

Subject ID: 

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*Centre Patient ID*

Visit Date: 

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*yyyy mm dd*

## Patient Screening Form

1. Interviewer's Initials:

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2. Signed Consent Form:

☐ Yes☐ No

3. Date of Consent:

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*yyyy mm dd*

4. Gender:

☐ Male☐ Female

5. Date of Birth:

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*yyyy mm dd*

6. Confirmation that patient will be discharged to local inpatient stroke rehab:

☐ Yes☐ No

Date Physiatry consult completed:

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*yyyy mm dd*

## Inclusion Criteria

Participant is included in the study if:

	Yes	No
a) Within 4 weeks post hemorrhagic or ischemic CVA:	<input type="checkbox"/>	<input type="checkbox"/>
b) Pre-stroke disability <2 (less than 2) on the Modified Rankin Scale.	<input type="checkbox"/>	<input type="checkbox"/>
c) Able to ambulate at least 15 feet (5 m distance). May use assistive and/or orthotic device and maximum one person assist.	<input type="checkbox"/>	<input type="checkbox"/>
d) Overground walking speed less than 1.0m/s (over a 5 m distance)	<input type="checkbox"/>	<input type="checkbox"/>
e) Able to understand and follow directions	<input type="checkbox"/>	<input type="checkbox"/>
f ) Greater than or equal to 19 years of age.	<input type="checkbox"/>	<input type="checkbox"/>

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*yyyy mm dd*

## Exclusion Criteria

Participant is excluded in the study if:

	Yes	No
a) Pre-stroke health included a gait disorder or disease that affected ambulation (musculoskeletal conditions, amputation, etc.)	<input type="checkbox"/>	<input type="checkbox"/>
b) Pre-stroke health included a neurological condition (such as Parkinson's disease or Multiple Sclerosis) or other serious medical condition (active cancer, uncontrolled diabetes)	<input type="checkbox"/>	<input type="checkbox"/>
c) Excessive pain in the body/joint preventing participation in an exercise intervention.	<input type="checkbox"/>	<input type="checkbox"/>
d) Participating in an experimental drug field study.	<input type="checkbox"/>	<input type="checkbox"/>
e) Participating in another formal exercise rehabilitation clinical trial.	<input type="checkbox"/>	<input type="checkbox"/>
10. Participant meets study criteria and would like to proceed with study.	<input type="checkbox"/>	<input type="checkbox"/>
11. Participant meets study criteria, but does not want to proceed with study.	<input type="checkbox"/>	<input type="checkbox"/>
Comment: _____		
12. Participant does not meet study criteria AT THIS TIME, but would like to be re-evaluated for the study in one week.	<input type="checkbox"/>	<input type="checkbox"/>
Comment: _____		
13. Participant does not meet study criteria.	<input type="checkbox"/>	<input type="checkbox"/>
Comment: _____		

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## Participant Randomization Form

1. Interviewer's Initials: 

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Gender: ☐ Male ☐ Female

Date of Birth: 

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*y y y y m m d d*

FIM Transfer Status: ☐  $\geq 5$  (Greater than or equal to 5) ☐  $<$  (Less than 5)

Study Site: ☐ GF Strong ☐ Holy Family ☐ Fanning

☐ Foothills ☐ Toronto Rehab

Age: ☐  $\geq 60$  (Greater than or equal to 60) ☐  $\leq 60$  (Less than 60)

Meets all study inclusion criteria  
(Participant Screening Form): ☐ Yes ☐ No