



BENEFITS: HELP THE ANIMALS FUND **FUN RUN & WALK SUNDAY JUNE 10 SEWARD PARK** 

# REGISTER: 4 WAYS

**ONLINE:** (ends midnight Wednesday, June 6) FURRY5K.com Registration fees apply.

VISIT: (starts: April 27- ends: June 5) Capitol Hill: Fleet Feet Sports Seattle **Downtown:** Sound Sports

Greenlake: Super Jock n' Jill

Bellevue, Redmond, Issaquah: The Foot Zone

BY MAIL (postmarked by June 1, 2012) Fill out the attached registration form below and mail in, along with the fee, to:

Seattle Animal Shelter/Furry 5K, 2061 15th Avenue West, Seattle, WA 98119

### **EARLY REGISTRATION PRICES:**

\$25 with t-shirt\* -OR- \$20 without t-shirt\*

\*t-shirts guaranteed to those pre-registered by May 18th

## **DAY OF RACE REGISTRATION:** Sunday, June 10 - Seward Park

8:15-9:45 am: Registration

9:30 am: Deadline for timed runners to register.

**Price: \$30** (t-shirt not guaranteed) Checks preferred. Cash OK. No credit cards. Participants will be required to fill out a separate registration form at the event.

## **RACE PACKET & T-SHIRT PICK-UP:**

### Pre-Registered Early Packet Pick-up:

Saturday, June 9, 10am-2pm Seattle Animal Shelter (upper level) 2061 15th Avenue W. Seattle, WA 98119

Race Day Packet Pick-up:

Sunday, June 10 Seward Park 8:15-9:45 am

# RACE DAY INFO:

### **SEWARD PARK ADDRESS**

5900 Lake Washington Blvd. South, Seattle, WA 98118

#### **DRIVING DIRECTIONS**

From North or South I-5: Go east on I-90. Take Exit 3: Rainier Avenue South. Turn right on Rainier Avenue and go 3.1 miles. Turn left on South Orcas Street and go 0.9 miles. Continue onto Lake Washington Blvd. S and go south for 600 feet to Seward Park.

#### **PARKING**

There is no parking in Seward Park. Please carpool and plan to park a few blocks away.

### **SCHEDULE**

8:15-9:45 am: Race packet & T-shirt pick-up,

Day of Race\* registration at Seward Park

9:30 am: Deadline for Day of Race timed runners

to register

10:00 am: Run begins!

10:10 am: Walk begins (walk is not timed)

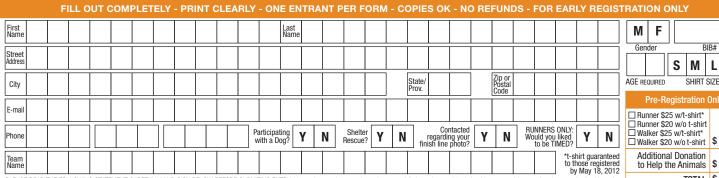
11:15 am: Awards Ceremony & Animal Product Expo

\*Day of Race participants will be required to fill out a separate registration form at the event. Day of Race registration price: \$30 (Checks preferred/cash OK. No credit cards.) T-shirt not guaranteed.

## **SAFETY COUNTS**

- •Dogs must be on leash at all times
- •No retractable leashes
- •No leashes longer than 6 feet
- •No female dogs in heat
- •No dogs under six months in the 5K run
- •No aggressive dogs
- •All dogs must be licensed & current on vaccinations

# **FURRY 5K EARLY REGISTRATION FORM JUNE 10, 2012**



PLEASE READ THE FOLLOWING STATEMENT CAREFULLY AND SIGN BELOW BEFORE SUBMITING ENTRY: I know that running a road race is a potentially hazardous activity. I should not enter this run unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, tripping, contact with other participants and their dogs, effects of weather, including high heat and/or humidity, traffic and conditions of the road/course, all such risks being known and appreciated by me. DOGS ARE REQUIRED TO BE ON A LEASH. OWNERS ARE FULLY RESPONSIBLE FOR KEEPING CONTROL OF THEIR DOG/S). Having read this waiver and knowing these facts in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, hereby agree to indemnify and hold harmless the City of Seattle and its sponsors, agents, officers, representatives, volunteers, employees, and Milliseconds Computer Services, LLC. and the Seattle Animal Shelter Foundation, from all liability arising out of any and all claims, demands, losses, damages, suits, actions, judgement of any kind and description which may occur to or be suffered by me as the race participant by reason of activities arising out of this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in the waiver. I grant permission to all of the foregoing to use any photographs, motion pictures, recording and other record of this event for any legitimate numose

Make checks payable to: Help the Animals Fund/Furry 5K

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**Pre-Registration Only** 

TOTAL \$

RIR#

L XL SHIRT SIZE

PRE-REGISTRATION BY MAIL MUST BE POST MARKED BY JUNE 1, 2012