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The Essentials of Interaction Design

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An international bestseller,
now completely revised and updated

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Modeling Users: Personas and Goals

Having gone out into the wide world to understand your users' lives, motivations, and environs, a big question arises: How do you use this research data to come up with a design that will result in a successful product? You have notebooks full of conversations and observations, and it is likely that each person you spoke to was slightly different from the others. It is difficult to imagine digging through hundreds of pages of notes every time you have to make a design decision, and even if you had the time to do this, it isn't entirely obvious how these notes should inform your thinking.

We solve this problem by applying the powerful concept of a **model**. Models are used in the natural and social sciences to represent complex phenomena with a useful abstraction. Much as economists create models to describe the behavior of markets, and physicists create models to describe the behavior of particles, we have found that using our research to create descriptive models of our users is a uniquely powerful tool for interaction design. We call these user models **personas**.

Personas provide us with a precise way of thinking and communicating about how users behave, how they think, what they wish to accomplish, and why. Personas are not real people, but they are based on the behaviors and motivations of real people we have observed and represent them throughout the design process. They are

composite archetypes based on behavioral data gathered from the many actual users encountered in ethnographic interviews. Personas are based upon *behavior patterns we observe* during the course of the Research phase, which we then formalize in the Modeling phase. By using personas, we can develop an understanding of our users' goals in specific contexts — a critical tool for using user research to inform and justify our designs.

Personas, like many powerful tools, are simple in concept but must be applied with considerable sophistication. It is not enough to whip up a couple of user profiles based upon stereotypes and generalizations, nor is it particularly useful to attach a stock photograph to a job title and call it a "persona." For personas to be effective tools for design, considerable rigor and finesse must be applied to the process of identifying the significant and meaningful patterns in user behavior and turning these into archetypes that represent a broad cross-section of users.

While there are other useful models that can serve as tools for the interaction designer, such as workflow models and physical models, we've found that personas are the strongest, and it is possible to incorporate the best from other modeling techniques into a persona. This chapter focuses on personas and their goals. Other models are considered briefly at the end of the chapter.

Why Model?

Models are used extensively in design, development, and the sciences. They are powerful tools for representing complex structures and relationships for the purpose of better understanding, discussing, or visualizing them. Without models, we are left to make sense of unstructured, raw data, without the benefit of any organizing principle. Good models emphasize the salient features of the structures and relationships they represent and de-emphasize the less significant details.

Because we are designing for users, it is important that we can understand and visualize the salient aspects of their relationships with each other, with their social and physical environments, and of course, with the products we hope to design.

Just as physicists have created models of the atom based on observed data and intuitive synthesis of the patterns in their data, so must designers create models of users based on observed behaviors and intuitive synthesis of the patterns in the data. Only after we formalize such patterns can we hope to systematically construct patterns of interaction that smoothly match the behavior patterns, mental models, and goals of users. Personas provide this formalization.

Personas

To create a product that must satisfy a diverse audience of users, logic might tell you to make it as broad in its functionality as possible to accommodate the most people. *This logic, however, is flawed.* The best way to successfully accommodate a variety of users is to design for *specific types of individuals with specific needs.*

When you broadly and arbitrarily extend a product's functionality to include many constituencies, you increase the cognitive load and navigational overhead for all users. Facilities that may please some users will likely interfere with the satisfaction of others (see Figure 5-1).
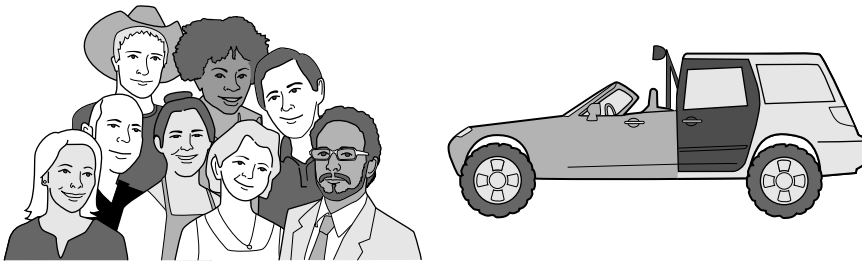
Figure 5-1 A simplified example of how personas are useful. If you try to design an automobile that pleases every possible driver, you end up with a car with every possible feature, but that pleases nobody. Software today is too often designed to please too many users, resulting in low user satisfaction. Figure 5-2 provides an alternative approach.

The key to this approach is first to choose the right individuals to design for — those users whose needs best represent the needs of a larger set of key constituents (see Figure 5-2) — and then to prioritize these individuals so that the needs of the most important users are met without compromising our ability to meet the needs of secondary users. Personas provide a powerful tool for communicating about different types of users and their needs, then deciding which users are the most important to target in the design of form and behavior.

Since they were introduced as a tool for user modeling in *The Inmates are Running The Asylum*,[1] personas have gained great popularity in the user experience community, but they have also been the subject of some misunderstandings. We'd like to clarify and explain in more depth some of the concepts and the rationale behind personas.

