Comp 341/441 - HCI

Spring Semester 2020 - Week 6 Dr Nick Hayward

Human memory

our brain forgets

- less frequently accessed chunks of information or skill processes
 - more likely to be forgotten
 - natural aspect of our brain's memory structure
- recency effect tends to protect daily routines...
- older facts more easily become hazy or unclear
- loss of long-term information is not universal
- highly developed motor & cognitive skills with sense of easy repetition
- some things are simply like riding a bike

Video - Human memory

Ten Second Tom



Ten Second Tom from 50 First Dates Source - YouTube

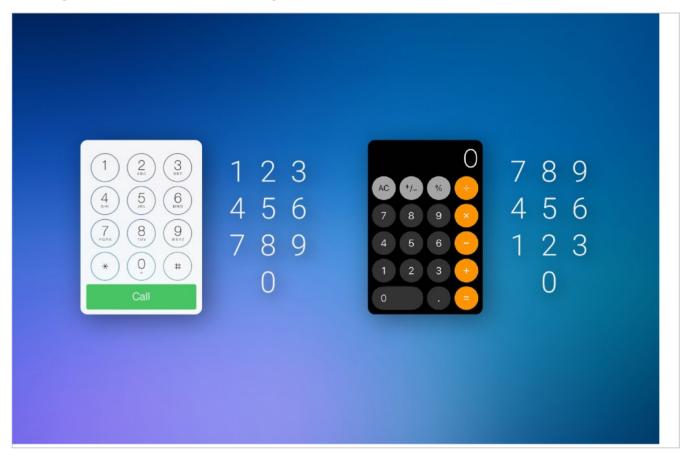
- ensure interface is designed to reduce or eliminate need to memorise and recall
- interface elements etc within structure
- Don Norman outlines this concept as the notion of
 - knowledge in the world vs knowledge in the head
- eg: creating menus or lists of options for users is a good example of
- knowledge in the world
- user will be able to view the menu, read and recognise options, make selection
 - no need to recall or memorise related information beyond the basics...
- this same option on the command line requires memory of command...
 - user would need to recall knowledge in the head
 - increases potential for error and application issues

knowledge in the world vs knowledge in the head

- Draw the layout of a modern push button telephone
- Draw the layout of a modern push button calculator

Image - Design for Memory

knowledge in the world vs knowledge in the head



why different layouts

- we can guide users through sequenced tasks
- provision of defined sequence of steps
- guide user through the task flow step by step
- present forms and controls in a logical and sequential order
- might even consider a wizard style interface
 - user can navigate multiple pages with standard next & previous links
- trying to reduce the amount of navigation details required by the user
- thereby reducing the amount the user needs to memorise and recall

- interface design enhanced with recognisable icons and names
- user can easily find interface elements as they scan a list, menu...
- icons can act as clarifying elements
- icons should represent concrete and recognisable things
- goal is to make it easier for users to create hooks from working to longterm memory
- user should not have to memorise or struggle to recognise unfamiliar icons
- defeats the point of using simpler graphical representations
- if you use abstract, original icons then add some accompanying text to help the user

- naming schemes & patterns in UIs are also important
 - helps users remember & recall information
 - arbitrary names are harder to recall than representative names
- non-representative naming schemes may add to user's cognitive burden
- command line interfaces violate this principle on a regular basis
 - consider Unix commands more & less

- good help system and search tool
 - allows a user to quickly check and recall lost or forgotten information
 - user can quickly reference documentation, check usage pattern or concept...
- in search and index systems
 - allow users to use variations, synonyms
 - user may not remember the exact term, query, spelling...
- try to avoid personalised terminology for standard UI elements, interaction concepts
- try to avoid using abbreviations or acronyms unless they are obvious or standard practice
 - eg: GUI, WYSIWYG are well known examples...
- be consistent in your UIs application of actions and methods
- eg: an action should perform in the same manner from one context to another

Video

Progress Bars



TED: How the progress bar keeps you sane Source - YouTube

Cognitive Load

intro

- consider the physical act of interacting with a computer
 - using a mouse, keyboard, touchscreen...touching, swiping, shaking
- physical actions incur a cost of time and effort
 - varying degrees of effort, both physical and mental
- cognitive load refers to the mental taxation exerted on a user
- whilst performing a given task
- · refers to amount of sustained attention and cognitive effort required per task
- the more complex the task, the higher the level of focused attention
- cognitive load will be higher as a result
- good design strategy to try to reduce a user's cognitive load
- try reducing the amount a user has to think about
 - general concepts, points of interaction, basic navigation, interface elements...
- "Don't make me think, revisited: A common sense approach to web usability."
 - Steve Krug, 2014.

