

# Building Autonomous Reinforcement Learning Agents



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CS224R: Deep Reinforcement Learning  
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# Plan for Today

- Why aren't robots autonomous already?
- Defining the problem: **autonomous RL**
- Developing the algorithms
  - Forward-backward RL, MEDAL
  - QWALE/single-life RL

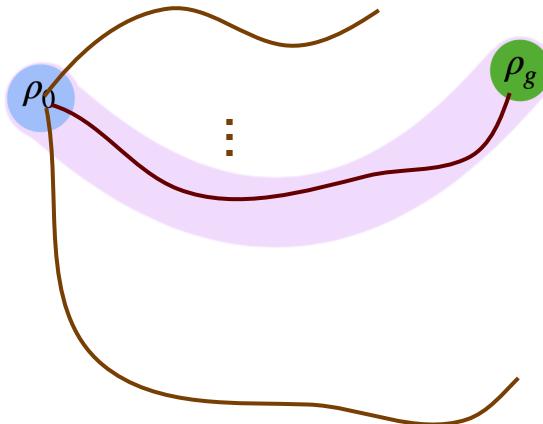
**Goal:** Build autonomous agents that can learn in and interact with the real world

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# Reinforcement Learning = Trial-and-Error

Learn a policy  $\pi$  to go from  $\rho_0$  to  $\rho_g$



Repeat:

- ▷ Execute actions from the policy  $\pi$
- ▷ Observe data from the environment
- ▷ Update the policy  $\pi$

# Standard Reinforcement Learning

$s_0, a_0, s_1, a_1 \dots s_H$

$s'_0, a'_0, s'_1, a'_1 \dots$

*How does this happen?*

**Only in simulation!**

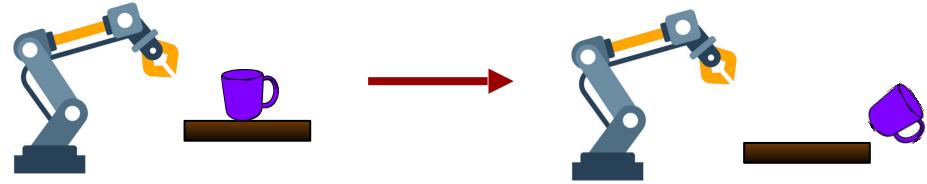
```
import gym
env = gym.make("CartPole-v1")
observation = env.reset()
for _ in range(1000):
    env.render()
    action = env.action_space.sample() # you can choose it yourself
    observation, reward, done, info = env.step(action)
    if done:
        observation = env.reset()
env.close()
```

[Code snippet from <https://gym.openai.com/>]

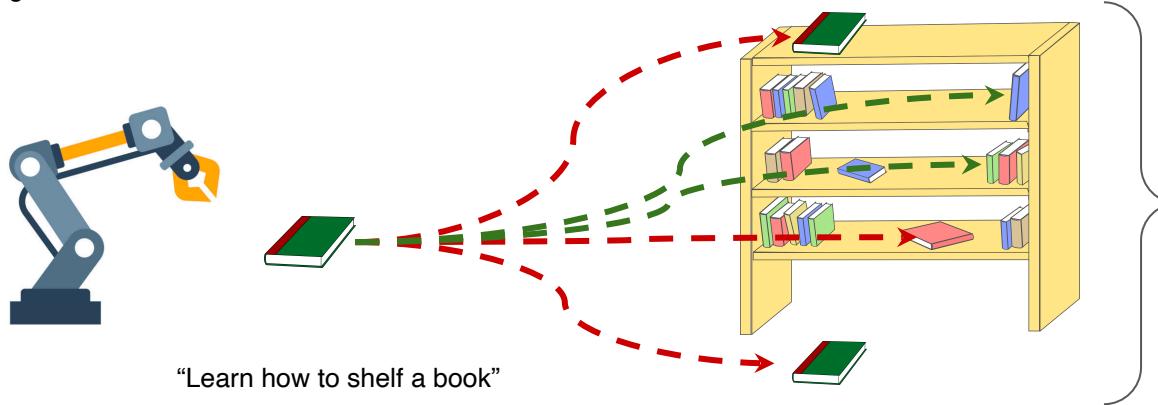
# The Continual Real World



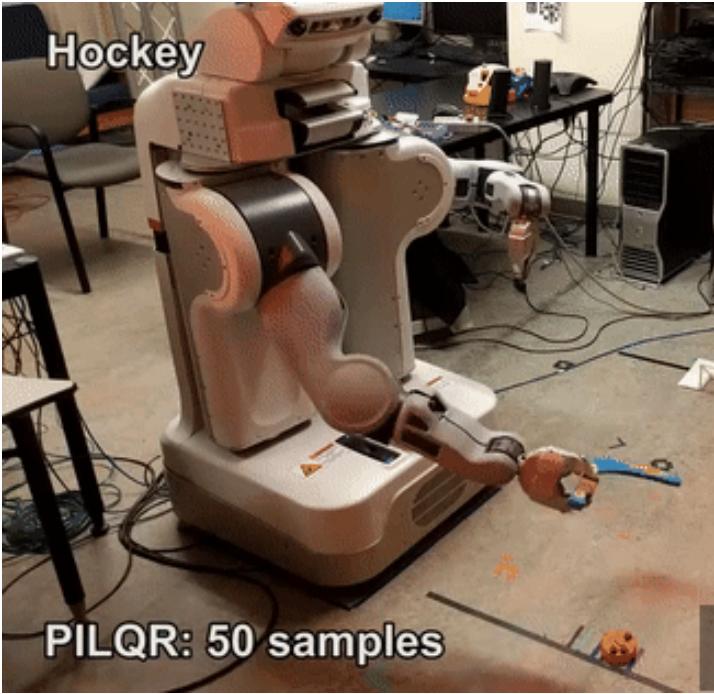
“Navigate to the basketball court”



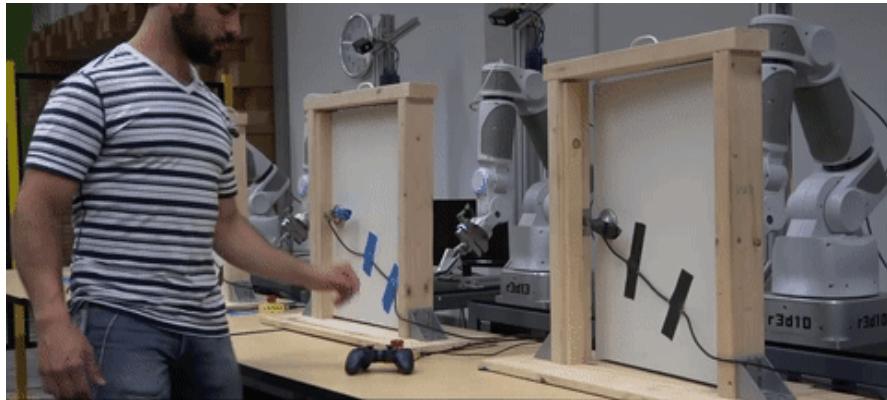
“Grasp the mug”



Several  
thousands of  
trials!