Alesandro's goals
  ► Go fast
  ► Have fun

Marge's goals
  ► Be safe
  ► Be comfortable

Dale's goals
  ► Haul big loads
  ► Be reliable
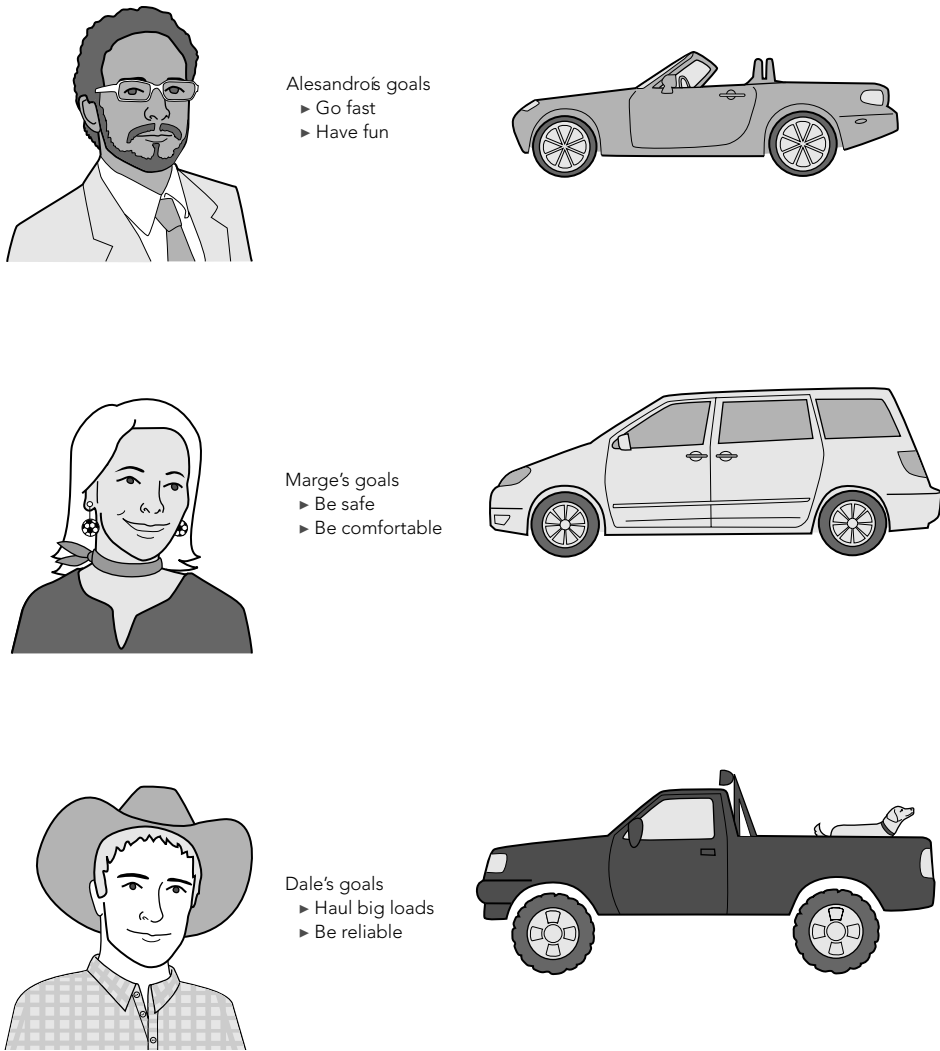
Figure 5-2 A simplified example of how personas are useful. By designing different cars for different people with different specific goals, we are able to create designs that other people with similar needs to our target drivers also find satisfying. The same holds true for the design of digital products and software.

Strengths of personas as a design tool

The persona is a powerful, multipurpose design tool that helps overcome several problems that currently plague the development of digital products. Personas help designers:

▶ **Determine** what a product should do and how it should behave. Persona goals and tasks provide the foundation for the design effort.

▶ **Communicate** with stakeholders, developers, and other designers. Personas provide a common language for discussing design decisions and also help keep the design centered on users at every step in the process.

▶ **Build consensus and commitment** to the design. With a common language comes a common understanding. Personas reduce the need for elaborate diagrammatic models; it's easier to understand the many nuances of user behavior through the narrative structures that personas employ. Put simply, because personas resemble real people, they're easier to relate to than feature lists and flowcharts.

▶ **Measure** the design's effectiveness. Design choices can be tested on a persona in the same way that they can be shown to a real user during the formative process. Although this doesn't replace the need to test with real users, it provides a powerful reality-check tool for designers trying to solve design problems. This allows design iteration to occur rapidly and inexpensively at the whiteboard, and it results in a far stronger design baseline when the time comes to test with actual people.

▶ **Contribute** to other product-related efforts such as marketing and sales plans. The authors have seen their clients repurpose personas across their organization, informing marketing campaigns, organizational structure, and other strategic planning activities. Business units outside of product development desire sophisticated knowledge of a product's users and typically view personas with great interest.

Personas also can resolve three design issues that arise during product development:

▶ The elastic user

▶ Self-referential design

▶ Edge cases

We discuss each of these briefly in the following sections.

The elastic user

Although satisfying the users of our products is our goal, the term *user* causes trouble when applied to specific design problems and contexts. Its imprecision makes it dangerous as a design tool — every person on a product team has his own conceptions of who the user is and what the user needs. When it comes time to make product decisions, this "user" becomes *elastic*, conveniently bending and stretching to fit the opinions and presuppositions of whoever's talking.

If the product development team finds it convenient to use a confusing tree control containing nested, hierarchical folders to provide access to information, they might

define the user as a computer-literate "power user." Other times, when it is more convenient to step through a difficult process with a wizard, they define the user as an unsophisticated first-time user. Designing for the elastic user gives a product-development team license to build what it pleases, while still apparently serving "the user." Of course, our goal should be to design products that appropriately meet the needs of *real* users. Real users — and the personas representing them — are not elastic, but rather have specific requirements based on their goals, capabilities, and contexts.

Even focusing on user roles or job titles rather than specific archetypes can introduce unproductive elasticity to the focus of design activities. For example, in designing clinical products, it might be tempting to lump together all nurses as having similar needs. However, if you have any experience in a hospital, you know that trauma nurses, pediatric intensive-care nurses, and operating room nurses are quite different from each other, each with their own attitudes, aptitudes, needs, and motivations. A lack of precision about the user can lead to a lack of clarity about how the product should behave.

