Practical Machine Learning Assignment

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Executive Summary

Six young health participants were asked to perform one set of 10 repetitions of the Unilateral Dumbbell Biceps Curl in five different fashions: exactly according to the specification (Class A), throwing the elbows to the front (Class B), lifting the dumbbell only halfway (Class C), lowering the dumbbell only halfway (Class D) and throwing the hips to the front (Class E). (Taken from

http://web.archive.org/web/20161224072740/http:/groupware.les.inf.pucrio.br/har#weight_lifting_exercises)

This report will detail the analysis performed to predict, based on a number of variables, the method (A, B, C, D, or E) used to perform the exercise. Specifically this analysis will use Classfication Tree, Random Forest, and Gradient Boosting Models for prediction.

Overall the Random Forest model yieled the most accurated result on the training data set. It had an accuracy of 99.3%, compared to the Classification Tree (50%), and the Gradient Boosting Model (96.8%).

Reading and Cleaning the Data

Here we simply read in the testing and training data sets.

```
## Loading required package: lattice
## Loading required package: ggplot2
## Rattle: A free graphical interface for data science with R.
## Version 5.2.0 Copyright (c) 2006-2018 Togaware Pty Ltd.
## Type 'rattle()' to shake, rattle, and roll your data.
## randomForest 4.6-14
## Type rfNews() to see new features/changes/bug fixes.
##
## Attaching package: 'randomForest'
## The following object is masked from 'package:rattle':
##
## importance
```

```
## The following object is masked from 'package:ggplot2':
##
## margin
## corrplot 0.84 loaded
```

Now we must clean the data sets by removing the columns with blank entries or NA entries of atleast 70%. Additionally we will partition the training set into a training and test set for cross validation of the models.

```
training<-training[,-
  (which(colSums(is.na(training)|training=="")/nrow(training)>=.7))]
training<-training[,-c(1:7)]

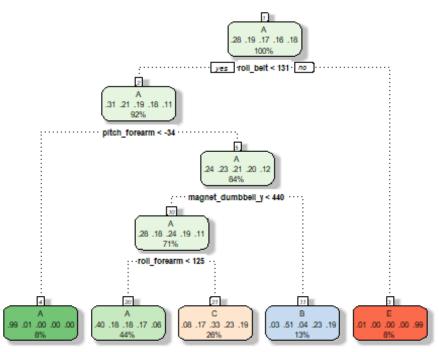
#Now we perform the same for the test data set
testing<-testing[,-
  (which(colSums(is.na(testing)|testing=="")/nrow(testing)>=.7))]
testing<-testing[,-c(1:7)]

#Now we will partition the training set
set.seed(1434)
inTrain1 <- createDataPartition(training$classe, p=0.75, list=FALSE)
train1 <- training[inTrain1,]
test1 <- training[-inTrain1,]</pre>
```

Classification Trees

Now we will use classification tree method to create a prediction model.

```
trControl <- trainControl(method="cv", number=5)
model_CT <- train(classe~., data=train1, method="rpart", trControl=trControl)
fancyRpartPlot(model_CT$finalModel)</pre>
```



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```
trainpred <- predict(model_CT,newdata=test1)</pre>
confMatCT <- confusionMatrix(test1$classe,trainpred)</pre>
confMatCT$table
             Reference
##
                            C
                                       Ε
## Prediction
                 Α
                       В
                                  D
##
                      15
                                       3
            A 1272
                         105
                                  0
##
            В
               384 315 250
                                       0
            C
##
               388
                      28 439
                                  0
                                       0
            D
               367
                     128 309
                                       0
##
##
            Ε
               118
                     126 248
                                    409
confMatCT$overall[1]
## Accuracy
## 0.4965334
```

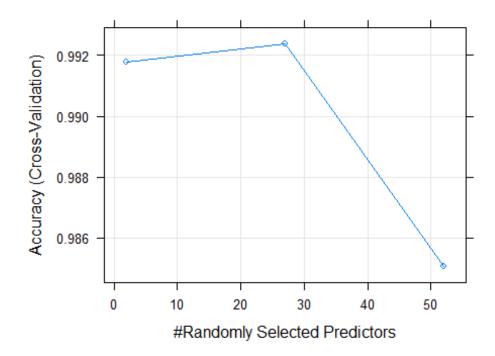
As you can see the accuracy is on 50%. This will not be a very useful model for predicting.

Random Forest

Now we will use the random forest method to create a prediction model.

