



CRU-025-DOSE

Plate #001

Screening #001

Subject ID:

Centre

Patient ID

Visit Date:

yyyy

mm

dd

Participant Screening Form

1. Interviewer's Initials:

(First/Last)

Interview Date:

yyyy

mm

dd

2. Screening ID:

3. Signed Consent
Form:☐

Yes

☐

No

4. Date of Consent:

yyyy

mm

dd

5. Gender:

☐

Male

☐

Female

6. Date of Birth

yyyy

mm

dd

7. Confirmation that patient will be discharged
to local inpatient stroke rehab?☐

Yes

☐

No

Date Psychiatry consult completed:

yyyy

mm

dd



CRU-025-DOSE

Plate #002

Screening #001

Subject ID:

*Centre**Patient ID*

Visit Date:

*yyyy**mm**dd*

Inclusion Criteria

Participant is included in the study if:

a) Within 4 weeks post hemorrhagic or ischemic CVA:

☐

Yes

☐

No

b) Pre-stroke disability <2 (less than 2) on the Modified Rankin Scale.

☐

Yes

☐

No

c) Able to ambulate at least 15 feet (5 m distance). May use assistive and/or orthotic device and maximum one person assist.

☐

Yes

☐

No

d) Overground walking speed less than 1.0m/s (over a 5 m distance)

☐

Yes

☐

No

e) Able to understand and follow directions

☐

Yes

☐

No

f) Greater than or equal to 19 years of age.

☐

Yes

☐

No



CRU-025-DOSE

Plate #002

Screening #001

Subject ID:

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Centre

--	--	--

Patient ID

Visit Date:

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yyyy

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mm

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dd

Exclusion Criteria

Participant is excluded in the study if:

a) Pre-stroke health included a gait disorder or disease that affected ambulation (musculoskeletal conditions, amputation, etc.)

	Yes
--	-----

	No
--	----

b) Pre-stroke health included a neurological condition (such as Parkinson's disease or Multiple Sclerosis) or other serious medical condition (active cancer, uncontrolled diabetes)

	Yes
--	-----

	No
--	----

c) Excessive pain in the body/joint preventing participation in an exercise intervention.

	Yes
--	-----

	No
--	----

d) Participating in an experimental drug field study.

	Yes
--	-----

	No
--	----

e) Participating in another formal exercise rehabilitation clinical trial.

	Yes
--	-----

	No
--	----

10. Participant meets study criteria and would like to proceed with study.

	Yes
--	-----

	No
--	----

11. Participant meets study criteria, but does not want to proceed with study.
Comment: _____

	Yes
--	-----

	No
--	----

12. Participant does not meet study criteria AT THIS TIME, but would like to be re-evaluated for the study in one week.
Comment: _____

	Yes
--	-----

	No
--	----

13. Participant does not meet study criteria.
Comment: _____

	Yes
--	-----

	No
--	----



CRU-025-DOSE

Plate #005

Screening #001

Subject ID:

Centre

Patient ID

Visit Date:

yyyy

mm

dd

Participant Randomization Form

1. Interviewer's Initials:

(First/Last)

Interview Date:

yyyy

mm

dd

2. Screening ID:

Gender:

☐

Male

☐

Female

Date of Birth:

yyyy

mm

dd

FIM Transfer Status:

☐ ≥ 5 (Greater than or equal to 5)☐

< (Less than 5)

Study Site:

☐

GF Strong

☐

Holy Family

☐

Fanning

☐

Foothills

☐Toronto
Rehab

Age:

☐ ≥ 60 (Greater than or equal to 60)☐ ≤ 60 (Less than 60)

Meets all study inclusion criteria (Participant Screening Form):

☐

Yes

☐

No

Meets all study inclusion criteria (Participant Screening Form):

☐

Yes

☐

No

Passed exercise stress test:

☐

Yes

☐

No

Signed consent form:

☐

Yes

☐

No

Date consent signed:

yyyy

mm

dd