Self-referential design

Self-referential design occurs when designers or developers project their own goals, motivations, skills, and mental models onto a product's design. Many "cool" product designs fall into this category. The audience doesn't extend beyond people like the designer, which is fine for a narrow range of products and completely inappropriate for most others. Similarly, programmers apply self-referential design when they create implementation-model products. *They* understand perfectly how the data is structured and how software works and are comfortable with such products. Few nonprogrammers would concur.

Edge cases

Another syndrome that personas help prevent is designing for edge cases — those situations that might possibly happen, but usually won't for the target personas. Typically, edge cases must be designed and programmed for, but they should never be the design *focus*. Personas provide a reality check for the design. We can ask, "Will Julie want to perform this operation very often? Will she ever?" With this knowledge, we can prioritize functions with great clarity.

Personas are based on research

Personas, like any models, must be based on real-world observation. As discussed in the preceding chapter, the primary source of data used to synthesize personas should be in-context interviews borrowing from ethnographic techniques, contextual

inquiry, or other similar dialogues with and observation of actual and potential users. The quality of the data gathered following the process (outlined in Chapter 4) directly impacts the efficacy of personas in clarifying and directing design activities. Other data that can support and supplement the creation of personas include (in rough order of effectiveness):

- ▶ Interviews with users outside of their use contexts
- ▶ Information about users supplied by stakeholders and subject matter experts (SMEs)
- ▶ Market research data such as focus groups and surveys
- ▶ Market-segmentation models
- ▶ Data gathered from literature reviews and previous studies

However, none of this supplemental data can take the place of direct user interviews and observation. Almost every aspect of a well-developed persona can be traced back to a user statement or behavior.

Personas are represented as individual people

Personas are user models that are represented as specific, individual human beings. They are not actual people but are synthesized directly from observations of real people. One of the key elements that allow personas to be successful as user models is that they are *personifications*.[2] This is appropriate and effective because of the unique aspects of personas as user models: They engage the *empathy* of the design and development towards the human target of the design.

Empathy is critical for the designers, who will be making their decisions for design frameworks and details based on both the cognitive *and* emotional dimensions of the persona, as typified by the persona's goals. (We will discuss the important connections between goals, behaviors, and personas later in this chapter.) However, the power of empathy should not be quickly discounted for other team members. Not only do personas help make our design solutions better at serving real user needs, but they also make these solutions more compelling to stakeholders. When personas have been carefully and appropriately crafted, stakeholders and engineers begin to think about them as if they are real human beings and become much more interested in creating a product that will give this person a satisfying experience.

We're all aware of the power of fictional characters in books, movies, and television programs to engage viewers. Jonathan Grudin and John Pruitt have discussed how this can relate to interaction design.[3] They note, as well, the power of **method**

acting as a tool that actors use to understand and portray realistic characters. In fact, the process of creating personas from user observation, and then imagining and developing scenarios from the perspective of these personas, is, in many ways, analogous to method acting. (We've even heard our Goal-Directed use of personas referred to as the Stanislavsky Method of interaction design.)

Personas represent groups of users

Although personas are depicted as specific individuals, because they function as archetypes, they *represent* a class or type of user of a *specific* interactive product. A persona encapsulates a distinct set of **behavior patterns** regarding the use of a particular product (or analogous activities if a product does not yet exist), which are identified through the analysis of interview data, and supported by supplemental quantitative data as appropriate. These patterns, along with specific motivations or goals, define our personas. Personas are also sometimes referred to as **composite user archetypes** because personas are in a sense composites assembled by grouping related usage patterns observed across individuals in similar roles during the Research phase.[4]

Personas and reuse

Organizations with more than one product often want to reuse the same personas. However, to be effective, personas must be context specific — they should be focused on the behaviors and goals related to the specific domain of a particular product. Personas, because they are constructed from specific observations of users interacting in specific contexts, cannot easily be reused across products even when those products form a closely linked suite.[5]

For a set of personas to be an effective design tool for multiple products, the personas must be based upon research concerning the usage contexts for all of these products. In addition to broadening the scope of the research, an even larger challenge is to identify manageable and coherent sets of behavior patterns across all of the contexts. Clearly, it is a fallacy to believe that just because two users exhibit similar behaviors in regard to one product, that those two users would behave similarly with respect to a different product. Thus, as focus expands to encompass more and more products, it becomes increasingly difficult to create a concise and coherent set of personas that represents the diversity of real-world users. We've found that, in most cases, personas should be researched and developed individually for different products.

Archetypes versus stereotypes

Don't confuse persona archetypes with **stereotypes**. Stereotypes are, in most respects, the antithesis of well-developed personas. Stereotypes represent designer

or researcher biases and assumptions, rather than factual data. Personas developed by drawing on inadequate research (or synthesized with insufficient empathy and sensitivity to interview subjects) run the risk of degrading to stereotypical caricatures. Personas must be developed and treated with dignity and respect for the people whom they represent. If the designer doesn't respect his personas, nobody else will either.

Personas also bring issues of social and political consciousness to the forefront.[6] Because personas provide a precise design target and also serve as a communication tool to the development team, the designer much choose particular demographic characteristics with care. Ideally, persona demographics should be a composite reflection of what researchers have observed in the interview population, modulated by broad market research. Personas should be *typical* and believable, but not stereotypical. If the data is not conclusive or the characteristic is not important to the design or its acceptance, we prefer to err on the side of gender, ethnic, age, and geographic diversity.

