

- Project A

 - File Title.md
- > Project B
- •
- example_file.md

File Title Ctag1_name



```
# Heading 1
## Heading 2
### Heading 3
```

This is a regular paragraph. Lorem ipsum dolor sit amet, consectetur adipiscing elit. Sed auctor, magna vitae commodo bibendum, risus dui faucibus risus, vel faucibus neque turpis vel metus.

- > This is a blockquote. It can be used to highlight important quotes or information.
- This is an unordered list
- With multiple items
- You can also have nested lists
 - Like this
- 1. This is an ordered list
- 2. With numbered items
- 3. Useful for step-by-step instructions

[This is a link](https://example.com) to an external website.

Inline `code` can be formatted using backticks.

