

Girl Scouts of Northern California  
**Peninsula Girl Scout Day Camp**

**WELCOME, DAY CAMPER!**

This letter and the Daily Reminder sheet tell you everything you need for Day Camp. Don't throw this away until camp is over. Also, you can find this and additional information on the web site [www.peninsuladaycamp.org](http://www.peninsuladaycamp.org)

**CAMPER HEALTH FORM**

Please complete the online health form **by June 10th**. Only when we have received your health form will we be able to assign you to a unit. **If you have a medical condition that we should be aware of before camp begins, please email [medic@peninsuladaycamp.org](mailto:medic@peninsuladaycamp.org) before June 10<sup>th</sup>.**

**MEDICATIONS:** All prescription and over the counter medications must be administered through the camp medic. All medications should be given to the camp medic at the beginning of each day and must be in the original container and labeled with the child's name and instructions on how to administer. Prescription medication will only be administered to the camper whose name is on the prescription bottle.

**WHAT TO WEAR TO CAMP:** T-shirt with sleeves (NO TANK TOPS), Long pants that cover the ankles, socks that completely cover the ankles, sturdy closed-toed shoes. If your camper is inappropriately dressed, they will remain at Headquarters until a parent/guardian can bring them appropriate camp attire. We are trying to avoid splinters & bug bites.

**DO NOT BRING TO CAMP:** Any radios, pagers, cell phones, iPods, electronic equipment, money, valuables, toys, candy, gum, or pocket knives.

**LOST AND FOUND ITEMS:** *Label everything with your first and last name.* Articles left at camp after July 19 will be collected and taken to Debbie DeRuy's home, 941 Crane Avenue, Foster City. Everything will be on the front porch and available for searching for one week. Anything not claimed within two weeks will be given to charity.

**LATE ARRIVALS - EARLY DEPARTURES – ABSENCES:** If you know your child will be absent or arrive late please notify camp the day before in writing/email. [Debbie@peninsuladaycamp.org](mailto:Debbie@peninsuladaycamp.org) If this is not possible, please notify **Adam at 650-722-0940** before 9:00 AM. If your child needs to arrive or leave other than at regular times, you need to check her/him in or out at Day Camp Headquarters. It takes approximately 20 minutes to sign a child out and pick them up, please plan accordingly. If someone other than a parent is signing a camper out they must have a release signed by the parent.

**EMERGENCY CONTACT AT CAMP:** The only phone, at Park Headquarters, is a business phone, located 1/2 mile from our camp headquarters, and is for true emergencies ONLY. DO NOT use this phone for messages or reminders. In an **emergency** if you need to contact camp please call 650-400-0468 or 650-678-4863. These are cell phones and service can be unpredictable at camp.

**PREVENTION OF POISON OAK:** Poison oak within the immediate camp area has been removed, however, it is around the outlying areas and on the trails. Each day upon arrival home, you should take a thorough shower. Fels Naphtha Soap is highly recommended. Wearing long pants at camp and clean clothes and bandanna DAILY will lessen the chance of getting poison oak.

**TICKS:** At camp we do not have alligators, giraffes, or camels, but we do have a breed of tick, called the deer tick. The deer tick is smaller than the common tick. It is an insect of which we should be aware because Lyme disease is transmitted to humans by the bite of an infected deer tick. Lyme Disease has been reported in almost all states and has been found in the Bay Area. Your child should be checked daily for ticks when she/he arrives home.

**CAMPFIRE:** On Thursday, July 18 we have a traditional campfire gathering. This is a time for the entire camp to come together and celebrate that we have spent nine days together and are about to spend the night outdoors. This is not a parent participation event as parking is limited and you could imagine the chaos of getting the parents of 600+ campers in (and out). Therefore, only parents of graduating AIT's and those whose child is leaving camp will be permitted to park in the staff parking area. All others will be directed to park by the ranger station and walk into camp (approximately 1/2 mile). Better yet, if you want to check out the park, have your child give you a tour on the weekend. Thank you for your cooperation.

**For more information** contact the Camp Director Sharon Torrano (650) 678-4863 or Camp Administrator Debbie DeRuy (650) 400-0468. Remember during camp we will not be home until after 5:00 PM.

Girl Scouts of Northern California  
**Peninsula Girl Scout Day Camp 2013**  
 July 8 - 12 and July 15 - 19  
 9:00 a.m. to 4:00 p.m. Daily  
**Day Camp Daily Reminders**

**WHAT TO WEAR AND BRING EVERYDAY:**

- ❖ tee shirt (no tank tops), and long pants for hiking (no shorts or capris)
- ❖ socks and sturdy closed toe shoes, (no flip flops, sandals or slip on shoes)
- ❖ warm sweatshirt or jacket
- ❖ bandanna
- ❖ non-breakable mug with a handle
- ❖ water bottle

Monday, July 8	<b>Bring:</b> Scarf envelope (optional), Non-perishable bag lunch.
Tuesday, July 9	<b>Bring:</b> No Trash Lunch*, Picture Day
Wed., July 10	<b>Bring:</b> No Trash Lunch*, "You Go Girl!", "Skarts" and "Older Boys" units remember your archery, Planet Granite or any other appropriate permission slips for your unit.
Thursday, July 11	<b>Bring:</b> No Trash Lunch*
Friday, July 12	<b>Bring:</b> Brownie & Junior: Mess kit and dunk bag. All others: No Trash Lunch*
Monday, July 15	<b>Bring:</b> No Trash Lunch*
Tuesday, July 16	<b>Bring:</b> No Trash Lunch*, Pioneers bring overnight gear.
Wed., July 17	<b>Bring:</b> No Trash Lunch*, (Pioneers lunch will be provided.) Older Girls & Older Boys units bring overnight gear.
Thursday, July 18	<b>Bring:</b> No Trash Lunch*, (Pioneers, Older Girls & Older Boys lunch will be provided). All campers remember your mess kit, dunk bag & overnight gear
Friday, July 19	<b>Camp ends at noon.</b> Hope to see you all next year!

