



Certificate no: UC-f9c4f7bf-0b33-4bf5-a624-2944c037af16

Certificate url: ude.my/UC-f9c4f7bf-0b33-4bf5-a624-2944c037af16

Reference Number: 0004

CERTIFICATE OF COMPLETION

MINDFULNESS MEDITATION

with Jack Kornfield

Instructors **Jack Kornfield, Ph.D.**

Candida Rodriguez

Date **Jan. 21, 2023**

Length **4 total hours**