[Combining model-based and model-free updates  
for trajectory-centric reinforcement learning,  
Chebotar et al. 2017]



[Collective Robot Reinforcement Learning with Distributed  
Asynchronous Guided Policy Search, Yahya et al. 2016]



[Self-Improving Robots: End-to-End Autonomous  
Visuomotor Reinforcement Learning, Sharma et al.  
2023]

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$s_0, a_0, s_1, a_1 \dots s_H$ 

Reset Environment

 $s'_0, a'_0, s'_1, a'_1 \dots$ 

Problem: this requires human supervision

What if we increase  $H$ ?

Fewer environment resets, less human supervision

# Autonomous RL: Definition



Agent interacts autonomously

$s_0, a_0, s_1, a_1 \dots$

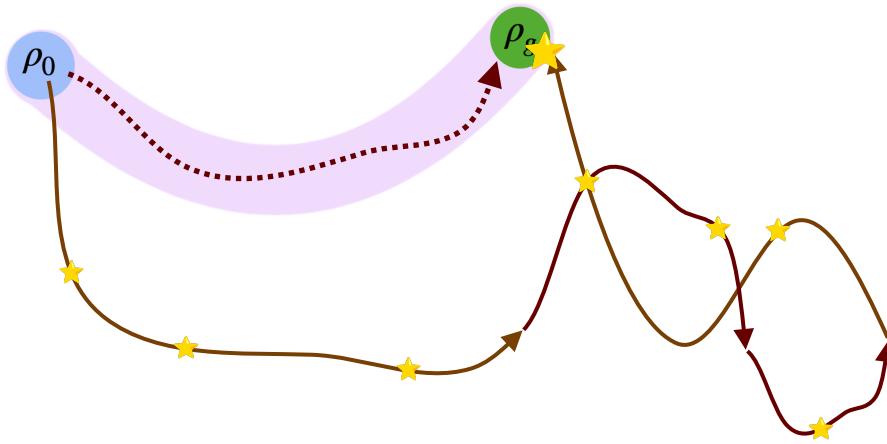
No environment resets\*



Initialize *once* at the beginning

\*can relax this constraint to reset occasionally, or at low frequency

# Autonomous RL: Evaluation



We might care about two different things:

- The amount of reward recovered over the course of its life (ex: mars rover)
- The quality of the policy learned (ex: robot chef)

# Autonomous RL: Evaluation

## Deployed Policy Evaluation

= Quality of the policy learned

$$J(\pi_t) = \mathbb{E}_{s_0 \sim \rho_0, a_t \sim \pi_t} \left[ \sum_{t=0}^{\infty} \gamma^t r(s_t, a_t) \right]$$

Start from the initial state distribution

Take actions according to  $\pi_t$

Total reward over the episode

## Continuing Policy Evaluation\*

= Reward accumulated over lifetime

$$\lim_{h \rightarrow \infty} \mathbb{E} \left[ \frac{1}{h} \sum_{t=0}^h r(s_t, a_t) \right]$$

Average over reward accumulated in the lifetime

We'll take a look at algorithms for both!

\*average-reward RL

# Why is autonomous RL important?

Robotics <—> Autonomy

- We want robots to operate with minimal human supervision ✓
- We want robots to \*train\* with minimal human supervision ✓

Autonomy is important to build generalist robots

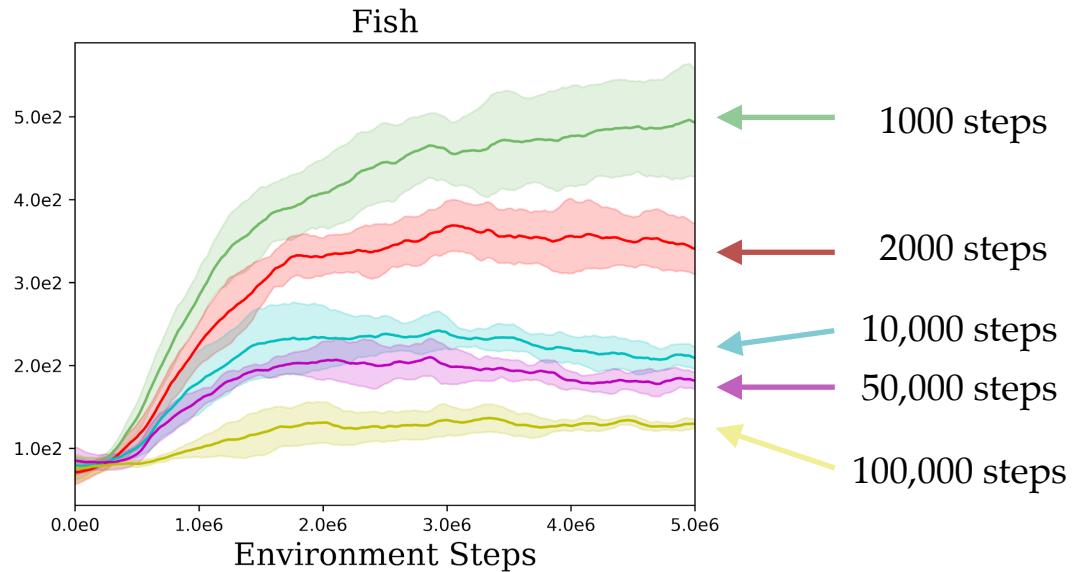
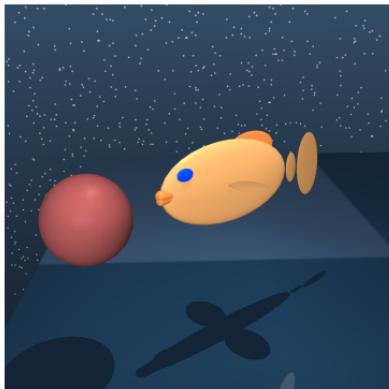
- generalization requires data
- robot interaction data is bottlenecked by human supervision
- less supervision => more data => better generalization?

