Introduction

1.1 Project Overview

The Period Tracker is a software application designed to help individuals track and manage their menstrual cycles efficiently. It provides users with a user-friendly interface to log their menstrual data and gain insights into their menstrual patterns. The primary purpose of the Period Tracker is to help users keep track of their periods, and predict upcoming cycles. This information can be invaluable for individuals who want to better understand their menstrual health and monitor changes over time.

1.2 Purpose

The purpose of documentation for a period tracker is to provide users with comprehensive and useful information about the application's features, functionality, and usage. Documentation serves as a user guide and reference material to help users understand how to effectively use the period tracker application.

II.   Functionalities

Customer Module

- User registration
- Input personal information.
- Add symptoms
- Customer Database
- Status Tracking
- Data Insights

III. User Guide/User Manual

User Perspective

Enter the required information (Name, age group, menstrual cycle length). This will save the information and record it.

Make an entry of the first day of your last period in the calendar. This will save that information and record it.
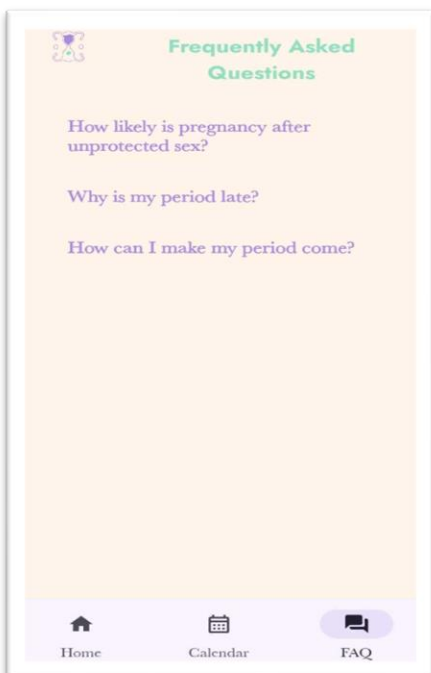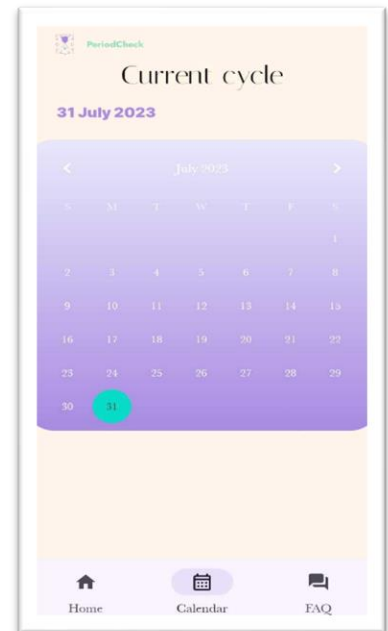

Make an entry of the last day of your last period in the calendar. This will save that information and record it.

In this window, you will see how many days are remaining before your calculated period. It also shows the expected date and day of your ovulation.

The calendar will help you track your next period. You can monitor here the date today.

FAQs (frequently asked questions) hold information of questions that you might want to ask.