

abs.	KM- marker	distance (km)	description	altitude (m)	remarks
0	0	0	0 KASHGAR	1300	highway 315
214	-		214 yarkand	1300	turn left for this big town. end of highway 315, now highway 219. Turn right just after end of town
250	250	36	yecheng	1300	town
275	25	25	army base	-	
307	56	32	village	-	
308	57	1	end of asphalt	1850	-
312	61	4	village		basic food and beverage, shops, not friendly
322	71	10	village		basic food and beverage, shops
325	74	3	begin asphalt	-	
344	93	19	end of asphalt		until kilometer (abs): 2462 (barabhise)
351	100	7	akmeqit		nothing to buy
355	104	4	begin ascending to pass	-	
363	112	8	pass	3150	-
377	126	14	village	2400	road-repair-station, end descending
382	131	5	army base	-	
413	161	31	village		basic food and beverage, shops, army base, road-repair-station, restaurants
431	179	18	small army base	3280	Now abandoned?
446	194	15	begin ascend of pass	3900	-
458	206	12	small road repair station	4300	-
469	217	11	pass	4740	4993 by GPS, swichboard road
493	241	24	mazar	3600	restaurants, small! shops, dormitory, turn left for Ali, right for K2.
506	254	13	truck stop		Small restaurant, small shop in main building
542	289	36	road-repair-station	3860	3992 by GPS, uigur food, dirty dormitory
545	292	3	begin ascending pass	-	
562	309	17	pass	4670	4955 by GPS, Swichboard
577	324	15	road-repair-station		not in use
593	340	16	road-repair-station		very friendly guys, play volleyball or China chess with them!
607	354	14	end of descending	3430	-
617	364	10	xaidulla	3450	only important town until rutok xian, restaurants, shops, chocolate!
680	425	63	pass	4100	4305 by GPS
692	437	12	kangxiwar	3800	road-repair-station, end descending
744	487	52	dahongliutan	4000	restaurants, shops but not much, domitory
770	512	26	road-repair-station	4500	road-repair-station, truck driver will tell you its KM 509
792	534	22	pass	5200	5215 by GPS, flat uphill
795	537	3	end of descending	4940	-
801	543	6	tent		basic food and beverage, very good
836	577	35	tianshuihai		military base, basic food in shelter near road
891	630	55	begin ascending to pass	-	
934	672	43	tielong	5200	basic food and beverage, shops
950	688	16	pass	5350	5356 by GPS
974	712	22	begin ascending pass	4850	-
977	715	3	1' pass	5100	5206 by GPS, border between Xinjiang and Tibet.
982	720	5	2' pass	5272	by GPS
992	730	10	sumxi		basic food and beverage, dormitory, ask prices for everything, ripoff-place! River before town. by GPS, nomads around.Highest pass on the west tibet southern route.
1002	740	10	pass	5401	route.
1094	829	102	domar	4350	military base, basic food and beverage, restaurants, domitory
1110	845	16	pass	5000	4664 by GPS, flat uphill
1159	893	49	house		basic food and beverage when open
1161	895	2	reaching nyak lake	-	
1184	918	23	village		basic food and beverage, boats, dormitory. you can eat fish from the lake here! occasional checkpoint. PSB!, international calls, bank of china,
1199	933	15	rutok xian	4160	market, shops, turn left after the city for Ali
1227	960	28	nomad tents	-	
1229	962	2	tibetan houses	-	
1289	1020	60	pass	4800	flat uphill until 1 km before top. capital of ali prefecture, everything, hot shower, backpacker
1330	1060	41	ALI	4370	girls.SUS cash to yuan - not travellers checks or VISA by GPS. Turn left after Ali for shortcut. Don't follow telephone poles
1354	missing	24	pass	4735	for 41 km longer nightmare road!
1359	missing	5	main road	4285	by GPS. Very sandy and steep! decend of pass
1365	missing	6	basic food and beverage	-	
1387	missing	22	basic food and beverage	-	
1395	1164	8	bridge		End of short cut.
1406	1175	11	namru		old village, turn off to thlling
1409	1178	3	namru		new village, noodles, drinks, dormitory
1415	1184	6	pass	4670	4632 by GPS. More like 7 km to pass.
