

# Three Principles for the Design of Energy Feedback Visualizations

Robert S. Brewer, Yongwen Xu, George E. Lee, Michelle Katchuck, Carleton A. Moore, Philip M. Johnson

Department of Information and Computer Sciences

University of Hawai‘i at Mānoa

Honolulu, HI, USA

{rbrewer, yxu, gelee, katchuck, cmoore, johnson}@hawaii.edu

**Abstract**—To achieve the full benefits of the Smart Grid, end users must become active participants in the energy ecosystem. This paper presents the Kukui Cup challenge, a multifaceted serious game designed around the topic of energy conservation that incorporates a variety of energy feedback visualizations, online educational activities, and real-world activities such as workshops and excursions. We describe our experiences developing energy feedback visualizations in the Kukui Cup based on in-lab evaluations and field studies in college residence halls. We learned that energy feedback systems should address these three factors: 1) they should be actionable, 2) domain knowledge should go hand in hand with feedback systems, and 3) feedback must be “sticky” if it is to lead to changes in behaviors and attitudes. We provide examples of both successful and unsuccessful visualizations, and discuss how they address the three factors we have identified.

**Keywords**—*Serious games; energy feedback; energy; energy literacy; smart grid.*

## I. INTRODUCTION

The development of the Smart Grid and the two-way communication that it provides, have enabled a variety of new customer-facing possibilities including real-time feedback on electricity usage, real-time pricing, and demand response. However, to make full use of this potential, end-users of the Smart Grid will need to be engaged about their electricity use, and become more energy literate. We believe that in addition to a Smart Grid, we need Smart Consumers. One common theme among customer-related aspects of the Smart Grid is the development of energy feedback visualizations [1].

In this context, we have developed the Kukui Cup Challenge, a serious game [2] (a game with additional goals beyond just entertainment), designed around the topic of energy. The Kukui Cup includes a variety of energy feedback visualizations [3] designed to inform and engage the players about their energy use. The Kukui Cup also includes a multifaceted online game with educational activities, and real-world activities such as workshops and excursions [4], [5].

The Kukui Cup is designed to provide players with insight into how their behaviors affect energy consumption and production. Such behaviors occur on a spectrum, from the short-term, immediate impact behaviors such as turning off lights, to the longer-term, collective impact of behaviors such as

considering the energy policies of political candidates when deciding how to vote. Creating a challenge that helps players understand energy from this wide scope sets the Kukui Cup apart from other similar “energy game” initiatives. It also impacts on our understanding of effective feedback for smart grid customer-facing applications.

Our work is also influenced by where we live. Even within the United States of America, the State of Hawai‘i faces a number of unique challenges in the pursuit of sustainability for its citizens, compared to other states. Hawai‘i has fertile agricultural land, and a variety of renewable energy sources (wind, solar, geothermal, wave), but it imports 85% of its food, and over 90% of its energy, in the form of oil and coal. In fact, Hawai‘i is the most fossil fuel-dependent state in the United States. The Kukui Cup is designed in the context of these challenges, and as a remote archipelago, the issues are felt more keenly than in many other parts of the world.

Based on our experiences designing and evaluating energy feedback in the Kukui Cup, we have three recommendations for designing energy feedback systems for smart grid consumers:

- 1) they should be actionable,
- 2) domain knowledge should go hand in hand with feedback systems, and
- 3) feedback must be “sticky” if it is to lead to changes in behaviors and attitudes.

This paper explores how we came to these conclusions, and what evidence we have collected that supports these conclusions.

In this paper, we first describe the Kukui Cup system, followed by an explanation of how energy goals and baselines are used in the Kukui Cup. With that foundation, we discuss our results from developing and deploying the Kukui Cup in the field over two years in the areas of designing energy feedback visualizations, the importance of energy literacy in understanding energy feedback, and our use of a serious game to encourage users to engage with the energy feedback information. Finally, we end with sections describing our plans for future work and our conclusions.

## II. THE KUKUI CUP

College residence hall energy competitions have become a widespread mechanism for engaging students in energy

issues, with more than 160 taking place or being planned for the 2010–2011 academic year in North America [6]. Residence hall energy competitions are events where residence halls, or floors within a residence hall, compete to see which team will use the least energy over a period of time. The competitions tap into both the residents’ competitive urges, and their interest in environmental issues. However, unlike home residents, the dormitory residents typically do not financially benefit from any reduction in electricity use resulting from their behavior changes. There is no discount on their room and board charges even if consumption is reduced, because the residence hall fees are flat-rate. Since they lack even a monthly bill as feedback, residents are largely unaware of their energy usage.

Residence hall energy competition technologies range in complexity from simple web pages with weekly electricity data to complicated web applications [7, pp. 6–11]. An early adopter of the residence hall energy competition, Oberlin College, developed a real-time electricity consumption feedback system as described by Petersen et al. [8]

To build on this area of active energy work, we decided to target our serious game to college students living in residence halls. The Kukui Cup extends the typical college energy competition into a broader energy *challenge* where electricity consumption feedback is only one part of a larger game experience for players. The challenge is named after the kukui nut (also known as candlenut), which was burned by Native Hawaiians to provide light, making it an early form of stored energy in Hawai‘i.

In a Kukui Cup challenge, residents are grouped into teams based on where they live. Different floors of a building or entire buildings can be formed into teams. The electricity usage of teams is measured either through manual meter readings or through automated meter data collection. In addition to the energy competition, the Kukui Cup has an energy literacy competition where players can earn points by engaging in educational and social activities on the challenge website. The point system provides a way to motivate players to explore and use the system, as the Kukui Cup is currently deployed as an extracurricular activity.

Much of the point competition revolves around a section of the challenge website called the Smart Grid Game (SGG). The Smart Grid Game consists of rows of actions arranged into columns based on a particular topic (similar to the popular game show “Jeopardy”), shown in Fig. 1. Clicking on a square in the SGG shows details about the action and explains how players can complete the action to earn points. There are several types of actions: short YouTube videos on energy and sustainability topics, activities like measuring the flow rate of a shower, excursions such as visiting a farm that produces all its own electricity, and commitments such as public declarations of the intent to carpool or not eat meat. There are also creative actions such as writing a poem about energy or community engagement actions such as writing a

Level 1	Level 2	Level 3	Level 4	Level 5	Level 6	Level 7
Electrimental	Let's Get Physical	Power To Burn?	Watts Up?	Water Cycle		
Audit Video	Check energy	Energy Issues	Pull the plug	Sink Flow		
40	Computer Sleep	Energy Now	Go meatless	Turn off sink		
🔒	20	HCEI	100	Shower flow		
🔒	50	Lighting video	Write Poem	Shorter showers		

Legend:  
■ activity ■ commitment ■ event ■ excursion ■ filler

Figure 1. The Smart Grid Game widget, displaying level 2 actions.

letter to the editor on a sustainability topic. The flexibility of the SGG allows us to provide a wide variety of interesting actions for players to take part in.

