

# CRISTIAN ORDOÑEZ, RD, MPH

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## EDUCATION

### Commission on Dietetic Registration

*Credentialed Registered Dietitian*

**Chicago, IL**

September 2020

### University of Michigan School of Public Health

*Master of Public Health in Nutritional Sciences*

**Ann Arbor, MI**

May 2019

### Stockton University

*Bachelor of Science in Biology*

**Galloway, NJ**

December 2016

- Minor in Chemistry
- Graduated from the Educational Opportunity Fund Program (Fall 2012)

## NUTRITION RELATED EXPERIENCE

### Louis Stokes Cleveland Veteran Affairs Medical Center Dietetic Internship

*Dietetic Intern*

**Cleveland, OH**

August 2019- July 2020

- Completed 1200 hours of supervised practice in Medical Nutrition Therapy, Foodservice Systems Management and Community Nutrition in accordance with practice areas of Registered Dietitians
- Developed and provided extensive nutrition education in areas including Diabetes Self-management, Renal, Spinal Cord Injury, Oncology, Cardiovascular Risk Reduction, General Medicine and Weight Management
- Facilitated over 25 hours of the VA's MOVE! Weight Management program in groups of between 5 and 20 Veterans, completed both in a classroom setting as well as through VA Video Connect

### Cooking Matters for Kids

*Nutrition Instructor*

**White Lake, MI**

February 2019- April 2019

- Discussed strategies on how to incorporate nutritionally dense foods into daily diet with over 15 elementary aged students to improve meal selection for low income families
- Instruct tailored weekly lessons that create an intellectually engaging atmosphere for elementary students

### Eastern Michigan University

*Sports Nutrition Intern*

**Ypsilanti, MI**

May 2018-August 2018

- Analyzed food intakes for over 600 student athletes across 17 sports to assure adequate caloric intake
- Developed a presentation regarding how student athletes can improve overall food intake to improve nutritional status

### Ypsilanti Meals on Wheels

*Volunteer*

**Ypsilanti, MI**

August 2017-December 2017

- Counseled 10 elderly participants weekly to provide companionship to isolated individuals improving food access and their mental and physical well-being
- Maximized efficiency through creating improved volunteer driver routes to decrease transit time

## FOOD SERVICE EXPERIENCE

### CentraState Healthcare System

*Diet Clerk*

**Freehold, NJ**

May 2019-August 2019

- Provided nutrition education to patients, documenting care in the medical record under the direction of the Registered Dietitian
- Assisted patients in completing menu selections in compliance with prescribed diets

### Club Demonstration Services

*Sales Advisor*

**Morganville, NJ**

June 2014-August 2017

- Educated club members on ingredient lists and preparation methods for a variety of different products resulting in improved ability to engage customer interest and increase sales
- Achieved daily sales goals for over four consecutive months leading to increased company capital income

## MENTORING EXPERIENCE

### Brain Balance of Cherry Hill

*Sensory Motor Intern*

**Mt. Laurel, NJ**

September 2016- December 2016

- Mentored children with developmental or learning issues such as ADHD, dyslexia, Asperger Syndrome, etc. through series of balance, vestibular, and vision exercises to improve sensory and motor systems.

## SKILLS & LANGUAGES

- **Software skills:** HTML, CSS, JavaScript, Bootstrap V3.3.7 & Bootstrap 4, SPSS, JMP, Affinity Designer, Affinity Photo, InVision Studio, React, Node.js, VA Video Connect, Citrix, Doximity, Computrition
- **Language:** Spanish (fluent)
- **Certifications:** ServSafe, NASM-CPT, Citi Training, Web Development Bootcamp
- **Professional Memberships:** Academy of Nutrition and Dietetics, National Hispanic Medical Association