```
model_RF <- train(classe~., data=train1, method="rf", trControl=trControl,</pre>
verbose=FALSE)
print(model_RF)
## Random Forest
##
## 14718 samples
##
      52 predictor
       5 classes: 'A', 'B', 'C', 'D', 'E'
##
##
## No pre-processing
## Resampling: Cross-Validated (5 fold)
## Summary of sample sizes: 11775, 11774, 11773, 11776, 11774
## Resampling results across tuning parameters:
##
##
     mtry Accuracy
                      Kappa
##
      2
           0.9917791 0.9896001
##
     27
           0.9923907
                      0.9903741
##
     52
           0.9850526 0.9810904
##
## Accuracy was used to select the optimal model using the largest value.
## The final value used for the model was mtry = 27.
plot(model_RF, main="Model Accuracy vs. # of Predictors")
```

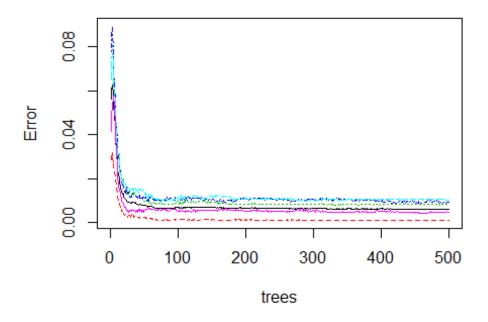
Model Accuracy vs. # of Predictors



#As you can see the best model was mtry 2 with an accuracy of 99.3%

```
trainpred <- predict(model RF,newdata=test1)</pre>
confMatRF <- confusionMatrix(test1$classe,trainpred)</pre>
# display confusion matrix and model accuracy
confMatRF$table
##
             Reference
                            C
                                      Ε
## Prediction
                 Α
                      В
                                 D
            A 1395
                                 0
                                      0
##
                       0
                            0
                    937
                            3
##
            В
                 9
                                 0
                                      0
##
            C
                 0
                      7 845
                                 3
                                      0
##
            D
                 0
                       0
                           14 788
                                      2
            Ε
##
                 0
                            2
                                 3 896
confMatRF$overall[1]
## Accuracy
## 0.9912316
#Display the variable used in the final model
names(model_RF$finalModel)
  [1] "call"
                           "type"
                                              "predicted"
##
                                              "votes"
## [4] "err.rate"
                           "confusion"
                           "classes"
## [7] "oob.times"
                                              "importance"
                           "localImportance" "proximity"
## [10] "importanceSD"
## [13] "ntree"
                                              "forest"
                           "mtry"
                           "test"
## [16] "y"
                                              "inbag"
## [19] "xNames"
                                              "tuneValue"
                           "problemType"
                           "param"
## [22] "obsLevels"
plot(model_RF$finalModel, main="Model error of Random forest model by number
of trees")
```

Model error of Random forest model by number of tr



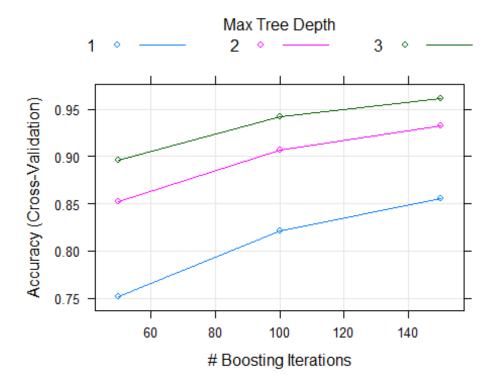
```
varImp(model_RF)
## rf variable importance
##
##
     only 20 most important variables shown (out of 52)
##
##
                         Overall
## roll_belt
                         100.000
## pitch_forearm
                          61.412
## yaw_belt
                          55.149
## pitch_belt
                          43.991
## magnet_dumbbell_z
                          43.397
## magnet_dumbbell_y
                          41.256
## roll_forearm
                          41.179
## accel_dumbbell_y
                          21.628
## roll dumbbell
                          17.091
## magnet_dumbbell_x
                          16.410
## accel_forearm_x
                          15.654
## magnet_belt_z
                          15.454
## accel_belt_z
                          13.788
## total_accel_dumbbell
                          13.702
## magnet forearm z
                          13.248
## magnet_belt_y
                          12.502
## accel dumbbell z
                          12.081
## gyros_belt_z
                          11.859
## yaw_arm
                          10.498
## magnet belt x
                           9.786
```

As you can see the accuracy of the final model is 99.3%. This will be a useful model in predicting the classe variable.

Gradient Boosting Method

Finally we will use the gradient boosting method to build the final model.