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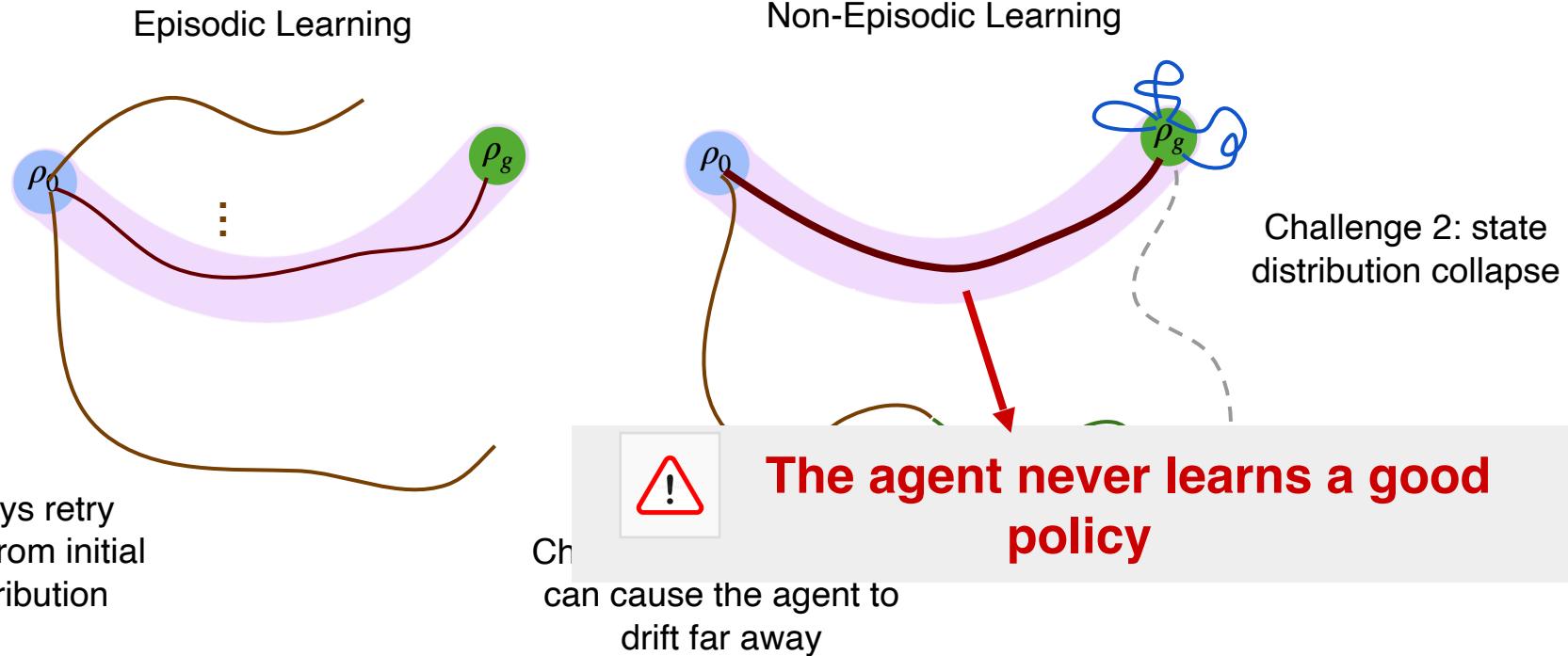
# Standard RL Algorithms Fail Autonomously

What happens when the episode length is increased?

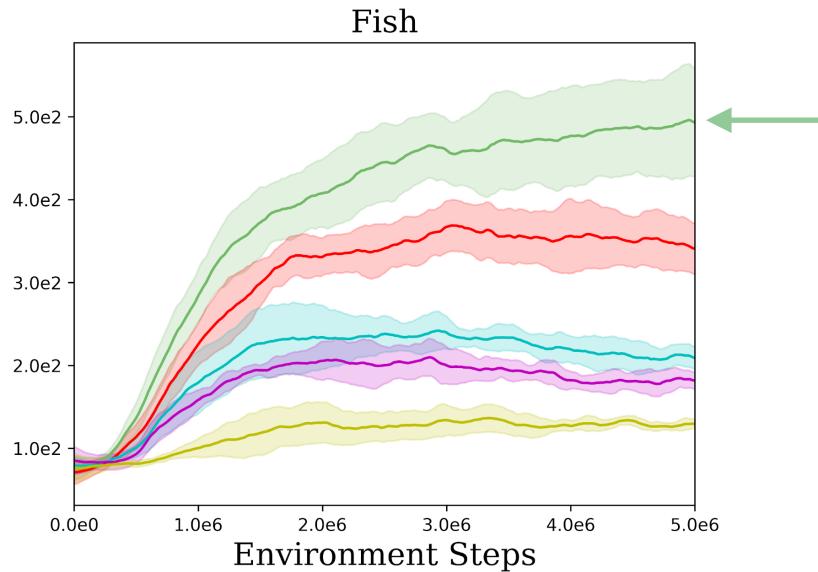


Note: this measures **deployed policy evaluation**

# The Challenge of Learning Autonomously



# Learn a Backward Policy!

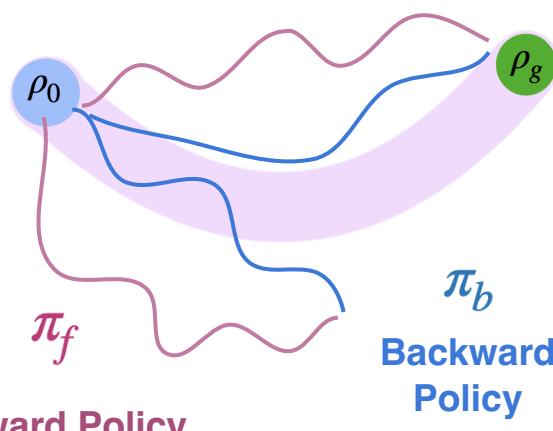


learns successfully if allowed to retry  
from the *initial state distribution frequently*

**key idea:** learn a policy to reset?

# Algorithm: Forward-Backward RL

Assume we have  $r_f(s, a)$  to reach  $\rho_g$   
and  $r_b(s, a)$  to reach  $\rho_0$



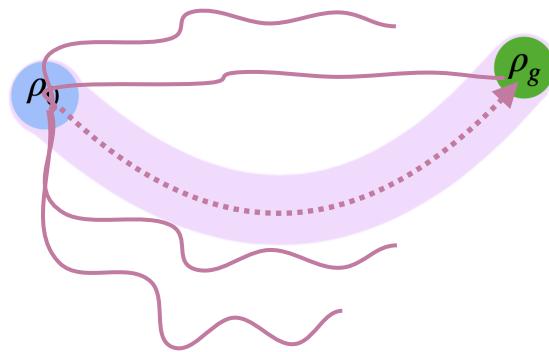
## Forward-Backward RL

1. Initialize forward policy  $\pi_f$  and backward policy  $\pi_b$
2. Rollout  $\pi_f$  for  $H$  steps (+ update  $\pi_f$  on  $r_f(s, a)$ )
3. Rollout  $\pi_b$  for  $H$  steps (+ update  $\pi_b$  on  $r_b(s, a)$ )
4. Rollout  $\pi_f$  for  $H$  steps (+ update  $\pi_f$  on  $r_f(s, a)$ )
5. Rollout  $\pi_b$  for  $H$  steps (+ update  $\pi_b$  on  $r_b(s, a)$ )  
(repeat...)

