Drink French Press Cup of Ecco Coffee - 2. Refill - 1. All Espresso Drinks Available - PV
Herbal or Black Iced Tea - 3. Hibiscus Agua Fresca 3.
Fresh Squeezed Orange Juice - 3.5
Gravenstein Apple Juice - 3.5 Mimosa - 9

BASIC BREAKFAST-CHOOSE 4- Two eggs/ potatoes/ warm greens/ fresh greens/ toast/ bacon/ house sausage 8.5

Eggs IN Boca - Two homegrown organic, eggs fried inside Sebastopol Sourdough. Served over hearty greens with a tomato ragu 10 add Prosciutto 2.5 add Pork Sausage 2.5

FRITATTA OF THE DAY - Fava Tip Pesto, Caramelized Onion, Calabrian Chili and Fresh Chevre with Tomato Ragu, Valley Ford Potatoes and Hearty greens 9

Da Hash - Two Poached eggs over a potato, escarole and smoked Salmon hash with Sebastopol Toast 11.5

Poached Eggs - over Polenta with braised greens, bread crumbs and Parmigiano Reggiano 10.5

The Morning Scramble - House Pork Sausage, Piquillo Peppers and Fontina with Toast and roasted Valley Ford Potatoes 10

THE TUMMY WARMER - Our beans and greens with two baked eggs, bread crumbs and parmigiano reggiano 11

On the Other Hand TOASTED SEBASTOPOL BREADS - with organic house made jams and butter 5.5

Scone Plate - Fresh baked Scone served toasted with butter, House Made Jam, fresh fruit and cream 7

Challah French Toast - with Local and Seasonal fruits, butter and Organic Mapple Syrup ${\bf 8}$

TEMPEH SCRAMBLE - Curried Tempeh scramble with escarole, shaved red onion and cannellini beans. Served with toast 10.5

Granola with Fresh Fruit - Our housemade oat, nut and dried fruit granola with Strauss yogurt and seasonal fruit 9

Toasted Housemade Bagel and with House Cured Lox - served open faced with herbed cream cheese, capers, spring onions, hearty greens and Lox 12.5

MINESTRONE with sofrito, beans, tomato, seasonal greens and parmigiano Add Bread: Fifty Cents

Inquire about our Seasonal Soup of the Day - price varies

Macro Dowl One of our signature dishes, we offer it from morning till night for all who desire that perfect piping hot bowl of food created in the Macrobiotic Tradition.

11 includes

daily beans, seasonal greens, brown rice, roasted root vegetables One vegetarian protien of your choice: Tofu, Tempeh, Seitan One sauce of your choice: Miso Ginger or Lemon Tahini

Additional Sauce or Protein 1.5

Unti Pasti A true representation of time and place, our sampler plate is built from seasonal vegetables marinated and roasted, caramelized Garlic, local cheeses and Italian Olives **14.**

Salads

side salad 6 family 11

CAESAR - Crispy lettuces, house-made croutons, Parmigiano Reggiano and our classic caesar dressing

GEMISCHTER SALAT - Hearty and Spicy greens, root veggies, toasted pepitas and roasted beet vinaigrette Add goat cheese for one buck

WINTER LETTUCES - Tender Greens, Mizuna, Shaved Pears, Point Reyes Blue Cheese, Pickled Onions, Spiced Almonds, Balsamic Vinaigrette

LOCAL RUSTIC GREENS - Braised with whole garlic, chile and anchovy finished with Parmigiano Reggiano and bread crumbs

BEANS AND **G**REENS - Daily bean with rotating braised green, Parmigiano Reggiano and bread crumbs

CLASSIC NICOISE - A sustainably caught local tuna salad over spicy greens with potatoes, oven roasted beets, olives and a six minute egg 13

Tizza

onesige

LOCAL ORGANIC EGG: TWO BUCK - PROSCIUTTO: TWO POINT FIVE BUCKS

CIPOLLA: Marinara, Shaved Red Onion, Parmigiano Reggiano and Rustic Arugula 14

WILD NETTLES & MUSHROOM PIZZA: Roasted Wild Stinging Nettles, Foraged Mushrooms, Caramelized Onion, Calabrian Chilies, Fontina 16

PIZZA 'SCAROLE: Escarole, Caramelized Onions, Housemade Pork Sausage and Val d' Aosta Fontina 15

NEAPOLITAN: Fresh Marinara, fresh Mozzarella, fresh Basil 14

PIZZA SALSICCIA: Marinara, Broccolette, Shaved Onion, House Pork Sausage and Val d'Aosta Fontina 15 PETER ONE West county organic





BRUNCH