

The Immune System

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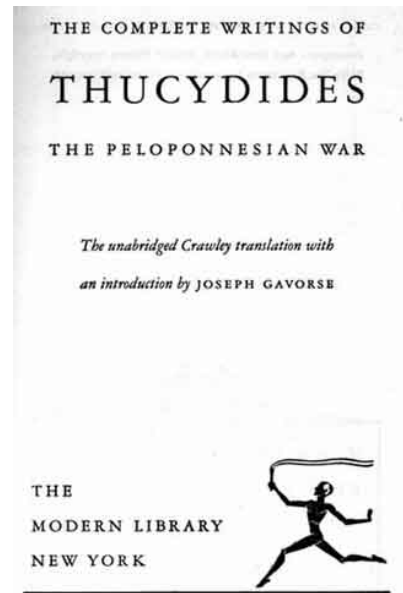
What is the most fundamental (oldest) concept of immunology ?

- Jenner and Smallpox
- Pasteur and Chicken Cholera
- Von Behring & Kitasato and Tetanus antibody
- Mouse pox and cell mediated immunity
- Host Defense (The fight between germs and your body)

430 BC: Thucydides, a great historian of the Peloponnesian war, in describing a plaque in Athen, he wrote that
only those who recovered from the plaque could nurse the sick.

"Yet it was with those who had recovered from the disease that the sick and the dying found most compassion. These knew what it was from experience, and had now no fear for themselves; for the same man was never attacked twice--never at least fatally.

And such persons not only received the congratulations of others, but themselves also, in the elation of the moment, half entertained the vain hope that they were for the future save from any disease whatsoever."



Smallpox

- 20-30% mortality rate
- Estimated death 400,000 annually in Europe end of the 18th century



14th -17th century:

The chinese performed an early form of vaccination they called **variolation**.

The aim was to prevent from smallpox by exposing healthy people to dried crusts derived from smallpox pustules, either by putting it under the skin or by putting it into the nose (inhalation).

18th century:

Smallpox was the most infectious disease in Europe killing up to 25% of those infected in numerous epidemics.

Early 18th century: Lady Wortley Montagu, poet and wife of the British ambassador to Turkey, vaccinated her own children.

Stellenanzeige in England 1774

The London Times
October 1st, 1774

"Wanted, a man between 20 and 30 years of age, to be a footman and under butler in a great family; he must be of the Church of England and have had the small-pox in the natural way. Also a woman, middle aged, to wait upon a young lady of great fashion and fortune: the woman must be of the Church of England, have had the small-pox in the natural way, very sober, steady, and well behaved, and understand dress, getting up lace and fine linen, and doing all things necessary for a young lady that goes into all public places and keeps the best company."



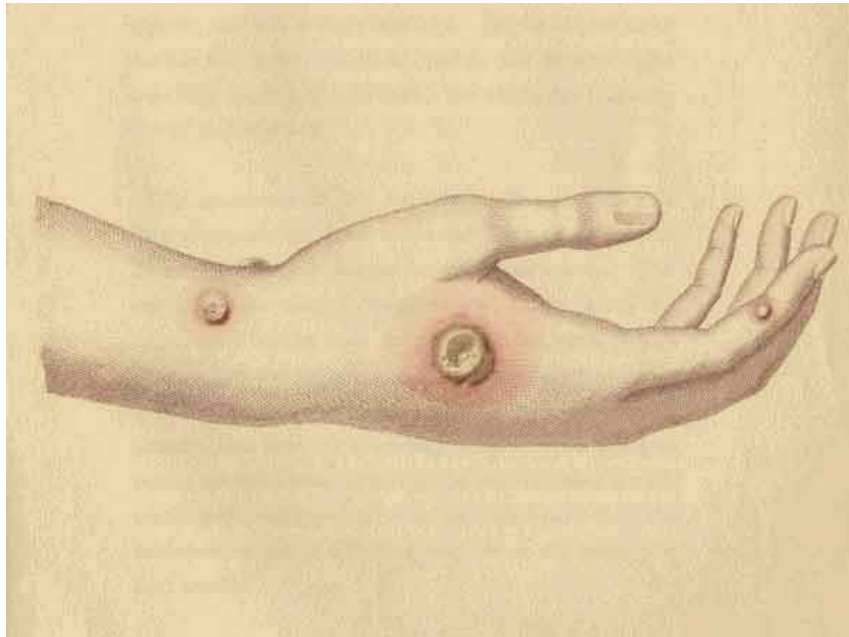
Edward Jenner

Late 18th century:

Edward Jenner started noticing similarities between cowpox and smallpox.

He was particularly interested when a milkmaid told him **she wouldn't catch smallpox because she had already had the much milder disease of cowpox** - a common belief amongst rural communities at the time. Jenner's observations of people who had caught cowpox suggested this was true.

In 1796 he deliberately infected a boy, James Phipps, with material obtained from a cowpox lesion. When the boy recovered, he then injected some pus from a smallpox lesion under his skin. The boy didn't catch smallpox.



the 3d day
ms itched considerably. On
was evidently subsiding, and on the 6th
perceptible. No symptom of indisposition followed.

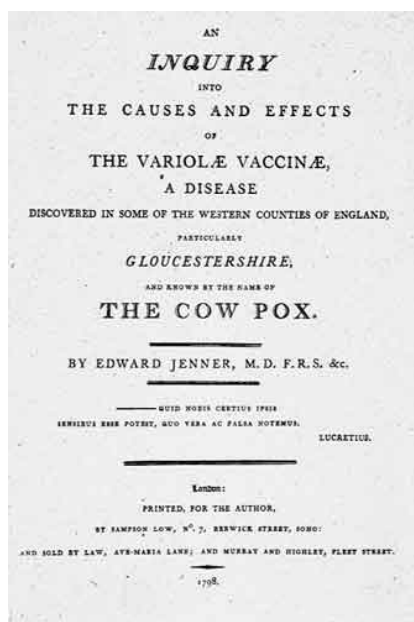
To convince myself that the variolous matter made use
of was in a perfect state, I at the same time inoculated a
patient with some of it who never had gone through the
Cow-pox, and it produced the Small-pox in the usual
regular manner."

These

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Jenner`s documentation

SUMMARY OF JENNER'S CASES					
CASE	DATE	PATIENT	SOURCE	PASSAGE	IMMUNITY
XIX	March 16, 1798	William Summers (5♂)	From Cow	1	Yes
XX	March 28, 1798	William Pead (8♂)	From Summers	2	Probably
XXI	April 5, 1798	Hannah Excell (7♀)	From Wm Pead	3	Unknown
XXII	April 12, 1798	John Macklove (11♂)	From Excell	4	Unknown
		Robert Jenner (11 mod)	From Excell	4	Unknown
		Mary Pead (5♀)	From Excell	4	Unknown
		Mary James (6♀)	From Excell	4	Unknown
XXIII		J. Barge (7♂)	From Mary Pead	5	Probably



SUMMARY OF 23 CASES REPORTED BY
EDWARD JENNER IN HIS BOOK:
"AN INQUIRY INTO THE CAUSES AND EFFECT OF THE
VARIOLAE VACCINAE" 1798

