

# DISCUSSION GUIDE: REFLECTING ON INDIVIDUAL MOTIVATION

Understanding the sources of intrinsic motivation to explore educational technology

## Sources of motivation

- Think about moments in your teaching experience that motivated you – what was the source of your motivation?
- Where do you find new ideas for your classes? Are you motivated by your colleagues' use of educational technology?

## Space for experimentation

- When was the last time you experimented with educational technology? What was the outcome?
- Can you identify concrete circumstances that prevent you from exploring the use of educational technology?

## Inspiring motivation

- What forms of institutional acknowledgement – reward schemes, reduction of teaching hours – are important for your motivation to engage with educational technology? How should these be best designed?
- What kind of organizational support do you need to have space to explore educational technology?