Cognitive Load

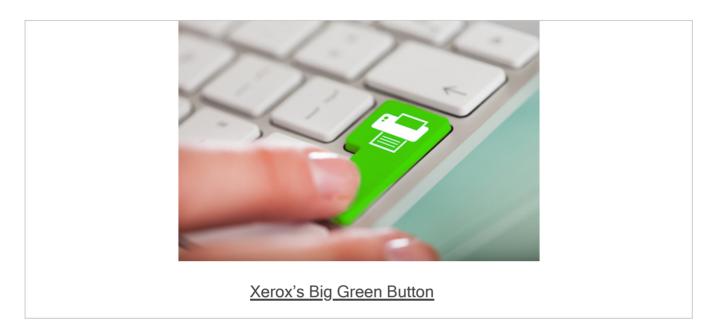
impact of interactions

Cognitive load may be impacted by the following interactions:

- scrolling, navigating, searching within an application
- choosing options such as menus, lists, forms...
- reading instructions, labels, titles...
- switching contexts (eg: switching between windows, tabs, pages...)
- switching visual attention
 - reading text, then referring to an image, and then back to the text
- memory recall for a specific ID, name, action, task sequence...
- simply waiting for the system or application to respond...
- recovering from a specific distraction
 - such as an interruption not relevant to the current task at hand...

Image - Xerox

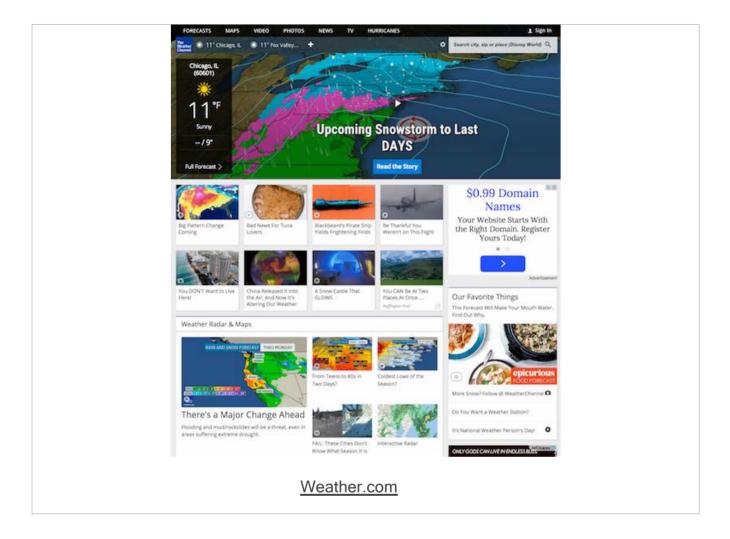
big green button...



Source - Fuji Xerox Printers

Image - Cognitive Load

Weather.com



Source - Weather.com

Image - Cognitive Load

Yahoo Weather app



Source - Yahoo! Weather Mobile App

Cognitive Load

thinking

- reduce cognitive loads by awareness of types of user thinking an app requires
- for example:
 - · working out the next step in a procedure
 - using working memory to help complete an ongoing task
 - recall of commands, facts, procedures from long-term memory
- memorising commands, facts, procedures etc for long-term memory
- referencing information from another source
- making decisions or considering judgements
- mental integration of information from disparate sources
- including research, reference, or simply general peripheral sources...

Video - Cognitive Load

users and interaction - second try...

Filter photographs based on metadata

Source - Adobe Lightroom Tutorials

Resources

- Card, S.K., Moran, T.P. and Newell, A. The psychology of humancomputer interaction. Lawrence Erlbaum Associates. 1983.
- Krug, S. Don't make me think, revisited: A common sense approach to web usability. 3rd Edition. New Riders. 2014.
- Norman, D. The Design of Everyday Things. Basic Books. 2013.