- Women, worried about their men suffocating to death in a mine or bleeding their life out under a windfall banding together to form Ladies Auxiliaries.

 International Woodworkers of America Auxiliary members at Lake Cowichan lobbying for a road to the hospital, a union in the woods, schooling, medical facilities, milk and decent housing for their children.
- Women hiding organizers, trekking through the woods to sign up loggers. Women travelling by foot into company towns to deliver illegal birth control devices to desperate women...

British Columbia during and after the Second World War

IMAGES OF:

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- Women, never before employed, entering the shipyards, aircraft factories, driving trucks in the mines, cutting and stacking lumber. Former waitresses and domestic workers rivetting, welding, burning, painting, hauling.
- Women proud to buy their first round of beer for their co-workers on the "steel gang", proud to "string their own hoses".
- Women so good at catching rivets that they were the first called for a team when they walked into the yards.
- Women watching muscles develop with hard physical labour.
- Women working in cafes splitshifts and fourteen hour days. Women ready to walk off the job and into industry if their pay wasn't increased and their work-day shortened. Women organizing around the clock to sign up the downtown cafes.
- Women balancing childcare, housework, shopping, splitshifts and swingshifts.
- Women asserting their right to membership in the craft unions, helping to set up locals of industrial unions. Women writing columns in union newspapers, demanding the right to stay at work, childcare, equal pay for equal work.
- Women planning for industrial development, a merchant marine, social services, housing, consumer industries: post-war jobs.