Personas explore ranges of behavior

The target market for a product describes demographics as well as lifestyles and sometimes job roles. What it does not describe are the ranges of different behaviors exhibited by members of that target market regarding the product and related situations. Ranges are distinct from *averages*: Personas do not seek to establish an average user, but rather to express *exemplary* or definitive behaviors within these identified ranges.

Because products must accommodate *ranges* of user behavior, attitudes and aptitudes, designers must identify a **persona set** associated with any given product. Multiple personas carve up ranges of behavior into discrete clusters. Different personas represent different correlated behavior patterns. These correlations are arrived at through analyzing research data. This process of identifying behaviors is discussed in greater detail later in this chapter.

Personas must have motivations

All humans have motivations that drive their behaviors; some are obvious, and many are subtle. It is critical that personas capture these motivations in the form of goals. The goals we enumerate for our personas (discussed at length later in this chapter) are shorthand notation for motivations that not only point at specific usage patterns but also provide a reason why those behaviors exist. Understanding

why a user performs certain tasks gives designers great power to improve or even eliminate those tasks yet still accomplish the same goals.

Personas can also represent nonusers

While the users and potential users of a product should always be an interaction designer's primary concern, it is sometimes useful to represent the needs and goals of people who do not use the product but nevertheless must be considered in the design process. For example, it is commonly the case with enterprise software (and children's toys) that the person who purchases the product is not the same person who uses it. In these cases, it may be useful to create one or more **customer personas**, distinct from the set of user personas. Of course, these should also be based upon behavior patterns observed through ethnographic research, just as user personas are.

Similarly, for many medical products, patients do not directly interact with the user interface, but they have motivations and objectives that may be very different than the clinician using the product. Creating a **served persona** to represent patients' needs can be useful in these cases. We discuss served and customer personas in greater depth later in this chapter.

Personas and other user models

There a number of other user models commonly employed in the design of interactive products, including user roles, user profiles, and market segments. These are similar to personas in that they seek to describe users and their relationship to a product. However, personas and the methods by which they are created and employed as a design tool differ significantly from these in several key aspects.

User roles

A user role or role model, as defined by Larry Constantine, is an *abstraction*, a defined relationship between a class of users and their problems, including needs, interests, expectations, and patterns of behavior.[7] As abstractions (generally taking the form of a list of attributes), they are not imagined as people, and do not typically attempt to convey broader human motivations and contexts.

Holtzblatt and Beyer's use of roles in consolidated flow, cultural, physical, and sequence models is similar in that it attempts to abstract various attributes and relationships abstracted from the people possessing them.[8]

We find these methods limiting for several reasons:

- ▶ It is more difficult to clearly communicate human behaviors and relationships in the abstract, isolated from people who possess them. The human power of empathy cannot easily be brought to bear on abstract classes of people.

- ▶ Both methods focus on *tasks* almost exclusively and neglect the use of goals as an organizing principle for design thinking and synthesis.

- ▶ Holtzblatt and Beyer's consolidated models, although useful and encyclopedic in scope, are difficult to bring together as a coherent tool for developing, communicating, and measuring design decisions.

Personas address each of these problems. Well-developed personas describe the same type of behaviors and relationships that user roles do, but express them in terms of goals and examples in narrative. This makes it possible for designers and stakeholders to understand the implications of design decisions in human terms. Describing a persona's goals provides context and structure for tasks, incorporating how culture and workflow influence behavior.

In addition, focusing on user roles rather than on more complex behavior patterns can oversimplify important distinctions and similarities between users. It is possible to create a persona that represents the needs of several user roles (for example, in designing a mobile phone, a traveling salesperson might also represent the needs of a busy executive who's always on the road), and it is also possible that there are several people in the same role who think and act differently (perhaps a procurement planner in the chemical industry thinks about her job very differently from a procurement planner in the consumer electronics industry). In consumer domains, roles are next to useless. If you're designing a Web site for a car company, "car buyer" is meaningless as a design tool — different people approach the task in very different manners.

In general, personas provide a more holistic model of users and their contexts, where many other models seek to be more reductive. Personas can certainly be used in combination with these other modeling techniques, and as we'll discuss at the end of the chapter, some other models make extremely useful complements to personas.

Personas versus user profiles

Many usability practitioners use the terms **persona** and **user profile** synonymously. There is no problem with this if the profile is truly generated from ethnographic data and encapsulates the depth of information the authors have described. Unfortunately, all too often, the authors have seen user profiles that reflect Webster's definition of **profile** as a "brief biographical sketch." In other words, user profiles often consist of a name and a picture attached to a brief, mostly demographic

description, along with a short, *fictional* paragraph describing the kind of car this person drives, how many kids he has, where he lives, and what he does for a living. This kind of user profile is likely to be based on a stereotype and is not useful as a design tool. Although we give our personas names, and sometimes even cars and family members, these are employed sparingly as narrative tools to help better communicate the real underlying data. Supporting fictional detail plays only the most minor part in persona creation and is used just enough to make the persona come to life in the minds of the designers and the product team.

Personas versus market segments

Marketing professionals may be familiar with a process similar to persona development because it shares some process similarities with market definition. The main difference between market segments and design personas is that the former are based on demographics, distribution channels, and purchasing behavior, whereas the latter are based on usage behavior and motivations. The two are not the same and don't serve the same purpose. Marketing personas shed light on the sales process, whereas design personas shed light on the product definition and development process.

However, market segments play a role in persona development. They can help determine the demographic range within which to frame the persona hypothesis (see Chapter 4). Personas are segmented along ranges of usage behavior, not demographics or buying behavior, so there is seldom a one-to-one mapping of market segments to personas. Rather, market segments can act as an initial filter to limit the scope of interviews to people within target markets (see Figure 5-3). Also, we typically use the prioritization of personas as a way to make strategic product definition decisions (see the discussion of persona types later in this chapter). These decisions should incorporate market intelligence; an understanding of the relationship between user personas and market segments can be an important consideration here.