- requires an additional  $r_b(s, a)$   
+ simple to train

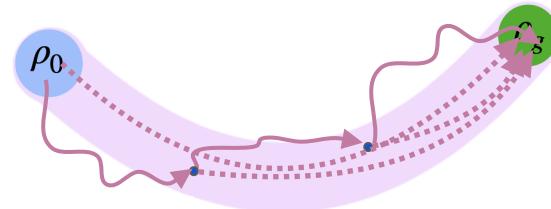
# Can we do better?

Consider learning from the forward policy's perspective:



cannot change the initial state distribution for forward policy  $\pi_f$  in episodic setting

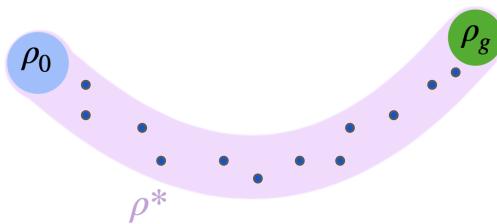
What if the forward policy can practice from the easier states:



+ success from easier states can make it faster to learn from harder states

backward policy  $\pi_b$  controls the initial state distribution for forward policy  $\pi_f$  in autonomous RL

# Matching Expert States



we want to initialize **forward policy**  $\pi_f$  at states  
an *optimal policy* would visit ( $\rho^*$ ) [1]

**Key insight:** train **backward policy**  $\pi_b$  to match *expert states*  $\rho^*$

How? Minimize  $\mathbb{D}_{\text{JS}}(\rho^b(s) \parallel \rho^*(s))$



State distribution of the  
**backward policy**  $\pi_b$

**Problem:** we don't have either distribution

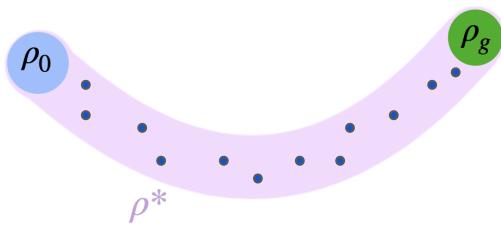
Assume we have access to a (small) set of  
demonstrations



expert  
demonstrations

+ we can **sample** distributions now  
(rolling out  $\pi_b$  is approximately sampling  $\rho^b$ )

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How? Minimize  $\mathbb{D}_{\text{JS}}(\rho^b(s) \parallel \rho^*(s))$

+ we can **sample** distributions now  
(rolling out  $\pi_b$  is approximately sampling  $\rho^b$ )

How do we train  $\pi_b$ ? *Train a classifier as a reward function!*  
(already seen this in "Learning Rewards")

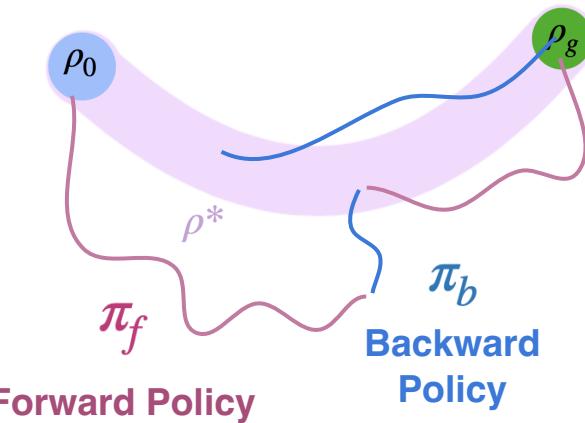
$$C(s) = \begin{cases} +1 & s \in \text{demos}, \\ -1 & s \sim \rho^b(\cdot) \end{cases}$$

$$\text{forward policy } \pi_f: \max \mathbb{E} \left[ \sum_{t=0}^{\infty} \gamma^t r_f(s_t, a_t) \right]$$

$$\text{backward policy } \pi_b: \max -\mathbb{E} \left[ \sum_{t=0}^{\infty} \gamma^t \log(1 - C(s_{t+1})) \right]$$

# Algorithm: MEDAL

Assume we have  $r_f(s, a)$  to reach  $\rho_g$   
and expert demos  $\rho^*$



## Matching Expert Distributions for Autonomous Learning

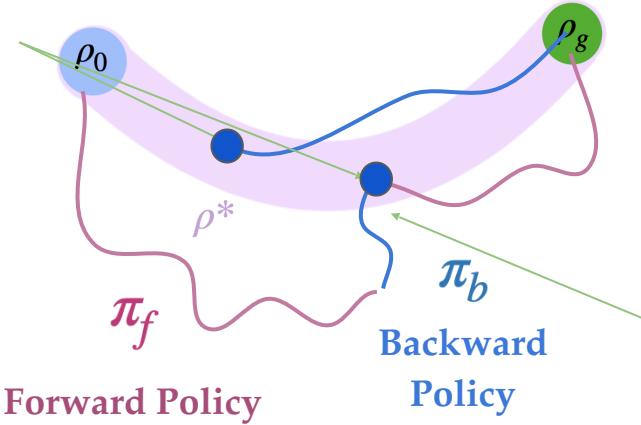
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3. Rollout  $\pi_b$  for  $H$  steps (+ update  $\pi_b$  on  $\mathbb{D}_{\text{JS}}(\rho_b || \rho^*)$ )
4. Rollout  $\pi_f$  for  $H$  steps (+ update  $\pi_f$  on  $r_f(s, a)$ )
5. Rollout  $\pi_b$  for  $H$  steps (+ update  $\pi_b$  on  $\mathbb{D}_{\text{JS}}(\rho_b || \rho^*)$ )  
(repeat...)

