





Green Lemonade Smoothie

5 mins




Turkey Spaghetti Bolognese

1 hour 30 mins



Almond-Roasted Cod

40 mins

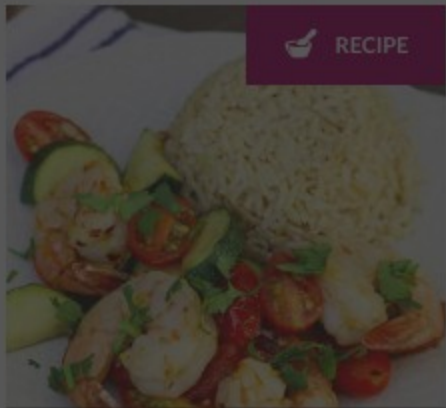


Ginger Shrimp with Tomato and Zucchini

15 mins




🍴 RECIPE

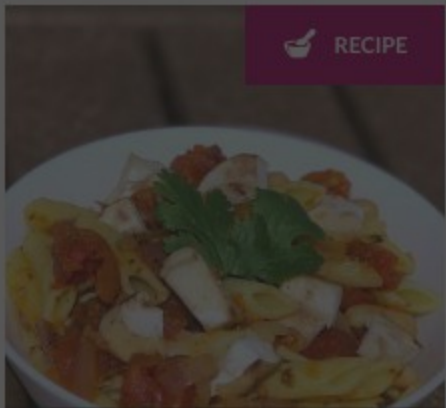


Ginger Shrimp with Tomato, Zucchini & Rice

50 mins




🍴 RECIPE

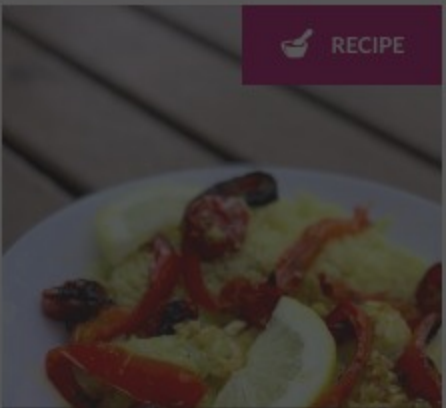


Mushroom Tomato Penne

30 mins




🍴 RECIPE

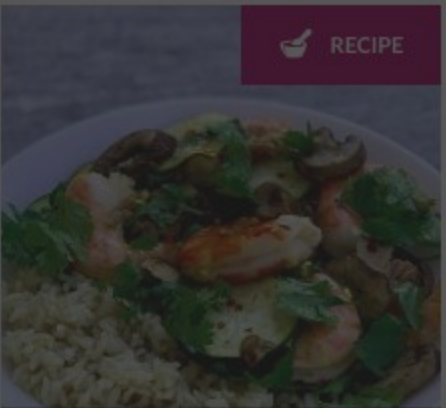


Almond-Roasted Cod with Couscous

40 mins



🍴 RECIPE

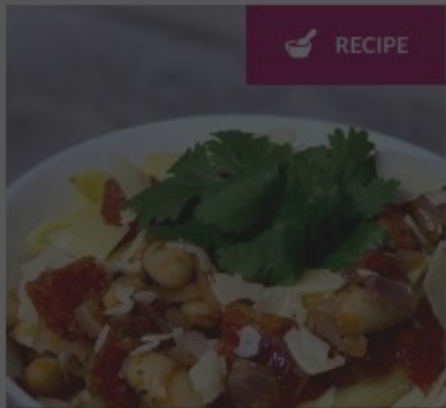


Ginger Shrimp, Veggies & Rice

55 mins




🍴 RECIPE

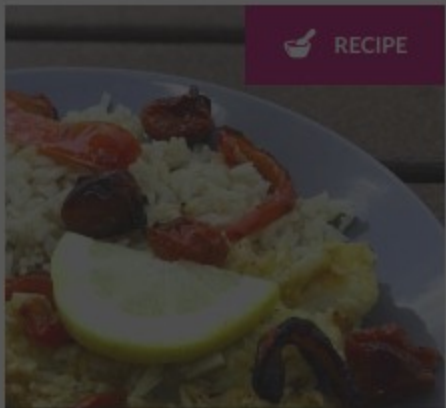


Parmesan Tomato Penne

30 mins




🍴 RECIPE



Almond-Roasted Cod with Rice

45 mins



🍴 RECIPE

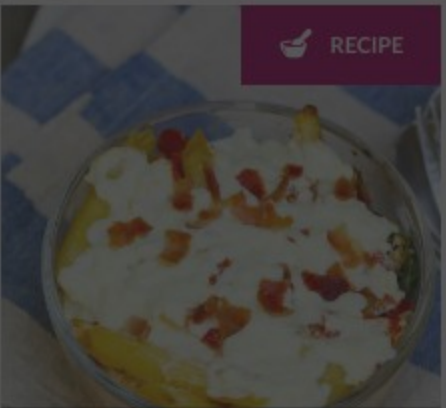


Classic Cobb Salad

50 mins



🍴 RECIPE



Baked Pasta

1 hour