When rigorous personas aren't possible: Provisional personas

Although it is highly desirable that personas be based upon detailed qualitative data, there are some occasions when there simply is not enough time, resources, or corporate buy-in to perform the necessary fieldwork. In these cases, *provisional* personas (or, as Don Norman refers to them, "ad hoc" personas) can be useful rhetorical tools to clearly communicate assumptions about who the important users are and what they need, and to enforce rigorous thinking about serving specific user needs (even if these needs are not validated).

Market segments   Pool of interviewees   Behavior patterns emerge
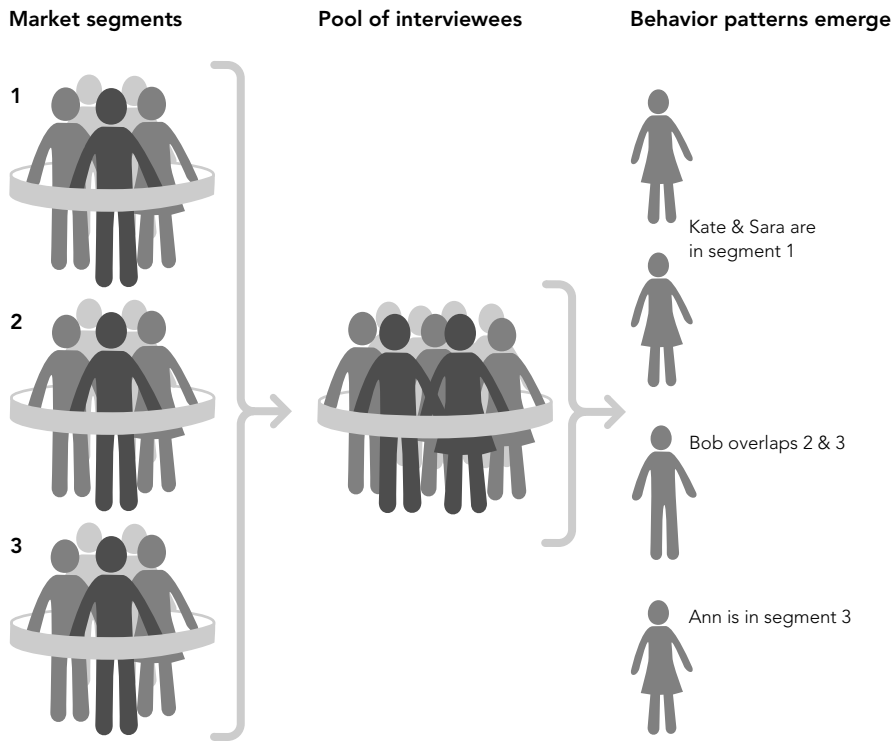
Figure 5-3 Personas versus market segments. Market segments can be used in the Research phase to limit the range of personas to target markets. However, there is seldom a one-to-one mapping between market segments and personas.

Provisional personas are structured similarly to real personas but rely on available data and designer best guesses about behaviors, motivations, and goals. They are typically based on a combination of stakeholder and subject matter expert knowledge of users (when available), as well as what is understood about users from existing market data. Provisional personas are, in fact, a more fleshed-out persona hypothesis (as described in Chapter 4).

Our experience is that, regardless of a lack of research, using provisional personas yields better results than no user models at all. Like real personas, provisional personas can help focus the product team and build consensus around product features and behaviors. There are, however, caveats: Provisional personas are called this because they should be recognized as stand-ins for personas based on definitive qualitative data. While provisional personas may help focus your design and product team, if you do not have data to back up your assumptions you may:

- ► Focus on the wrong design target
- ► Focus on the right target, but miss key behaviors that could differentiate your product

- ▶ Have a difficult time getting buy-in from individuals and groups who did not participate in their creation
- ▶ Discredit the value of personas, causing your organization to reject the use of personas in the long term

If you are using provisional personas, it's important to:

- ▶ Clearly label and explain them as such
- ▶ Represent them visually with sketches, not photos, to reinforce their provisional nature
- ▶ Try to make use of as much existing data as possible (market surveys, domain research, subject matter experts, field studies, or personas for similar products)
- ▶ Document what data was used and what assumptions were made
- ▶ Steer clear of stereotypes (more difficult to do without field data)
- ▶ Focus on behaviors and motivations, not demographics

Goals

If personas provide the context for sets of observed behaviors, **goals** are the drivers behind those behaviors. A persona without goals can still serve as a useful communication tool, but it lacks utility as a design tool. User goals serve as a lens through which designers must consider the functions of a product. The function and behavior of the product must address goals via tasks — typically, as few tasks as absolutely necessary. Remember, tasks are only a means to an end; goals are that end.

Goals motivate usage patterns

People's or personas' goals motivate them to behave the way they do. Thus, goals not only provide an answer to why and how personas desire to use a product but also can serve as a shorthand in the designer's mind for the sometimes complex behaviors in which a persona engages and, therefore, for their tasks as well.

Goals should be inferred from qualitative data

You usually can't ask a person what his goals are directly. Either he won't be able to articulate them, or he won't be accurate or even perfectly honest. People simply aren't well prepared to answer such questions accurately. Therefore, designers and researchers need to carefully reconstruct goals from observed behaviors, answers to

other questions, nonverbal cues, and clues from the environment such as the titles of books on shelves. One of the most critical tasks in the modeling of personas is identifying goals and expressing them succinctly: Each goal should be expressed as a simple sentence.