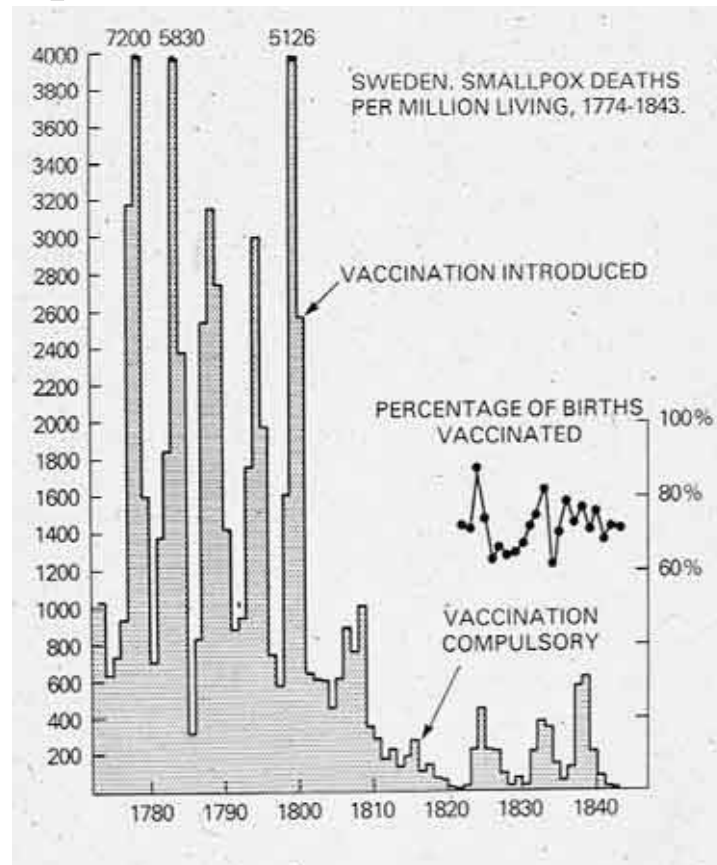
CASES I THROUGH XII
19 PEOPLE WITH HISTORY OF COWPOX WERE IMMUNE TO SMALLPOX
INOCULATION

CASES XIII THROUGH XV
3 PEOPLE WITH HISTORY OF "GREASE" WERE NOT TOTALLY IMMUNE

CASES XVI AND XVII
MAY 14, 1796 JAMES PHIPPS (8♂) INOCULATED FROM HAND OF
SARA NELMES, A DAIRYMAID (WHO GOT DISEASE FROM A COW)
JULY 1, 1796 (AND SEVERAL MONTHS LATER) INOCULATED WITH
SMALLPOX WITHOUT PRODUCING DISEASE

These experiments afforded me much satisfaction, they proved that the matter in passing from one human subject to another, through five gradations, lost none of its original properties, J. Barge being the fifth who received the infection successively from William Summers, the boy to whom it was communicated from the cow.