The completion of each action (with the exception of commitments) is verified through the challenge website before points are awarded. For activities, players are usually asked a randomly-selected question, and their answer is placed in a queue for challenge administrators to review. The administrator can approve or reject the submission, award points, and provide feedback on the players’ answers. The game also supports activities that are verified by submission of an uploaded image such as a photo or screenshot.

To encourage players to interact with each other during the challenge, the Kukui Cup provides a number of social features. The *social bonus* provides a way for players to earn additional points by completing certain actions with other players. To earn the social bonus, players include the email address of another player when they complete the verification step for an action. If the submitted email address corresponds to a player that has completed that same action, then the submitting player is awarded a small, configurable number of points. In addition to incentivizing joint play, the social bonus can provide a pretext for a player to initiate contact with another player, such as arranging to attend a workshop. In the college residence hall setting, it can be helpful to have such a pretext for meeting new friends. Social media (in particular Facebook) is integrated into the Kukui Cup as well. Players can share their game accomplishments directly on Facebook, and the Kukui Cup Facebook page is used to share information about the challenge, including upcoming events and short videos of events that have taken place.

As part of the initial log on process to the Kukui Cup website, new players can enter in the email address of a referring player to earn a *referral bonus*. To ensure that

the new player starts actually playing the game, they must earn a certain number of points before both the referred and referring player receive the referral bonus points. In the 2012 Kukui Cups, the referral bonus was variable based on the degree of the new player's team participation. Therefore, both new and referring players received more points if the new player was from a team with few participants. The variable referral bonus encourages players to reach out to teams that were not yet involved in the Kukui Cup and gave a small boost to those new players.

Kukui Cup challenges can also be configured to provide incentives to players in the form of prizes for the top scores both at the individual (points) and team level (points and energy use). One possible downside with the prizes provided in the competition as incentives is that they only go to the top performers in each competition. For those participants so far behind the leaders that they know they will not win the point competitions, the prizes provide little incentive, or possibly a disincentive: why play if there is no way to win a prize? Another challenge with the prizes is that to be effective, they had to appeal to all participants, which limits the options for prizes.

To address the two problems with prizes, we developed the Raffle Game, inspired by Prabhakar's work incentivizing road congestion reduction [9]. In the Raffle Game, there are a variety of raffle prizes available in each round of the competition. For each 25 points a participant earns in the challenge, they receive a virtual raffle ticket. Participants can allocate their raffle tickets among the prizes available, and they can change their allocations at any time until the end of the round. Then a winning ticket is "drawn" from those allocated to each raffle prize, and the owner of that ticket wins the prize. Since the winner of each prize is determined randomly among the allocated tickets, even a player who has allocated a single ticket can win a prize, thereby providing less active players with the potential to win prizes. However, because tickets are earned by earning points through playing the game, the more participants play the game, the better their chances of winning raffle prizes. We obtained many raffle prizes through donations by local businesses, which resulted in a wide assortment of types of prizes, including clothing, gift certificates to restaurants, coupons for outdoor activities, not all of which were of universal appeal to participants. The raffle format is especially advantageous when there are a variety of prizes because participants are able to pick and choose which prizes they are interested in. Further, there is opportunity to engage more people with different interests as a result.

#### A. Running a Kukui Cup

A Kukui Cup challenge consists of multiple components working together to provide the entire game experience. For challenges using real-time energy data, the open source WattDepot [10] system is used to collect, store, and ana-

lyze the data. The challenge website and associated game mechanics are provided by the open source Makahiki system [7], [11]. The current educational content is tailored to the needs of college students living in residence halls in Hawai'i, but can be tailored to suit other audiences or goals.

The final component in a Kukui Cup challenge is the administrators. Challenge administrators need to plan out the parameters of the competition (duration, number of teams), make game design choices such as point rubrics, customize the educational content for their organization, organize workshops, review player verification submissions, and distribute prizes. Kukui Cup challenges are labor intensive, but that labor provides the opportunity to interact with the players more fully and provide them with an expansive game experience.

#### B. Field Studies

In addition to in-lab evaluations and beta tests, there have been two sets of field studies of Kukui Cup challenges. The first Kukui Cup challenge took place over 3 weeks starting in October 2011 in four residence halls for first-year students on the University of Hawai'i at Mānoa campus containing a total of approximately 1070 residents. Pairs of floors, referred to as *lounges*, were the team unit in the 2011 Kukui Cup.

The second set of challenges started in September 2012. The University of Hawai'i (UH) 2012 Kukui Cup took place in the same four residence halls with approximately the same number of residents, but over the entire nine month academic year. The first month of the competition was an intensive period with multiple real-world events taking place each week, while the remaining months were less intensive. The goal of the much longer time frame is to discourage short-term and unsustainable behaviors (such as forgoing all electronic device use).

In addition to the 2012 UH Kukui Cup, two other educational institutions within the State of Hawaii, Hawaii Pacific University (approximately 200 residents) and the East-West Center (approximately 130 residents), have run their own challenges using the Kukui Cup system with our support.

### III. BASELINES AND GOALS

Goal setting has been shown to be an effective tool in changing energy consumption behavior [12], [13] and are a common component of energy feedback mechanisms. Setting achievable goals is important from a game play perspective, so goals must typically be based on previous energy use. The most common way to generate a goal is to calculate a *baseline* of energy usage based on past energy usage, and then set the goal as some percentage reduction from the baseline.

Two of the most common ways to calculate the electricity baseline are to average recent prior usage (such as the last two weeks), or to average usage from previous years. Both of

these methods are problematic because they assume that the previous usage is representative of future usage, even though there are many factors that can significantly alter electricity use over time including: occupancy, weather, activities (e.g., studying for a big midterm exam), and changes to the building infrastructure such as efficiency upgrades. Any of these factors can lead to the baseline being an inaccurate predictor of future usage in an energy competition, as described by Johnson et al. [14].