User goals and cognitive processing

Don Norman's book *Emotional Design* introduced the idea that product design should address three different levels of cognitive and emotional processing, which he has called visceral, behavioral, and reflective. Norman's ideas, based on years of cognitive research, provide an articulated structure for modeling user responses to product and brand and a rational context for many intuitions long held by professional designers.

Norman's three levels of cognitive processing are:

▶ **Visceral** — The most immediate level of processing, in which we react to visual and other sensory aspects of a product that we can perceive before significant interaction occurs. Visceral processing helps us make rapid decisions about what is good, bad, safe, or dangerous. This is one of the most exciting types of human behavior, and one of the most challenging to effectively support with digital products. Malcolm Gladwell explores this level of cognitive processing in his book *Blink*. For even more in-depth study of intuitive decision making, see Gary Klein's *Sources of Power* or *Hare Brain, Tortoise Mind* by Guy Claxton.

▶ **Behavioral** — The middle level of processing that lets us manage simple, everyday behaviors, which according to Norman, constitute the majority of human activity. Norman states — and rightly so — that historically, interaction design and usability practices have nearly exclusively addressed this level of cognitive processing. Behavioral processing can *enhance* or *inhibit* both lower-level visceral reactions and higher-level reflective responses, and conversely, both visceral and reflective processing can enhance or inhibit behavioral processing.

▶ **Reflective** — The least immediate level of processing, which involves conscious consideration and reflection on past experiences. Reflective processing can enhance or inhibit behavioral processing but has no direct access to visceral reactions. This level of cognitive processing is accessible only via memory, not through direct interaction or perception. The most interesting aspect of reflective processing as it relates to design is that, through reflection, we are able to integrate our experiences with designed artifacts into our broader life experiences and, over time, associate meaning and value with the artifacts themselves.

Designing for Visceral Responses

Designing for the visceral level means designing what the senses initially perceive, before any deeper involvement with a product or artifact occurs. For most of us, that means designing visual appearance and motion, though sound can also play a role — think of the distinctive Mac power-up chord. Those of us designing devices may design for tactile sensations as well.

A misconception often arises when discussing visceral-level design: that designing for visceral response is about designing *beautiful* things. Battlefield software and radiation-therapy systems are just two examples where designing for beauty may not be the proper focus. Visceral design is actually about designing for affect — that is, eliciting the appropriate psychological or emotional response for a particular context — rather than for aesthetics alone. Beauty — and the feelings of transcendence and pleasure it evokes — is really only a small part of the possible affective design palette. For example, an MP3 player and an online banking system require very different affects. We can learn a great deal about affect from architecture, the cinema and stage, and industrial design.

However, in the world of consumer products and services, attractive user interfaces *are* typically appropriate. Interestingly, usability researchers have demonstrated that users initially judge attractive interfaces to be more usable, and that this belief often persists long after a user has gained sufficient experience with an interface to have direct evidence to the contrary.[9] Perhaps the reason for this is that users, encouraged by perceived ease of use, make a greater effort to learn what may be a challenging interface and are then unwilling to consider their investment ill spent. For the scrupulous designer, this means that, when a user interface promises ease of use at the visceral level — or whatever else the visceral promise of an interaction may be — it should then be sure to deliver on that promise at the behavioral level.

Designing for Behavior

Designing for the behavioral level means designing product behaviors that complement a user's own behaviors, implicit assumptions, and mental models. Of the three levels of design Norman contemplates, behavioral design is perhaps the most familiar to interaction designers and usability professionals.

One intriguing aspect of Norman's three-level model as it relates to design is his assertion that behavioral processing, uniquely among his three levels, has direct influence upon and is influenced directly by both of the other two levels of processing. This would seem to imply that the day-to-day behavioral aspects of interaction design should be the primary focus of our design efforts, with visceral and reflective considerations playing a supporting role. Getting design of behavior

right — assuming that we also pay adequate attention to the other levels — provides our greatest opportunity for positively influencing the way users construct their experience with products.

Not following this line of reasoning can lead to the problem of users' initial impressions being out of sync with reality. Also, it is difficult to imagine designing for reflective meaning in memory without a solid purpose and set of behaviors in place for the here and now. The user experience of a product or artifact, therefore, should ideally *harmonize elements of visceral design and reflective design with a focus on behavioral design.*

Designing for Reflection

Reflective processing — and, particularly, what it means for design — is perhaps the most challenging aspect of the three levels of processing that Norman discusses. What is clear is that designing for the reflective level means designing to build long-term product relationships. What isn't clear at all is the best way to ensure success — if that's even possible — at the reflective level. Is it chance that drives success here — being in the right place at the right time — or can premeditated design play a part in making it happen?

In describing reflective design, Norman uses several high-concept designs for commodity products as examples — such as impractically configured teapots and the striking Phillipe Starck juicer that graces the cover of his book. It is easy to see how such products — whose value and purpose are, in essence, the aesthetic statements they make — could appeal strongly to people's reflective desire for uniqueness or cultural sophistication that perhaps may come from an artistic or stylish self-image.

It is more difficult to see how products that also serve a truly useful purpose need to balance the stylistic and the elegant with the functional. The Apple iPod comes very close to achieving this balance. Although its click-wheel navigation scheme is perhaps less than optimal in some respects, users' visceral reaction to the product is tremendous, due to its elegant industrial design. Its reflective potential is also significant, because of the powerful emotional connection people experience with their music. It's a winning combination that no competitor has yet been able to challenge.

