SplitData ER Diagram

Users

- Name
- Age
- Gender
- Height
- Weight
- Fitness_level
- Goal
- User_ID

Exercises

- Exercise_Name
- Difficulty
- Exercise_ID
- Muscle_Group

Owns

Owns

Owns

Contains

E_Reps

Plan

- Plan_ID
- Plan_name

Contains

- Day_of_Week

Session
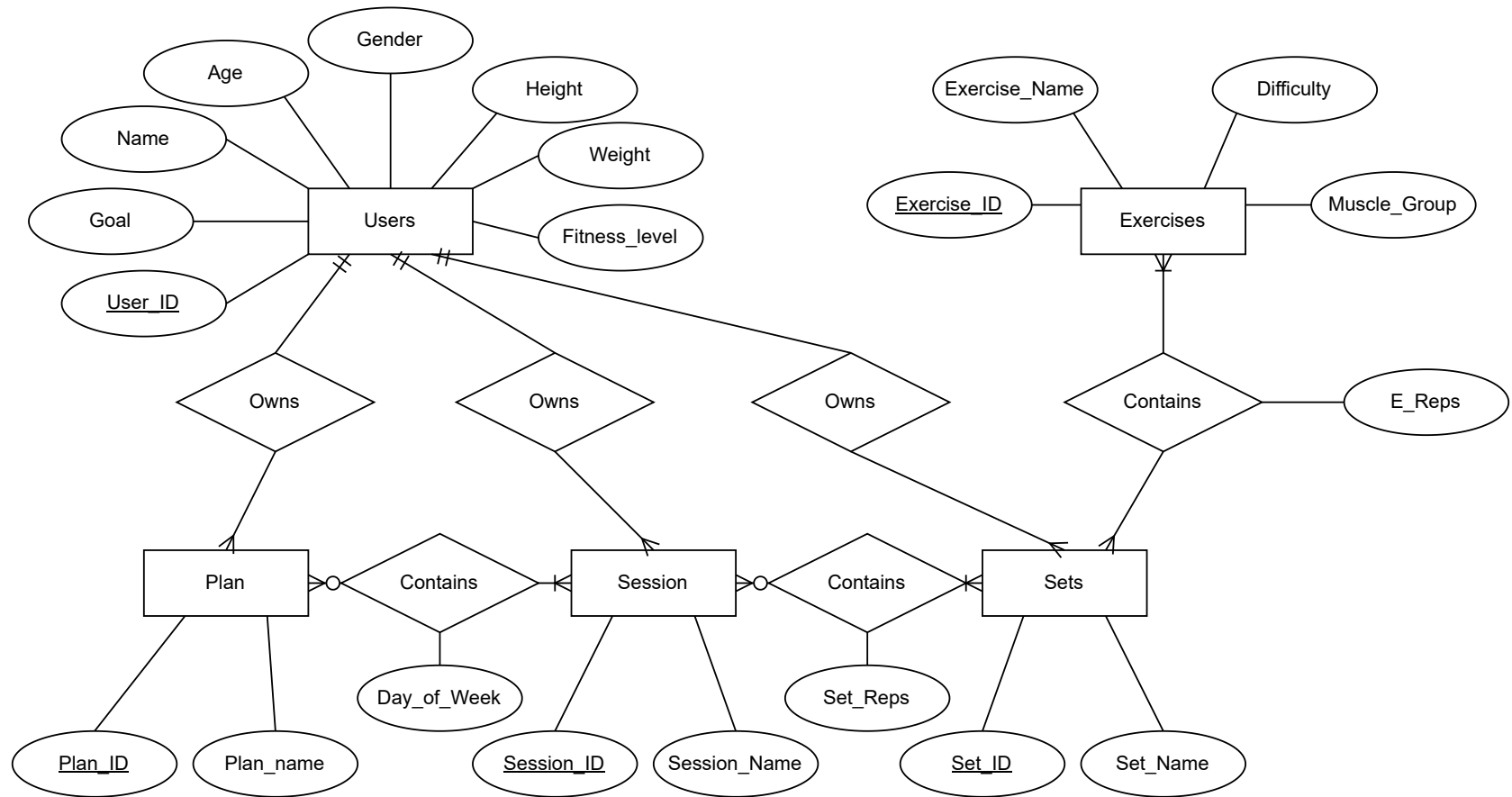
- Session_ID
- Session_Name

Contains

- Set_Reps

Sets

- Set_ID
- Set_Name

since it's better supported in draw.io,
we're using the cardinality arrows described here:
https://www.lucidchart.com/pages/ER-diagram-symbols-and-meaning