- requires expert demos
- adversarial training can be tricky
- + can be more efficient
- + no additional reward functions

# Autonomous Reinforcement Learning via MEDAL

Addressing challenge 2:  
backward policy avoids  
collapse of state  
distribution

## Matching Expert Distributions for Autonomous Learning



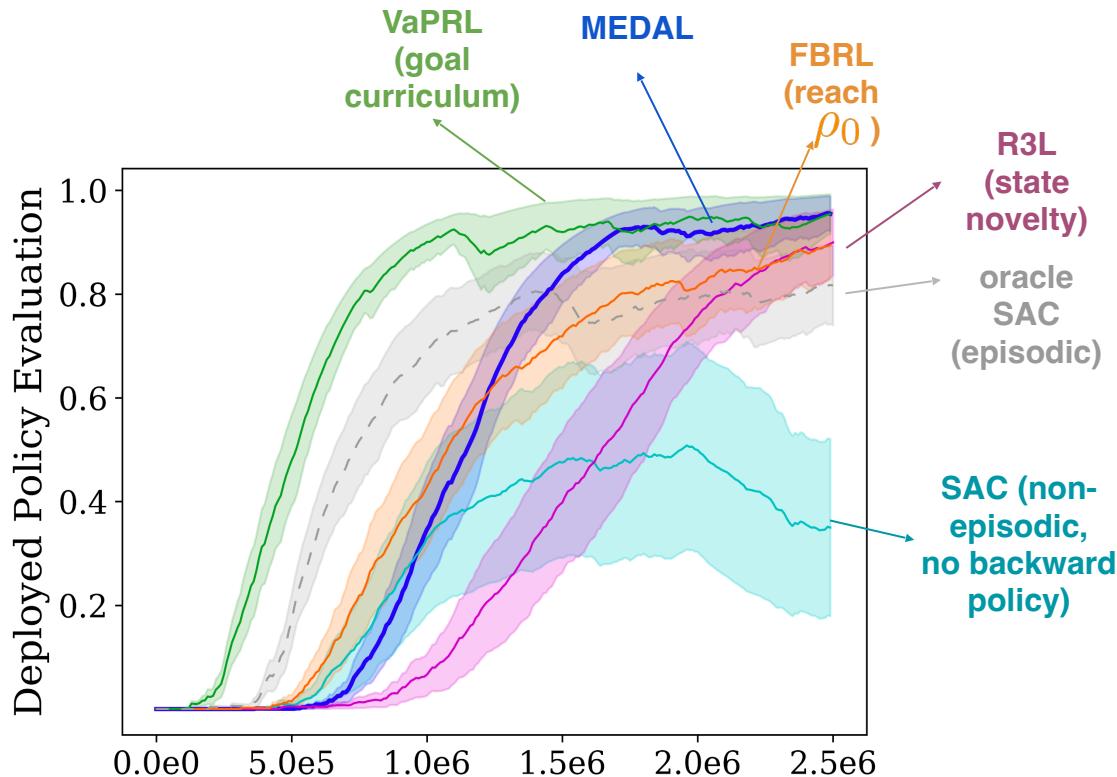
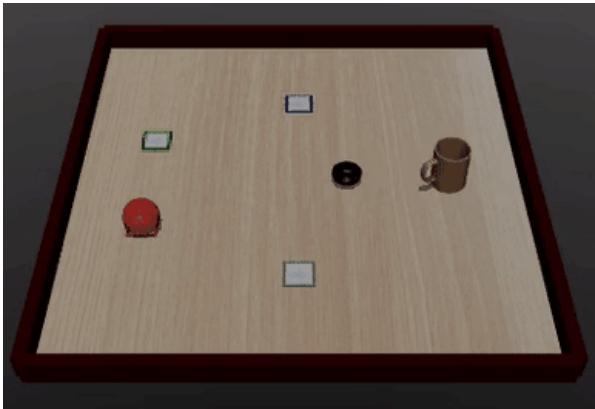
Addressing challenge 1: agent  
doesn't drift away

Pro: Forward policy tries the task from wide set of initial states,  
both easy and hard, improving the sample efficiency [1]

# Results

## EARL Benchmark

**Training:** reset every 200k steps  
**Evaluation:** policy performance from  $\rho_0$

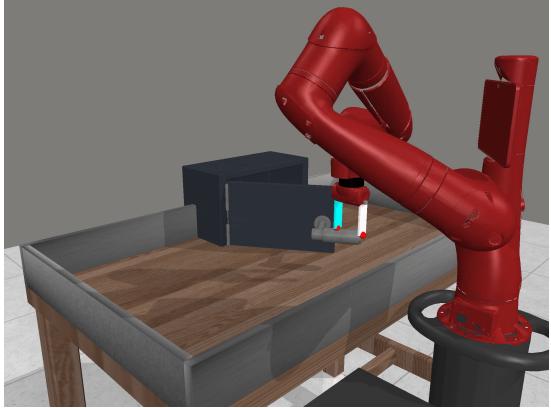


EARL: Sharma\*, Xu\* et al. Autonomous Reinforcement Learning: Formalism and Benchmarking, ICLR 2022.

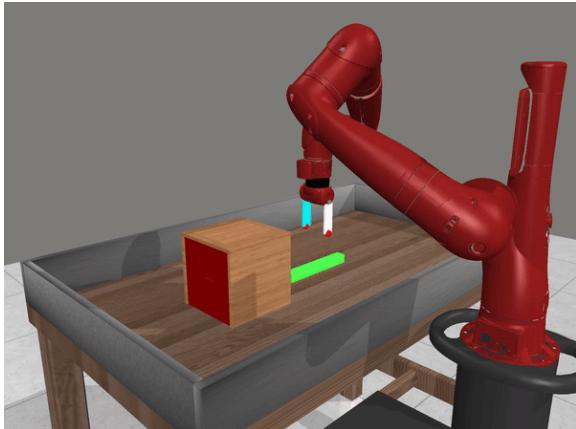
VaPRL: Sharma et al. *Autonomous Reinforcement Learning via Subgoal Curricula*. NeurIPS 2021.

FBRL: Han et al. Learning Compound Multi-Step Controllers under Unknown Dynamics. IROS 2015.