Smallpox death statistics from Sweden



Smallpox Eradication

May 14, 1796

Jim Phipps vaccinated by Edward Jenner

October 26, 1977

Last case of Smallpox discovered in Somalia

May 8, 1980

WHO declares the world free of smallpox

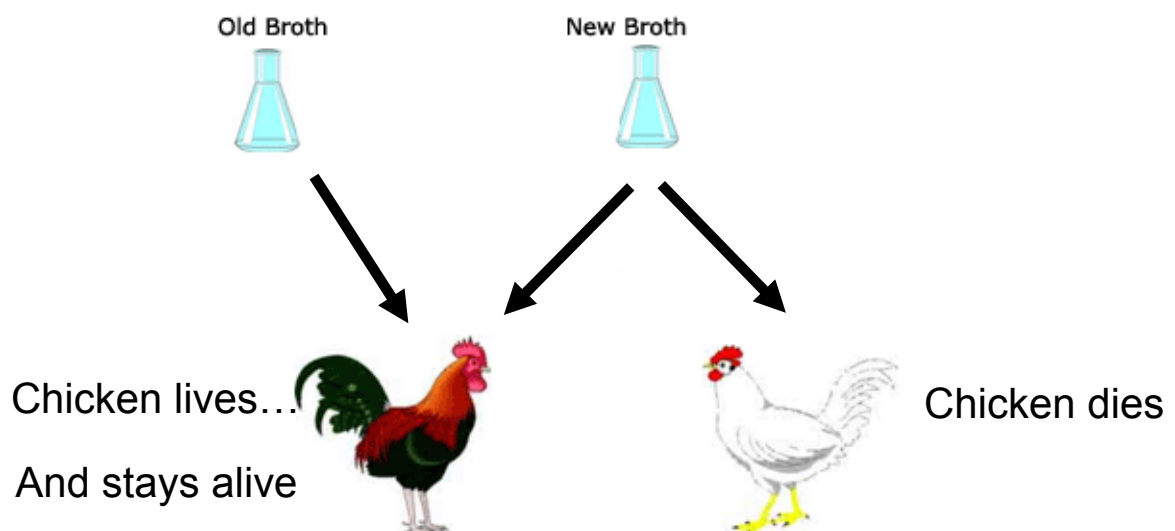


"When meditating over a disease, I never think of finding a remedy for it, but, instead, a means of preventing it."

Louis Pasteur

Late 19th century, Pasteur succeeded growing the bacterium thought to cause fowl cholera. Chickens infected with the bacteria developed cholera. He found that an old culture induced mild disease and chickens recovered.

The same chickens also survived after reinfection with a fresh culture of bacteria. He called this **vaccination**



The beginning of modern immunology...

1881: Pasteur vaccinated one group of sheep with heat-killed *Bacillus anthracis* (anthrax). He then infected vaccinated and unvaccinated sheep with virulent bacilli.
All vaccinated survived and all unvaccinated died!!!

1885: Pasteur went on to use this method to develop a vaccine against rabies, which protected a young boy, J. Meister, from bites of a rabid dog.

However, Pasteur did not understand how vaccination worked

Emil von Behring and S. Kitasato

- 1890 discovered the antitoxins of diphtheria and tetanus

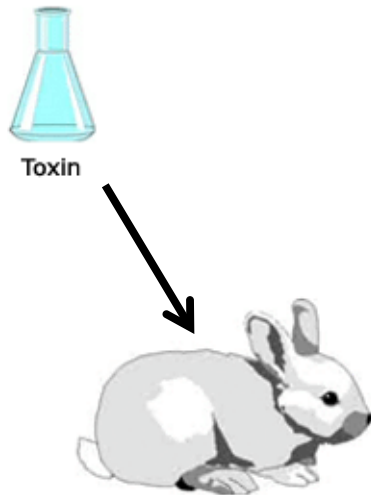
Corynebacterium diphtheriae (discovered 1883 by E. Klebs)
killed 70% of infected children

1891: Serum therapy saved the life of many children

1901: von Behring received Nobel Prize (4 years before Koch)