```
model_GBM <- train(classe~., data=train1, method="gbm", trControl=trControl,</pre>
verbose=FALSE)
print(model GBM)
## Stochastic Gradient Boosting
## 14718 samples
      52 predictor
       5 classes: 'A', 'B', 'C', 'D', 'E'
##
##
## No pre-processing
## Resampling: Cross-Validated (5 fold)
## Summary of sample sizes: 11775, 11775, 11773, 11774, 11775
## Resampling results across tuning parameters:
##
##
     interaction.depth
                        n.trees Accuracy
                                            Kappa
##
                         50
                                 0.7515310 0.6850385
     1
##
    1
                        100
                                 0.8215801 0.7742323
##
    1
                        150
                                 0.8557556 0.8174883
##
     2
                         50
                                 0.8518832 0.8123566
##
    2
                                 0.9069177 0.8822315
                        100
##
    2
                        150
                                 0.9320566 0.9140233
                                 0.8957063 0.8679557
##
     3
                         50
##
     3
                                 0.9421119 0.9267472
                        100
##
     3
                        150
                                 0.9616118 0.9514281
## Tuning parameter 'shrinkage' was held constant at a value of 0.1
##
## Tuning parameter 'n.minobsinnode' was held constant at a value of 10
## Accuracy was used to select the optimal model using the largest value.
## The final values used for the model were n.trees = 150,
## interaction.depth = 3, shrinkage = 0.1 and n.minobsinnode = 10.
# As you can see the best model yields an accuracy of 96%.
plot(model GBM)
```



```
trainpred <- predict(model_GBM, newdata=test1)</pre>
confMatGBM <- confusionMatrix(test1$classe,trainpred)</pre>
confMatGBM$table
##
               Reference
                               C
                                          Ε
## Prediction
                   Α
                         В
                                    D
             A 1367
                        16
                               7
                                    3
                                          2
##
##
             В
                  38
                       880
                             29
                                    0
                                          2
                                          2
##
             C
                   0
                        20
                            826
                                    7
##
             D
                   0
                         4
                             27
                                  765
                                          8
             Ε
                   0
                        10
                                   15
                                        866
##
                             10
confMatGBM$overall[1]
## Accuracy
## 0.959217
```

As you can see this model has an accuracy of 96.8%, slightly worse than the random forest method.

Conclusion

We will use each model to predict the final test set.

```
FinalTestPred_CT <- predict(model_CT,newdata=testing)
FinalTestPred_RF <- predict(model_RF,newdata=testing)</pre>
```

Since the Random Forest model is the most accurate we would want to use its prediction, but it is interesting to note that the Random Forest and Gradient Boosting Method yielded the same prediction. Given the low accuracy of the Classification Tree method we should not use it to predict. If we had the classe variables of the test set we could test for the out of sample error of each model.