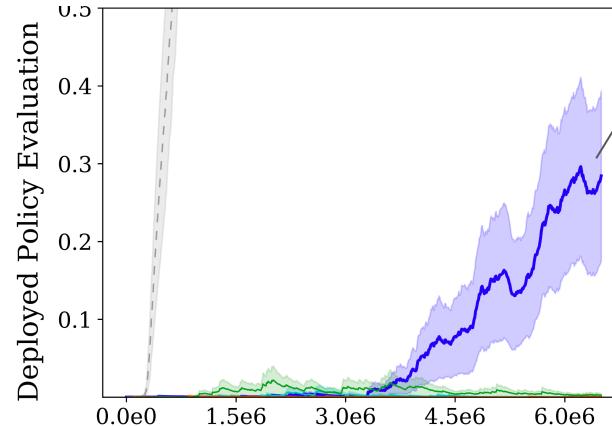
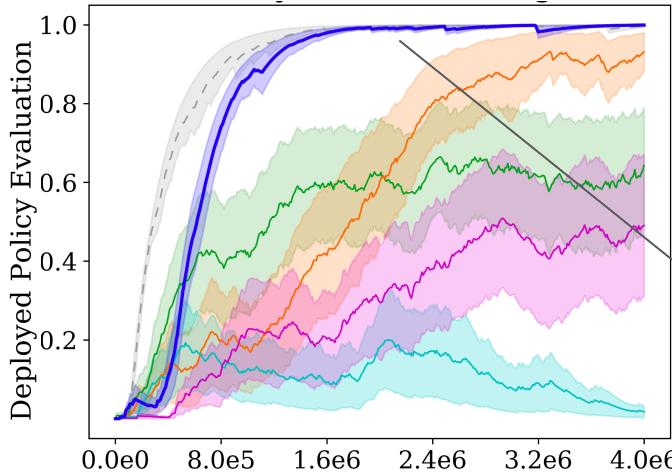
R3L: Zhu et al. The Ingredients of Real-World Robotic Reinforcement Learning. ICLR 2020.



Door Closing



Peg Insertion



— MEDAL    — naive    — R3L    — FBRL    — VaPRL    - - oracle

# Putting it on the real world: MEDAL++

**Challenge:** we don't have a reward function  $r_f(s, a)$  for the forward policy

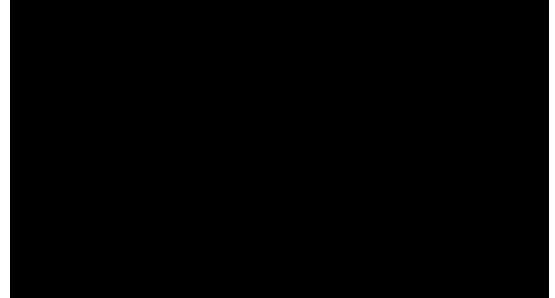
**Solution:** use classifier-based rewards again!

*Results:*



Forward and backward policies in MEDAL++  
learning to put a cloth through the hook

Timelapse of MEDAL++  
on other tasks



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# So far...

We Looked at FBRL, MEDAL

- We can improve the quality of the policy through *autonomous* practice

What happens after we deploy the policy?

Obviously, everything works perfectly and nothing goes wrong ✓

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We Looked at FBRL, MEDAL

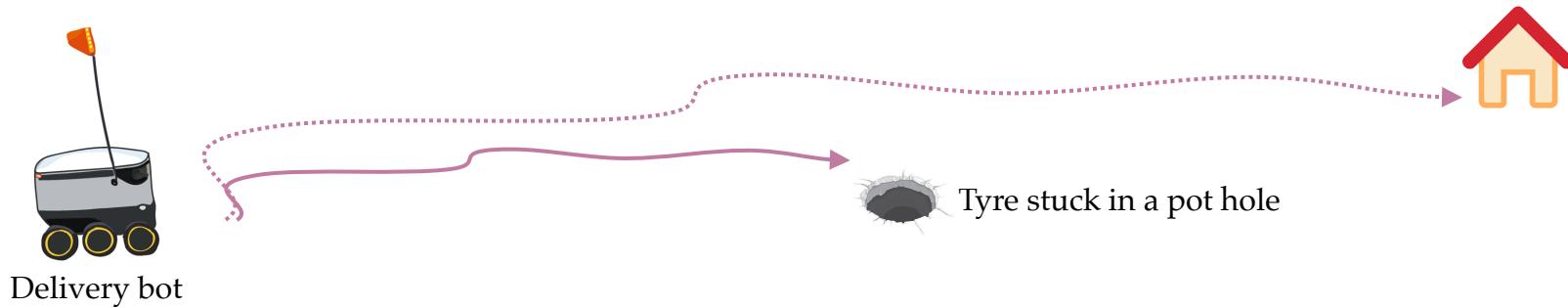
- We can improve the quality of the policy through *autonomous* practice

What happens after we deploy the policy?

~~Obviously, everything works perfectly and nothing goes wrong~~

The natural world is complex, and something likely will go wrong, despite preparation :(

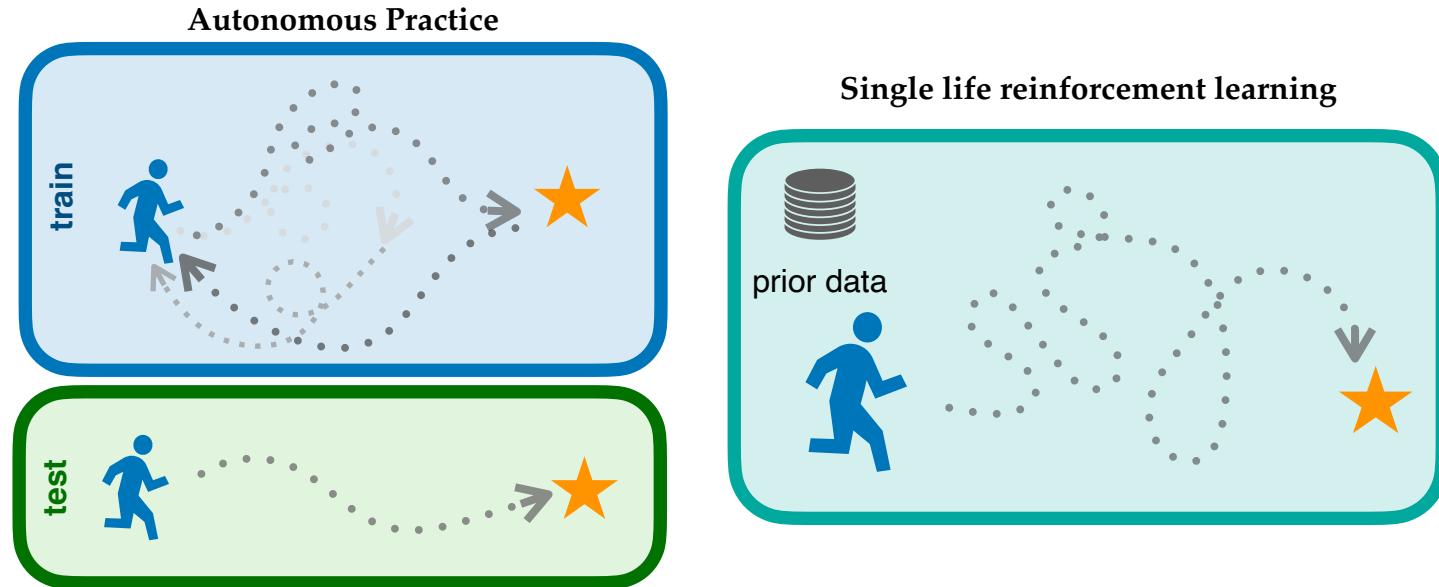
# Single-life RL



This is a new scenario that has not been seen in training before:

- Finishing the delivery is more important
- Wait for human to intervene?
  - Consider the example of Mars Rover, how would humans even intervene?