Because baselines can be poor predictors of future electricity use, comparing actual electricity use to the baseline in order to determine how much electricity was “saved” by an intervention is misleading and can tempt designers to make claims about energy saved that cannot be substantiated. However, comparison of actual electricity usage to a goal generated from a baseline can be helpful as a game mechanic to motivate players to conserve energy.

In the 2011 Kukui Cup, we used a baseline that was derived from an average of the two weeks prior to the challenge. In the 2012 Kukui Cups, we switched to a dynamic baseline [14] that consists of the average electricity usage for the two previous weeks, but the baseline is recomputed every day throughout the challenge. The dynamic baseline means that as the challenge progresses, the baseline will include usage during the challenge. In essence, a goal generated from a dynamic baseline requires a team to reduce their energy usage compared to the recent past. Because the baseline is not a static value picked once before the challenge, anomalous conditions during the period before the challenge will soon be replaced with new, more representative data.

We incorporate the energy goal into an energy feedback game called the Daily Energy Goal Game (DEGG). Each team has a daily energy goal determined by the baseline. When a team’s energy usage at the end of the day is equal to or below the goal, they win the DEGG for that day. In the 2012 Kukui Cups, the energy competition is scored by the number of daily energy goals that each team has achieved, rather than an absolute measure of how much energy has been used or how much a team has reduced their usage below the baseline. By counting goals rather than measures of absolute or relative energy reductions, we hope to incentivize sustainable longer-term behavior changes rather than radical short-term changes such as moving out of the residence hall and into tents (as has been reported anecdotally in some other energy competitions). In an effort to link the energy and point competitions, when a team meets their daily energy goal, each team member receives a configurable number of points.

#### IV. ENERGY FEEDBACK DESIGN EXPERIENCES

Feedback on electricity consumption has been used as a means for facilitating energy conservation by researchers in the human-computer interaction community [3] as well as in the broader energy efficiency [15]–[17] and environmental

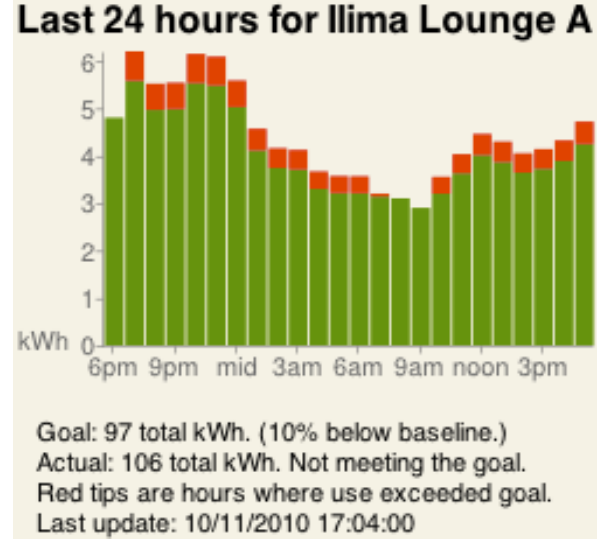


Figure 2. A bar chart visualization of energy use as compared to a goal

psychology [12], [13] communities. One reason for this focus on feedback is undoubtedly the hidden nature of electricity, so feedback provides an awareness that is otherwise unavailable.

There are three main decisions to be considered when designing an energy feedback visualization:

- 1) what type of data is to be displayed (power, energy, etc)?
- 2) how should the data be displayed to users?
- 3) on what time scale should the data be displayed?

Decisions on each of these factors will influence the success or failure of the visualization.

One of the fundamental principles of energy feedback in the Kukui Cup is that it be *actionable*. While any energy feedback may implicitly encourage energy conservation behaviors simply by making energy use visible, this level of feedback does not meet our definition of actionable. A feedback display that shows that a home has used 20 kWh so far on a particular day leaves the viewer with natural questions: is that a lot? What should I do if I wanted to reduce my energy use?

##### A. The Energy Bar Chart Visualization

An early attempt at energy feedback for the Kukui Cup is shown in Fig. 2. This “Energy Bar Chart” shows hourly energy use for a team participating in the Kukui Cup over 24 hours as compared to an energy goal. Note that the data shown in this particular figure are simulated. Bars that are entirely green show the actual energy usage for that hour and indicate that the energy use was below the hourly goal. For mixed red and green bars, the main green portion represents the energy goal for that hour of the day, while the red tips of the bars represent the actual usage in excess of the goal.



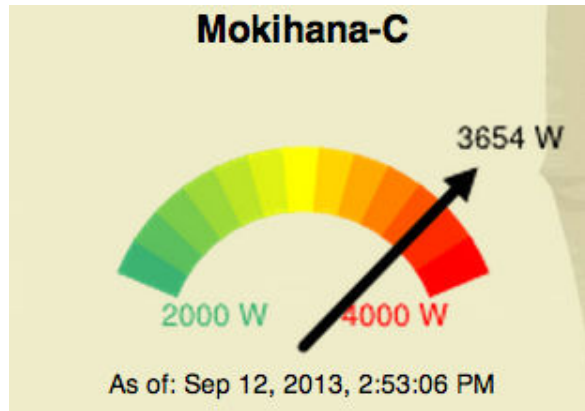


Figure 3. The Power Meter energy feedback visualization

This form of energy feedback shows the variation in energy use over the course of a day, which is an important energy literacy concept. It also shows in what parts of the day energy use is exceeding the goal, and by how much. By displaying the times during the day when the hourly goals are not being met, residents could focus on understanding what activities are going on during those periods.

As (naïve) designers, we felt that this visualization provided a great deal of useful feedback both clearly and concisely. However, results of an in-lab evaluation were unequivocal: the visualization provided too much information, the meaning of its components was not obvious, and the “actionable” aspects were not obvious. This energy feedback visualization was a failure, and we began a redesign to address its deficiencies.

