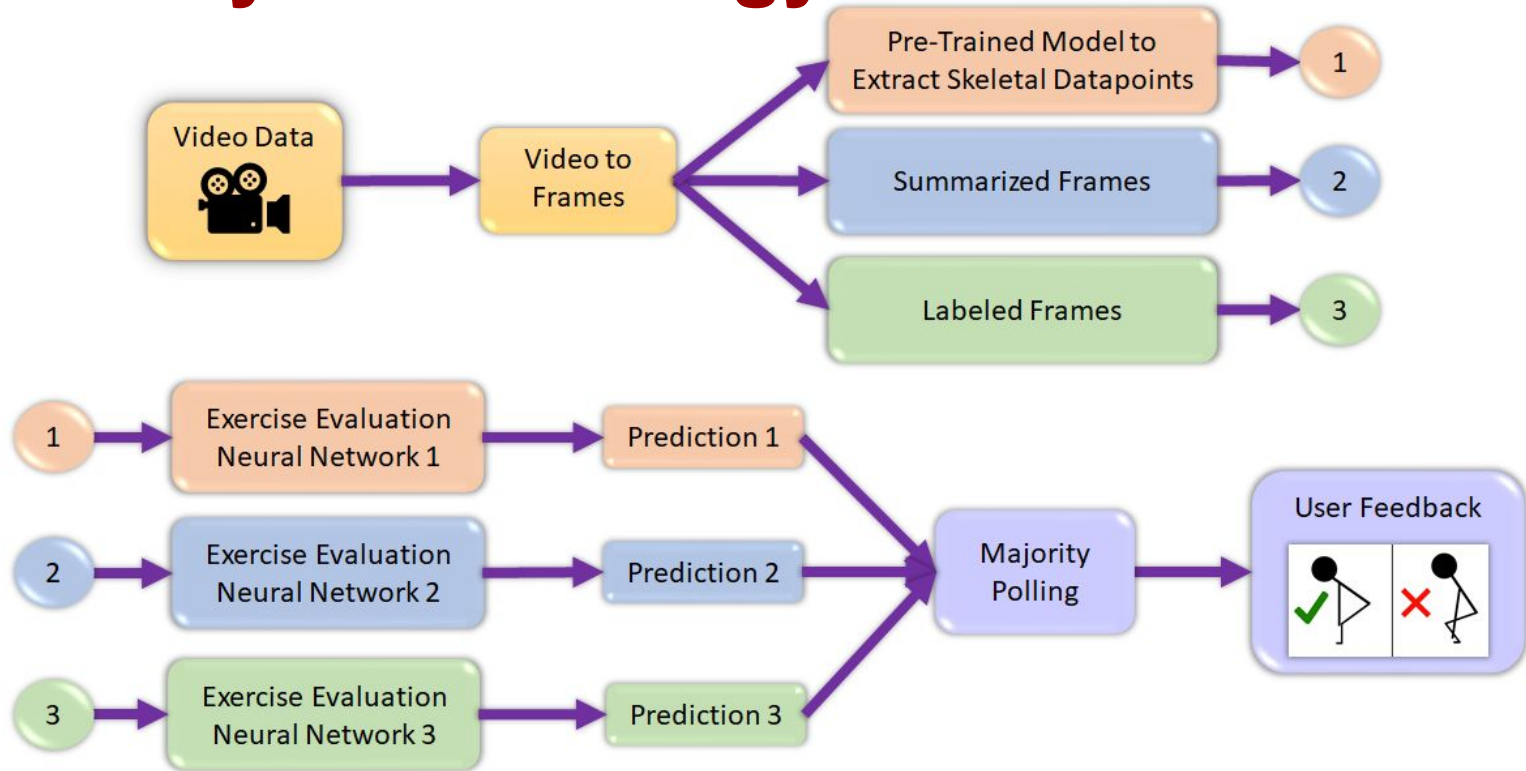# FormBuddy Methodology

Results

- Fully functional iPhone/Android application that classifies Bench Press as 'good' or 'bad'
  - Deployed locally
- Model Accuracy
  - Used a dataset comprising of 1300+ videos
  - Achieved test accuracy of 75-80% on individual models
  - Majority polling accuracy was lower than individual models

Future Scope/Improvements

- Improve model accuracy
  - OpenPose gives correct data approximately 90% of the time
  - Take more training videos with different people, location, angles
  - Modify individual models to better utilize majority polling
- Expand to more compound exercises
  - Deadlift
  - Squat
- Add camera functionality to app
- Exercise classification & Real time feedback
- Gamification (Point based system for reps/sets and sharing between users)

CSCI599 - FormBuddy

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