Few products become iconic in people's lives in the way that, say, the Sony Walkman or the iPod has. Clearly there are some products that stand little chance of ever becoming symbolic in peoples lives — like Ethernet routers, for instance — no matter how wonderful they look or how well they behave. However, when the design of a product or service addresses users' goals and motivations — possibly going beyond the product's primary purpose, yet somehow connected to it via personal or cultural associations — the opportunity for the creation of reflective meaning is greatly enhanced.

The three types of user goals

In *Emotional Design*, Norman presents his three-level theory of cognitive processing and discusses its potential importance to design. However, Norman does not suggest a method for systematically integrating his model of cognition and affect into the practice of design or user research. In our practice, we've found that the key to doing so lies in properly delineating and modeling three specific types of user goals as part of each persona's definition.[10]

Three types of user goals correspond to Norman's visceral, behavioral, and reflective processing levels:

- Experience goals
- End goals
- Life goals

We describe each of these in detail in the following sections.

Experience goals

Experience goals are simple, universal, and personal. Paradoxically, this makes them difficult for many people to talk about, especially in the context of impersonal business. Experience goals express how someone *wants to feel* while using a product or the quality of their interaction with the product. These goals provide focus for a product's visual and aural characteristics, its interactive feel — such as animated transitions, latency, and the snap ratio (clickiness) of a physical button — and its physical design by providing insights into persona motivations that express themselves at the visceral level. For example:

- Feel smart or in control
- Have fun
- Feel cool or hip or relaxed
- Remain focused and alert

When products make users feel stupid or uncomfortable, their self-esteem drops and their effectiveness plummets, regardless of their other goals. Their level of resentment also increases. Enough of this type of treatment and users will be primed to use any chance to subvert the system. Any product that egregiously violates experience goals will ultimately fail, regardless of how well it purports to achieve other goals.

Interaction, visual, and industrial designers must translate persona experience goals into form, behavior, motion, and auditory elements that communicate the proper feel, affect, emotion, and tone. Visual language studies, as well as mood or inspiration boards, which attempt to establish visual themes based on persona attitudes and behaviors, are a useful tool for defining the tonal expectations of personas.

End goals

End goals represent the user's motivation for performing the tasks associated with using a specific product. When you pick up a cell phone or open a document with a word processor, you likely have an outcome in mind. A product or service can help accomplish such goals directly or indirectly. These goals are the focus of a product's interaction design, information architecture, and the functional aspects of industrial design. Because behavioral processing influences both visceral and reflective responses, end goals should be among the most significant factors in determining the overall product experience. End goals must be met for users to think that a product is worth their time and money.

Examples of end goals include:

- ▶ Be aware of problems before they become critical
- ▶ Stay connected with friends and family
- ▶ Clear my to-do list by 5:00 every day
- ▶ Find music that I'll love
- ▶ Get the best deal

Interaction designers must use end goals as the foundation for a product's behaviors, tasks, look, and feel. Context or day-in-the-life scenarios and cognitive walkthroughs are effective tools for exploring users' goals and mental models, which, in turn, facilitate appropriate behavioral design.

Life goals

Life goals represent personal aspirations of the user that typically go beyond the context of the product being designed. These goals represent deep drives and motivations that help explain *why* the user is trying to accomplish the end goals he seeks to accomplish. Life goals describe a persona's long-term desires, motivations, and self-image attributes, which cause the persona to connect with a product. These goals form the focus for a product's overall design, strategy, and branding. For example:

- ▶ Live the good life
- ▶ Succeed in my ambitions to . . .

> ▶ Be a connoisseur of . . .

> ▶ Be attractive, popular, or respected by my peers

Interaction designers must translate life goals into high-level system capabilities, formal design concepts, and brand strategy. Mood boards and context scenarios can be helpful in exploring different aspects of product concepts, and broad ethnographic research and cultural modeling are critical for discovering users' behavior patterns and deeper motivations. Life goals rarely figure directly into the design of specific elements or behaviors of an interface. However, they are very much worth keeping in mind. A product that the user discovers will take him closer to his life goals, and not just his end goals, will win him over more decisively than any marketing campaign. Addressing life goals of users makes the difference (assuming that other goals are also met) between a satisfied user and a fanatically loyal user.

User goals are user motivations

In summary, it's important to remember that understanding personas is more about understanding motivations and goals than it is about understanding specific tasks or demographics. Linking up persona goals with Norman's model, top-level user motivations include:

> ▶ Experience goals, which are related to visceral processing: how a user wants to *feel*

> ▶ End goals, which are related to behavior: what a user wants to *do*

> ▶ Life goals, which are related to reflection: who a user wants to *be*

Using personas, goals, and scenarios (as you'll learn in upcoming chapters) provides the key to unlocking the power of visceral, behavioral, and reflective design, and bringing these together into a harmonious whole. While some of our best designers seem to understand and act upon these aspects of design almost intuitively, consciously designing for all levels of human cognition and emotion offers tremendous potential for creating more satisfying and delightful user experiences.

Types of goals

User goals are not the only type of goals that designers need to take into account. Customer goals, business goals, and technical goals are all nonuser goals. Typically, these goals must be acknowledged and considered, but they do not form the basis for the design direction. Although these goals do need to be addressed, they must not be addressed at the expense of the user.

Customer goals

Customers, as already discussed, have different goals than users. The exact nature of these goals varies quite a bit between consumer and enterprise products. Consumer customers are often parents, relatives, or friends who often have concerns about the safety and happiness of the persons for whom they are purchasing the product. Enterprise customers are typically IT managers, and they often have concerns about security, ease of maintenance, and ease of customization. Customer personas also may have their own life, experience, and especially end goals in relation to the product if they use it in any capacity. Customer goals should never trump end goals but need to be considered within the overall design.