### B. The Power Meter Energy Feedback Visualization

Another early energy feedback visualization developed for the Kukui Cup was the Power Meter, shown in Fig. 3. The Power Meter is an example of one of the most common types of energy feedback visualizations: a near real-time representation of how much power is being used. In the UH Kukui Cups, the Power Meter reflects the power use of a team consisting of 54 residents. The meter is calibrated so that the middle reading (needle pointing straight up) corresponds to the average team power use computed from the hourly baseline data, and the range of the meter dial is set to account for the largest swings in power use based on historical data. This calibration means that if the needle is on the right side of the dial it reflects more team power use than “normal” for this hour and day, and conversely if the needle is on the left side, it corresponds to less power usage than normal. The calibration is updated each hour to match the new hourly baseline.

The motivation for the Power Meter is to enable players to explore their power use in real time by turning devices in their room and floor on and off to see how it impacted their power use, a classic use of high-frequency feedback.

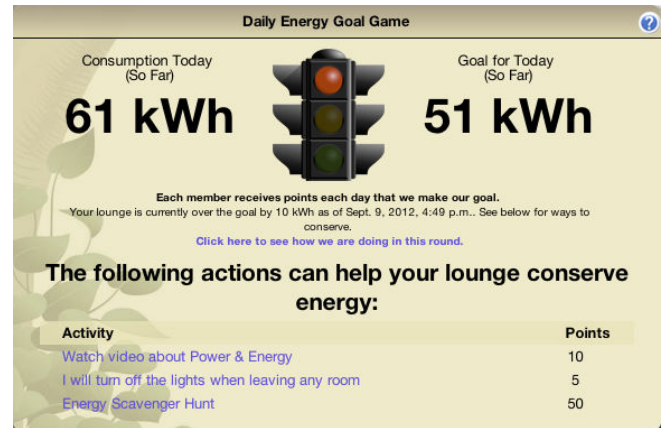


Figure 4. The Daily Energy Goal Game feedback visualization

However, we have no evidence that players actually used the Power Meter visualization in this way. One difference between the Power Meter as used in the UH Kukui Cup challenges and similar energy feedback devices in a home setting is that there are many more people living in the metered space in the UH Kukui Cups. The large number of people whose electricity use is being metered could make it more difficult to see changes due to an individual device, unless that device uses a large amount of power (such as a microwave or hair dryer). As a result, we do not currently know if the Power Meter is successful as a visualization in our initial settings for the Kukui Cup. However, we have left the Power Meter as part of all Kukui Cups using real-time meter data as a counterpoint to the energy-based Daily Energy Goal Game visualization, in the hope of reinforcing the difference between power and energy. Understanding the different between power and energy was one of the energy literacy topics some participants seemed to have trouble grasping, so we felt any additional reinforcement might be helpful.

### C. The Daily Energy Goal Game Feedback Visualization

To make our energy feedback easier to understand and also more actionable, we developed the Daily Energy Goal Game (DEGG) visualization shown in Fig. 4. The three most prominent components of the DEGG are:

- the energy consumption so far during the current day,
- the energy goal so far for the current day, and
- a traffic light that shows in the most straightforward way whether the team is meeting their energy goal.

The display updates once every 10 minutes with new energy data.

We picked the daily time frame for the game for two reasons. First, having a daily goal makes behavior changes more visible and feedback more immediate than a longer time frame such as weekly or monthly. Second, by concentrating on a daily goal, teams that are performing poorly

on a particular day can redouble their efforts to do better the next day. Similarly, a team that does particularly well for one day cannot rest on their laurels, as they must make an effort to conserve every day. This game design reflects our belief that changing energy behaviors is a marathon and not a sprint: radical short-term changes made to win an energy competition are unlikely to be sustainable, and therefore are of very limited utility in achieving long-term energy conservation.

Residential energy use varies in intensity over the course of a day: typically low when people are sleeping and much higher during evening hours. For the students in our studies living in residence halls, the energy usage peak occurs at approximately midnight, and the lowest usage is between 8 and 9 AM, which is considerably different than an average single-family home. There is also daily variation between days of the week, as the activities taking place on a Monday night are different than those on a Saturday night. To account for the hourly and daily variation in energy use, we compute hourly and daily baselines for energy use, and the goal value is a percentage reduction from the baseline. The energy consumption and goal values displayed in the DEGG are computed over the time period from midnight to the current time. This choice of time frame is particularly important for the goal value, because if a daily goal value were simply spread evenly over the course of a day, players would see their energy use as always under the goal during low-usage periods, and going above the goal during the high-usage periods, possibly to a degree that makes it impossible to meet the goal for that day.

The DEGG also links the energy conservation competition with the point competition. When a team meets their daily energy goal, each team member is awarded an administrator-configured number of points. This linkage provides an additional incentive for players to pay attention to the energy competition, because successfully reducing energy use below the goal can significantly increase team point totals.

Below the traffic light display of the DEGG is a list of actions from the Smart Grid Game that players can take to either learn more about energy, or directly reduce their energy use. The actions displayed depend on what actions the player has already completed in the rest of the system. The DEGG is therefore highly actionable because it provides direct links to actions that players can take to reduce their energy usage, tailored to the opportunities available in their residence hall.

Evaluation of the DEGG visualization during actual game play indicated that players do not have a problem understanding this visualization. The spotlight image provides a clear, unambiguous signal, and the actual/goal numbers provide further context. In addition, the visualization is explicitly paired with links to descriptions of appropriate actions for that player in the context of the game and the

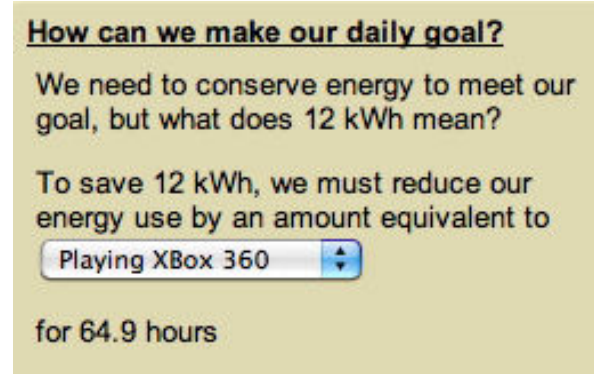


Figure 5. The “How can we make our daily goal?” widget

team’s current energy use. Log data indicated that players did click on these links in order to understand how to take action based on the energy feedback. This energy feedback visualization is thus a success and has been included in the current version of the Kukui Cup.