\*No Trash Lunch = an earth friendly way to picnic with no disposable packaging. You will be amazed at how much trash Day Camp will NOT have! All lunches should be non-perishable. Suggestions:

Pull out the old lunch box or use a canvas bag to pack your lunch.

Re-use a water bottle & fill with your beverage.

Re-use plastic containers for salad, sandwich, etc.

Use non-disposable utensils.

Try whole fruit like apples, oranges & bananas.

Pack a spare bandanna or cloth napkin.

Label everything with camper name

<p><b>Campers arriving late or not coming to camp that day:          Notify Adam at 650-722-0940 by 9 AM.</b></p>
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We look forward to enjoying Day Camp with all of you.

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**CAMPER RELEASE PERMISSION FORM**

***For the release of camper to person other than legal parent/guardian.***

Please **return this form to the bus stop monitor** if your camper will be picked up by someone other than a legal parent/guardian. Please tell your child this will be happening and who will be picking them up.

Camper's Name: \_\_\_\_\_ Telephone #: (\_\_\_\_\_) \_\_\_\_\_

Camper's Address & City: \_\_\_\_\_

**Person(s) who will pick up camper:**

\_\_\_\_\_  
Name Relationship to Camper

\_\_\_\_\_  
Name Relationship to Camper

\_\_\_\_\_  
Name Relationship to Camper

\_\_\_\_\_  
Signature of Legal Parent/Guardian

\_\_\_\_\_  
Print Name of Legal Parent/Guardian

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**CAMPER RELEASE PERMISSION FORM**

***For the release of camper to walk home from bus stop.***

Please **return this form to the bus stop monitor** if you wish your child to walk home from the bus stop.

*Please print or type all entries.*

Camper's Name: \_\_\_\_\_ Telephone #: (\_\_\_\_\_) \_\_\_\_\_

Camper's Address & City: \_\_\_\_\_

My Child \_\_\_\_\_ has my permission to walk home from the bus stop.

\_\_\_\_\_  
Signature of Legal Parent/Guardian

\_\_\_\_\_  
Print Name of Legal parent/Guardian

## OVERNIGHT INFORMATION

### **OVERNIGHT DATES:**

Pioneers & Backpackers – Tuesday, Wednesday & Thursday, July 16, 17, 18  
Older Girls & Older Boys (6th grade and up) - Wednesday & Thursday, July 17, 18  
Daisies, Brownies, Juniors, Younger Boys, Middle Boys, Kamp Kids - Thurs, July 18

### **LABEL EVERYTHING WITH FIRST AND LAST NAME**

### **WHAT TO BRING ON THE OVERNIGHT:**

- Sleeping bag (no slumber bag).
- Waterproof ground cloth, 6' x 6' (tarp, plastic garbage bag, old shower curtain)
- In a small duffel or tote bag pack:
  - Empty plastic bag for dirty clothes
  - Additional large trash bag to repack for the return trip (bags tend to get torn)
  - Warm pajamas or sweat suit (NO nightgowns, slippers or robe)
  - Change of underwear, shirt and socks
  - Zip lock bag with: hand towel, toothbrush, toothpaste, hairbrush, and/or comb. (There is soap at camp)

**Place all the above items in a large duffel or large strong trash bag and tie securely. Attach the Bus-coded nametags (you will receive these the second week of camp from the Bus Monitor) with your name and unit # written in, to the trash/duffel bag and sleeping bag.**

Please send campers with a backpack on Thursday, just like the other days of camp. This backpack should be separate from their overnight gear and should contain:

- Dunk bag - or mesh bag with a draw string
- Eating utensils, knife, fork, spoon; mess kit or unbreakable plastic plate, bowl, heat-proof cup – put all into dunk bag
- All units should bring lunch for Thursday, dinner will be provided
- Water bottle
- Flashlight - with fresh batteries, be sure it works!
- Warm sweatshirt or jacket - an extra one in addition to the one worn to camp

**LABEL EVERYTHING WITH FIRST AND LAST NAME:** All campers are responsible for their own clothing and equipment. Travel light. What you take, you carry.

**CAMPERS:** No fair dumping everything into the trash bag Friday morning! YOU must re-roll all your equipment and tie it securely before boarding the bus to go home. Make sure your NAME TAG is visible so that your luggage will be put on the right bus!

# Peninsula Girl Scout Day Camp Scarf Order Form

*Please print*  
*Enclose payment and order form in an envelope*  
*Send with your camper*

Camper Name \_\_\_\_\_

wishes to purchase \_\_\_\_\_ scarves @ \$5 per scarf

Total Enclosed \$ \_\_\_\_\_

Please Circle Color Choice:

Turquoise

Blaze Orange

Blue

Hot Pink

Yellow

Lime Green

Lilac

Teal

Peach

Gold

We do not have an unlimited supply of each color - we will do our best to accommodate everyone's color choice. Your camper will be able to see all the colors available and choose at camp if you prefer.

<b>Unit Number</b>
<b>For Unit Leader Use Only</b>