Gitflow is a way of using GitHub that keeps developers work into separate branches and then merges them all together when they release a new version. This helps the developers by allowing them to test their code while using everyone else's code and vice versa. It allows keeps the main program unchanged so if something breaks in a development branch, then it will have no effect on the main branch and can be fixed easily.

Useful Links:

Tutorial of how gitflow works and what gitflow is

<https://www.atlassian.com/git/tutorials/comparing-workflows/gitflow-workflow>

Another website that explains the benefits and uses of gitflow

<https://datasift.github.io/gitflow/IntroducingGitFlow.html>