#### D. The “Wii Hours” Energy Feedback Visualization

In another energy feedback design effort, we created a small widget below the DEGG titled “How can we make our daily goal?”, which was intended to give players ideas on how to improve their team’s energy performance. This widget, shown in Fig. 5, shows how much the player’s team energy usage was above the goal, and provides a drop-down menu of electrical devices commonly present in student rooms: laptops, Xbox 360, Wii, etc. When a device is selected from the menu, the system displays the approximate number of hours of device use that would equal the amount of team energy use over the goal value. The time value is intended to show players how much device use they would need to *forego* in order to get back on track to their energy goal, and develop their intuition about the relative power use of different devices (i.e., plasma TVs use much more power than Wii game consoles). Therefore, a short time value could point out an easy way to make the goal, and a long time value would indicate less significant energy conservation.

However, during in-lab evaluations of the system, we found that multiple subjects misinterpreted the time value, thinking that high time values were bad rather than good. Since the Wii was the device on the list with the smallest power use (20 W) compared to an Xbox 360 or Playstation 3, it led to the highest time values. Some subjects drew the conclusion that using a Wii was worse than using an Xbox 360 or Playstation 3, which was precisely the opposite goal of this widget. One subject even took the time to use our in-game team discussion forum to post the message “don’t play wii” after using the widget! Because of this example, we dubbed this confusion the “Wii problem”.

Clearly, energy feedback that can lead some players to the opposite conclusion than intended is a failure. The “Wii

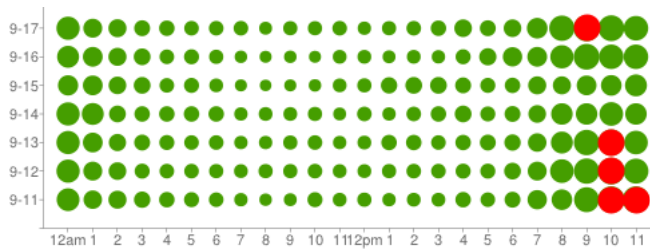


Figure 6. Energy Hot Spots visualization from the Canopy

Hours” visualization never made it into production, and we are still searching for a design variant that can convey this information in an unambiguous fashion to players with minimal energy literacy.

#### E. Canopy Energy Feedback

The 2011 Kukui Cup took place over three weeks, and as part of the game experience we wanted to create a more advanced level of experience for the top participants in the competition. The background of the competition website features a forest theme, so the Canopy is named to convey that it exists “above” the rest of the website. The Canopy is conceived as a way to keep the top participants engaged even if they complete most of the activities available in the Smart Grid Game. A primary way to retain their engagement is to offer more sophisticated visualizations that demand more thought and analysis from the top players.

The Canopy provides a series of “missions” that players can undertake. Some Canopy missions are to be accomplished individually, while other missions require 2 or 3 participants to work together. Players can indicate that they are “up” for a group mission to find other interested participants. Missions include looking at more advanced energy visualizations, and also activities such as seeking out places on campus that are wasting energy.

Canopy missions are like actions available in the rest of the game, but instead of earning points upon completion, Canopy activities earn players *Canopy Karma*, which is a separate point system for the Canopy. Canopy Karma is used instead of the standard points to ensure that the Canopy itself does not unbalance the point competition by providing a way for the top players to earn more points that are not available to the rest of the participants.

The energy data and visualizations available in the forest (the main game area), such as the Daily Energy Goal Game described earlier, are deliberately simple to avoid confusing participants with low energy literacy. The requirement for simplicity means that the energy data shown to players comes only from the participant’s team. This constraint can be relaxed in the Canopy, as players are more sophisticated and presumed to be interested in visualizations that compared teams.

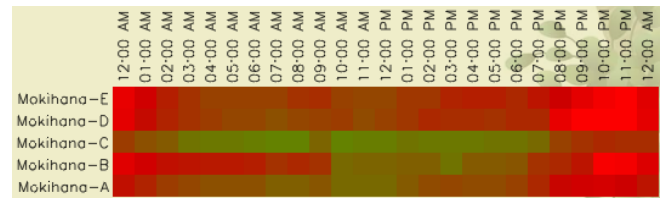


Figure 7. Heat Map visualization from the Canopy

Fig. 6 shows “Energy Hot Spots”, one of several forms of advanced energy feedback available in the Canopy. This visualization shows hourly electricity use for a selected team over the course of a selected week. This breakdown allows players to examine their usage patterns and see how they change throughout the day, between days of the week, and between different teams. The Canopy mission based around the Energy Hot Spots energy feedback asks players the following questions:

- What hours of the day seem to have the highest energy use? How does that compare to your own energy use patterns?
- What differences in energy use do you notice between teams?
- What are your thoughts on this visualization? What are its strengths and weaknesses?

Another Canopy visualization is the Heat Map, shown in Fig. 7. This visualization shows the energy use over time for all the teams in one residence hall, arranged spatially. This type of visualization can potentially show patterns related to the position of teams in a residence hall, and shows how energy use differs between teams over time. The Canopy mission based on the Heat Map visualization asks similar questions as the Hot Spots visualization, with the intent to make players investigate the visualization and introspect about their own energy use.

The Canopy was introduced in the third week of the 2011 UHM Kukui Cup, and the top 42 players were invited to enter the Canopy out of a total of 401 players. Although use of the Canopy was quite limited, players’ feedback about these advanced forms of energy feedback was uniformly positive: they reported enjoying the ability to compare energy use between teams and seeing what times different teams energy use peaked.

This positive feedback indicates that the Canopy energy feedback was a success, and also indicates the critical role of context and scaffolding in energy feedback design. To build on the Canopy’s role as another “level” of the game, in the 2012 UHM Kukui Cup, we removed the Canopy, but the Smart Grid Game was segmented into explicit levels as shown earlier in Fig. 1. The advanced visualizations from the Canopy missions were turned into activities accessible in the more advanced levels of the Smart Grid Game.



## V. DOMAIN KNOWLEDGE AND ENERGY FEEDBACK

Energy feedback systems provide data on some aspect of behavior with the goal of reducing negative environmental impact [3]. However, they often assume users possess some level of domain knowledge about the environmental topic they hope to address. The term *energy literacy* has been used to describe the understanding of energy concepts as they relate both on the individual level and on the national/global level.

