

CRISTIAN ORDOÑEZ, MPH, RD

Cristianordonezrd.com

565 Manchester Pl, Morganville, NJ 07751
Cristianordonezrd@gmail.com 732-912-4457

EDUCATION & PROFESSIONAL DEVELOPMENT

Commission on Dietetic Registration

Credentialed Registered Dietitian

Chicago, IL

September 2020

University of Michigan School of Public Health

Master of Public Health in Nutritional Sciences

Ann Arbor, MI

May 2019

Stockton University

Bachelor of Science in Biology

Galloway, NJ

December 2016

- Minor in Chemistry
- Graduated from the Educational Opportunity Fund Program (Fall 2012)

NUTRITION RELATED EXPERIENCE

Ocean Health Initiatives, Inc.

Registered Dietitian

Neptune, NJ

November 2020 – Present

- Conducted nutrition assessments via telehealth and in-person settings for pediatric, adult and geriatric patients with multiple comorbid conditions such as obesity, Diabetes, GI diseases, renal, food allergies, cardiovascular disease and malnutrition
- Developed and distributed nutritional educational material in educational level consistent with patients understanding for use in individual and group settings such as HDSP and DSME group classes

Louis Stokes Cleveland Veteran Affairs Medical Center Dietetic Internship

Dietetic Intern

Cleveland, OH

August 2019- July 2020

- Completed 1200 hours of supervised practice in Medical Nutrition Therapy, Foodservice Systems Management and Community Nutrition in accordance with practice areas of Registered Dietitians
- Developed and provided extensive nutrition education in areas including Diabetes Self-management, Renal, Spinal Cord Injury, Oncology, Cardiovascular Risk Reduction, General Medicine and Weight Management
- Facilitated over 25 hours of the VA's MOVE! Weight Management program in groups of between 5 and 20 Veterans, completed both in a classroom setting as well as through VA Video Connect

Cooking Matters for Kids

Nutrition Instructor

White Lake, MI

February 2019- April 2019

- Discussed strategies on how to incorporate nutritionally dense foods into daily diet with over 15 elementary aged students to improve meal selection for low income families
- Instruct tailored weekly lessons that create an intellectually engaging atmosphere for elementary students

Eastern Michigan University

Sports Nutrition Intern

Ypsilanti, MI

May 2018-August 2018

- Analyzed food intakes for over 600 student athletes across 17 sports to assure adequate caloric intake
- Developed a presentation regarding how student athletes can improve overall food intake to improve nutritional status

Ypsilanti Meals on Wheels

Volunteer

Ypsilanti, MI

August 2017-December 2017

- Consulted 10 elderly participants weekly to provide companionship to isolated individuals improving food access and their mental and physical well-being
- Maximized efficiency through creating improved volunteer driver routes to decrease transit time

FOOD SERVICE EXPERIENCE

CentraState Healthcare System

Diet Clerk

Freehold, NJ

May 2019-August 2019

- Provided nutrition education to patients, documenting care in the medical record under the direction of the Registered Dietitian
- Assisted patients in completing menu selections in compliance with prescribed diets

MENTORING EXPERIENCE

Brain Balance of Cherry Hill

Sensory Motor Intern

Mt. Laurel, NJ

September 2016- December 2016

- Mentored children with developmental or learning issues such as ADHD, dyslexia, Asperger Syndrome, etc. through series of balance, vestibular, and vision exercises to improve sensory and motor systems.

SKILLS & LANGUAGES

- **Software skills:** HTML, CSS, SPSS, JMP, Affinity Designer, Affinity Photo, InVision Studio, VA Video Connect, Citrix
- **Language:** Spanish (fluent)
- **Certifications:** ServSafe, NASM-CPT, Citi Training, Web Development Bootcamp
- **Professional Memberships:** Academy of Nutrition and Dietetics, National Hispanic Medical Association