

SEPTEMBER MENU

I want to...

GET GROCERY LIST

78

TOMORROW

28

BREAKFAST

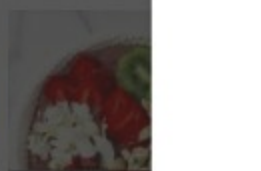


Harvest Oatmeal

SAT

29

BREAKFAST

Superfood
Smoothie

SUN

30

BREAKFAST

MON

01

TUE

02

WED

03

THU

04

LUNCH

Kale Salad
Stuffed Pitas

LUNCH

Protein-Pa
Quinoa Sa

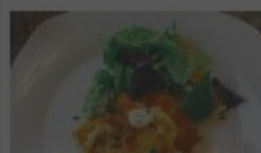
DINNER



DINNER



DINNER



Edit meal

Make enough of this recipe for 3 days ▾

Who is eating?

☒ CLÉMENT☒ ADULT #2☐ GUEST #1

CANCEL

SAVE