Some examples of energy literacy are: understanding the difference between power and energy; knowing that a microwave uses much more power than a refrigerator, but that the refrigerator will use much more energy over the course of the day; and knowing how electricity is generated in one's community.

Unfortunately, all indications are that energy literacy is low in the United States. DeWaters and Powers have developed an energy literacy survey instrument for middle and high school students. They found that the student mean attitude scores were 73%, but that knowledge scores lagged far behind (42% correct) [18]. Based on their findings, they make some recommendations, such as energy curricula be "hands on, inquiry based, experiential, engaging, and real-world problem solving...", and using the campus as a "learning laboratory". Similarly, a nationwide survey in the United States of adults on energy by Southwell et al. found that the average respondent answered fewer than 60% of the energy knowledge questions correctly [19]. A online survey of 505 people in the United States regarding perceptions of energy consumption and savings conducted by Attari et al. also found significant problems with energy literacy [20].

### A. Energy Literacy in Action

One energy literacy topic that we emphasize in the Kukui Cup is the difference between power and energy, power being the rate at which energy is being consumed or produced (measured in watts) and energy is the quantity of work that can be performed by a system (measured somewhat confusingly for electricity in kilowatt-hours). In the Kukui Cup we explain this relationship as being analogous to speedometer and odometer in a car.

Through answers submitted to the online activities in the Kukui Cup, we can see that many players have trouble understanding the concepts of power, energy and their interrelationship. Players often confuse the two concepts and often fail to grasp the time sensitivity of power, and thereby considering devices that consume a lot of power as "bad" irrespective of how long they are actually used. When the users of visualizations do not understand the concepts that are being visualized, understanding of the visualizations becomes much more difficult. It is for this reason that we claim that energy feedback systems should incorporate educational components, or risk being unintelligible to users. However, we reject the notion that power and energy,

watts and kilowatt-hours are too complicated and that users should be provided instead with analogies to cars driven or hamburgers eaten. These energy concepts are important for effective customer participation in the smart grid, and should not be reduced to analogies alone.

Domain knowledge can also be provided to participants in real-world contexts, rather than online contexts. We have witnessed improvements in players' energy literacy in the course of a single workshop. In the energy scavenger hunt workshop, attendees are grouped into teams of 3–4 people and provided with a plug load meter that shows the amount of electrical power consumed by whatever device is plugged into the meter. Each team is given 30 minutes record the power use of devices in their rooms and residence halls, looking for devices with the highest power use they can find, and also the most number of devices with distinct power use in 10 W intervals. The goals of the workshop (beyond entertainment) are to train players to measure device power use, and also to build their intuition about how much power different devices use. In the 2011 Kukui Cup, after the teams completed their hunt, each team was asked to present their results. One team reported that the microwave they measured used 200 W, and immediately several players from other teams shouted out that the first team must have done something wrong because microwaves use over 1000 W, as they started to form their energy intuition based on their own hunt.

### B. Moving Beyond Individual Actions

In addition to shorter activities available in the SGG, the Kukui Cup also provides creative activities to encourage more in-depth explorations of energy and sustainability. These creative activities run the gamut from writing a haiku about a sustainability topic, to conducting an interview, or making a video. Creative activity submissions from players are assigned a point value by administrators based on the quality of the work and the effort it required to make. We hope that the creative activities provide a different outlet for players, and encourage them to think beyond their individual actions and bring a sense of ownership to the cause of sustainability.

As mentioned previously, the 2012 UH Kukui Cup took place over an entire academic year. Much of the educational content we developed was made available to players in the first intensive month of the challenge, leaving later rounds with less content, and thereby fewer reasons to continue playing. To address this problem, and to draw players into deeper play and understanding of sustainability issues, players were able to suggest new additions to the SGG as part of the game. Players that provided useful new activities and events for the the game earned points, and once the new actions were placed into the SGG, they provided additional educational content for other players. We also explored ways to tie class work into the Kukui Cup



challenge. With the longer time frame afforded by the nine month competition, players were able to earn points in the competition by registering for sustainability-related classes, and picking sustainability-themed class projects. The goal of these changes was macro behavior changes like selecting a sustainability degree program or choosing a more efficient vehicle at some point in the future. We plan to follow up with the 2012 Kukui Cup players in future years to assess whether or not these macro behavioral changes did, in fact, occur.

There is a proposed renewable energy project in Hawai'i called "Big Wind" that would generate as much as 400 MW of electricity from wind farms covering substantial portions of two more rural islands (Moloka'i and Lāna'i) with excellent wind resources. The power would be transmitted via a new undersea cable to O'ahu, which has the majority of the state's population, but with inferior wind resources. There are advocates both for and against Big Wind, but to make an informed decision one should understand how O'ahu's electricity is generated now, and the characteristics and challenges of wind energy. We hope that the educational activities that are part of the Kukui Cup will equip players to make informed choices on these types of thorny policy questions.

## VI. ENERGY FEEDBACK, STICKINESS, AND SERIOUS GAMES

A meta issue for all energy feedback systems is how to ensure that they continue to be "sticky" for users, as a feedback system that users do not view will be unable to accomplish anything. There are indications that the long-term impact of energy feedback may be diminished due to habituation. Froehlich suggests that the average user will spend less than one minute per day exploring their energy consumption behaviors [21]. A study by Houde et al. of households using Google PowerMeter found an "immediate decrease in electricity consumption, but in the long term these electricity savings decrease and disappear." [22] This finding suggests that a primary concern for any energy feedback system is ensuring that users continue to interact with it over the long term. Put another way, energy feedback alone is not enough to accomplish the goal of long-range customer engagement with their energy consumption.

One solution to the lack of stickiness of energy feedback systems is the incorporation of game play. Serious games like the Kukui Cup provide an alternative route to promote both learning and engagement with energy feedback. It is for this reason that we designed the Kukui Cup as a serious game that incorporates electricity consumption feedback as one aspect of the game experience, rather than an energy feedback system that has been "gamified" [23]. Gee has examined how learning takes place in the world of video games, and contrasted it with the way learning typically takes place in schools [24]. He points out that good games

are both deep and complicated, but large numbers of players manage to learn how to play them. Players can spend enormous amounts of time playing games, and in the process of playing learn skills in a way not possible in a classroom.

