanian

Foreign language(s)

|         | UNDERSTANDING |         | SPEAKING           |                   | WRITING |
|---------|---------------|---------|--------------------|-------------------|---------|
|         | Listening     | Reading | Spoken interaction | Spoken production |         |
| English | B2            | B2      | B2                 | B2                | B2      |
| French  | B1            | B1      | A1                 | A1                | A2      |

German

|    |    |    |    |    |
|----|----|----|----|----|
| A1 | A1 | A1 | A1 | A1 |
|----|----|----|----|----|

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user  
Common European Framework of Reference for Languages

### Communication skills

- Can easily organize a team for productivity
- Speaking and interactions skills evolved at the university and also at :  
  
Olympic Day Iasi 2016  
Be Active Iasi 2017  
Semimaraton Iasi 2016,2017,2018

### Organisational / managerial skills

- Every problem comes with a solution
- Ability to adapt in any situation
- Meticulous type
- Responsible
- Punctual

### Job-related skills

- Quick information absorbtion
- Energtic and optimistic type
- Great persuasion skills
- Stress resistance
- Fast thinker

### Digital skills

| SELF-ASSESSMENT        |                  |                  |                  |                 |
|------------------------|------------------|------------------|------------------|-----------------|
| Information processing | Communication    | Content creation | Safety           | Problem-solving |
| Proficient user        | Independent user | Basic user       | Independent user | Proficient user |

Digital skills - Self-assessment grid

- Office 2010

### Other skills

- Member at Rotaract Iasi Copou
- Member at Save the Children Iasi
- Amateur Photographer

Driving licence    B