

West Palm Beach Advanced Trip

15 - 17 May 2015 (<http://proscuba.training/wpb-advanced-2015-05-16.html>)

Locations

- Seaspray Inn: 123 Ocean Avenue, Palm Beach Shores, FL 33404
- Pura Vida Divers: 2513 Beach Court, Singer Island, FL 33404
- Phil Foster State Park (Blue Heron Bridge): 900 Blue Heron Boulevard, Riviera Beach, FL 33404

Agenda

Diving at the Blue Heron Bridge is highly dependent on tides and boat charters typically leave on time, so it's very important to plan ahead and stay on schedule. Each West Palm Beach trip is planned for the specific tide predictions and boat schedules in effect for that particular weekend.

Friday, 15 May 2015

- Note: you could begin driving to West Palm Beach at 7:00 and arrive on time, or begin driving on Thursday and spend the night in a hotel near Ocala or Orlando for an easy drive into WPB on Friday.
- 16:00 - Arrive at Pura Vida Divers, pick up tanks for day dives and night dives
- 16:15 - Depart Pura Vida Divers for Blue Heron Bridge
- 16:20 - Arrive at Blue Heron Bridge
- 16:30 - Blue Heron Bridge Orientation
- 16:45 - Set up scuba units, don wet suits
- 17:00 - Enter water for **Navigation Adventure Dive** (low tide at 12:32, high tide at 19:03 - low viz, perfect for navigation training; sunset is 20:00)
- 18:00 - Exit water
- 18:10 - Pack gear, depart for Pura Vida Divers
- 18:15 - Arrive at Pura Vida Divers, return tanks
- 18:30 - Depart Pura Vida Divers for Seaspray Inn
- 18:35 - Arrive and check in at Seaspray Inn
- 19:30 - Dinner

Saturday, 16 May 2015

- 08:30 - Arrive at Lake Park Marina and check in at boat
- 09:00 - Boat departs for **Deep Adventure Dive/Nitrox Dive** and experience dive
- 13:00 - Boat arrives back at Lake Park Marina
- 13:10 - Lunch
- 14:30 - Arrive at Pura Vida Divers, pick up tanks
- 14:45 - Depart Pura Vida Divers for Blue Heron Bridge
- 14:50 - Arrive at Blue Heron Bridge
- 15:00 - Set up scuba units, don wet suits
- 15:15 - Enter water for **Search & Recovery Adventure Dive** (low tide at 13:25, high tide at 19:54 - low viz, perfect for search & recovery training)
- 16:15 - Exit water
- 16:20 - Pack gear, depart for Pura Vida Divers
- 16:25 - Arrive at Pura Vida Divers, turn in tanks, pick up tanks for night dive
- 17:15 - Dinner/snack (e.g., Subways)
- 18:40 - Depart Dinner/Seaspray Inn for Blue Heron Bridge
- 18:45 - Arrive at Blue Heron Bridge
- 18:50 - Set up scuba units, don wet suits
- 19:00 - Join Pura Vida group night dive for **Night Adventure Dive** (high tide at 19:54)
- 20:10 - Exit water
- 20:15 - Pack gear, depart for Pura Vida Divers
- 20:30 - Arrive at Pura Vida Divers, return tanks

Sunday, 17 May 2015

- 08:00 - Check out of hotel
- 08:30 - Arrive at Lake Park Marina and check in at boat
- 09:00 - Boat departs for **Peak Performance Buoyancy Adventure Dive** and **Peak Performance Buoyancy Specialty Dive**
- 13:00 - Boat arrives back at Lake Park Marina
- 13:15 - Depart Lake Park Marina for Pura Vida Divers
- 13:25 - Arrive at Pura Vida Divers
- 13:30 - Debrief dives, fill out log books, sign paperwork at Pura Vida Divers
- 14:00 - End of trip
- IMPORTANT: you may begin driving home immediately. If flying, you must wait 18 hours from last dive.