# Crunch Time

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Introduction:

New year, new me, the saying goes. And what better path of self improvement for us tired, constantly coding college students to take than the one of personal health and fitness? This app called Crunch time is an android application that allows users to easily convert the amount of their exercises to calories burned and the same amount of workload compared with other exercises.

Video Demonstration Link (Youtube): https://youtu.be/9ocG9IZ-_lQ

Github Repository Link: https://github.com/cs160-sp16/prog-01-crunch-time-LikeASmallBoss
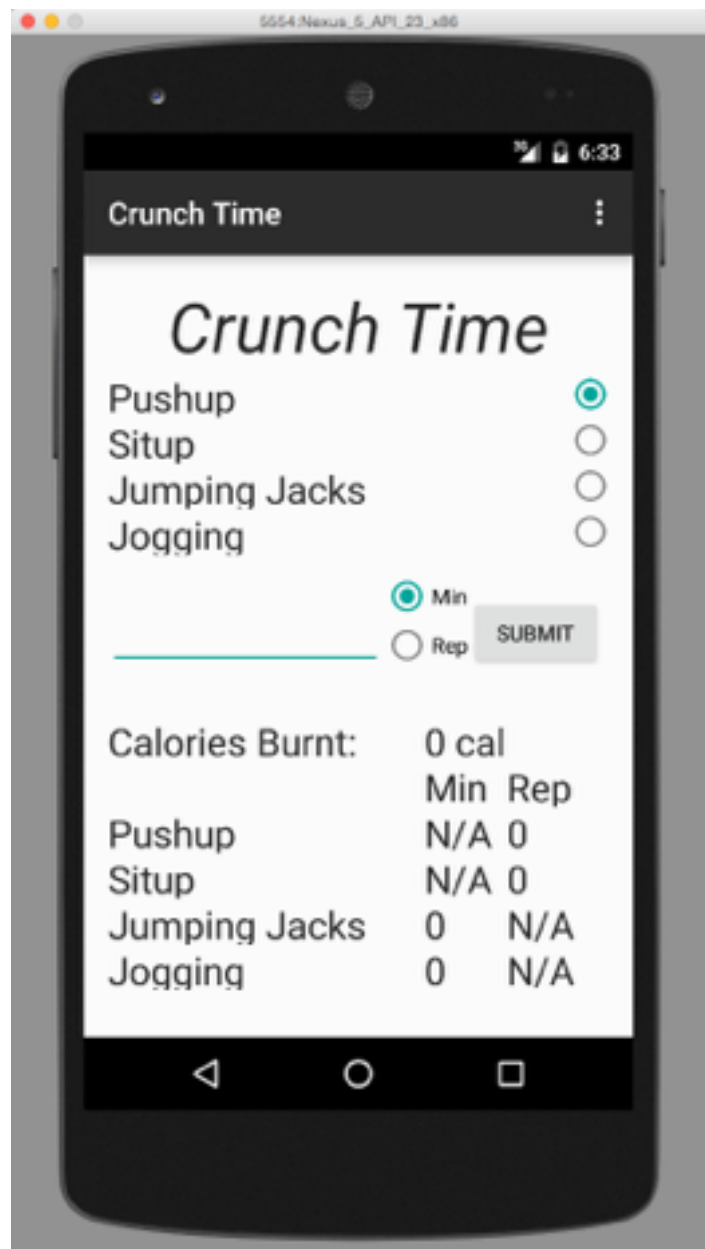
Features:

The app would allow users to enter the type of exercise and how many reps/ minutes they did. The user should see how many calories they have burned. Also it could allow a user to enter the type of exercise and how many reps/minutes they did. The user should also see the equivalent amount of minutes/reps for any other exercise needed to burn an equivalent amount of calories.

How to Use:

First, user would need to open the app and put in the right number of minutes of exercise or reps, if the user mis put the different types of exercise with wrong units, the app would give the user a warning.
[as shown in the right pic]
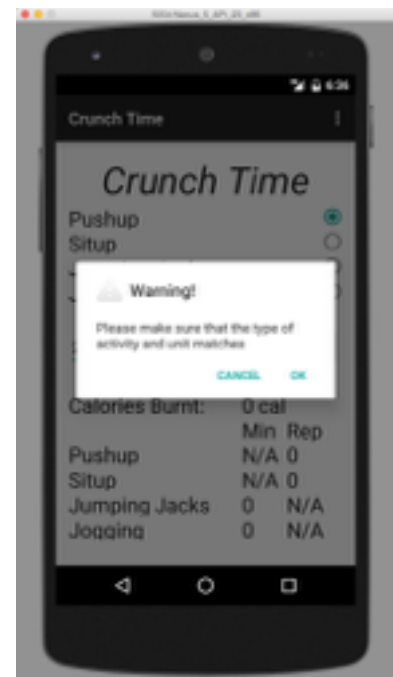
If the user have the right input and the selection of the exercise type and unit matches, once the user clicks Submit button, the app would give out the right answer for that, which includes:

The calories the amount of exercise burns;
A table of the amount that other exercises needed to achieve the same amount of calories burning;