1425	1194	10	-	4480	-
1436	1205	11	basic food and beverage	-	
1469	1237	33	army base		basic food and beverage, shop, dormitory
1477	1245	8	basic food and beverage	-	
1486	1246	9	pass	4720	-
1500	1260	14	pass	4820	-
1526	1285	26	misar		important town. restaurants and shops. turn off to tirthapuri hot springs. Checkpoint at beginning of town.

1561 missing		35 river	difficult to cross
1562 missing		2 basic food and beverage	-
1569 missing		7 pass	4900 4820 by GPS
1584 missing		15 turn off darchen	after rivercrossing. Very bad road on downhill section.
			restaurants, shops, clothes, big rivercrossing just before town, small ones after town
1590 missing		6 darchen	4600 ones after town
1610 missing		20 turn off to purang	-
1613 missing		3 checkpoint	turnoff to purang
1614 missing		1 barga	shops, restaurant, gazoline station.
			shops, restaurant, stuck up with supplies here. Turn left into the vally after town, not around the lake.
1639 missing		25 horqu	Catch fish by hand. Very sandy road
1701 missing		62 lake	
1737 missing		36 mayun pass	5250 5215 by GPS
1757 missing		20 tents and house	basic food and beverage
1809 missing		52 tents	basic food and beverage, shops, guesthouse, rivercrossing
1852 missing		43 checkpoint	just after crossing the bridge
1873 missing		21 paryang	4630 basic food and beverage, hotels
1896 missing		23 pass	4800 4777 by GPS
1910 missing		14 basic food and beverage	-
1917 missing		7 pass	4800 4727 by GPS
1945 missing	28?	turn off to new zhongba	detour.
			l----> N. Z. Turn left for town just after entering the big plauteau. 5 km to town, shortcut back to main road.
1967	1703	22 first marker after misar	basic food and beverage, shop, road-repair-station
1968	1703	1 old zhongba	-
1986	1721	18 road-repair-station	-
1991	1726	5 pass	5000 4912 by GPS
2000	1735	9 end of descend	4580 by GPS
2019	1745	19 road-repair-station	-
2029	1755	10 road-repair-station	-
2033	1759	4 niugu	basic food and beverage, shop, road-repair-station
2063	1800	30 road-repair-station	-
2074	1810	11 road-repair-station	-
2083	1819	9 village	basic food and beverage, ambulance
2086	1822	3 road-repair-station	-
2099	1835	13 road-repair-station	-
2101	1837	2 pass	4930 4811 by GPS
			important town. restaurants and shops, etc. turn off to zhangmu. end
2109	1845	8 saga	4510 of highway 219
2111 missing		2 ferry crossing	2,5 Y per vehicle or free
2132 missing		21 pass	4830 4768 by GPS
2137 missing		5 end descending	4530 -
2144 missing		7 pass	4860 Very bad road!
2149 missing		5 first marker: 53	-
2177	59	28 road-repair-station	-
2184	66	7 turn off to zhangmu	-
2192 missing		8 pass	4946 by GPS
2244 missing		52 nature preserve center	basic food and beverage, sleep when open, checkpoint?
2268 missing		24 roadsplit	Turn left up into the pass just after the bridge
2275 missing		7 pass	5011 by GPS
2279	5266	4 reaching highway 318	4600 Entering between a dobbeltpass
2290	5277	11 pass	5150 5025 by GPS
			end of descending, begin of ascending. basic food and beverage.
2295	5282	5 road-repair-station	4900 sleep. 4882 by GPS
2302	5289	7 pass	5120 -
2316	5303	14 village	4580 road-repair-station
2324	5311	8 village	shop
2331	5318	7 road-repair-station	-
2339	5326	8 road-repair-station	army base
2350	5337	11 road-repair-station	-
2358	5345	8 nyalam	3810 important town, checkpoint before entering town
2389	5375	31 checkpoint	-
2390	5376	1 zhangmu	2800 important town, chinese border.
2398	8	8 kodari	nepalese border town
2412	98	14 begin of asphalt	small sections without asfalt
2437	60	25 pass	-
2441	56	4 bridge	640 by GPS. Lowest point on the entire route.
2452	45	11 pass	-
2467	30	15 pass	-
2497	0	30 KATHMANDU	1200 -