**Overview:**  
Patient is a female 50 years of age. They have had 5 pregnancies.

They have a strong family history of diabetes (7).  
  
Their diastollic blood pressure is 66.

Their glucose value is 85 and insulin value of 0

They have a BMI of 26.6

**Occupation**: The patient is a high school teacher specializing in mathematics. They have been teaching for over 20 years and are well-respected by their colleagues and students.

**Hobbies**: In their free time, the patient enjoys gardening, reading mystery novels, and participating in local community theater productions. They also have a passion for cooking and often try out new recipes.

**Family History**: The patient has a family history of diabetes, as mentioned in the document1. Additionally, their father had hypertension, and their mother suffered from heart disease. They have two siblings, one of whom also has diabetes.