One issue with the Kukui Cup is that the educational content is largely of interest only until its content has been assimilated. We do not anticipate that players would want to revisit most actions unless they were able to earn additional points. This limited engagement is in contrast to games that players enjoy playing over and over. Some serious games, such as the protein folding game Foldit, do manage to attract repeat players and meet their serious goals [25]. While the Kukui Cup may stop being of interest to players once they have completed all the content available, we hope that our attempts to engage players in broader sustainability opportunities such as taking classes and becoming involved in campus and community organizations make the Kukui Cup no longer necessary for them.

While games are not the only way to promote long-term engagement with energy issues, we submit that any normal energy feedback system will quickly be abandoned by users once the novelty wears off. There must be a continuing reason for users to revisit the system that even the most novel and interesting energy feedback systems lack.

## VII. FUTURE WORK

The Kukui Cup is an ongoing project and we continue to build upon the four challenges that have been run to date. One interesting area of future work is moving beyond just visualizations of energy consumption by incorporating visualizations of energy generation in the grid. Ecotricity, a renewable energy utility in the UK, has developed such a grid-level feedback system [26]. The Ecotricity website provides a real-time dashboard that displays the types of energy sources used to power the UK grid (fossil fuels, nuclear, and renewable) and the overall carbon intensity of the grid in gCO<sub>2</sub> per kWh as shown in Fig. 8. The carbon intensity display is made actionable through a traffic light visualization that is green when the grid is emitting less carbon and red when it emits more carbon, with the intent that consumers could defer energy use when the grid was emitting more CO<sub>2</sub>.

During California's energy crisis in 2000 and 2001, Lawrence Berkeley National Laboratory created a web site that graphed data from utility organizations [27]. The graphs showed consumer demand for electricity (actual and forecast), and the utilities' generation capacity. Darby reports anecdotal evidence that people viewing the graphs changed their electricity usage based on the data [15]. In buildings generating their own electricity (such as through solar panels), there are additional opportunities to visualize the building's energy consumption along side the generation.

Beyond college campuses, we are planning to expand the Kukui Cup to other organizations in Hawai'i including mid-

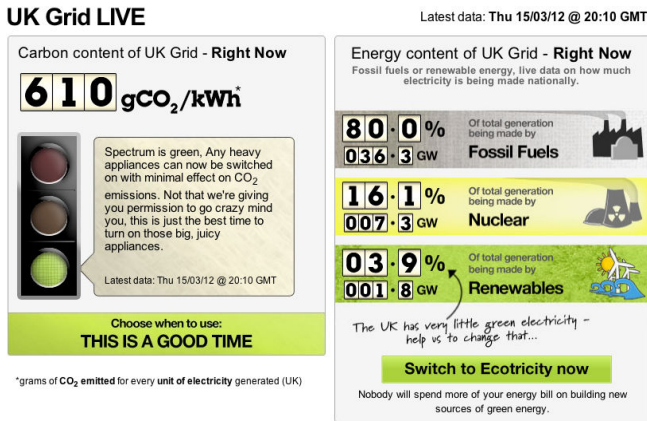


Figure 8. Ecotricity's live UK Grid dashboard

dle and high schools. Kukui Cups run in schools will require changes to the educational content to make it relevant to those students, but may provide opportunities for integration with the curriculum.

A longer range goal is to integrate the Kukui Cup with Hawai'i's smart grid efforts. The Kukui Cup is currently an effort-intensive program, so scaling to hundreds of thousands of players will require scaling the management of the challenge, finding a means of funding, and a way for players to incorporate household energy data fairly, in a completely heterogenous environment.

One final area of research is longitudinal studies of players after the game is over and they have moved out of the residence halls. We want to find out whether the Kukui Cup experience actually had lasting impacts on players, and whether they were able to continue any new behaviors after leaving the context of the residence hall.

## VIII. CONCLUSION

We have described the Kukui Cup serious game, and our results from field trials of the system. We have discussed some of the energy feedback visualizations we developed, including both those that succeeded and those that failed. Based on our experiences, we provide three areas that energy feedback systems for the smart grid should address: they should be actionable, they must address users lack of domain knowledge, and they must find ways to be sticky.

## ACKNOWLEDGMENTS

This research is supported in part by grant IIS-1017126 from the National Science Foundation; the HEI Charitable Foundation; Hawaiian Electric Company; the State of Hawaii Department of Business, Economic Development and Tourism. We are also thankful for the support from the following organizations at the University of Hawai'i: the Center for Renewable Energy and Island Sustainability, Student Housing Services, Facilities Management, and the Department of Information and Computer Sciences.

We gratefully acknowledge the players of the 2011 and 2012 Kukui Cups and the members of the Kukui Cup team in addition to the authors who made the vision a reality: Kaveh Abhari, Hana Bowers, Greg Burgess, Caterina Desiato, Risa Khamsi, Amanda Pacholok, Morgan de Partee, Alyse Rutherford, Alex Young, and Chris Zorn.