Business and organizational goals

Businesses and other organizations have their own requirements for products, services, and systems, which should also be modeled and considered when devising design solutions. While the goals of businesses, where users and customers work, are typically captured in user and customer personas, it is often useful to define the business goals of the organization commissioning the design and developing and selling (or otherwise distributing) the product. Clearly, these organizations are hoping to accomplish something with the product (which is why they are willing to spend money and effort on design and development),

Business goals include the following:

- ▶ Increase profit
- ▶ Increase market share
- ▶ Retain customers
- ▶ Defeat the competition
- ▶ Use resources more efficiently
- ▶ Offer more products or services

You may find yourself designing on behalf of an organization that is not necessarily a business, such as a museum, nonprofit, or school (though all organizations are increasingly run as businesses these days). These organizations also have goals that must be considered, such as:

- ▶ Educate the public
- ▶ Raise enough money to cover overhead

Technical goals

Most of the software-based products we use everyday are created with technical goals in mind. Many of these goals ease the task of software creation, which is a programmer's goal. This is why they typically take precedence at the expense of the users' goals. Technical goals include:

- ▶ Run in a variety of browsers
- ▶ Safeguard data integrity
- ▶ Increase program execution efficiency
- ▶ Use a particular development language or library
- ▶ Maintain consistency across platforms

Technical goals in particular are very important to the development staff. It is important to stress early in the education process that these goals must ultimately serve user and business goals. Technical goals are not terribly meaningful to the success of a product unless they are derived from the need to meet other more human-oriented goals. It might be a software company's *task* to use new technology, but it is rarely a *user's goal* for them to do so. In most cases, users don't care if their job is accomplished with hierarchical databases, relational databases, object-oriented databases, flat-file systems, or black magic. What we care about is getting our job done swiftly, effectively, and with a modicum of ease and dignity.

Successful products meet user goals first

"Good design" has meaning only for a person using a product for some purpose. You cannot have purposes without people. The two are inseparable. This is why personas are such an important tool in the process of designing behavior; they represent specific people with specific purposes or goals.

The most important purposes or goals to consider when designing a product are those of the individuals who actually use it, not necessarily those of its purchaser. A real person, not a corporation or even an IT manager, interacts with your product, so you must regard her personal goals as more significant than those of the corporation who employs her or the IT manager who supports her. Your users will do their best to achieve their employer's business goals, while at the same time looking after their own personal goals. A user's most important goal is always to retain her human dignity: not to feel stupid.

We can reliably say that we make the user feel stupid if we let her make big mistakes, keep her from getting an adequate amount of work done, or bore her.

DESIGN
principle   Don't make the user feel stupid.

This is probably the most important interaction design guideline. In the course of this book, we examine numerous ways in which existing software makes the user feel stupid, and we explore ways to avoid that trap.

The essence of good interaction design is devising interactions that achieve the goals of the manufacturer or service provider and their partners without violating the goals of users.

Constructing Personas

As previously discussed, personas are derived from patterns observed during interviews with and observations of users and potential users (and sometimes customers) of a product. Gaps in this data are filled by supplemental research and data provided by SMEs, stakeholders, and available literature. Our goal in constructing a set of personas is to represent the diversity of observed motivations, behaviors, attitudes, aptitudes, mental models, work or activity flows, environments, and frustrations with current products or systems.

Creating believable and useful personas requires an equal measure of detailed analysis and creative synthesis. A standardized process aids both of these activities significantly. The process described in this section, developed by Robert Reimann, Kim Goodwin, and Lane Halley at Cooper, is the result of an evolution in practice over the span of hundreds of interaction design projects, and has been documented in several papers.[11] There are a number of effective methods for identifying behavior patterns in research and turning these into useful user archetypes, but we've found the transparency and rigor of this process to be an ideal way for designers new to personas to learn how to properly construct personas, and for experienced designers to stay focused on actual behavior patterns, especially in consumer domains. The principle steps are:

1. Identify behavioral variables.

2. Map interview subjects to behavioral variables.

3. Identify significant behavior patterns.

4. Synthesize characteristics and relevant goals.

5. Check for redundancy and completeness.

6. Expand description of attributes and behaviors.

7. Designate persona types.

We discuss each of these steps in detail in the following sections.

Step 1: Identify behavioral variables

After you have completed your research and performed a cursory organization of the data, list the distinct aspects of observed behavior as a set of **behavioral variables**. Demographic variables such as age or geographic location may also seem to affect behavior, but be wary of focusing on demographics because behavioral variables will be far more useful in developing effective user archetypes.

Generally, we see the most important distinction between behavior patterns emerge by focusing on the following types of variables:

- ▸ **Activities** — What the user does; frequency and volume
- ▸ **Attitudes** — How the user thinks about the product domain and technology
- ▸ **Aptitudes** — What education and training the user has; capability to learn
- ▸ **Motivations** — Why the user is engaged in the product domain
- ▸ **Skills** — User capabilities related to the product domain and technology

For enterprise applications, behavioral variables are often closely associated with job roles, and we suggest listing out the variables for each role separately. Although the number of variables will differ from project to project, it is typical to find 15 to 30 variables per role.

These variables may be very similar to those you identified as part of your persona hypothesis. Compare behaviors identified in the data to the assumptions made in the persona hypothesis. Were the possible roles that you identified truly distinct? Were the behavioral variables (see Chapter 4) you identified valid? Were there additional, unanticipated ones, or ones you anticipated that weren't supported by data?

List the complete set of behavioral variables observed. If your data is at variance with your assumptions, you need to add, subtract, or modify the roles and behaviors you anticipated. If the variance is significant enough, you may consider additional interviews to cover any gaps in the new behavioral ranges that you've discovered.