

# T & Cs and FAQs

- Medical aids not accepted.
- Full payment secures appointments.
- 24 hours cancellation policy applies.
- Payment will be forfeited for late cancellation or no shows.

#### Disclaimer:

Please be advised that I am not a Psychologist, Psychiatrist, or Registered Counsellor under the HPCSA. I am a Specialist Wellness Counsellor who is registered with the ASCHP and Council for Counsellors of South Africa. My services as a Specialist Wellness Counsellor encompass counselling, providing support, guidance, skills training, and psychoeducation to assist clients in managing their life situations. It's important to note that I do not make any diagnosis. Should any concerns arise that falls outside my scope of practice, I will refer clients to relevant professionals or organizations who can offer the appropriate assistance.

## Cash practice:

Kindly note that I operate a cash practice. No medical aids accepted.

## Online or in-person:

Online sessions for individuals (kids, adults and couples). Group sessions to be advised accordingly.

In person sessions coming soon.

## After-hour availability:

Depending on the personal circumstance and/or the severity of the situation, after hours sessions can be arranged. Different rates may apply.

#### Forms:

Please have a look under the resources tab on our website for intake forms.