## REFERENCES

- [1] R. S. Brewer, Y. Xu, G. E. Lee, M. Katchuck, C. A. Moore, and P. M. Johnson, "Energy feedback for smart grid consumers: Lessons learned from the Kukui Cup," in *Proceedings of Energy 2013*, March 2013, pp. 120–126.
- [2] M. Zyda, "From visual simulation to virtual reality to games," *IEEE Computer*, vol. 38, no. 9, pp. 25 – 32, Sep 2005.
- [3] J. Froehlich, L. Findlater, and J. Landay, "The design of eco-feedback technology," in *Proceedings of the 28th international conference on Human factors in computing systems - CHI '10*. New York, New York, USA: ACM Press, Apr. 2010, pp. 1999–2008.
- [4] R. S. Brewer, G. E. Lee, and P. M. Johnson, "The Kukui Cup: a dorm energy competition focused on sustainable behavior change and energy literacy," in *Proceedings of the 44th Hawaii International Conference on System Sciences*, January 2011, pp. 1–10.
- [5] R. S. Brewer, "Fostering sustained energy behavior change and increasing energy literacy in a student housing energy challenge," Ph.D. dissertation, University of Hawaii, Department of Information and Computer Sciences, March 2013, [retrieved: September, 2013]. [Online]. Available: <http://csdl.ics.hawaii.edu/techreports/2010/10-08/10-08.pdf>
- [6] C. Hodge, "Dorm energy competitions: Passing fad or powerful behavior modification tool?" Presentation at the 2010 Behavior Energy and Climate Change conference, November 2010. [Online]. Available: [http://www.stanford.edu/group/peec/cgi-bin/docs/events/2010/becc/presentations/2C\\_ChelseaHodge.pdf](http://www.stanford.edu/group/peec/cgi-bin/docs/events/2010/becc/presentations/2C_ChelseaHodge.pdf) [retrieved: September, 2013].
- [7] G. E. Lee, "Makahiki: An extensible open-source platform for creating energy competitions," Master's thesis, University of Hawaii, June 2012. [Online]. Available: <http://csdl.ics.hawaii.edu/techreports/2011/11-01/11-01.pdf> [retrieved: September, 2013].
- [8] J. E. Petersen, V. Shunturov, K. Janda, G. Platt, and K. Weinberger, "Dormitory residents reduce electricity consumption when exposed to real-time visual feedback and incentives," *International Journal of Sustainability in Higher Education*, vol. 8, no. 1, pp. 16–33, 2007.
- [9] D. Merugu, B. S. Prabhakar, and N. S. Rama, "An incentive mechanism for decongesting the roads: a pilot program in Bangalore," in *Proceedings of NetEcon '09, ACM Workshop on the Economics of Networked Systems*, July 2009.
- [10] R. S. Brewer and P. M. Johnson, "WattDepot: An open source software ecosystem for enterprise-scale energy data collection, storage, analysis, and visualization," in *Proceedings of the First International Conference on Smart Grid Communications*, Gaithersburg, MD, October 2010, pp. 91–95.
- [11] P. M. Johnson, Y. Xu, R. S. Brewer, C. A. Moore, G. E. Lee, and A. Connell, "Makahiki+WattDepot: An open source software stack for next generation energy research

- and education,” in Proceedings of the 2013 Conference on Information and Communication Technologies for Sustainability (ICT4S), February 2013.
- [12] L. J. Becker, “Joint effect of feedback and goal setting on performance: A field study of residential energy conservation,” *Journal of Applied Psychology*, vol. 63, no. 4, pp. 428–433, 1978.
  - [13] J. H. van Houwelingen and W. F. van Raaij, “The effect of goal-setting and daily electronic feedback on in-home energy use,” *The Journal of Consumer Research*, vol. 16, no. 1, pp. 98–105, June 1989.
  - [14] P. M. Johnson, Y. Xu, R. S. Brewer, G. E. Lee, M. Katchuck, and C. A. Moore, “Beyond kWh: Myths and fixes for energy competition game design,” in Proceedings of Meaningful Play 2012, October 2012, pp. 1–10.
  - [15] S. Darby, “The effectiveness of feedback on energy consumption,” Environmental Change Institute, University of Oxford, Tech. Rep., 2006. [Online]. Available: <http://www.eci.ox.ac.uk/research/energy/downloads/smart-metering-report.pdf> [retrieved: September, 2013].
  - [16] A. Faruqui, S. Sergici, and A. Sharif, “The impact of informational feedback on energy consumption—a survey of the experimental evidence,” *Energy*, vol. 35, no. 4, pp. 1598–1608, 2010.
  - [17] B. Foster and S. Mazur-Stommen, “Results from recent real-time feedback studies,” American Council for an Energy-Efficient Economy (ACEEE), Tech. Rep. B122, February 2012. [Online]. Available: <http://aceee.org/research-report/b122> [retrieved: September, 2013].
  - [18] J. E. DeWaters and S. E. Powers, “Energy literacy of secondary students in New York State (USA): A measure of knowledge, affect, and behavior,” *Energy Policy*, vol. 39, no. 3, pp. 1699–1710, 2011.
  - [19] B. G. Southwell, J. J. Murphy, J. E. DeWaters, and P. A. LeBaron, “Americans’ perceived and actual understanding of energy,” RTI Press, Tech. Rep. RR-0018-1208, 2012. [Online]. Available: <http://www.rti.org/pubs/rr-0018-1208-southwell.pdf> [retrieved: September, 2013].
  - [20] S. Z. Attari, M. L. DeKay, C. I. Davidson, and W. B. de Bruin, “Public perceptions of energy consumption and savings,” *Proceedings of the National Academy of Sciences*, vol. 107, no. 37, pp. 16 054–16 059, 2010.
  - [21] J. Froehlich, “Moving beyond line graphs: The history and future of eco-feedback design,” Presentation at the 2010 Behavior Energy and Climate Change conference, 2010. [Online]. Available: [http://peec.stanford.edu/docs/events/2010/becc/presentations/3D\\_JonFroehlich.pdf](http://peec.stanford.edu/docs/events/2010/becc/presentations/3D_JonFroehlich.pdf) [retrieved: September, 2013].
  - [22] S. Houde, A. Todd, A. Sudarshan, J. A. Flora, and K. C. Armel, “Real-time feedback and electricity consumption: A field experiment assessing the potential for savings and persistence,” *The Energy Journal*, vol. 34, no. 1, pp. 87–102, 2013.
  - [23] S. Deterding, D. Dixon, R. Khaled, and L. Nacke, “From game design elements to gamefulness: Defining “gamification”,” in Mindtrek 2011 Proceedings. ACM Press, 2011, pp. 9–15.
  - [24] J. P. Gee, *What Video Games Have to Teach Us About Learning and Literacy*. Palgrave Macmillan, 2007.
  - [25] F. Khatib, F. DiMaio, S. Cooper, M. Kazmierczyk, M. Gilski, S. Krzywda, H. Zabranska, I. Pichova, J. Thompson, Z. Popović, M. Jaskolski, and D. Baker, “Crystal structure of a monomeric retroviral protease solved by protein folding game players,” *Nat Struct Mol Biol*, vol. 18, no. 10, pp. 1175–1177, 10 2011.
  - [26] “Ecotricity UK grid live website,” <http://www.ecotricity.co.uk/our-green-energy/energy-independence/uk-grid-live>, [retrieved: September, 2013].
  - [27] E. Bartholomew, C. Bolduc, K. Coughlin, B. Hill, A. Meier, and R. V. Buskirk, “Current energy website,” <http://web.archive.org/web/20030507025649/http://currentenergy.lbl.gov/>, [retrieved: September, 2013].