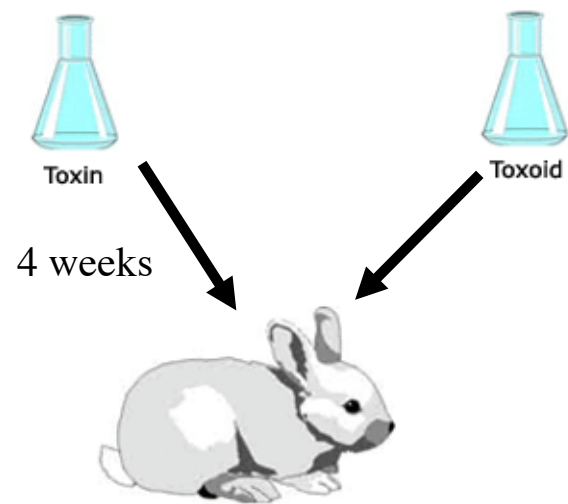
Von Behring and Kitsano

experiment 1



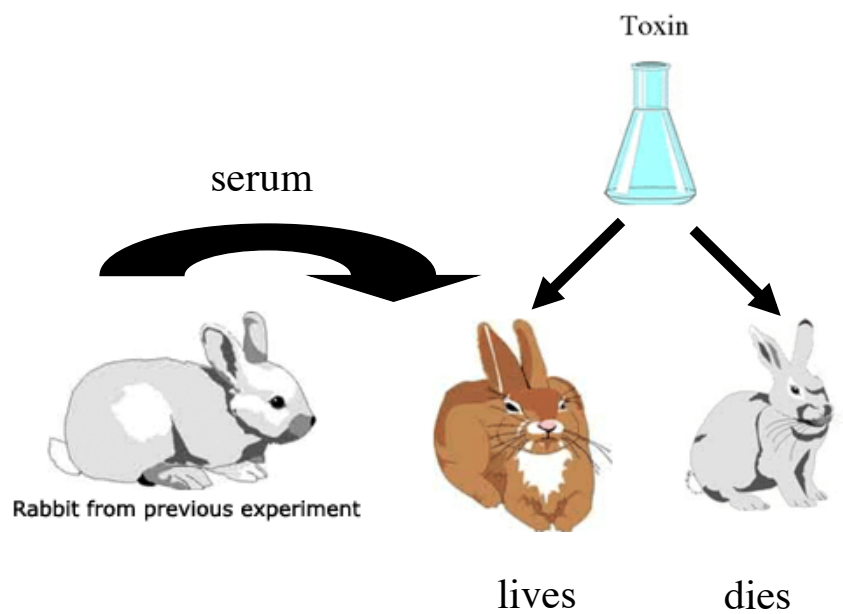
Rabbit dies

experiment 2



Rabbit survives

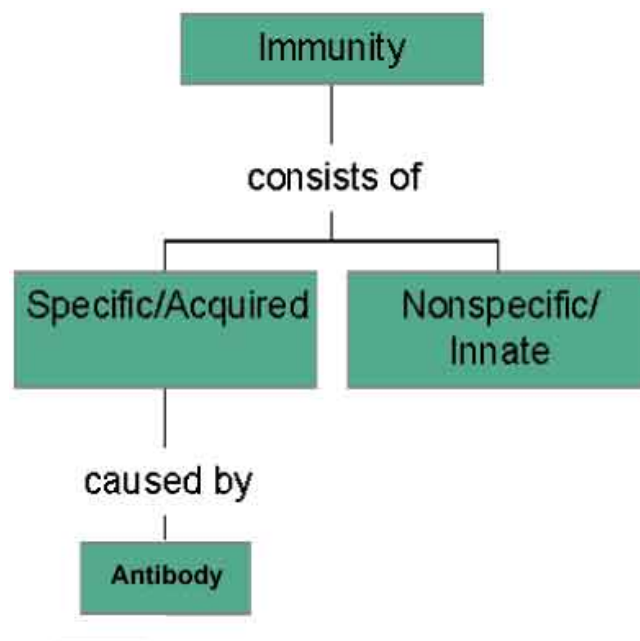
Von Behring and Kitsano, experiment 3



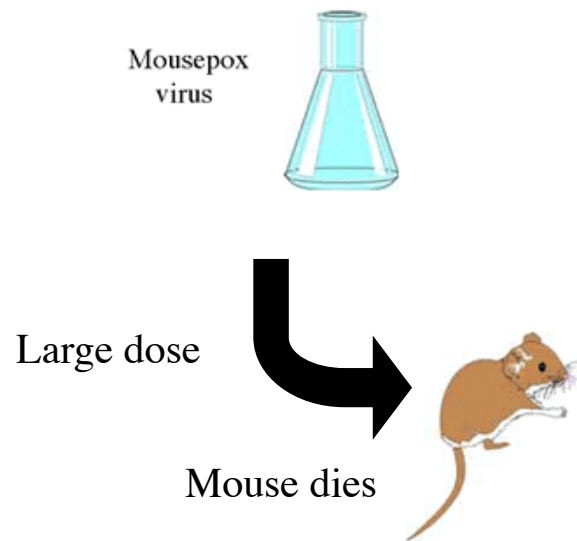
By the end of the 1920s, vaccines for diphtheria, tetanus, pertussis (whooping cough) and tuberculosis (BCG) were all available.

1930, the serum component transferring immunity was found to be in a fraction called γ -globulin (now immunoglobulin) and the active molecules are called antibodies.

