

Claire Rosenfrisk | Full Stack Developer

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WORK EXPERIENCE

Owner & Teacher | Embrace Life Yoga & Wellness, LLC | Online Studio | March 2020 - Present

- Provide accessible yoga for all (bodies, ages, abilities) through affordable online classes.
- Promotion via social media to maximize brand identity, utilize customer feedback to analyze savings and consider additional services.
- Maintain business with up-to-date class scheduling and payment collection.
- Compile and maintain business-related paperwork and bookkeeping.

Yoga Teacher & Licensed Massage Therapist | Life Time Fitness | Saint Paul, MN | 2016 - 2020

- Created a welcoming and professional atmosphere.
- Empathetic in a variety of situations.
- Elevated guest experience with meaningful conversation and 1:1 interactions.
- Improved stewardship and work ethic for self and coworkers by maintaining organized records.
- Fostered connection with guests through personalized correspondence and outreach.
- Provided services supporting a healthy way of life.

Office Manager | Heat and Frost Insulators and Allied Workers, Local 34 | 2013 - 2017

- Agile in a fast-paced environment.
- First point of contact for members, contractors, and guests.
- Right hand woman to the CEO.

EDUCATION

University of Minnesota & Trilogy Education Services | Full Stack Bootcamp | Nov. 2021 to present

St. Paul College | Certificate of Massage Therapy | 2018

Saint Olaf College | Bachelor's Degree: English Literature and Art History | 2009

SKILLS & TECHNOLOGY

- HTML
- CSS
 - Responsive / Mobile First
- JavaScript
- MySQL
- Visual Studio Code
- Slack
- GitHub
- Google
- Google Drive