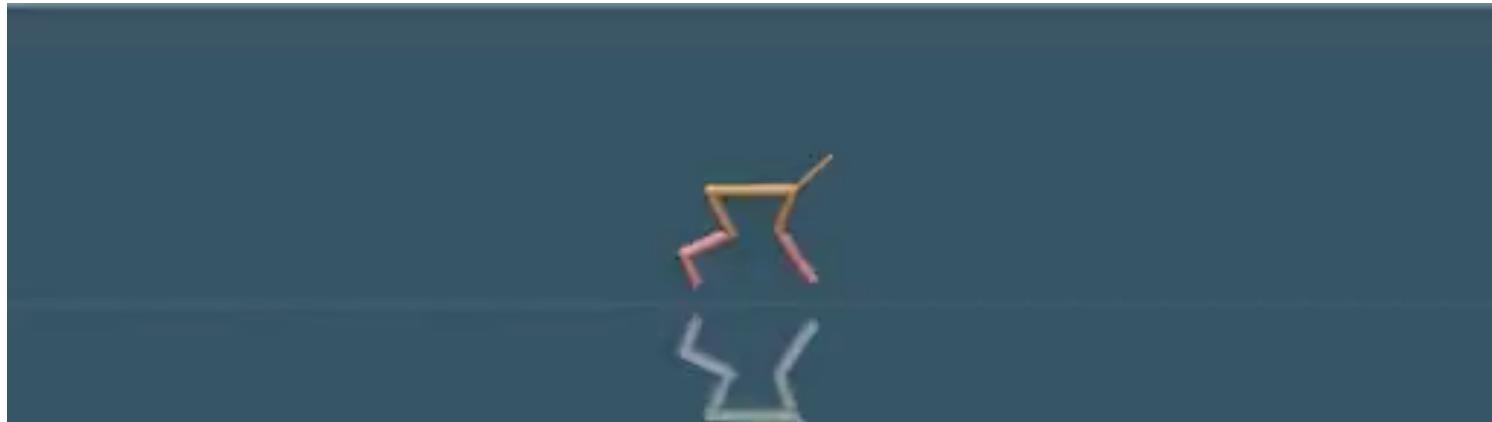
# Single-life RL



Given prior data, the agent has *one life* to autonomously complete the task in a novel scenario

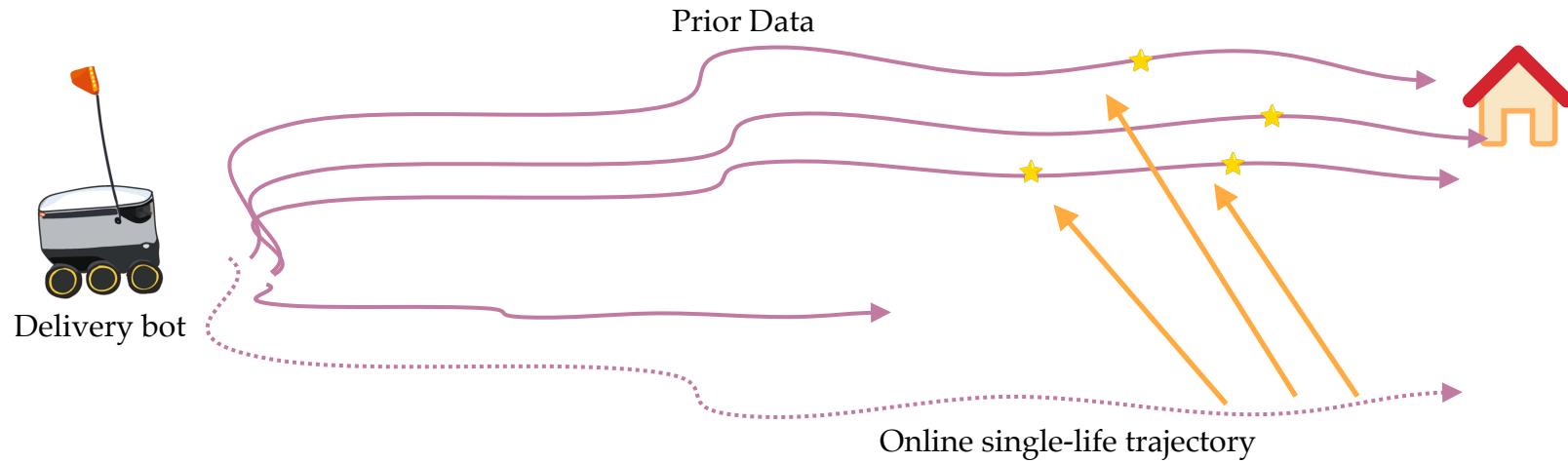
# Challenge: Recovery from Unseen States

This agent was only trained to run, but has not seen hurdles before:



Deploying a policy, and even fine-tuning online does not encourage it to recover once it tumbles

# Bias towards Prior Data



When the agent reaches an unseen state:

- bias towards states seen in prior data
- but not all states, as the data may have suboptimal states

# Q-Weighted Adversarial Learning (QWALE)

**Key Idea:** Train the agent to stay close to states visited in prior data

Do we know of a technique to reach a state distribution? yes! *Train a reward classifier!*

$$C(s) = \begin{cases} +1 & s \in \text{prior data}, \\ -1 & s \in \text{online data} \end{cases}$$