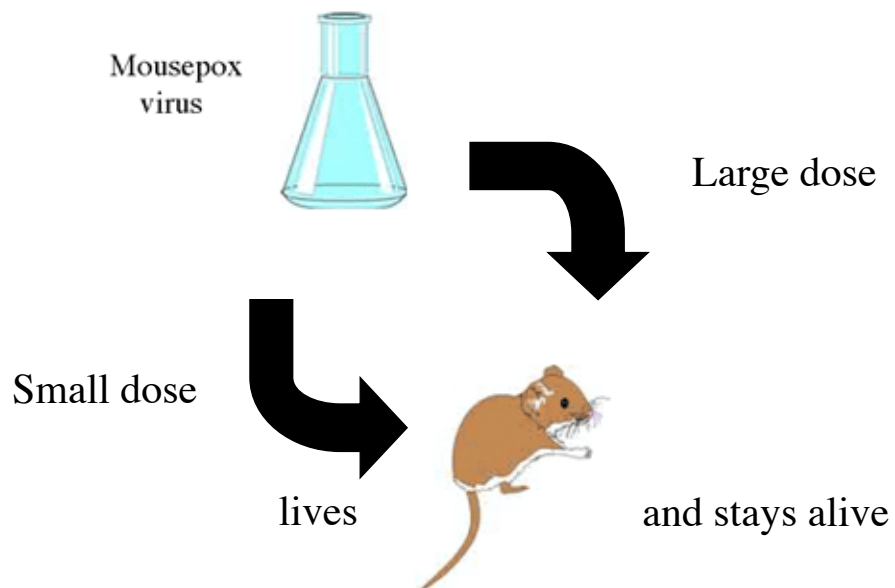
Humoral immunity.



