Freeing up memory on the VM

During the setup I realised some people are struggling a little with 8Gb of memory.

There are a set of processes that we don't need on the VM. One of them we will need later, but we can restart it then.

You can disable these by doing the following commands:

```
sudo systemctl disable cassandra
sudo systemctl disable opscenterd
sudo systemctl disable mysql
sudo systemctl disable mosquitto
sudo reboot
```

You should have lots more memory available in the Linux system after you reboot!