__Lotus Diagram__

Center grid (top middle):

	Could be overwhelming if you have too many tasks going on.	

Kick yourself in the butt when you don't get anything done.	It keeps everything where you can see it	Plan for the future. (Monthly and Yearly)
Retrospection	Boost Productivity	Learn from your mistakes/ downfalls.
	Track Progress	Keeps you accountable since it's written down and not just in your head.

Top left grid:

	Timeline to look back at and get motivated.	Little does of Dopamine
	Sense of Accomplishment	Encouraging to do more

Top right grid:

Great for keeping lists	Keeping track of time chunks	
	Organized	Know what you need to get done today in one page.
Efficient time-usage		

Middle left grid:

	Achieve Goals	Makes it easier to follow through.
	gets you started	

Middle center grid:

Sense of Accomplishment	Boost Productivity	Organized
Achieve Goals	Bullet Journal	Concise
Easy Setup	Make Work Fun	Fast

Middle right grid:

Short readable format (not full paragraphs)		
	Concise	Your day/month/year on one page respectively.
		Concise points makes it faster than writing everything down.

Bottom left grid:

	on the internet	Not as much of a learning curve.
	Easy Setup	Monthly and Yearly Page
		Bullets are already there ready for you to jump in.

Bottom center grid:

Feeling of Accomplishment		Doodles add some fun into the mix.
	Make Work Fun	
personalized		Could reward yourself after x amount of tasks completed.

Bottom right grid:

Easy to digest information	Concise	Save time.
Not overwhelming (non paragraphs)	Fast	
	not tiring	Easier to stick to it since it is fast.