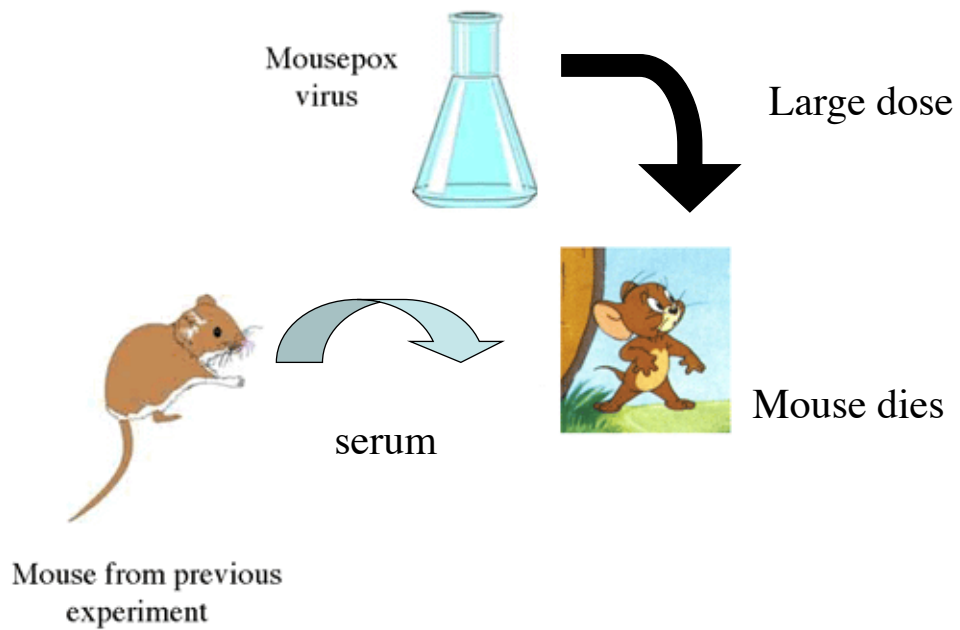
Mousepox, experiment 1



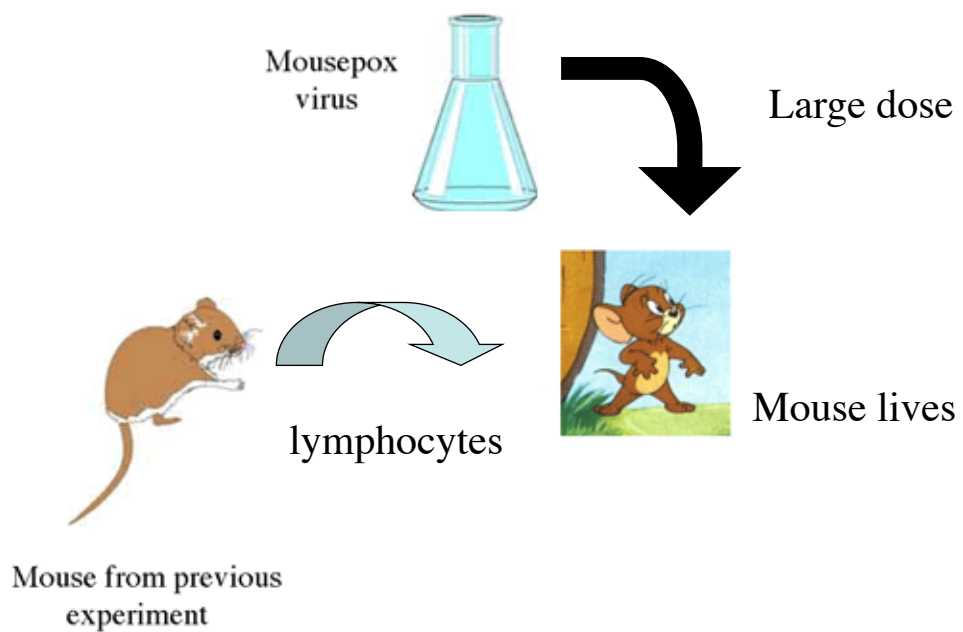
Mousepox, experiment 2

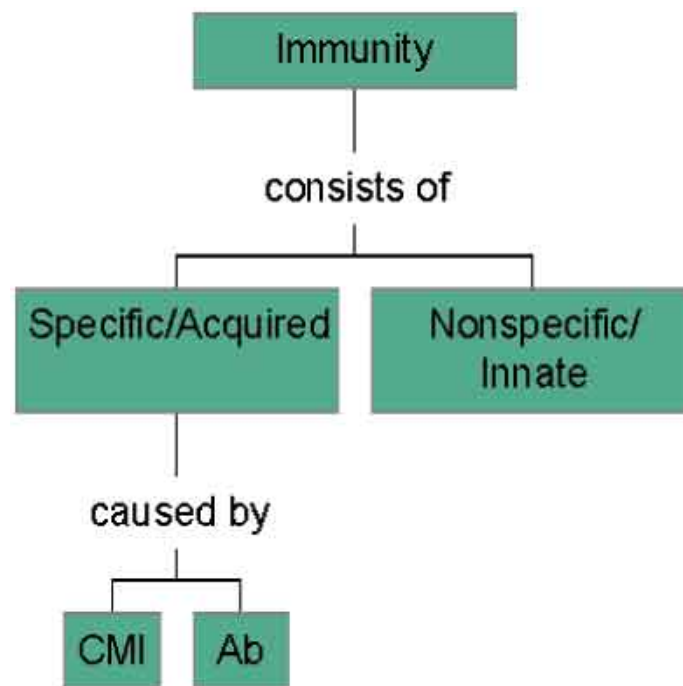


Mousepox, experiment 3



Mousepox, experiment 3





In 1940: M. Chase succeeded in transferring immunity to *M. tuberculosis* by transferring white blood cells.

Note: Already in 1883, Elie Metchnikow hypothesized that (phagocytic) cells could transfer immunity (concept of cell-mediated immunity).

In 1950, identification of two types of lymphocyte, B cells and T cells, which were responsible for humoral and cellular immunity.