I want to...

GET GROCERY LIST 78

TOMORROW 28	SAT 29	SUN 30	MON 01	TUE 02	WED 03	THU 04
BREAKFAST	**BREAKFAST**	**BREAKFAST**	**BREAKFAST**			

TOMORROW 28

BREAKFAST

Harvest Oatmeal

LUNCH

Kale Salad Stuffed Pitas

Sunflower Seeds

DINNER

Curry Spiced Tofu

Cooked Wild Rice

SNACK

Pineapple & Cottage Cheese

Walnuts

ADD A MEAL ∨

SAT 29

BREAKFAST

Superfood Smoothie Bowl

LUNCH

Protein-Packed Quinoa Salad Jar

Snap Peas

DINNER

Broccoli Cheese Stuffed Sweet

Baby Kale & Edamame Salad

SNACK

Pretzels & Hummus

Apple & Peanut Butter

ADD A MEAL ∨

SUN 30

BREAKFAST

Avocado Toast with Berries

LEFTOVERS: 2 Superfood Smoothie Bowl

LUNCH

Radishing Salad Jar

Peas & Hummus

DINNER

Quinoa Cakes with Garlic-

Tuscan Raw Kale Salad

SNACK

Autumn Sweet Potato Smoothie

ADD A MEAL ∨

MON 01

BREAKFAST

LEFTOVERS: 2 Superfood Smoothie Bowl

ADD A MEAL ∨

TUE 02

ADD A MEAL ∨

WED 03

ADD A MEAL ∨

THU 04

ADD A MEAL ∨

EatLove

BLOG   TERMS & CONDITIONS   PRIVACY POLICY   CONTACT US   ABOUT US   FAQ