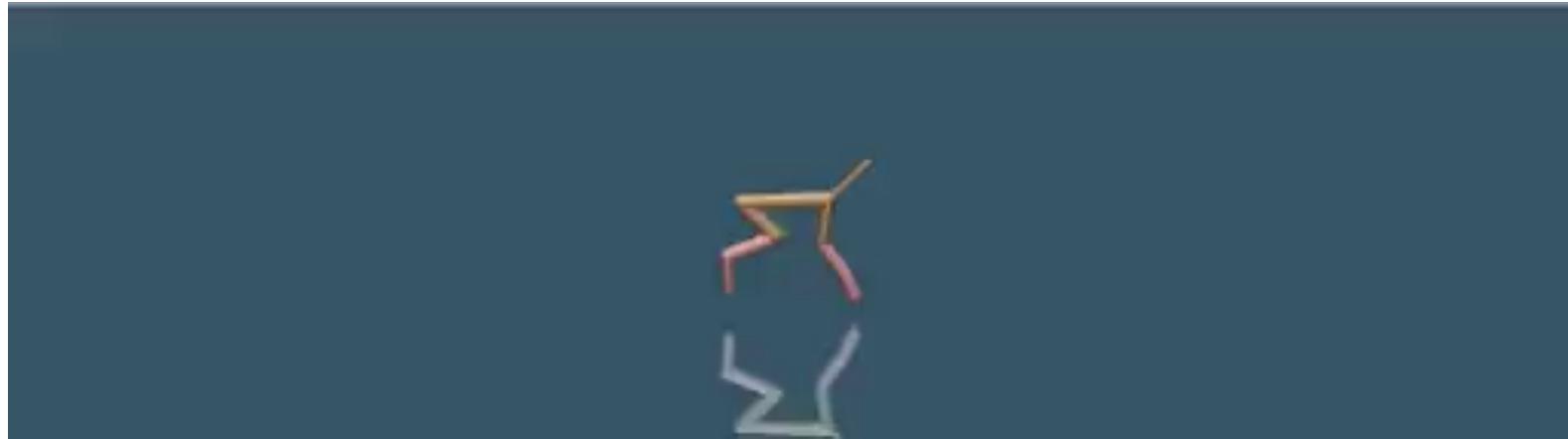
But, how do differentiate good prior states from bad ones? Weigh all prior states when training the classifier by  $\exp(Q(s, a))$  [1]

QWALE: train policy  $\pi$  with the reward:  $r(s') - \log(1 - C(s'))$

prior data bias

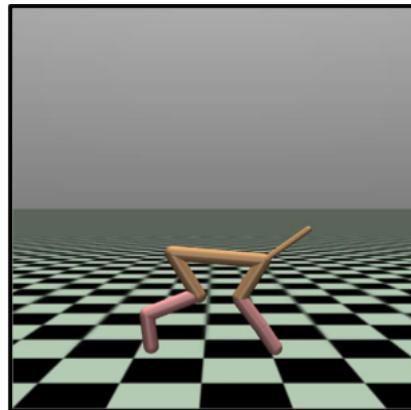
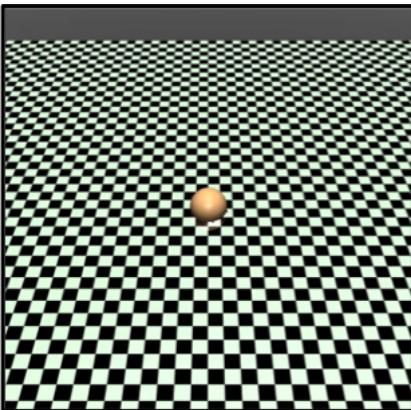
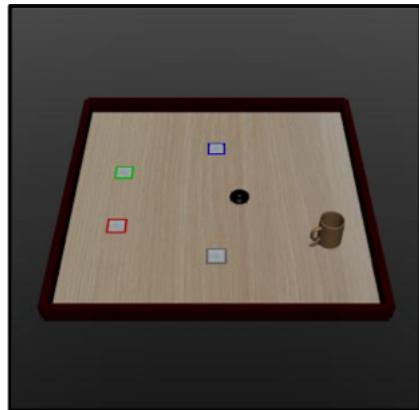
task reward

Can QWALE help agents handle novel, out-of-distribution situations?



QWALE helps the agent **recover** when it falls into **out-of-distribution states**.

# Experimental Domains



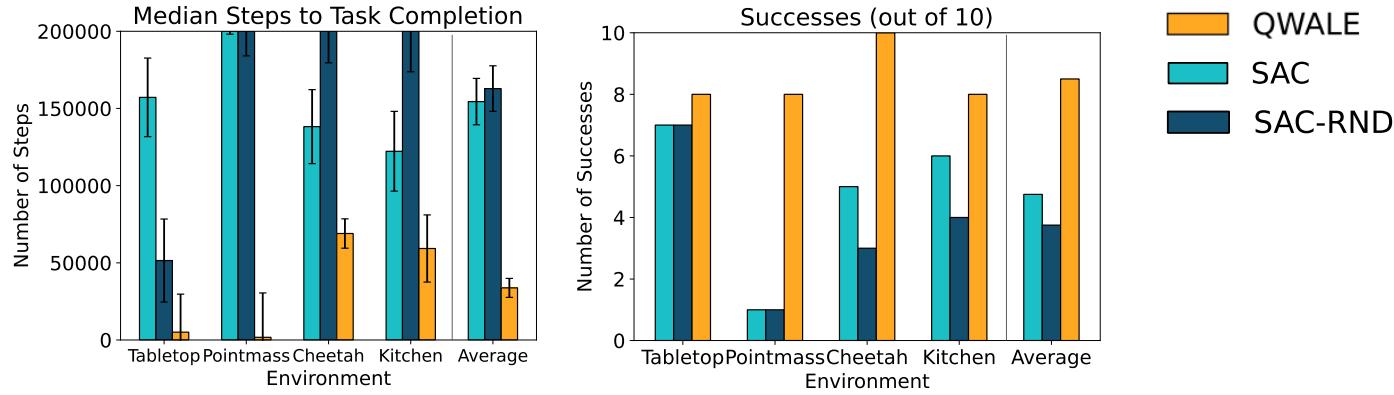
Tabletop-Organization  
(+new initial mug pos)

Pointmass  
(+wind)

Cheetah  
(+hurdles)

Franka-Kitchen  
(+new combo of tasks)

# How does QWALE compare to RL fine-tuning in SLRL settings?



QWALE significantly outperforms RL fine-tuning.

# Summary

- Why aren't robots autonomous already?
- Defining the problem: autonomous RL
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Things we did not cover:

- How to handle irreversible states [1]
- Autonomous agents are taking over the web! [2]

Questions?

[1] Xie\* et al. When to Ask for Help: Proactive Interventions in Autonomous Reinforcement Learning

[2] <https://github.com/Significant-Gravitas/Auto-GPT>