

## PERSONAL INFORMATION

## Gabriel Pop



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Sex Male | Date of birth 5 Apr 1988 | Nationality Romanian

## WORK EXPERIENCE

1 Apr 2011–Present

**Massage therapist**

Self employed, Cluj - Napoca (Romania)

May 2012–Jul 2013

**Massage therapist**

Bamboo fitness &amp; Spa, Cluj - Napoca (Romania)

Feb 2017–Dec 2018

**Massage & Sauna Therapist**

Omnia Spa, Cluj - Napoca (Romania)

## EDUCATION AND TRAINING

Oct 2009–Aug 2012

**Certificat in Kinetotherapy**

Babes Boyai University, Cluj - Napoca (Romania)

EQF level 6

Oct 2010–Oct 2011

**Certificate in Massage Therapy**

Babes Boyai University, Cluj- Napoca (Romania)

EQF level 7

## PERSONAL SKILLS

Mother tongue(s)

Romanian

Foreign language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	B2	B2	B2	B2	B1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user  
Common European Framework of Reference for Languages - Self-assessment grid

Communication skills

- Good communication skills, gained through my experience as a sales man  
- Very good communication skills, with hospital patient, gained through my experience during my practice in faculty

Organisational / managerial skills

- I am a very good listener and I am open to any challenge and willing to learn

Digital skills

SELF-ASSESSMENT

Information processing	Communication	Content creation	Safety	Problem-solving
Basic user	Basic user	Basic user	Basic user	Basic user

Digital skills - Self-assessment grid